

6-5-2018

Summer Short Courses: Hot Topics in Nutrition Agenda

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Recommended Citation

Baum, Jamie, "Summer Short Courses: Hot Topics in Nutrition Agenda" (2018). *Summer Short Courses*. 1.
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Summer Short Course: Hot Topics in Nutrition

When: Tuesday, June 5th, 2018

Where: Don Tyson Center for Agricultural Sciences
1371 W. Altheimer Drive, Fayetteville, AR 72704

OR

Online via Zoom Session

What: 20-minute sessions highlighting current hot topics in nutrition

Registration Deadline: Wednesday, May 30, 2018

Questions: Contact Jamie Baum at cfhn@uark.edu or (479) 575-4474

REGISTER USING THIS LINK: <https://center-for-human-nutrition.uark.edu/summer-short-course.aspx>

Time	Speaker	Title
8:30	Registration and Coffee	
9:00	Introduction to Hot Topics in Nutrition	Jamie Baum, PhD
9:10	Functional Foods in Nutrition	John Van Camp, PhD
9:35	Moving Beyond Just Exercise: 24 Hours of Activity Behaviors	Erin Howie, PhD
10:00	Maternal-child nutrition and muscle health	Yan Huang, PhD
10:25	Assessing Food Insecurity in Northwest Arkansas	Kevin Fitzpatrick, PhD
10:50	Break	
11:10	Your Diet and Health - Challenges and Advances in Nutraceuticals	Navam Hettiarachchy, PhD
11:35	Fad Diets	Jamie McDermott, MS, RD
12:00	Lunch	
1:00	The Science of Hydration	Brendon McDermott
1:25	Gut Microbiome	Franck Carbonero, PhD
1:50	Food Insecurity, Food Pantries, and Health	Chris Long, PhD
2:15	Dietary Protein	Jamie Baum, PhD
2:40	Diabetes: Current Recommendations and Science	Aubree Hawley, BS
3:05	Nutrition Fact versus Fiction	Samuel Walker, BS and Angela Tacinelli, BS
3:15	Closing Remarks	Jamie Baum, PhD