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Athletic Training Education Newsletter

Athletic Training Education Program

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Fall 2011

## Athletic Training Education Program Newsletter, Fall 2011

University of Arkansas, Fayetteville. Athletic Training Education Program

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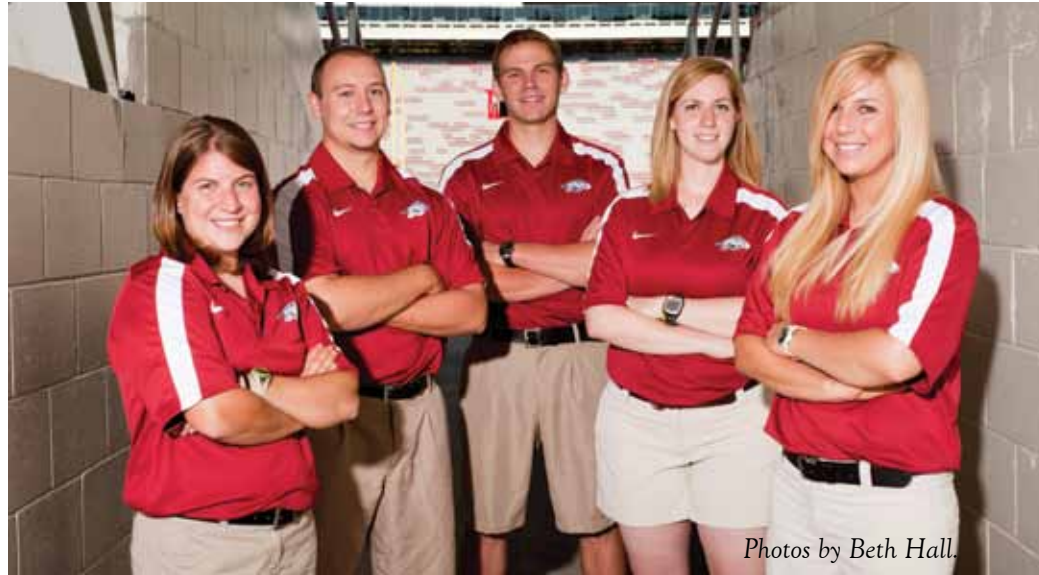
## Graduate Students Honored with Weber, Ferrell Scholarships

A scholarship awarded to five University of Arkansas graduate students brings with it a responsibility to provide the utmost in professional care to athletes in all sports and at all competitive levels.

Will Baum, Alyssa Romasco, Mike Sola, Katherine Susskind and Emily Wozoboski are enrolled in the Master of Athletic Training degree program in the College of Education and Health Professions. They are the 2011 recipients of the Dean Weber and Bill Ferrell Endowed Scholarships in Athletic Training.

“These students deserve special recognition for their performance in the classroom and their work with athletes in their clinical rotations,” said Jeff Bonacci, director of the athletic training education program. “With the knowledge and skills they are learning, they will uphold the high standards set by Dean Weber and Bill Ferrell. These men are giants among athletic trainers who dedicated their lives to caring for Razorback athletes so that they could be successful both in sports and in life.”

Susskind won both the Weber and



Photos by Beth Hall.

Ferrell scholarships. The Weber scholarship is presented to the top student in the athletic training education program.

Baum, Sola, Susskind and Wozoboski are all working with the Razorback football team for their clinical rotation this semester. Romasco is working with the Arkansas soccer team.

“The college is proud of these students and the tradition they represent,”

said Tom Smith, dean of the College of Education and Health Professions. “Their achievements represent the good that comes from a successful partnership of athletics and academics. We appreciate the support of the athletes who created these scholarship funds and the support of the athletic department in providing clinical experience for our students.”

## SCHOLARSHIP ROSTER

### Katherine Susskind

Hometown: Los Gatos, Calif.  
Parents: Elizabeth Susskind and Peter Susskind  
Undergraduate degree: exercise biology, psychology, University of California, Davis

### Mike Sola

Hometown: Concord, Calif.  
Parents: Theresa Sola and Artie Sola  
Undergraduate degree: physical education, Arkansas Tech University

### Alyssa Romasco

Hometown: Gilbertsville, Pa.  
Parents: Leslie and Michael Romasco  
Undergraduate degree: exercise science and physical education, McDaniel College

### Will Baum

Hometown: St. Louis  
Parents: Debbie and Michael Govoni  
Undergraduate degree: exercise science, Baker University

### Emily Wozoboski

Hometown: Tulsa  
Parents: Bette and Wynn Wozoboski  
Undergraduate degree: exercise science, University of Southern California







## Program Director's Corner By Jeff Bonacci, D.A., A.T.C., L.A.T.

Hello Razorback alumni, prospective students and friends of the athletic training education program. The past year has been an eventful one in the program, and this newsletter details some of our experiences and accomplishments.

We have a few changes to report in the athletic training curriculum. First and foremost, the fall 2012 incoming class will begin the program in June instead of July. This change will allow students to have

no required courses during the summer term between the first and second year. They will be able to acquire internships off campus that will enhance their future employment opportunities.

We have also added two courses to the curriculum. The first course is an evidence-based practice course in athletic training, and the second is a clinical class that will serve to monitor the second year student's clinical assignment during the pre-season of their second year.

I am pleased to announce that all 15 students of the 2011 class passed the

Board of Certification exam on the first attempt. This increases our first-time pass rate to 94 percent as compared to the national first-time 2010 pass rate of 60 percent.

We hosted a three-day conference in May that we plan to make an annual event. Physicians' Specialty Hospital partnered with us to provide Functional Movement Screening (FMS) and Selective Movement Assessment (SFMA) certification for 40 attendees from the United States and Canada.



Scott Goldman



Douglas Casa

## Speakers Broaden Students' Knowledge

Leaders in the field of caring for athletes' bodies and minds are offering information and expertise to students of the University of Arkansas athletic training education program.

Students are not the only ones benefitting from the presentations by Scott Goldman, director of clinical and sport psychology for the University of Arizona's athletic department, and Douglas Casa, director of athletic training education for the University of Connecticut.

University of Arkansas faculty, Razorback athletic training staff, the medical community and area coaching

staff also can take advantage of the experiences of these leading experts. The athletic training education program plans a continuing series of lectures, one each fall and spring semester.

Goldman, who holds master's and doctoral degrees in clinical and school psychology from Hofstra University, provides direct patient care to student-athletes at Arizona as well as consulting services for coaches and staff. He also has taught undergraduate, graduate and medical students for the past 10 years. His lecture took place Oct. 13.

Goldman's specialties include athletic and performance enhancement, rehabilitation psychology, stress and anxiety disorders, confidence, anger management, depression disorders, substance abuse, rational emotive behavior therapy, cognitive behavior therapy and behavior therapy.

Casa will speak twice on campus, at 7 p.m. Thursday, March 29 and at 11 a.m. Friday, March 30, both in the

Health, Physical Education and Recreation Building on the Fayetteville campus. Casa, who also serves as chief operating officer for the Korey Stringer Institute, will give a general presentation open to the community on March 29 and speak more in depth to students and faculty about his research and work in prevention of heat-related illnesses on March 30.

In April 2010, Casa and Kelci Stringer, the widow of NFL player Korey Stringer, formed the Korey Stringer Institute at the University of Connecticut. Its mission is to provide education, advocacy and resources to prevent sudden death in sport, in particular caused by exertional heat stroke. Korey Stringer died of heat stroke in 2001 while playing for the Minnesota Vikings.

Casa earned a doctorate from the University of Connecticut. In 2008, he received the medal for distinguished athletic training research from the National Athletic Trainers' Association.



## Students Dedicate Extra Time to Research Endeavors

By Gretchen Oliver, PH.D., A.T.C., L.A.T.

Researchers in the University of Arkansas Sport Biomechanics Group traveled internationally this year to share their work with colleagues. In May, recent graduate Adrian Pettaway, now a certified athletic trainer, and Alyssa Romasco, a student in her second year of the program, presented their research at the World Federation of Athletic Training and Therapy in Banff, Alberta, Canada. Alumna Hillary Plummer, a certi-

fied athletic trainer, presented her research at the International Society of Biomechanics in Brussels as well as at the American Society of Biomechanics in Long Beach, Calif.

Several athletic training students – Alyssa Romasco, Kelley MacDonald, Mike Sola, Jessica Cohen, Yuri Hosokawa and Rachel York – are collecting and analyzing data on an evidence-based approach to shoulder rehabilitation, acute interventions on drop-landing mechanics, identifying shoulder abnormalities, and injury predictors on athletes who throw.

These athletic training students are major contributors to the Sport Biomechanics Group and have dedicated endless hours above and beyond their curriculum and clinical requirements. They will submit abstract proposals to present at the following conferences this year: American College of Sports Medicine, International Society of Biomechanics in Sport, International Shoulder Group and National Athletic Trainers' Association. In addition to their presentations, each student will submit manuscripts for peer-reviewed publication.

## 2011 Graduating Class Working Hard

**Kurt Andrews** (Michigan), athletic trainer intern, University of North Florida  
**Hillary Plummer** (Georgia), exercise science doctoral student, University of Arkansas  
**Elizabeth Ferrell** (Virginia), high school outreach, Bon Secours in Motion Physical Therapy, Smithfield, Va.  
**Stephanie Wong** (Massachusetts), athletic trainer, Youth Sports Program, Boston  
**Ashley Morgan** (Virginia), athletic trainer, Garfield High School, Dumfries, Va.  
**Adrian Pettaway** (Maryland), athletic trainer intern, Washington Nationals, Washington, D.C.  
**Steve Favia** (Florida), high school outreach, Gold Coast Physical Therapy, Wellington (Fla.) High School  
**Lauren Saulsberry** (Arkansas), assistant athletic trainer,

University of Arkansas Fort Smith  
**Taylor Ludy** (Washington), athletic trainer intern, University of Colorado-Boulder  
**John Hochstetler** (Illinois), high school outreach, McLeod Hospital, Florence, S.C.  
**Brittany Widman** (Minnesota), high school outreach, OSI Physical Therapy, Minneapolis  
**Christy Waguespack** (Louisiana), athletic trainer intern, Louisiana Tech University  
**Sarah Buldtman** (Illinois), athletic trainer intern, Brevard College, N.C.  
**Kevin Kikugawa** (Hawaii), athletic trainer season intern, Cleveland Browns  
**Suzanna Butz** (Illinois), co-head athletic trainer, Neosho (Kan.) Community College

## Recruiting Brings Students from Washington to Florida for Class of 2013

INCOMING CLASS HAS AVERAGE GPA OF 3.65:

**Kristopher Chalk** University of Louisville  
**Jessica Cohen** Vanderbilt University  
**Matthew Holt** University of Central Arkansas  
**Yuri Hosokawa** Waseda University (Japan)  
**Kathryn Johnson** Western Washington University  
**Jacqueline Laird** University of Arkansas  
**Clyde Messiah** University of Central Oklahoma (MS), University of Tulsa

**Jennifer Pridmore** Baker University  
**Lauren Scovill** St. Louis Baptist University  
**Kevin Thornton** Florida Atlantic University  
**Kristin Triassi** University of Florida  
**Ashley Vassar** University of Memphis  
**Scott Williams** University of West Florida  
**Rachel York** Wichita State University  
**Anna Zelent** University of Wisconsin-Oshkosh



## RAZOR Sports Medicine Symposium Set for Dec. 10

The sixth annual RAZOR Sports Medicine Symposium will focus on kinetic chain integration into injury evaluation, rehabilitation and injury prevention.

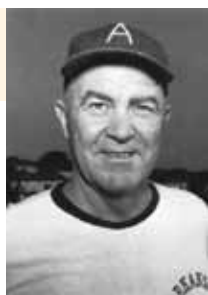
The symposium will begin at 8 a.m. Saturday, Dec. 10 at the HPER Building.

Keynote speakers will be Tim Uhl and Aaron Sciascia. Uhl has been

practicing physical therapy and athletic training since 1985 and is an associate professor and director of the musculoskeletal laboratory at the University of Kentucky. Sciascia is the program coordinator for the Lexington Clinic Orthopedics-Sports Medicine Center as well as the coordinator of the Shoulder Center of Kentucky.

Registration fees include \$130 for physicians, nurse practitioners and physician assistants, \$80 for certified athletic trainers, physical therapists and conditioning specialists, \$45 for certified students, \$45 for professionals such as coaches and teachers and \$15 for students.

For more information, email [goliver@uark.edu](mailto:goliver@uark.edu).



Bill Ferrell

### Athletic Trainers Inspire Former Athletes to Give Back to University

Former University of Arkansas athletes created scholarships in honor of their athletic trainers,

Dean Weber and the late Bill Ferrell, that support the newest generation of athletic trainers.

Seniors from the 1979 Razorback football team created an award in honor of Weber, who is now the director of equipment operations in the department of athletics. For 35 seasons, Weber supervised the athletic training operations for men's sports teams. He now oversees equipment operations for all 19 Razorback teams.

Following the 1979 team's lead, the Razorback Foundation and Jim Lindsey created another award in memory of the late Bill Ferrell, longtime athletic trainer and baseball coach.

The 1979 Razorback football team had one of the great seasons in school history. They were called "a team

without stars" because of their focus on team accomplishments rather than individual recognition.

At their 25th reunion celebration in 2004, the seniors decided to commit themselves as a group to a project that would have a lasting effect and further strengthen their bond. They established three goals for their project, and all three were met: to continue their practice of achieving 100 percent participation as a group of 14 teammates, to give back to the University of Arkansas, and to honor their good friend Weber for his friendship and his years of service and dedication to the university and the many student-athletes under his care.

The Razorback A Club - a group comprising former athletes and lettermen - and Lindsey worked together to raise money in memory of Ferrell, the longtime athletic trainer and head baseball coach at the university. Lindsey, former chairman of the university's Board of Trustees and a member of the 1964 National Championship football team, agreed to match the money raised



Dean Weber

by the club members.

Ferrell was head baseball coach and head athletic trainer at the University of Arkansas from 1950 through 1967. He was inducted into the National Athletic Trainers Association Hall of Fame in 1967. He is the second winningest coach for baseball in school history. Ferrell was named to the University of Arkansas Sports Hall of Honor in 1994. He died in 1967.

**Alumni, please let us know what you are doing by visiting <http://kins.uark.edu/atep> and filling out the alumni contact form linked from the left-side menu.**