Athletic Training Education Program Newsletter, Fall 2011

University of Arkansas, Fayetteville. Athletic Training Education Program

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A scholarship awarded to five University of Arkansas graduate students brings with it a responsibility to provide the utmost in professional care to athletes in all sports and at all competitive levels.

Will Baum, Alyssa Romasco, Mike Sola, Katherine Susskind and Emily Wozoboski are enrolled in the Master of Athletic Training degree program in the College of Education and Health Professions. They are the 2011 recipients of the Dean Weber and Bill Ferrell Endowed Scholarships in Athletic Training.

“These students deserve special recognition for their performance in the classroom and their work with athletes in their clinical rotations,” said Jeff Bonacci, director of the athletic training education program. “With the knowledge and skills they are learning, they will uphold the high standards set by Dean Weber and Bill Ferrell. These men are giants among athletic trainers who dedicated their lives to caring for Razorback athletes so that they could be successful both in sports and in life.”

Susskind won both the Weber and Ferrell scholarships. The Weber scholarship is presented to the top student in the athletic training education program. Baum, Sola, Susskind and Wozoboski are all working with the Razorback football team for their clinical rotation this semester. Romasco is working with the Arkansas soccer team.

“The college is proud of these students and the tradition they represent,” said Tom Smith, dean of the College of Education and Health Professions. “Their achievements represent the good that comes from a successful partnership of athletics and academics. We appreciate the support of the athletes who created these scholarship funds and the support of the athletic department in providing clinical experience for our students.”

### Scholarship Roster

**Katherine Susskind**  
Hometown: Los Gatos, Calif.  
Parents: Elizabeth Susskind and Peter Susskind  
Undergraduate degree: exercise biology, psychology, University of California, Davis

**Mike Sola**  
Hometown: Concord, Calif.  
Parents: Theresa Sola and Artie Sola  
Undergraduate degree: physical education, Arkansas Tech University

**Alyssa Romasco**  
Hometown: Gilbertsville, Pa.  
Parents: Leslie and Michael Romasco  
Undergraduate degree: exercise science and physical education, McDaniel College

**Will Baum**  
Hometown: St. Louis  
Parents: Debbie and Michael Govoni  
Undergraduate degree: exercise science, Baker University

**Emily Wozoboski**  
Hometown: Tulsa  
Parents: Bette and Wynn Wozoboski  
Undergraduate degree: exercise science, University of Southern California
Hello Razorback alumni, prospective students and friends of the athletic training education program. The past year has been an eventful one in the program, and this newsletter details some of our experiences and accomplishments.

We have a few changes to report in the athletic training curriculum. First and foremost, the fall 2012 incoming class will begin the program in June instead of July. This change will allow students to have no required courses during the summer term between the first and second year. They will be able to acquire internships off campus that will enhance their future employment opportunities.

We have also added two courses to the curriculum. The first course is an evidence-based practice course in athletic training, and the second is a clinical class that will serve to monitor the second year student’s clinical assignment during the pre-season of their second year.

I am pleased to announce that all 15 students of the 2011 class passed the Board of Certification exam on the first attempt. This increases our first-time pass rate to 94 percent as compared to the national first-time 2010 pass rate of 60 percent.

We hosted a three-day conference in May that we plan to make an annual event. Physicians’ Speciality Hospital partnered with us to provide Functional Movement Screening (FMS) and Selective Movement Assessment (SMA) certification for 40 attendees from the United States and Canada.

Speakers Broaden Students’ Knowledge

Leaders in the field of caring for athletes’ bodies and minds are offering invaluable insights. These include members of the University of Arizona athletic training education program. Students are not the only ones benefitting from the presentations by Scott Goldman, director of clinical and sport psychology for the University of Arizona, and Douglas Casa, director of athletic training education for the University of Connecticut.

University of Arkansas faculty, Razorback athletic training staff, the medical community and area coaching staff also can take advantage of the experiences of these leading experts. The athletic training education program plans a continuing series of lectures, one each fall and spring semester.

Goldman, who holds master’s and doctoral degrees in clinical and school psychology from Hofstra University, provides direct patient care to student-athletes at Arizona as well as consulting services for coaches and staff. He also has taught undergraduate, graduate and medical students for the past 10 years. His lecture took place Oct. 13.

Goldman’s specialties include athletic and performance enhancement, rehabilitation psychology, stress and anxiety disorders, confidence, anger management, depression, disordered eating, substance abuse, rational emotive behavior therapy, cognitive behavior therapy and behavior therapy.

Casa will speak twice on campus, at 7 p.m. Thursday, March 29 and at 11 a.m. Friday, March 30, both in the Health, Physical Education and Recreation Building on the Fayetteville campus. Casa, who also serves as chief operating officer for the Korey Stringer Institute, will give a general presentation open to the community on March 29 and speak more in depth to students and faculty about his research and work in prevention of heat-related illnesses on March 30.

In April 2010, Casa and Kelei Stringer, the widow of NFL player Korey Stringer, formed the Korey Stringer Institute at the University of Connecticut. Its mission is to provide education, advocacy and resources to prevent sudden death in sport, in particular caused by exertional heat stroke. Korey Stringer died of heat stroke in 2001 while playing for the Minnesota Vikings.

Casa earned a doctorate from the University of Connecticut. In 2008, he received the medal for distinguished athletic training research from the National Athletic Trainers’ Association.

2011 Graduating Class Working Hard

Kevin Thornton

Kurt Andrews (Michigan), athletic trainer intern, University of North Florida

Hillary Plummer (Georgia), exercise science doctoral student, University of Arkansas

Elizabeth Ferrell (Virginia), high school outreach, Bon Secours in Motion Physical Therapy, Smithfield, Va.

Stephanie Wongs (Massachusetts), athletic trainer, Youth Sports Program, Boston

Ashley Morgan (Virginia), athletic trainer, Garfield High School, Dumfries, Va.

Adrian Pettaway (Maryland), athletic trainer intern, Washington Nationals, Washington, D.C.

Steve Favia (Florida), high school outreach, Gold Coast Physical Therapy, Wellington (Fla.) High School

Lauren Saulsbury (Arkansas), assistant athletic trainer, University of Arkansas Fort Smith

Taylor Ludy (Washington), athletic trainer intern, University of Washington

John Hochstetter (Illinois), high school outreach, McLeod Hospital, Florence, S.C.

Brittany Widman (Minnesota), high school outreach, OSI Physical Therapy, Minneapolis

Christy Wagenseck (Louisiana), athletic trainer intern, Louisiana Tech University

Sarah Buldtman (Illinois), athletic trainer intern, Brevard College, N.C.

Kevin Kikugawa (Hawaii), athletic trainer season intern, Cleveland Browns

Suzanna Butz (Illinois), co-head athletic trainer, Neosho (Kan.) Community College

Students Dedicate Extra Time to Research Endeavors

Researchers in the University of Arkansas Sport Biomechanics Group traveled internationally this year to share their work with colleagues. In May, recent graduate Adrian Pettaway, now a certified athletic trainer, and Alyssa Romasco, a student in her second year of the program, presented their research at the World Federation of Athletic Training and Therapy in Banff, Alberta, Canada.

Alumna Hillary Plummer, a certified athletic trainer, presented her research at the International Society of Biomechanics in Brussels as well as at the American Society of Biomechanics in Long Beach, Calif.

Several athletic training students — Alyssa Romasco, Kelley MacDonal, Mike Sola, Jessica Cohen, Yuri Hosokawa and Rachel York — are collecting and analyzing data on an evidence-based approach to shoulder rehabilitation, acute interventions on drop-land mechanics, identifying shoulder abnormalities, and injury predictors on athletes who throw.

These athletic training students are major contributors to the Sport Biomechanics Group and have dedicated endless hours above and beyond their curriculum and clinical requirements. They will submit abstract proposals to present at the following conferences this year: American College of Sports Medicine, International Society of Biomechanics in Sport, International Shoulder Group and National Athletic Trainers’ Association. In addition to their presentations, each student will submit manuscripts for peer-reviewed publication.

Recruiting Brings Students from Washington to Florida for Class of 2013

Incoming class has average GPA of 3.65:

Jennifer Pridmore

Lauryn Scovill

Kevin Thornton

Kristin Triassi

Ashley Vassar

Scott Williams

Rachel York

Anna Zelen

Jennifer Pridmore, Baker University

Lauryn Scovill, St. Louis Baptist University

Kevin Thornton, Florida Atlantic University

Kristin Triassi, University of Florida

Ashley Vassar, University of Memphis

Scott Williams, University of West Florida

Rachel York, Wichita State University

Anna Zelen, University of Wisconsin-Oshkosh

Christopher Chalk

Matthew Holt

Yuri Hosokawa

Kathryn Johnson

Jacqueline Laird

Chyde Messiah

Jennifer Pridmore

Lauryn Scovill

Kevin Thornton

Kristin Triassi

Ashley Vassar

Scott Williams

Rachel York

Anna Zelen

University of Louisville

University of Central Arkansas

Waseda University (Japan)

Washington University in St. Louis

University of Arkansas

University of Central Oklahoma (MS)

University of Tulsa

University of Florida

University of Central Arkansas

University of Arizona

University of North Carolina at Wilmington

University of North Florida

University of North Carolina (Jacksonville)

University of Connecticut

University of Colorado-Boulder

University of Nebraska-Omaha

University of Oklahoma

University of South Carolina

University of North Carolina (Chapel Hill)

University of North Carolina (Greensboro)

University of Texas (San Antonio)

University of Wisconsin-Green Bay

University of Wisconsin-Oshkosh

University of Wisconsin-Whitewater

University of West Florida

University of the Pacific

University of Wisconsin-La Crosse
RAZOR Sports Medicine Symposium Set for Dec. 10

The sixth annual RAZOR Sports Medicine Symposium will focus on kinetic chain integration into injury evaluation, rehabilitation and injury prevention.

The symposium will begin at 8 a.m. Saturday, Dec. 10 at the HPER Building. Keynote speakers will be Tim Uhl and Aaron Sciascia. Uhl has been practicing physical therapy and athletic training since 1985 and is an associate professor and director of the musculoskeletal laboratory at the University of Kentucky. Sciascia is the program coordinator for the Lexington Clinic Orthopedics-Sports Medicine Center as well as the coordinator of the Shoulder Center of Kentucky.

Registration fees include $130 for physicians, nurse practitioners and physician assistants, $80 for certified athletic trainers, physical therapists and conditioning specialists, $45 for certified students, $45 for professionals such as coaches and teachers and $15 for students.

For more information, email goliver@uark.edu.

Athletic Trainers Inspire Former Athletes to Give Back to University

Former University of Arkansas athletes created scholarships in honor of their athletic trainers, Dean Weber and the late Bill Ferrell, that support the newest generation of athletic trainers.

Seniors from the 1979 Razorback football team created an award in honor of Weber, who is now the director of equipment operations in the department of athletics. For 35 seasons, Weber supervised the athletic training operations for men’s sports teams. He now oversees equipment operations for all 19 Razorback teams.

Following the 1979 team’s lead, the Razorback Foundation and Jim Lindsey created another award in memory of the late Bill Ferrell, longtime athletic trainer and baseball coach.

The 1979 Razorback football team had one of the great seasons in school history. They were called “a team without stars” because of their focus on team accomplishments rather than individual recognition.

At their 25th reunion celebration in 2004, the seniors decided to commit themselves as a group to a project that would have a lasting effect and further strengthen their bond. They established three goals for their project, and all three were met: to continue their practice of achieving 100 percent participation as a group of 14 teammates, to give back to the University of Arkansas, and to honor their good friend Weber for his friendship and his years of service and dedication to the university and the many student-athletes under his care.

The Razorback A Club – a group comprising former athletes and lettermen – and Lindsey worked together to raise money in memory of Ferrell, the longtime athletic trainer and head baseball coach at the university. Lindsey, former chairman of the university’s Board of Trustees and a member of the 1964 National Championship football team, agreed to match the money raised by the club members.

Ferrell was head baseball coach and head athletic trainer at the University of Arkansas from 1950 through 1967. He was inducted into the National Athletic Trainers Association Hall of Fame in 1967. He is the second winningest coach for baseball in school history. Ferrell was named to the University of Arkansas Sports Hall of Honor in 1994. He died in 1967.

Alumni, please let us know what you are doing by visiting http://kins.uark.edu/atep and filling out the alumni contact form linked from the left-side menu.

Learn more about the athletic training education program at http://kins.uark.edu/atep/index.php