

2009

## Arkansas Swimming and Diving Media Guide, 2008-2009

University of Arkansas, Fayetteville. Athletics Media Relations

University of Arkansas, Fayetteville. Women's Athletics Department. Women's Communications Office

University of Arkansas, Fayetteville. Women's Athletics Department. Women's Sports Information Office

University of Arkansas, Fayetteville. Men's Athletics Department. Sports Information Office

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# ARKANSAS

## SWIMMING & DIVING



Ashley Largo  
500/1650 Free

Stephanie Carr  
200/500/1650 Free

Katie Kastes  
200 Fly, 400 IM  
& 500 Free

Madison  
Palmer  
1m & 3m

RETURNING RAZORBACK NCAA PARTICIPANTS



2008 - 09 MEDIA GUIDE



# ARKANSAS

## SWIMMING AND DIVING



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### On the Cover

The cover of the 2008-09 Arkansas swimming and diving media features seniors Madison Palmer and Stephanie Carr and sophomores Katie Kastes and Ashley Largo, who represented Arkansas at the NCAA Championships in 2008. The cover photo was taken by photographer Wesley Hitt.

### Credits

The 2008-09 Arkansas swimming and diving media guide was written, designed and typeset by Meaghan Hayden with assistance from Associate Athletic Director for Media Relations and Communication Kevin Trainor and Assistant Athletic Director for New Media Bill Smith. Current team photography by Wesley Hitt. The media guide was printed by MultiAd of Peoria, Ill.



# ARKANSAS SWIMMING AND DIVING

## MEDIA INFORMATION

### MEDIA RELATIONS

The media relations offices at the University of Arkansas have merged, combining both men's and women's athletics under the direction of Kevin Trainor, Associate AD for Media Relations and Communications. Our offices are located on the North side of Barnhill Arena.

### ON THE WEB

The official homepage for the University of Arkansas Razorback Athletics Department evolves again in 2008-09, combining both men's and women's athletics for the first time.

ArkansasRazorbacks.com unites the former LADY-BACKS.com and Hogwired.com into a one-stop source for fans and media members. All press releases and statistics are posted on the web site as well as highlight video packages with post-meet quotes.

### CREDENTIALS

Media credentials for swimming and diving events may be obtained by contacting Meaghan Hayden. Credentials may be picked up at the Athletic Media Relations offices up to the day of the event.

### EMAIL UPDATES

Members of the media may request that they be added to the Arkansas Media Relations email list. List members receive game stories, stats, updates and other information via email. Please contact Hayden to be added to the list.

### INTERVIEW POLICY

All interviews with scheduled athletes and coaches must be arranged through Athletic Media Relations. Phone interviews with out-of-town media are encouraged and can also be arranged. The coaching staff is generally available in their offices weekdays between 9 a.m. and noon. All requests for information should be made to Meaghan Hayden in the Athletic Media Relations office. The Arkansas locker rooms are closed to media at all times.

### POST-MEET INTERVIEWS

Head coach Jeff Poppell is available at the conclusion of each meet for interviews. Interviews are arranged through a AMR staff member and are conducted on the pool deck.

### PARKING

Parking is open for all swimming and diving events after 5 p.m. and on weekends. For events on weekdays, earlier than 5 p.m., parking is available at metered parking in lot 67 or by pre-purchasing a visitor's pass from the University of Arkansas Transit and Parking office.

### GENERAL INFORMATION

Location..... Fayetteville, Ark.  
Founded..... March 27, 1871  
Enrollment..... 19,191  
Nickname..... Razorbacks  
Colors..... Cardinal and White  
Affiliation..... NCAA Division I  
Conference..... Southeastern  
Chancellor..... Dr. G. David Gearhart  
Athletics Director..... Jeff Long  
Athletics Department..... 479-575-6533  
Ticket Office..... 479-575-5151  
Facility..... Arkansas Natatorium  
Capacity..... 1,500  
Year Opened..... 1985

### SWIMMING AND DIVING STAFF

Head Coach..... Jeff Poppell  
Alma Mater (Year)..... Georgia (1993)  
Years at Arkansas..... 3rd year  
Office Phone..... 479-575-7761  
Diving Coach..... Dale Schultz  
Alma Mater (Year)..... Kansas State (1984)  
Assistant Coach..... Todd Mann  
Alma Mater (Year)..... Florida State (1994)

### TEAM INFORMATION

2007-08 Dual Record..... 7-5  
2008 SEC Finish..... 7th (229 pts.)  
2008 NCAA Finish..... 35  
Letterwinners Returning/Lost..... 20/6  
All-Americans Returning/Lost..... 3/0  
Katie Kastes (500 free, 200 fly)  
Stephanie Carr (1650 free)  
Madison Palmer (1 meter diving)  
Newcomers..... 13  
Liana Bugslag, Katie Davis, Maddie Fogel, Sarah Howard, Lisa Lunkenheimer, Courtney O'Grady, Leah Pierce, Alex Roman, Sarah Rowland, Jillienne Schilling, Yi Ting Siow, Alison Templin, Katie Whitbeck

### ATHLETIC MEDIA RELATIONS

S&D Contact..... Meaghan Hayden  
Office Phone..... 479-575-5786  
Cell Phone..... 314-623-2856  
Fax..... 479-575-7410  
Email..... mlhayden@uark.edu  
Assoc. AD - Media Relations..... Kevin Trainor  
Asst. AD - New Media..... Bill Smith  
Assoc. AMR..... Robby Edwards  
Asst. AMR..... Zach Lawson  
Asst. AMR..... Molly O'Mara  
Asst. AMR..... Phil Pierce  
Asst. AMR..... Jeri Thorpe  
Website..... ArkansasRazorbacks.com



# ARKANSAS SWIMMING AND DIVING



## ARKANSAS NATATORIUM

The University of Arkansas Natatorium is considered one of the finest aquatic facilities in the Midwest. The Natatorium was the venue for the 1993 Southeastern Conference Championships, the 1996 and 1999 NCAA Zone 'D' Diving Championships, and most recently the 2002 SEC and NCAA Zone 'D' Diving Championships.

In addition, the Natatorium served as the site for the 1986 NCAA Division I Women's Swimming and Diving Championships as well as a 1985 international meet and several USS Junior Nationals. Serving the Arkansas swimming and diving teams since 1985, the Natatorium has provided the training grounds for three Olympians and 30 All-Americans.

The Natatorium is an indoor, eight-lane, 50-meter pool with a full timing system and scoreboard. The diving area has two one-meter boards, two three-meter boards and a five- and 10-meter platform. A dry board and trampoline with spotting rigs are also available on deck. A full matrix scoreboard with graphics was added in 2007, while a new record display board was constructed in 1997.

The Razorbacks opened a new locker room in 2008. The area consists of many features that contribute to the unity and pride of the Arkansas swimming and diving team. The locker room is attached to the dressing room, but has its own entrance for the team and coaches.



### DIRECTIONS TO THE UNIVERSITY OF ARKANSAS NATATORIUM

#### From the north:

Take I-540 southbound to the Sixth Street/Razorback Road exit in Fayetteville. At the traffic light on Sixth Street, turn left and then follow the directions from I-540.

#### From Tulsa:

Take I-244 east and follow the signs for Joplin, Missouri. Stay on I-244 until the split for Joplin and the Cherokee Turnpike (US 412). Take the exit for the Cherokee Turnpike. Continue on the turnpike, which becomes US 412, until you get to I-540 in Tonitown/Springdale. At this point follow the directions for areas north of Fayetteville.

#### From the south:

Follow I-540 north to the Sixth Street/Razorback Road exit and at the traffic light turn right, following the directions from I-540 from this point on.

#### From I-540:

Take exit number 62-Sixth Street/Razorback Road and turn east on Sixth Street. Drive approximately two miles to the intersection of Sixth Street and Razorback Road. At the traffic light at the intersection of Sixth Street and Razorback Road, turn left onto Razorback Road. Follow Razorback Road past Bud Walton Arena (on right) and just past John McDonnell Field, turn right onto Meadow Street. Turn at the second left just before the HPER (big white building on left side) and follow the driveway to the parking lot on the south end of Barnhill Arena.





# ARKANSAS

## SWIMMING AND DIVING

### 2008-09 ROSTER

Name	Yr.	Ht.	Event	Hometown (Last School/Club Team)
Gina Bargiachi	So.	5-10	Back	Memphis, Tenn. (Saint Benedict/Memphis Thunder)
Liana Bugslag	Fr.	5-6	Diving	Victoria, Canada (Boardworks Diving)
Stephanie Carr	Sr.	5-11	Distance Free	Jacksonville, Fla. (Univ. of Georgia/Bolles School Sharks)
Jessie Clark	So.	5-8	Back/IM	St. Louis, Mo. (Kirkwood/Clayton Shaw Park)
Katie Davis	Fr.	5-6	Back	Lincoln, Neb. (Lincoln Select Swimming)
Elizabeth Engs	Sr.	5-10	Breast/IM	Cambridge, Ontario (Southwood Secondary/Cambridge Aquajets)
Emily Fletcher	Sr.	5-3	Fly/IM	Kingwood, Texas (Kingwood/Blue Tide Aquatics)
Maddie Fogel	Fr.	5-3	Distance Free/IM	Kansas City, Kan. (Kansas City Blazers)
Megan Haskins	So.	5-9	Free/IM	Orlando, Fla. (Boone/Highlander Aquatics)
Sarah Howard	Fr.	5-7	Distance Free	Winter Haven, Fla. (Winter Haven Stingrays)
Summer Jackson	Sr.	5-6	Free/Breast	Sequim, Wash. (Sequim/Tacoma Swim Club)
Katie C. Kastes	So.	5-5	Fly/Free/IM	Palm Harbor, Fla. (Countryside/WFLA)
Kylie A. Kastes	So.	5-3	Fly/Free	Palm Harbor, Fla. (Countryside/WFLA)
Ashley Largo	So.	5-3	Distance Free	Sarasota, Fla. (Pine View/Sarasota YMCA Sharks)
Lisa Lunkenheimer	Fr.	5-5	Fly	Derby, Kan. (Wichita Swim Club)
Jamie L. Marks	So.	5-4	Distance Free/IM	Beesley's Point, N.J. (Ocean City/GCIT)
Erin Neumann	So.	5-7	Breast/Fly	Chesterfield, Mo. (Parkway Central/Parkway Swim Club)
Lynette Ng	Jr.	5-4	Back/Free	Singapore (Singapore Polytechnic/Swim Fast Aquatic Club)
Courtney O'Grady	Fr.	5-4	Breast	Orlando, Fla. (Patriot Aquatics)
Madison Palmer	Sr.	5-3	Diving	Olathe, Kan. (Olathe East/Jayhawk Diving Club)
Leah Pierce	Jr.	5-4	Breast	Columbia, Mo. (Purdue Univ./Columbia Swim Club)
Alex Roman	Fr.	5-2	Diving	Wildwood, Mo. (St. Louis Diving Club)
Jillienne Schilling	Fr.	5-3	Back/Free	Webster Groves, Mo. (Webster Groves/CSP Tideriders)
Yi Ting Siow	Jr.	5-6	Breast/IM	Negri Sembilan, Malaysia (Univ. of Wisconsin/Bolles School Sharks)
Shara Sutphen	So.	5-7	Distance Free	Chesterfield, Mo. (Parkway West/Parkway Swim Club)
Sarah Rowland	Fr.	5-9	Distance Free	Oklahoma City, Okla. (Chesapeake Swim Club)
Alison Templin	Fr.	5-7	Distance Free	West Palm Beach, Fla. (Lake Lytal Lightning)
Erica Totten	Fr.	5-5	Free/Fly	Miami, Fla. (The Bolles School/Bolles School Sharks)
Macey Webb	Sr.	5-7	Free	Columbia, Tenn. (Columbia Central/Nashville Aquatic Club)
Katie Whitbeck	Fr.	5-8	Free/Fly	Oklahoma City, Okla. (Chesapeake Swim Club)
Kellyn Williams	Sr.	5-8	Diving	Manhattan, Kan. (Manhattan/Manhattan Dive Club)

**Head Coach:** Jeff Poppell (Georgia, 1993)  
**Diving Coach:** Dale Schultz (Kansas State, 1984)  
**Assistant Coach:** Todd Mann (Florida State, 1994)  
**Director of Swimming & Diving Operations:** Josh Morgan (Florida, 2000)  
**Manager:** Allison Chinn

#### PRONUNCIATIONS

Gina Bargiachi..... Bar-JOCK-i  
 Liana Bugslag .....Bugs-lag  
 Lisa Lunkenheimer.....Lunk-N-high-mer  
 Lynette Ng.....Ing  
 Yi Ting Siow ..... Ye-Ting Sow  
 Shara Sutphen .....SHER-a s-UH-fin



University of Arkansas Swimming and Diving Media Guide



# ARKANSAS

## SWIMMING AND DIVING



## 2008-09 SCHEDULE

Entering the 2008-09 season ranked No. 21 in the nation Arkansas swimming and diving will once again match up against some of the best squads in the country, facing four top 25 teams , and two more who were receiving votes to start the year.

The Razorbacks open the season with the Red-White meet Oct. 11. In the first regular season meet on Friday Oct.17, the team travels to Knoxville, Tenn. for a double-dual meet with SEC opponents No.10 Tennessee and Vanderbilt. The Lady Vols finished fourth at SECs and eighth at NAAs in 2008.

The team comes home to host LSU on Oct. 30. The Razorbacks were edged out of sixth place at SECs by the Tigers who scored nine and a half more points at the meet, knocking Arkansas into the seventh spot.

Hitting the road to finish the fall schedule, the Razorbacks head to Denton, Texas for the Mean Green Duals on Nov.8 where they will come up against No.14 SMU, North Texas, Colorado State and New Mexico State. The following weekend, the squad goes north to Minneapolis, Minn. for the Minnesota U.S. Grand Prix Nov.14-16. Arkansas brings the fall to a close at the Mizzou Invitational in Columbia, Mo. Dec. 5-7. Missouri is ranked No.

18 to start the year after compiling a 13-1 dual record last year.

The new year opens with a flurry of home meets including a double-dual meet with Kentucky, who came in No. 18 at the NCAA Championships in 2008, and Missouri on Jan. 10 before Kansas comes to Fayetteville on Jan. 22.

The regular season draws to a close at the Arkansas Natatorium on Feb.6 with a meet against Drury.

The SEC Championships are held in Auburn, Ala., Feb. 18-21. The NCAA Last Chance Invite is Feb. 28 in Athens, Ga. The NCAA Zone Diving Meet is March 12-15 in Columbia, Mo. and the NCAA Championships are scheduled for March 19-21 in College Station, Texas.

DATE	EVENT	SITE	TIME
Oct. 11	Red-White Meet	FAYETTEVILLE	9 AM
Oct. 17	at Tennessee*/Vanderbilt*	Knoxville, Tenn.	1PM
Oct. 30	LSU*	FAYETTEVILLE	1 PM
Nov. 8	Mean Green Duals	Denton, Texas	10:30 AM
Nov. 14-16	Minnesota U.S. Grand Prix	Minneapolis, Minn.	All Day
Dec. 5-7	Mizzou Invitational	Columbia, Mo.	All Day
Jan. 10	Kentucky/Missouri*	FAYETTEVILLE	3 PM
Jan. 22	Kansas	FAYETTEVILLE	4PM
Feb. 6	Drury	FAYETTEVILLE	6 PM
Feb. 18-21	SEC Championships	Auburn, Ala.	All Day
Feb. 28	NCAA Last Chance Invite	Athens, Ga.	TBA
Mar. 12-15	NCAA Zone Diving	Columbia, Mo.	All Day
Mar. 19-21	NCAA Championships	College Station, Texas	All Day



# ARKANSAS SWIMMING AND DIVING

## 2008-09 OUTLOOK

Arkansas third-year head coach Jeff Poppell leads his team into the 2008-09 season looking to build on last season's seventh-place Southeastern Conference finish, the highest finish for the program since the 2004 season.



Katie Kastes

The Razorbacks spring into action this year after breaking 10 school records and finishing last season with a 7-5 dual meet record, the first winning record since the 2001 season.

Returning to Arkansas for the 2008-09 season are four NCAA Championship competitors from 2008 and 20 letterwinners, including sophomore Katie Kastes who broke five school records in her first year as a Razorback. Kastes is joined by fellow All-Americans Stephanie Carr and Madison Palmer.

New to the team are Canadian Olympic Trails diver Liana Bugslag, three-time Malaysian Olympian Yi Ting Siow and the No. 21-ranked freshman recruiting class in the nation. This is Poppell's second top 25 ranked class in two years.

With a team full of talent, the Razorbacks expect to compete once again at the highest level.

### **FREESTYLE**

The freestyle could be strong again for the Razorbacks this season, as both returning swimmers and newcomers expected to contribute.



Stephanie Carr

In the sprint freestyle events, Arkansas sends familiar faces Summer Jackson and Lynette Ng as well as newcomer Katie Whitbeck to the starting block. Ng is the top returner in the 50 and 100 free. Her times from last season were only a few tenths faster than Jackson's.

"Summer and Lynette were two of our strongest sprinters last year and they're both returning," Poppell said. "There is also an opportunity for Katie Whitbeck to help out in the 100 freestyle."

Four incoming freshmen, led by Whitbeck, have the chance to make their mark in the middle distance freestyle this year. Whitbeck is joined by Lisa Lunkenheimer, Alison Templin and Jillienne Schilling as newcomers expected to compete for the Razorbacks.

"We have the opportunity to bolster our middle distance freestyle, which was good but it's going to be much stronger in this coming year," Poppell said.

Veterans are the key for the Razorbacks in the distance free with returning All-Americans Katie Kastes and Stephanie Carr. A freshman last season, Kastes broke the school record in the 500 free while Carr broke records in both the 1,000 and 1,650 free. Sophomore Ashley Largo also took her place in the record books last year, snapping up the third spot in the 1,000 and 1,650 free.

### **BACKSTROKE**

Although not one of their stronger events last year, the Razorbacks hope to improve their



# ARKANSAS

## SWIMMING AND DIVING



## 2008-09 OUTLOOK



**Katie Davis**

backstroke with the return of Ng and Jessie Clark and the addition of freshmen Katie Davis and Schilling.

"Jillienne Schilling and Katie Davis will be looked to to contribute greatly in the backstroke this season." Poppell said.

### BREASTSTROKE

The Razorbacks look forward to a solid year in the breaststroke as sophomore Erin Neumann is joined by newcomers Pierce and Siow. Siow competed in the 200 breaststroke at the Beijing Olympics last summer, finishing 19th and breaking the Malaysian

national record in the 200 breaststroke.



**Leah Pierce**

### BUTTERFLY

Behind Kastes, the Razorbacks are also feeling strong heading into butterfly competition in 2008-09.

"We're anchored by Katie Kastes who had the sixth-fastest time in the country last year as a freshman," Poppell said.

New additions in the butterfly should also have an impact for Arkansas.

"We added Lisa Lunkenheimer, and her time in the 200 fly, coming in from high school,



**Lisa Lunkenheimer**

would have scored at the SEC Championships last year," Poppell said. "In addition to Lisa, Katie Whitbeck is also very strong. Katie Kastes, Erica Totten and Jamie Marks, who qualified for US Nationals in the 200 fly this summer, give us a very strong butterfly group.

### INDIVIDUAL MEDLEY

In individual medley, Poppell expects strong performances in the 400 IM and improvement in the 200 IM.

"We have Katie Kastes and Jamie Marks, both of whom scored in the finals of the SEC Championships last year, giving us two in the top eight spots in the 400 IM." Poppell said.

Three-time Olympian Siow is another reason Coach Poppell believes his team will do well in the 400 IM and the No. 1 reason Arkansas may improve in the 200 IM.

"She [Siow] is one of the top 200 IM swimmers in the U.S.; she's a very good short-course swimmer," Poppell said. "I think she has



# ARKANSAS

## SWIMMING AND DIVING

### 2008-09 OUTLOOK

the opportunity to compete and possibly score in the finals of the NCAA Championships this year.”

#### DIVING

The Razorback divers will once again be led by senior Madison Palmer and will welcome two new faces to a promising team.

After battling injuries her previous three seasons, the fourth member of the Arkansas diving team, senior Kellyn Williams, hopes her last season with the Razorbacks is one of health and success.



Yi Ting Siow

“I’m excited about this year, especially with Madison returning,” Razorback diving coach Dale Schultz said. “We’re looking for big things from her. We’re looking to make a run at the SEC Championship as well as a top eight finish at the NCAA Championships.”

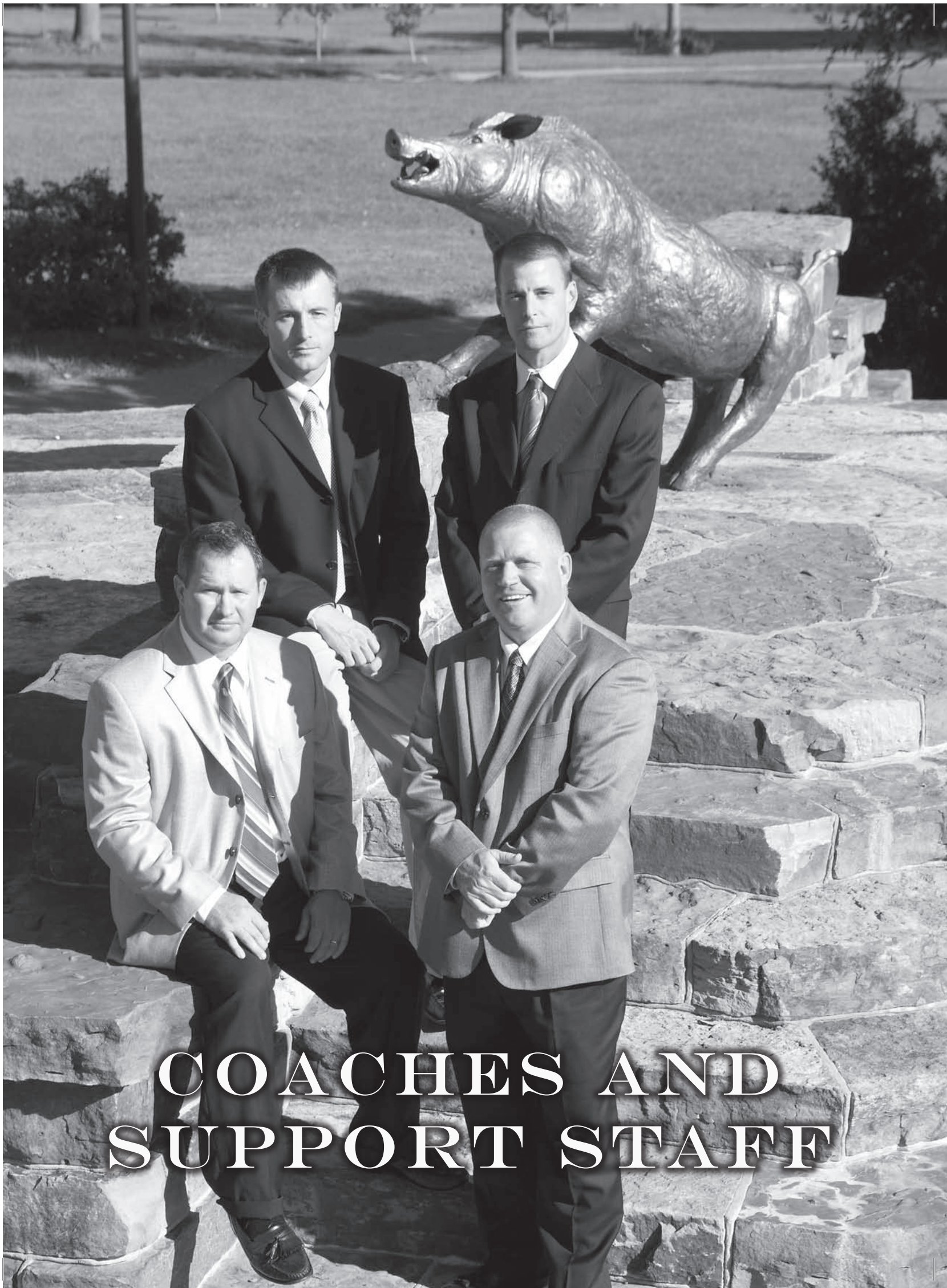
Canadian Olympic Trials competitor and Arkansas freshman, Liana Bugslag, joins the team this year to give the Razorbacks more strength in platform diving. Another freshman expected to contribute this year is Alex Roman. Schultz believes Arkansas will see great things from Roman as she continues to grow.

“Alex can develop [this year],” said Schultz. “She is an honors student, she is working hard, she listens well and we’re really excited to see what happens over the next 12-15 months with her.”



Madison Palmer





COACHES AND  
SUPPORT STAFF





# ARKANSAS

## SWIMMING AND DIVING

### JEFF POPPELL

### HEAD COACH



**Third season**  
**Georgia, 1993**  
**Phone: 479-575-7761**  
**[jpoppell@uark.edu](mailto:jpoppell@uark.edu)**

In only his second year as University of Arkansas swimming and diving head coach, Jeff Poppell led the 2007-08 Razorbacks as they broke 12 school records and 75 personal-best times on their way to a 7-5 dual record, the first winning record since 2000-01. In recognition of his coaching abilities, Poppell was selected to lead the Maccabi USA's Open Swimming team at the 18th World Maccabiah Games in Israel in July 2009.

Poppell has created an experience of excellence in Arkansas swimming and diving. He is a motivator focused on giving individual feedback for team success. Poppell's 2008-09 recruiting class ranked No. 21 in the nation by CollegeSwimming.com, his second Top 25 recruiting class in as many years. In addition, the Razorbacks return three All-Americans in Katie Kastes, Stephanie Carr and Madison Palmer and welcome 13 newcomers to the team this year including three-time Olympian Yi Ting Siow and Canadian Olympic Trials finalist Liana Bugslag.

Arkansas swimming and diving made remarkable strides outside the pool under the direction of Poppell. In the spring of 2008 nine freshman swimmers were named to the SEC Freshmen Academic Honor Roll. Diver Madison Palmer was named to the SEC Community Service Team and Stephanie Carr earned selection to the *ESPN, The Magazine* Academic All-District first team. Over the course of the 2007-08 season, 20 Razorbacks received Arkansas Athletic Department Academic Honors.

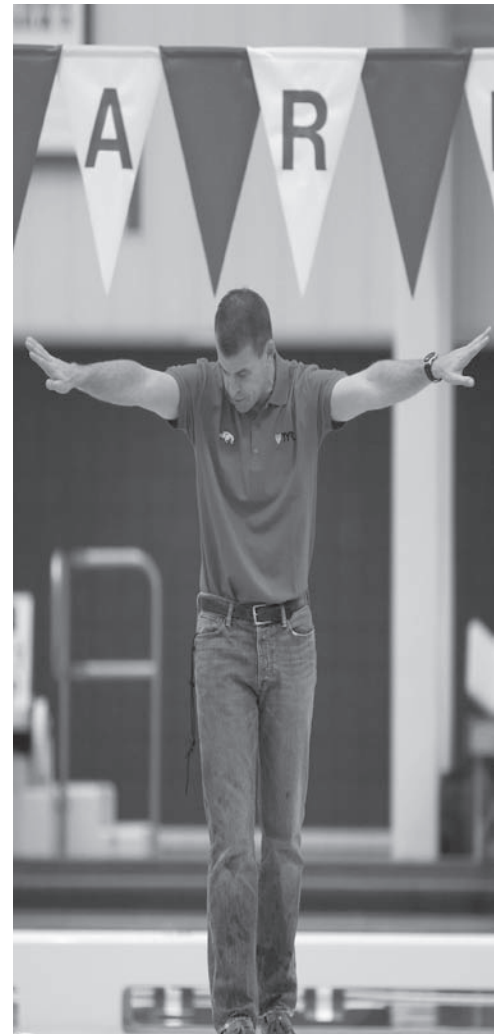
Prior to Arkansas, Poppell guided one of America's dominant high school and club swimming programs for 13 years. As the head coach at The Bolles School, a preparatory school in Jacksonville, Fla., Poppell led or assisted in leading Bolles to 18 consecutive boys' and

15 consecutive girls' Florida high school state championships. Bolles was undefeated every high school season during Poppell's four years as head coach. He led the team to the 2004 Girls' National High School Championship and the NISCA National Dual Meet Team Championships for both girls and boys in 2003 and 2004. In addition, Poppell coached the NISCA National High School Female Swimmer of the Year and was recognized as the NHSCA National High School Coach of the Year for Girls Swimming and Diving in 2004.

The Jacksonville native also directed the 300-plus member Bolles Sharks which is a force among United States swimming clubs. Having developed some of the United States' and the world's top ranked 18 and under swimmers, Poppell established training relationships with several international swimming federations which resulted in The

Bolles School serving as an international training facility for Olympic athletes of several nations.

Poppell led the Bolles Sharks to a pair of national championship titles, and a fifth-place overall combined finish at the 2006 USA Swimming Spring Championships. Poppell was named one of the USA Swimming National Team coaches in 2006. In addition, he coached athletes to 23 U.S. or international records.





# ARKANSAS

## SWIMMING AND DIVING



## JEFF POPPELL

### HEAD COACH

In the last six years, Poppell coached four swimmers ranked top 25 in the world and 17 former or current members of the Bolles Sharks were in the pool at the 2004 Athens Olympic Games. A dozen swimmers under Poppell's guidance competed, finaled or medaled at major international events including the FINA World Championships, European Championships, Pan American games and Commonwealth games.

A standout swimmer at the University of Georgia during his collegiate days, Poppell joined the Bolles staff in August 1993 as an age-group coach, working his way up the ladder to associate head coach in August 2001. Poppell became the head coach and aquatics director in 2002.

With the Bulldogs, Poppell was a two-time NCAA qualifier and captain of the Georgia swim team. The Bulldog swim program remembers his contributions to the team with the annual presentation of the Jeff Poppell Award for Leadership.

A 1993 graduate of the University of Georgia, Poppell and his wife, Joanna, have two children, Jack, 7, and Jenna, 5.



#### Coaching Highlights

- 2009 Maccabi USA Open Swim Team Coach
- 2007 USA Swimming National Team Coach
- 2006 USA Swimming National Team Coach
- 2006 American Swimming Coaches Association Certificate of Excellence
- 2005 American Swimming Coaches Association Certificate of Excellence
- 2005 NFHS Florida High School Coach of the Year – Boys' Swimming and Diving
- 2004 American Swimming Coaches Association Certificate of Excellence
- 2004 NHSCA National High School Coach of the Year – Girls' Swimming and Diving
- 2004 Florida Dairy Farmers Florida High School Coach of the Year – Girls' Swimming and Diving
- 2003 American Swimming Coaches Association Certificate of Excellence

#### Poppell Coached:

- 2 18 & Under U.S. National Champions
- 2 top 10 swimmers at the 2004 U.S. Olympic Trials
- 4 2008 U.S. Olympic Trials competitors
- 1 2008 Canadian Olympic Trials competitor
- 4 swimmers ranked in the top 25 in the world
- 7 swimmers who competed at the 2004 Olympics in Athens, Greece
- 1 swimmer who competed at the 2008 Olympics in Beijing, China
- 42 swimmers who qualified and/or competed at the U.S. National Swimming Championships



# ARKANSAS

## SWIMMING AND DIVING

### JEFF POPPELL

### HEAD COACH

#### Additional Coaching Experience

Head Coach - The Bolles School  
 2002 U.S. Swimming Girls Select Camp Athlete Coach  
 2000 U.S. Swimming Girls Select Camp Athlete Coach  
 1998 U.S. Swimming LSC Racing Camp Head Coach  
 1997 U.S. Swimming LSC Camp Assistant Coach  
 1996 U.S. Swimming LSC Camp Assistant Coach  
 1996 Florida Swimming Zone All-Star Coach  
 1997 Florida Swimming Zone All-Star Coach

#### International Coaching Influence

12 swimmers who competed in major international championships including the:  
 Olympic Games  
 FINA World Championships (2 swimmers in the top 25)  
 Pan American Games  
 European Championships (2 silver medals)  
 Commonwealth Games (1 bronze medal)  
 Southeast Asian Games (4 gold, 3 silver and 3 bronze medals)  
 Central American and Caribbean Swimming Championships (7 gold, 2 silver and 1 bronze medals)



#### ARKANSAS COACHING RECORDS

<u>Year</u>	<u>Coach</u>	<u>Dual Rec.</u>	<u>Conference</u>	<u>National</u>
2007-08	Jeff Poppell	7-5	7th (SEC)	-
2006-07	Jeff Poppell	4-4	9th (SEC)	-
2005-06	Anne Goodman James	1-7	9th (SEC)	-
2004-05	Anne Goodman James	3-12	9th (SEC)	-
2003-04	Anne Goodman James	5-9	7th (SEC)	27th
2002-03	Anne Goodman James	5-5	8th (SEC)	31st
2001-02	Anne Goodman James	4-5	8th (SEC)	-
2000-01	Anne Goodman James	8-4	9th (SEC)	38th
1999-2000	Anne Goodman James	8-2	9th (SEC)	-
1998-99	Anne Goodman James	6-6	9th (SEC)	-
1997-98	Anne Goodman James	1-10	9th (SEC)	-
1996-97	Anne Goodman James	1-7	9th (SEC)	-
1995-96	Martin Smith	1-3	9th (SEC)	36th
1994-95	Martin Smith	7-3	9th (SEC)	33rd
1993-94	Martin Smith	5-3	9th (SEC)	-
1992-93	Martin Smith	7-4	9th (SEC)	32nd
1991-92	Martin Smith	9-1	8th (SEC)	39th
1990-91	Martin Smith	9-1	3rd (SWC)	27th
1989-90	Martin Smith	5-2	3rd (SWC)	25th
1988-89	Martin Smith	5-1	3rd (SWC)	22nd
1987-88	Martin Smith	8-3	3rd (SWC)	17th
1986-87	Kent Kirchner/Martin Smith	6-3	6th (SWC)	-
1985-86	Kent Kirchner	3-4	6th (SWC)	25th
1984-85	Sam Freas	4-3	6th (SWC)	16th
1983-84	Sam Freas	4-3	5th (SWC)	-
1982-83	Sam Freas	6-3	5th (SWC)	22nd
1981-82	Patty Praxel	3-3	-	-
1980-81	Patty Praxel	2-4	-	26th
1979-80	Patty Praxel	3-7	-	26th
1978-79	Patty Praxel	2-2	-	40th



# ARKANSAS

## SWIMMING AND DIVING



## DALE SCHULTZ

### DIVING COACH



**12th Season**  
**Kansas State, 1984**  
**1989-2000;**  
**2008-present**  
**Phone: 479-575-6796**  
**drshult@uark.edu**

Veteran diving coach Dale Schultz returns to the University of Arkansas as the diving coach in 2008. Schultz served for 11 seasons as the Razorbacks diving coach from 1989-2000 before leaving to enter private business. He returned to Arkansas as interim diving coach in the spring of 2008 and was later elevated to the full-time position for 2008-09.

During his previous tenure, Schultz was named the Southeastern Conference Diving Coach of the Year and coached seven Arkansas athletes to a total of 18 All-America honors. Upon his return to the pool last spring, Madison Palmer earned All-American honors in



2008 in the one-meter dive. In his previous years, Becky Martin was three-time All-American for Schultz in the early 1990s. Karen Straley was a 1996 finalist at the NCAAs on platform, and Tom Caruso became the NCAA runner-up in 1994.

In the SEC, Schultz produced a pair of platform championships, with P.J. Murphy taking the men's title in both 1993 and 1994. His 1994 Razorback divers scored 38 points at the men's NCAA championship to place Arkansas 20th as a team.

Prior to his first time with Arkansas, Schultz coached at Purdue, Northern Michigan and Idaho. With the Boilermakers, Schultz coached a Canadian games gold medalist as well as Big 10 diving finalists and NCAA top 20 finishers.

At Northern Michigan, he had five Division II All-Americans and three CoSIDA Academic All-Americans. In one season at Idaho, Schultz added another All-American.

He served as the team leader for the United States team at the World University Games in Buffalo, N.Y., in 1993.

A native of Akron, N.Y., Schultz is a 1984 graduate of Kansas State. Prior to KSU, Schultz dove for the University of Maine from 1979-81. He earned his master's degree in physical education at Northern Michigan.

Schultz and his wife Darby have three children, Hayden, Brooke and Collin.





# ARKANSAS

## SWIMMING AND DIVING

### TODD MANN

#### ASSISTANT COACH



**Third Season**  
**Florida State, 1994**  
**Phone: 479-575-3391**  
**tamann@uark.edu**

Todd Mann begins his third year as the assistant swimming and diving coach at the University of Arkansas.

Last year, Mann assisted Arkansas head coach Jeff Poppell in guiding the program to a 7-5 regular season record in dual meets, the first winning season for the program since the 2000-01 season. The Razorbacks turned in 75 personal-best times and 12 school records throughout the season. With the recruiting efforts of Poppell and Mann, the 2008-09 recruiting class once again ranks in the Top 25.

Prior to Arkansas, Mann worked with Poppell as his senior assistant coach and assistant aquatics director at The Bolles School in Jacksonville, Fla. He worked with Poppell for four years, and brought a wealth of experience working with world-class athletes to the Razorbacks.



Throughout his 14 years of coaching experience, Mann assisted with the development of athletes who competed at the U.S. Olympic Trials and various international competitions. Most recently, Mann was an assistant coach for the Cayman Islands swim team at the 2006 Commonwealth Games in Melbourne,

Australia. He also worked with the Cayman team at the CARIFTA Championships.

At The Bolles School, Mann handled dry land activity for the national group swimmers, as well as assisting Poppell with four consecutive undefeated squads and four men's and women's Florida high school state championship teams. In addition, Mann developed great relationships with many of the nation's top high school and club coaches, an aid to Poppell in recruiting for Arkansas.

Before joining Bolles, Mann worked four seasons as the assistant aquatics coach and senior coach for Lake Highland Preparatory School in Orlando, Fla., where he coached two

women's runner-up Florida state championship teams. He started his coaching career in 1994 as the head coach of Swim Florida Bradenton in Bradenton, Fla.

A 1994 graduate of Florida State, Mann and his wife, Jaime, have two sons, Cade, 4, and Cooper, 6 months, and a daughter Casey, 2.





# ARKANSAS

## SWIMMING AND DIVING



## RAZORBACK SUPPORT STAFF



**Josh Morgan**  
Director of  
Swimming and  
Diving  
Operations

**Second Season**  
**Florida, 2000**

Josh Morgan enters his second year with the Razorbacks as the director of swimming and diving operations. Morgan's primary team responsibilities include video editing and handling the day-to-day office duties for head coach Jeff Poppell.

Prior to Arkansas, Morgan was an assistant dean of students at The Bolles School in Jacksonville, Fla., where he assisted with the Bolles swim camps for three years under Poppell. He was also a member of the boarding staff and a defensive backs coach for the Bulldogs' football team.

The Jacksonville, Fla., native earned his bachelor's degree in history in 2000 from the University of Florida. After graduating, Morgan was an assistant football coach at Hampden-Sydney College for one year before a short stint as a teacher at Dupont Middle School in Jacksonville, Fla.

Morgan is the oldest son of John and Vicky Morgan and has two sisters, Alissa, and Taylor. He is pursuing his master's degree in history at Arkansas.



**Keith Line**  
Meet Coordinator  
20th Season  
Arkansas

A former Arkansas swimmer and coach, Keith Line begins his 20th season as the Razorbacks' computer and timing system operator.

When it comes to running and scoring an event, there is none better than Line. His resume is stacked with a number of major swimming and diving events including the Women's NCAA Division I Championships, several USS Regional Championships, four Southeastern Conference Championships and numerous U.S. Swimming meets, including the 1992 Central Zone Meet.

In 2001-02, Line stepped away from the computer and assisted Arkansas with the administration of the 2002 SEC Swimming and Diving Championship as technical director.

Line brings more to Arkansas than just his meet expertise. He was a standout performer in the pool for Arkansas' swimming team and served as assistant coach for both the men's and women's programs for four years.

Line earned a bachelor's degree in early childhood education from Arkansas and his master's in education technology. When he is not assisting with the Razorbacks home meets, Line is the network and telecommunications administrator for Bentonville (Ark.) Public Schools. Line and his wife, Mary, have two children, Jessica, 14, and Jayme, 9.



# ARKANSAS

## SWIMMING AND DIVING

### RAZORBACK SUPPORT STAFF



**Allison Chinn**  
Manager

Allison Chinn enters her first season as manager of the Razorbacks swimming and diving squad after swimming for the team in the 2006-07 and 2007-08 seasons.

In her time as a swimmer, Chinn was a frequent top 10 finisher in the butterfly and backstroke and was the only freshman to compete on the 2006-07 squad. She was also recognized for her work in the classroom, earning a spot on the Arkansas Athletic Department Academic Champions Honor Roll in both semesters of her sophomore year.

Chinn is the daughter of Gregg and Teri Chinn and has a younger brother, Tyler. She is majoring in biology/pre-med at Arkansas.



**Chen-Wen Lee**  
Head Trainer

Chen-Wen joins the Razorbacks swimming and diving team as head trainer in 2008-09.

Lee graduated from Baylor University in May of 2008 with a Bachelor of Science in athletic training. While at Baylor, she worked with the Bears' football, track and field, volleyball and softball teams and was part of the host medical team for the 2006 Big we Outdoor Track and Field Championships.

Born in Taipei, Taiwan and raised in Denton, Texas, Lee is the daughter of Douglas and Candace Lee. She has a brother, Alex, who is 20. Lee is currently pursuing a Master's in Kinesiology at Arkansas.



**Craig Skinner**  
Assistant Trainer

Craig Skinner is a graduate of Texas Tech University where he earned his Bachelor of Science in athletic training.

Skinner is a licensed athletic trainer in the state of Texas. In his time at Texas Tech, he worked with Bob Knight's Red Raider basketball team as well as the tennis team, and football team. He also worked with the Tyler Junior College baseball team.

In 2005 and 2006, Skinner also was on the training team for the Texas High School seven-on-seven Championships in College Station, Texas.

Skinner, from Alto, Texas, is the youngest son of Rollie and Linda Skinner. He has two older brothers, Crispin and Byron.



# 2008-09 RAZORBACKS







# ARKANSAS SWIMMING AND DIVING

## STEPHANIE CARR



**Senior • 5-11  
Distance Freestyle**

**Jacksonville, Fla.  
University of Georgia  
The Bolles School  
Bolles School Sharks**

### AS A JUNIOR (2007-08):

Stephanie Carr earned All-America honors in the 1,650 free at the NCAA Championships. She earned school records in the 1,000 free and 1,650 free and was a member of the squad that broke the record in the 800-free relay at the SEC Championships. Carr finished sixth in the 1,650 free in 16:12:90, which was also a personal best. At NAAs, Carr swam the 200 free in 1:49.62, good for second all-time at Arkansas. Her 500-free time of 4:44.06 sits fourth in the record book. Carr was the top finisher in seven races and placed in the top three in almost every dual-meet swim. She posted Arkansas' fastest 1,000 free and 1,650 free times and turned in four "A" cut times and six "B" cuts. Carr was named to the SEC Academic Honor Roll and voted first-team ESPN The Magazine Academic All-District as well as being named to the Razorbacks Athletic Department Honor Roll in Fall 2007 and Spring 2008.

### AS A SOPHOMORE (2006-07):

Carr redshirted her first year at Arkansas.

### AT GEORGIA (2004-06):

The Jacksonville, Fla., native graduated from The Bolles School and prior to Arkansas swam at the University of Georgia. She helped the Bulldogs to the 2005 NCAA Championship, the 2006 Southeastern

Conference title and a 2006 NCAA runner-up finish. Carr was honorable mention All-American two years in the 1,650

freestyle. As a freshman, Carr finished ninth at the NAAs with a season-best time of 16:14.77. In the 500 free, Carr's time of 4:45.56 put her in eighth place at the 2005 SECs becoming one of only two freshmen to finish in the top eight at the meet. As a sophomore, Carr finished in 12th place in the 1,650 free at the 2006 NAAs with a time of 16:22.99 and 13th in the 500 free with a time of 4:45.21.

### CARR'S TOP TIMES

500 Free	4:44.06
1,000 Free*	9:44.46
1,650 Free*	16:12.90
*Arkansas school record	

### AT THE BOLLES SCHOOL:

Under the guidance of Jeff Poppell, Carr was a four-time high school All-American and ranked No. 1 in the country as a senior. She was ranked sixth in the world in the 1,500 free in 2004 and was National Champion in the 1,500 free at the Spring U.S. Nationals. Carr was also a member of the 2001 U.S. National Junior team that competed in Rome, Italy.

### PERSONAL:

Born April 19, 1986, Stephanie Dyann Carr is the daughter of Danny and Beth Carr of Jacksonville, Fla. She has an older sister, Brooke, who was a swimmer at IUPUI. Carr is majoring in advertising/public relations.





# ARKANSAS

## SWIMMING AND DIVING



# ELIZABETH ENGS



**Senior • 5-10  
Breaststroke/IM**

**Cambridge, Ontario  
Southwood Secondary  
Cambridge Aquajets**

**AS A JUNIOR (2007-08):**

In another successful year swimming for Arkansas, Elizabeth Engs broke three personal best times in both the 100 and 200 breast with times of 1:06.69 and 2:20.26, respectively and the 400 IM in which she posted a time of 4:25.93. Two of her top times, the 200 breast and the 400 IM coming at the Southeastern Conference Championships. She also had eight top five finishes during the regular season meets against teams including then-ranked No. 5 Auburn, No. 22 Florida State and No. 7 Florida.

**AS A SOPHOMORE (2006-07):**

Engs led the Razorbacks in the 1,650 freestyle, the 200 breaststroke and the 400-individual medley. She touched in with career-best times in all six events she competed. Primarily a breast and IM specialist, Engs turned in three of her career bests at the SEC Champi-

onships, posting a 2:21.67 in the 200 breast, a 2:06.36 in the 200 IM and a 4:26.65 in the 400 IM. Engs also had 15 top-five finishes last year.

**AS A FRESHMAN (2005-06):**

In her first year as a Razorback, Engs was a breaststroke specialist and led the team in the

**ENGS' TOP TIMES**

100 Breast	1:05.81
200 Breast	2:20.26
200 IM	2:06.36
400 IM	4:25.93

individual medley. Against Drury, she finished second in the 100 and 200 breast and placed third in the 200 IM. She recorded her best times of the year in each event of the prelims of SECs.

**PRIOR TO ARKANSAS:**

Engs joined the Razorbacks from Cambridge, Ontario, where she was a 2004 Canadian Olympic Trials qualifier in the 100 breast. As a junior, Engs was the provincial champion in the 100 and 200 breast. While Engs was a member of the Cambridge Aquajets, a club team, she broke 18 records. Engs has international experience on her resumé participating in the 2004 U.S. Open.

**PERSONAL:**

Born Feb. 5, 1987, Elizabeth Joanna Engs is the daughter of Russell and Janice Engs of Cambridge, Ontario. She has a sister, Chandra. Engs is majoring in biology.





# ARKANSAS SWIMMING AND DIVING

## EMILY FLETCHER



**Senior • 5-3  
Butterfly/IM**

**Kingwood, Texas  
Kingwood  
Blue Tide Aquatics**

### AS A JUNIOR (2007-08):

In the 2007-08 season, Emily Fletcher posted strong personal numbers with three new career-best times. At the Indiana Open in November 2007, Fletcher finished with a time of 2:12.96 in the 200 IM and a time of 4:38.40 in the 400 IM, both personal bests. Her third career high came against North Texas last October when she touched in at 2:08.93. For her hard work in the classroom, Fletcher was named to the Arkansas Athletic Department Honor Roll in Fall 2007 and Spring 2008.

### AS A SOPHOMORE (2006-07):

Fletcher provided much needed depth and flexibility to the Arkansas roster competing in seven different events as a sophomore. Fletcher earned career-best times in four of those events: 1,000 freestyle (10:48.62), 1,650 free (18:12.43), 200 IM (2:15.41) and 400 IM (4:41.19). Her personal bests in the 1,650 free and the 400 IM both came at the Ohio State Invitational.

### AS A FRESHMAN (2005-06):

Fletcher's versatility shined in her first season as a Razorback. She competed in free, butterfly and IM events. Against Houston, Fletcher swam her best time of the year in the 500 free and the 1,000 free. In the 100 and 200 fly, Fletcher posted season-best times at the Indiana Invitational. Fletcher's top time in the 200 IM came in the prelims of the Southeastern Conference meet.

### AT KINGWOOD HIGH:

Fletcher joined the Razorbacks after a successful high school career at Kingwood High. A two-time All-American, Fletcher was a member of the Texas State Championship team as a junior. She was also a three-time all-state selection. In her sophomore and junior seasons, Fletcher's club team, Blue Tide Aquatics, was the USS Junior National Champion.

#### FLETCHER'S TOP TIMES

100 Fly	1:00.32
200 Fly	2:08.93
200 IM	2:12.57
400 IM	4:38.40

### PERSONAL:

Born June 5, 1986, Emily Ann Fletcher is the daughter of Michael and Amanda Fletcher of Kingwood, Texas. She has an older brother, Matt. Fletcher is majoring in general business.





# ARKANSAS

## SWIMMING AND DIVING



## SUMMER JACKSON



**Senior • 5-6**  
**Freestyle/Breaststroke**

**Sequim, Wash.**  
**Sequim**  
**Tacoma Swim**

### **AS A JUNIOR (2007-08):**

In her third year, Summer Jackson once again led the team in the 100 breaststroke with a time of 1:03.67, a new personal best time set at the Southeastern Conference Championships preliminaries. Jackson's best finish was 100 breaststroke win at then-No.18 Missouri with a time of 1:04.48. She had 11 top five finishes in dual meets over the course of the season. Jackson also was part of the relay teams that broke Arkansas records in the 200 and 400 medley relays, and took over the third spot in the record books in the 400 freestyle relay. In recognition of her academic accomplishments, Clark was named to the Razorbacks Athletic Department Honor Roll in both semesters of her junior year.

### **AS A SOPHOMORE (2006-07):**

Jackson led the team in the 50 freestyle, the 100 free and the 100 breaststroke her second year. She won six races and turned in more than 20 top-10 finishes, including career-best times in the 200 free (1:55.03), the 100 fly (56.59) and the 100 breast (1:04.97). Her personal bests in the 100 fly and the 100 breast both came at the Ohio State Invitational. Jackson was also a member of the 200-medley and the 200-, 400- and 800-free relay teams that held the top times of the season.

### **AS A FRESHMAN (2005-06):**

Jackson consistently led the Razorbacks in the 50 free, 100 free and 100 fly her first season of competition. Her season-best times of 23.81

in the 50 free, 51.60 in the 100 free and 56.78 in the 100 fly were also the best on the team. She had nine first-place finishes and placed in the top 10 in every regular season event she competed.

### **JACKSON'S TOP TIMES**

<b>50 Free</b>	<b>23.81</b>
<b>100 Free</b>	<b>50.92</b>
<b>200 Free</b>	<b>1:55.03</b>
<b>100 Breast</b>	<b>1:03.67</b>

### **AT SEQUIM:**

Jackson joined the Razorbacks after a decorated career in the state of Wash-

ington. Jackson won three state titles at Sequim High School - top honors in the 50 free and 100 fly as a senior and first in the 100 breast her sophomore season. Jackson was named the Class 3A swimmer of the year in her senior campaign. In 2003, she was the 50-meter breaststroke Speedo Junior National Champion.

### **PERSONAL:**

Born April 7, 1987, Summer Marie Jackson is the daughter of Dave and Patty Jackson of Sequim, Wash. She has a brother, Jeremiah. Jackson is majoring in business.





# ARKANSAS SWIMMING AND DIVING

## MADISON PALMER



Senior • 5-3  
Diving

Olathe, Kan.  
Olathe East  
Jayhawk Diving

### AS A JUNIOR (2007-08):

The leader of Arkansas' diving squad, Madison Palmer enters the 2008-09 season after breaking two school records in one meter diving. Against Vanderbilt, Palmer scored a 318.83 to qualify her for Zone Diving Championships where she scored 543.35. Her three meter dives also made the record books for dual and championship meets. Palmer finished the season with seven wins and 20 top-10 scores. She was named SEC Diver of the Week three times and an All-American at the NCAA Championships in the one-meter. In recognition of her strength in the classroom, Palmer was also named to the Razorbacks Athletic Department Honor Roll.

### AS A SOPHOMORE (2006-07):

Palmer returned as the leading diver of the 2007-08 squad and made her second trip to the NCAA Zone D Diving Championships in 2007, scoring bests in every championship event. Palmer's best mark came on the one meter where she placed 12th with a 448.15. She also scored career bests on each event in dual meets. Palmer took home top honors three times and had 13 top-five finishes. Her career-best score of 295.10 on the one meter against Denver and Missouri State put her fifth in the Arkansas all-time records.

### PALMER'S TOP SCORES

One Meter (Champ.)*	448.15
One Meter (Dual)*	318.83
Three Meter (Champ.)	436.60
Three Meter (Dual)	336.15
Platform (Champ.)	326.00
Platform (Dual)	210.60

\*Arkansas school record

### AS A REDSHIRT FRESHMAN (2005-06):

Palmer was a one-meter and three-meter diver her first season of competition. She led the team on one meter with a team-high score of 266.25 against Drury. Her season-best score on the three meter came in the prelims of the Indiana Invitational. Palmer also competed in the NCAA Zone D Diving Championships.

### AS A FRESHMAN (2004-05):

Palmer redshirted due to an injury her first year.

### AT OLATHE EAST:

As a senior at Olathe East, Palmer was a three-time individual state champion and two-time member of the team state champions. A member of the Jayhawk Dive Club, Palmer qualified for the zone meet and placed at regionals as a junior. In 2004, Palmer participated in the Junior Olympics regionals and zones.

### PERSONAL:

Born Oct. 1, 1985, Madison Lin Palmer is the daughter of Mark and Mona Palmer of Olathe, Kan. Palmer has a younger brother, Brett. Palmer's major is history.





# ARKANSAS

## SWIMMING AND DIVING



# MACEY WEBB



**Senior • 5-7  
Freestyle**

**Columbia, Tenn.  
Columbia Central  
Nashville Aquatic**

**AS A JUNIOR (2007-08):**

Turning in five new personal best times in the 100 (53.76), 200 (1:54.44), 500 (5:02.88), 1,000 (10:29.65) and 1,650 free (17:18.68), Macey Webb completed a successful junior year at Arkansas. Her best meet came against Vanderbilt where she finished fourth in the 1,000 free and the 200 backstroke. In recognition of her strong academic performance, Webb was named to the Razorbacks Athletic Department Honor Roll in Spring 2008.

**AS A SOPHOMORE (2006-07):**

Webb was a freestyle specialist and earned career-best times in every event she competed in 2006-07. Webb's

top times in the 100 (54.71), 200 (1:55.25) and 500 free (5:07.52) all came in a dual meet against LSU. The following meet at Georgia, Webb touched in with a personal-best 10:31.03 in the 1,000 free. Webb was also a member of the 800-free relay team with the fastest time of the season.

**AS A FRESHMAN (2005-06):**

In her first year, Webb led the Razorbacks in the 200, 500, 1,000, and 1,650 freestyle events. She swam team-best times of 5:09.95 in the 500 free and 10:35.75 in the 1,000 free against Nebraska. At the Indiana Invitational, her times of 1:55.93 in the 200 free and 17:42.54 in the 1,650 free were also the best on the team.

**AT COLUMBIA CENTRAL:**

A two-time All-American at Columbia Central, Webb joined the Razorbacks as a distance freestyle specialist. In her sophomore and junior seasons, Webb earned All-America honors after finishing in the top eight in the 500 free at the Tennessee State High School Championships. In the 1,650 free, she finished sixth at the Speedo Championships as a sophomore. Webb was also a two-time member of the Senior National 400- and 800-free relay teams.

**PERSONAL:**

Born Feb. 2, 1987, Macey Kyle Webb is the daughter of Garrison and Virginia Webb of Columbia, Tenn. She has a younger brother, Alex. Webb is majoring in biology.



**WEBB'S TOP TIMES**

100 Free	53.76
200 Free	1:54.44
500 Free	5:02.88
1,000 Free	10:29.65
1,650 Free	17:18.68



# ARKANSAS SWIMMING AND DIVING

## KELLYN WILLIAMS



Senior • 5-8  
Diving

Manhattan, Kan.  
Manhattan  
Manhattan Diving

**AS A JUNIOR (2007-08):**

Kellyn Williams set personal best scores in her junior year in the one meter championship and platform championship dives. Both her one meter best (456.75) and platform best (397.10) came at the Zone Diving Championships. Williams' best finish was second place against Vanderbilt.

**AS A SOPHOMORE (2006-07):**

Kellyn Williams was one of the two returning divers on this year's squad. She earned career-best scores on the one meter, three meter and platform in both championship and dual meet events. Williams' top scores on the one meter (259.88) and three meter (298.75) came against Drury, where she had two third-place finishes.

**AS A REDSHIRT FRESHMAN (2005-06):**

Williams did not compete the 2005-06 season due to injury.

**AS A FRESHMAN (2004-05):**

Williams redshirted due to an injury as a freshman.

**AT MANHATTAN:**

At Manhattan High, Williams was a two-time state runner-up diver. As a senior, Williams finished third at the state meet. Williams holds varsity records in the six and 11 dive programs. As a freshman, Williams took eighth-place honors at the state meet. Williams was also a member of the Manhattan Diving Club and a successful gymnast.

**WILLIAMS' TOP SCORES**

One Meter (Champ.)	456.75
One Meter (Dual)	259.88
Three Meter (Champ.)	376.35
Three Meter (Dual)	298.75
Platform (Champ.)	397.10
Platform (Dual)	183.70

**PERSONAL:**

Born May 6, 1986,  
Kellyn

Elizabeth Williams is the youngest daughter of Charles and Myrna Williams of Manhattan, Kan. She has two older brothers, Corey and Ryan, and an older sister, Shannon. Williams is majoring in biological engineering.





# ARKANSAS

## SWIMMING AND DIVING



# JUNIORS



**Lynette Ng • 5-4**  
**Freestyle/Backstroke**

**Singapore**  
**Singapore Polytecnic**  
**St. Nicholas Girls' School**  
**Swimfest Aquatic**

**AS A SOPHOMORE (2007-08):**

Lynette Ng led the Razorbacks in the 50 free and the 100 back in her first year at Arkansas. Her time in the 100 back is a personal best time and places her fifth on the all-time list at Arkansas. Ng also set new personal bests in the 50 free and 100 free, all three personal bests coming at the Southeastern Conference Championships. Her best meets were against Florida, Kansas and Vanderbilt where she finished first in the 50 free, 100 back and 200 back, respectively. Ng swam the first leg of the school recording-breaking 200 and 400 medley relay teams. She also swam the first leg for the 200 free relay team which claimed the second spot in the school record books and for the 400 free relay team which took over the third best time in Arkansas history. Ng was named to the Athletic Department Honor Roll in her sophomore year for her accomplishments in the classroom.

**NG'S TOP TIMES**

<b>50 Free</b>	<b>23.33</b>
<b>100 Free</b>	<b>51.32</b>
<b>50 Back</b>	<b>29.93 (LC)</b>
<b>100 Back*</b>	<b>55.55</b>

**\*Arkansas school record**



**PRIOR TO ARKANSAS:**

Ng joined the Razorbacks from Singapore Polytechnic where she was the 2006-07 Sportswoman of the Year. In high school at St. Nicholas Girls' School her team placed third or higher at the School Nationals Swimming Championships all four years. Ng has a wealth of international experience including the Southeast Asian Games, the Commonwealth Games, the Asian Games, Doha, the World Cup Series and the FINA World Championships. Ng also competed in Australia and swam for the Swimfast Aquatic Club.

**PERSONAL:**

Born Dec. 29, 1988, Lynette Ng Hiang Yuet is the daughter of Eric Ng and Fiona Goh of Singapore. She has two siblings, Rainer and Eve who also swim competitively. Ng chose Arkansas because of the excellent swimming program and very supportive coaching staff which she believes can take her swimming to the next level. Ng is majoring in communications.



**Leah Pierce • 5-4**  
**Breaststroke**

**Columbia, Mo.**  
**Purdue Univ.**  
**Columbia Swim Club**

**PRIOR TO ARKANSAS:**

Leah Pierce began swimming for the Columbia Swim Club when she was 13. She competed in USA Nationals and the Olympic Trials as a member of the swim club. After graduating high school in 2006, Pierce attended Purdue University and was a member of the Boilermakers' swim team until transferring to Arkansas in December of 2007. The 2008-09 season will be her first with the Razorbacks.

**PERSONAL:**

Leah Jean Pierce, the youngest of three girls, was born to John and Angela Pierce on Sept. 1, 1987. While attending Rock Bridge H.S., Pierce volunteered for the Rock Bridge Reaches Out program. She is majoring in Kinesiology at Arkansas and plans to work as a physical therapist after graduation.

**PIERCE'S TOP TIMES**

<b>100 Yard Breast</b>	<b>1:02.11</b>
<b>200 Yard Breast*</b>	<b>2:10.96</b>
<b>100 Meter Breast</b>	<b>1:11.59</b>
<b>200 Meter Breast</b>	<b>2:37.31</b>

**\*Arkansas school record**





# ARKANSAS

## SWIMMING AND DIVING

### JUNIORS



**Yi Ting Siow • 5-6  
Breaststroke/IM**

**Negri Sembilan, Malaysia  
Univ. of Wisconsin  
Bolles School Sharks**

**PRIOR TO ARKANSAS:**

Yi Ting Siow began building her career under Jeff Poppell at The Bolles School and is now a top international swimmer. In January 2008, Siow transferred to Arkansas from the University of Wisconsin where she was an All-American in 2006 and 2007. While at Wisconsin, Siow finished 2nd in the 2007 NCAA Championships and was named Big Ten Swimmer of the Year 2007. She is a three-time Olympian, finishing 19th in the 200 breast and 29th in the 200 IM in the 2008 Olympics in Beijing. Her finish time in the 200 breast in Beijing, 2:09.95, is a Malaysian record. She also owns Malaysia National records in the 100 breast, 50-meter breast and the 200-meter IM.

**PERSONAL:**

Yi Ting Siow is the daughter of Kian Wah Siow and Christina Chai and was born on Dec. 11, 1985 in Negri Sembilan, Malaysia. Siow plans to train for the 2012 Olympics games, hoping to be the first Malaysian female swimmer to compete in four Olympics. She says she mostly admires her parents, who have always been very supportive of her swimming career. Siow is majoring in Art and eventually wants to work in the art or fashion industry.

**SIOW'S TOP TIMES**

100 Breast	1:02.36
200 Breast	2:09.95
200 IM	1:57.60
400 IM	4:13.13
200m Breast	2:27.80
200m IM	2:16.92



### SOPHOMORES



**Gina Bargiachi • 5-10  
Backstroke**

**Memphis, Tenn.  
Saint Benedict  
Memphis Thunder  
Aquatic Club**

**AS A FRESHMAN (2007-08):**

Gina Bargiachi added depth to the Arkansas roster in the sprint freestyle events and the backstroke. She turned in career-best times in the 50 free, 100 free and 100 back against Vanderbilt on Senior Day. Bargiachi placed fourth in the 50 free that meet to earn her best finish of the year. Bargiachi touched in with another individual best in the 200 back at the Indiana Open. For her outstanding performance in the classroom, Bargiachi was one of nine Razorbacks named to the 2008 SEC Freshman Academic Honor Roll. Bargiachi was recognized by the Arkansas Athletic Department in academics also, being named to the Fall 2007 and Spring 2008 honor rolls.

**AT SAINT BENEDICT:**

Bargiachi broke the 200- and 400-free relay record at Saint Benedict High School. In addition, she was part of the Eagles' 200-medley relay record. Bargiachi competed in the county and state championships all four years and was a four-time selection on the county and state teams. Bargiachi swam for Memphis Tiger Swimming and for the Memphis Thunder Aquatic Club.

**BARGIACHI'S TOP  
TIMES**

100 Back	1:06.72
200 Back	2:23.74

**PERSONAL:**

Born Feb. 2, 1989, Gina Marie Bargiachi is the daughter of Charlie and Kye Bargiachi of Memphis, Tenn. She has an older sister, Denise, and younger sister, Erin. Her sister Denise runs cross country and track at Arkansas. Bargiachi is majoring in art and plans to work in the graphic design and advertising industries.





# ARKANSAS

## SWIMMING AND DIVING



# SOPHOMORES



**Jessie Clark • 5-8  
Backstroke/IM**

**St. Louis, Mo.  
Kirkwood  
Clayton Shaw Park**

**AS A FRESHMAN (2007-08)**

Jessie Clark jumped into her first year with the Razorbacks setting three new personal bests at the 2008 SEC Championships in the 200 backstroke and both the 200 and 400 IMs. In January against then-No. 18 Missouri, Clark came in second in the 200 back and fifth in the 100 back. Her other strong results included meets against fellow SEC teams, then-No. 7 Florida and Vanderbilt. Clark also was impressive in the classroom as one of nine Razorbacks named to the 2008 SEC Freshman Academic Honor Roll and earned a spot on the Razorbacks Athletic Department Academic Champions Honor Roll for achieving a 4.00 GPA in both semesters of her freshman year.

**CLARK'S TOP TIMES**

200 Back	2:04.64
200 IM	2:06.61
400 IM	4:28.25

**AT KIRKWOOD:**

Jessie Clark came to Arkansas from Kirkwood High School and the Clayton Shaw Park club team. She was coached by former Arkansas swimmer Dave McCrary. Clark was a five-time conference champion and broke school records in the 100 butterfly, the 100 backstroke, the 200 individual medley and the 200 medley relay. Her senior year, Clark placed fourth in the 200 IM, fifth in the 100 breast and sixth in the 200 medley relay at state. Clark competed in the USA Swimming Junior Nationals, the NCSA Junior Nationals, the AAU Junior Olympics and the Central Zone Championships where she took top honors in the 200 breast and second in the 100 breast.

**PERSONAL:**

Born March 13, 1989, Jessica Ann Clark is the daughter of Ben and Becky Clark of St. Louis, Mo. She has two older siblings Bennett and Libby, and a younger sister, Maggie. Clark's father ran track at Duke University and her brother swims at the University of California-Berkley. Clark is majoring in nursing at Arkansas.



**Megan Haskins • 5-9  
Freestyle/IM**

**Orlando, Fla.  
Boone  
Highlander Aquatics**

**AS A FRESHMAN (2007-08)**

In her first season with the Razorbacks, Megan Haskins put in 15 top 10 finishes in her contests. At the preliminaries at the Southeastern Conference Championships, Haskins posted a personal best time of 1:50.31 in the 200 free. She also set a new personal best in the 100 free, with a time of 52.05, also at the SEC Championships. Haskins best meet was in November vs. Vanderbilt when she placed second in the 500 free and third in the 200 breast. Rewarded for her work outside the pool as well, Haskins was named to the Arkansas Athletic Department Honor Rolls in Fall 2007 and Spring 2008 and joined eight other Razorbacks swimmers on the 2008 SEC Freshman Academic Honor Roll.

**HASKINS' TOP TIMES**

100 Free	52.05
200 Free	1:50.31
200 IM	2:05.70

**AT BOONE:**

Orlando, Fla., native Megan Haskins broke six records at Boone High School and was an All-American in the 200 individual medley. A four-year letter-winner and two-time MVP for the Braves, Haskins place third at state in the 200 IM her senior year. She competed at the USS Southern Zones, Junior and Senior Nationals, Junior Olympics, the Grand Prix and the American Short Course. As a member of Highlander Aquatics, Haskins was a U.S. Open qualifier.

**PERSONAL:**

Born Sept. 25, 1989, Megan Elizabeth Haskins is the daughter of Allen and Rachel Haskins of Orlando, Fla. She has a younger sister, Hillary, and a younger brother, Nathan.





# ARKANSAS

## SWIMMING AND DIVING

### SOPHOMORES



**Katie C. Kastes • 5-5**  
Butterfly/Freestyle/IM

**Palm Harbor, Fla.**  
Countryside  
WFLA

**AS A FRESHMAN (2007-08):**

Katie Kastes had a breakout freshman season with the Razorbacks with 10 wins and 23 top 10 finishes. Kastes began her career at Arkansas during the first meet of the season with three wins and a new school record in the 200 fly against North Texas. She later broke her own record in the 200 fly during the SEC Championships. Kastes broke school records in the 200 free, 500 free, 100 fly, and 400 IM in addition to the 200 fly in 2007-08. She also swam on teams who broke Arkansas records in the 800 free relay, 200 medley relay, and the 400 medley relay. During the 2007-08 season, Kastes was named SEC Female Freshman of the Week twice, an All-American at the NCAA Championships in the 200 fly and 500 free and to the SEC All-Freshman Team.

**AT COUNTRYSIDE:**

Katie Kastes joined the Razorbacks from Palm Harbor, Fla., where she was the 3A Florida high school state champion in the 100 butterfly. She was a five-time All-American and was a finalist at the U.S. Junior National Championships in 2006. At Countryside High School, Kastes broke records in the 50 free-style, 100 fly, 200- and 400-free relays and the 200-medley relay. She qualified for the 2008 Olympic Trials in the 100 and 200 fly. Kastes was also named to the CollegeSwimming.com Top 100 Recruits list.

**PERSONAL:**

Born May 12, 1989, Katie Charlotte Kastes is the daughter of Paul and Sally Kastes of Palm Harbor, Fla. She has a twin sister, Kylie, who also swims for the Razorbacks.

KASTES' TOP TIMES	
50 Free	23.80
200 Free*	1:48.57
500 Free*	4:43.93
100 Fly*	55.05
200 Fly*	1:55.66
200 IM*	1:59.86
400 IM*	4:13.16
*Arkansas School Record	



**Kylie A. Kastes • 5-3**  
Butterfly/Freestyle

**Palm Harbor, Fla.**  
Countryside  
WFLA

**AS A FRESHMAN (2006-07):**

Kylie Kastes was a strong addition to the Razorbacks during her freshman season. Her strongest meet was during the dual against SEC opponent Vanderbilt where she finished 2nd in the 50 free and 3rd in the 200 fly. Kastes set a new personal best time in the 100 fly at the SEC Championships, finishing in 57.49 seconds. Overall, Kastes had eight top 10 finishes for Arkansas as a freshman. Kastes, for her academic success, earned a spot on the Arkansas Athletic Department Honor Roll in both the fall and spring semesters and was named to the 2008 SEC Freshman Academic Honor Roll along with eight of her teammates.

**AT COUNTRYSIDE:**

Kylie Kastes was an All-American in the 200- and 400-free-style relay and was honored as the most dedicated swimmer at Countryside High School three years in a row. The Palm Harbor, Fla., product was a state champion in the 200-free relay and broke school records in the 200- and 400-free relays and the 200-medley relay. Kastes also swam for the WFLA club team and was a Junior National qualifier.

**PERSONAL:**

Born May 12, 1989, Kylie Ann Kastes is the daughter of Paul and Sally Kastes of Palm Harbor, Fla. She has a twin sister, Katie, who also swims for the Razorbacks. Kastes is majoring in English and plans to go to law school.

KASTES' TOP TIMES	
50 Free	24.60
200 Free	1:56.20
100 Fly	57.49
200 Fly	2:05.77





# ARKANSAS

## SWIMMING AND DIVING



# SOPHOMORES



**Ashley Largo • 5-3**  
Distance Freestyle

Sarasota, Fla.  
Pine View  
Sarasota YMCA Sharks

**AS A FRESHMAN (2007-08):**

Ashley Largo's first season at Arkansas was a bright one with two first place wins among 15 top 10 finishes. Her two wins came in a "B" cut races at a dual-meet with Denver and Utah and then against conference foe Vanderbilt. Largo also found her place in the Arkansas record books during the Southeastern Conference Championships, snapping up the second best time in the 500 free behind teammate Stephanie Carr and the third best time in the 1,000 free. Largo's work outside the pool was rewarded as she was named to the 2008 SEC Freshman Academic Honor Roll with eight of her teammates as well as the Arkansas Athletic Department Honor Roll list in both the fall and spring semesters.

**AT BOOKER HIGH:**

Largo was a 2008 Olympic Trials qualifier in the 800 freestyle, a U.S. National qualifier and ranked first in the state in the 800 free and the 1,500 free. In addition, Largo was ranked sixth in the country in the 1,500 free and No. 15 in the 800 free. She swam for the Sarasota YMCA Sharks and was a four-time all-around selection and former state champion at Booker High School. Largo competed at the USA Southern Sectionals, the YMCA Nationals and the U.S. Nationals. Largo was ranked No. 19 on CollegeSwimming.com's Top 100 Recruits list.

Largo was a 2008 Olympic Trials qualifier in the 800 freestyle, a U.S. National qualifier and ranked first in the state in the 800 free and the 1,500 free. In addition, Largo was ranked sixth in the country in the 1,500 free and No. 15 in the 800 free. She swam for the Sarasota YMCA Sharks and was a four-time all-around selection and former state champion at Booker High School. Largo competed at the USA Southern Sectionals, the YMCA Nationals and the U.S. Nationals. Largo was ranked No. 19 on CollegeSwimming.com's Top 100 Recruits list.

**PERSONAL:**

Born Nov. 19, 1988, Ashley Largo is the youngest daughter of Steven and Patricia Largo of Sarasota, Fla. She has three older siblings, Erin, Jeff and Lindsey. Largo's sister Lindsey swims at West Virginia University.



**Jamie Marks • 5-4**  
Distance Freestyle/IM

Beesley's Point, N.J.  
Ocean City  
GCIT/  
Bolles School Sharks

**AS A FRESHMAN (2007-08):**

In her first year at Arkansas, Jamie Marks lead the Razorbacks in the 200 IM with a time of 2:05.18 in a dual meet with Missouri and Missouri State and claimed the second spot in the school record books with a "B" cut time of 4:16.34 in the 400 IM, coming at the Southeastern Conference Championships. Marks' record-breaking 200 IM finish was one of seven first place finishes during the season. She also broke personal best times in the 500 and 1,650 free. Over the summer, Marks competed in the 2008 Olympic Trials.

**MARKS' TOP TIMES**

500 Free	4:57.93
1,000 Free	9:56.10
1,650 Free	16:28.11
200 IM	2:05.18
400 IM	4:16.34

**AT OCEAN CITY:**

Marks was a 2008 Olympic Trials qualifier in both the 200 breaststroke and the 400 individual medley. She competed at the 2005 U.S. Senior Nationals, placing 18th in the 400 IM and at the 2006 FINA World Cup, where she finished fifth in the 400 IM. Marks swam for The Bolles School Sharks club team, and was ranked sixth on the CollegeSwimming.com Top 100 Recruit list.

**PERSONAL:**

Born Oct. 11, 1988, Jamie Leigh Marks is the daughter of Ron and Karen Marks of Beesley's Point, N.J. Her father swam at Auburn University and the University of Delaware. Marks has a younger brother, Jason.





# ARKANSAS

## SWIMMING AND DIVING

### SOPHOMORES



**Erin Neumann • 5-7  
Breaststroke/Butterfly**

**Chesterfield, Mo.  
Parkway Central  
Parkway Swim Club**

**AS A FRESHMAN (2007-08):**

Erin Neumann broke three personal best times in her first year with the Razorbacks in the 100 breast, 200 breast and 200 fly. Her time in the 200 breast, 2:18.14, led the team and placed her fourth in the Arkansas record books. Neumann earned 10 top five finishes during 2007-08. Along with eight others on the team, Neumann was named to the 2008 SEC Freshman Academic Honor Roll. Neumann also earned academic recognition as part of the 2007 Athletic Director's Honor Roll and 2008 Athletic Department Honor Roll.

**AT PARKWAY CENTRAL:**

Neumann joined the Razorbacks from Chesterfield, Mo., where she was a four-time state finalist in the 100 butterfly and the 100 breaststroke. At Parkway Central High School, she was an all-state honoree all four years, MVP three years and set the school record in the 200 medley relay as a freshman. Neumann was a member of the Parkway Swim Club and brought a great deal of experience to the Razorbacks having competed at the USS Zones, Sectionals and U.S. Nationals and Junior Nationals.

**PERSONAL:**

Born June 11, 1989, Erin Marie Neumann is the daughter of Thomas and Melinda Neumann of Chesterfield, Mo. Her mother swam at Indiana University. Neumann has an older sister, Kaitlyn, a younger brother, Michael, and a younger sister, Alexandra. Neumann is majoring in education and wants to work in speech pathology.

**NEUMANN'S TOP  
TIMES**

100 Breast	1:04.82
200 Breast	2:09.96
100 Fly	58.82
200 Fly	2:04.86



**Shara Sutphen • 5-7  
Distance Freestyle**

**Chesterfield, Mo.  
Parkway West  
Parkway Swim Club**

**AS A FRESHMAN (2007-08):**

Shara Sutphen had a strong personal year as a freshman with the Razorbacks, setting four personal best times in the 200 free, 500 free, 1,000 free and 1,650 free and earning 12 top 10 finishes. Her best finish was a win in the 1,000 free against fellow SEC team, Vanderbilt. A strong student, Sutphen was named to the 2008 SEC Freshman Academic Honor

**SUTPHEN'S TOP TIMES**

200 Free	1:55.72
500 Free	5:01.42
1,000 Free	10:12.08
1,650 Free	16:50.83

Roll with eight of her fellow swimmers as well as to the Arkansas Athletic Department Honor Roll.

**AT PARKWAY WEST:**

Sutphen placed fourth in the 400-freestyle relay, eighth in the 200 individual medly

and 10th in the 100 breaststroke at the State Championships her senior year. She also earned second team all-state honors. Sutphen swam for the Parkway Swim Club with coach Nick Rudich where she qualified for sectionals in six different events and finished in the top 16 in five of those events to help her team to a first-place finish.

**PERSONAL:**

Born Jan. 22, 1989, Shara Janae Sutphen is the daughter of Eric and Brenda Sutphen of Chesterfield, Mo. She has five younger siblings, Anna, Olivia, Cecily, Eddie and Blake. Sutphen is majoring in nursing at Arkansas.





# ARKANSAS

## SWIMMING AND DIVING



### SOPHOMORES

### FRESHMEN



**Erica Totten • 5-5**  
Freestyle/Butterfly

**Miami, Fla.**  
The Bolles School  
Miami Swimming/  
Bolles School Sharks



**Liana Bugslag • 5-6**  
Diving

**Victoria, Canada**  
Boardworks Diving

**AS A FRESHMAN (2007-08):**

Erica Totten had a strong debut with the Razorbacks in 2007-08. Totten set a new personal best time in the 200 fly at 2:00.51, good enough for second place in the Arkansas record books behind teammate Katie Kastes. She set another personal best in the 200 free with her time of 1:49.91. Totten also was one of nine Razorback swimmers named to the 2008 SEC Freshman Academic Honor Roll. At Arkansas, Totten earned a spot on the Academic Champions list in the fall of 2007 and a spot on the Razorbacks Athletic Department Honor Roll in Spring 2008.

**AT THE BOLLES SCHOOL:**

Totten came from The Bolles School, where she swam under Coach Poppell and helped the Bulldogs to the state championships her junior and senior years. As a junior, Totten was the Florida state high school 1A state champion in the 200 individual medley and a member of the 200 medley relay team that took top honors. She competed in the 2005 Southeast Asian Games, the 2006 FINA World Cup, the 2006 Asian Games and was a member of the Philippines National Swim Team. Totten participated in Junior and Spring Nationals. The Miami, Fla., native was also named to the CollegeSwimming.com Top 100 Recruits list.

**PERSONAL:**

Born Dec. 1 1988, Erica Cirila Totten is the daughter of Gregory and Yolanda Totten of Jacksonville, Fla. She has an older sister, Jessica, and a younger brother, Charles.

TOTTEN'S TOP TIMES	
200 Free	1:49.91
500 Free	4:58.97
200 Fly	2:00.51

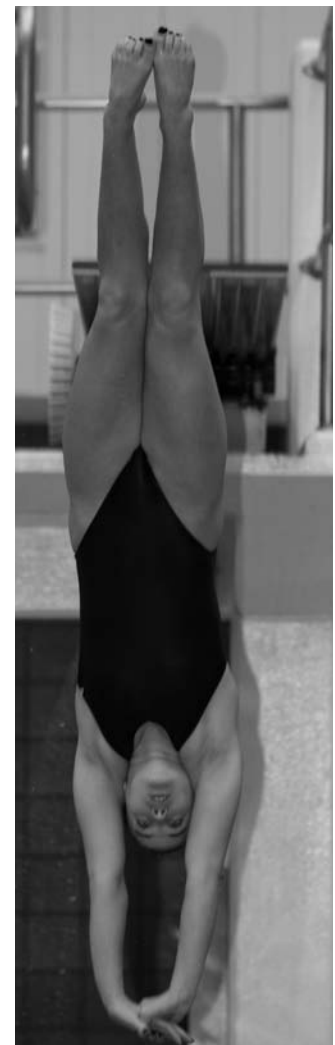


**AT BOARDWORKS:**

Liana Bugslag built her diving records for the Boardworks Diving program in the absence of a high school swimming program. Bugslag was Provincial Champion in the one- and three-meter platform dives four times. She earned a silver medal at Australian Nationals and three golds and two silvers diving at Finnish Nationals. In 2008, Bugslag competed and was a finalist in the Canadian Olympic trials.

**PERSONAL:**

Born Nov. 11, 1990, Liana Nicole Bugslag is the daughter of Bob and Linda Bugslag of Victoria, B.C. Canada. Bugslag chose Arkansas over Arizona State, Virginia Tech, and University of Nevada-Reno because of the Arkansas staff and the strong business program. She enjoys watching as well as playing all sports. Bugslag is majoring in international business and would like to work in public relations or the fashion industry.





# ARKANSAS SWIMMING AND DIVING

## FRESHMEN



**Katie Davis • 5-6  
Backstroke**

**Lincoln, Neb.  
Lincoln Northeast  
Lincoln Select Swimming**



**Maddie Fogel • 5-7  
Distance Freestyle/IM**

**Kansas City, Kan.  
Blue Valley  
Kansas City Blazers**

### AT LINCOLN NORTHEAST:

Katie Davis was conference champion and finished third at the state championships in the 100 back as a freshman at Lincoln East H.S. She won both conference and state Championships in the 100 back as a junior at Lincoln Northeast and was

named Wendy's Heisman Female Athlete her senior year. While at Lincoln Northeast, Davis broke school records in the 200 IM, 100 free, 100 back, and 100 fly.

### PERSONAL:

Daughter of Michael and Abbe Davis, Katherine Margaret Davis was born June 9, 1989. Davis enjoys jet-skiing and is a volunteer Heartland Big Brother/Big Sister. She plans to obtain a degree in Physical Therapy from Arkansas and become a physical therapist in the sports industry.



### AT BLUE VALLEY:

Maddie Fogel was most successful at Blue Valley during her junior and senior years in which she was named to the all-state team and finished in the top eight at Sectionals. Her success carried over to the classroom where Fogel was a member of the National Honors Society, a Kansas Regents Scholar, and earned a Cum Laude Award at the National Latin Exam.

### PERSONAL:

Fogel was born in Overland Park, Kan. on March 15, 1990, to Dave and Melanie Fogel. She loves playing sports and calls her paternal grandfather, Jerry, the person she admires most. Fogel came to Arkansas because the school and the people were the best fit for her. She is majoring in political science and pre-law.





# ARKANSAS

## SWIMMING AND DIVING



### FRESHMEN



**Sarah Howard • 5-7**  
**Distance Freestyle**

**Winter Haven, Fla.**  
**Haven Christian**  
**Academy**  
**Winter Haven Stingrays**

**AT HAVEN CHRISTIAN ACADEMY:**

Sarah Howard built an impressive résumé at Haven Christian Academy. She was the team's MVP all four years and a three-time district champion in the 500 free. Howard was a co-captain on the school swim team her senior year. A stellar student, Howard was a recipient of the High School Scholar-Athlete Award and graduated second in her class with a 4.0 GPA.

**PERSONAL:**

Born to Fred and Linda Howard on Aug. 29, 1990, in Winter Haven, Fla., Howard chose Arkansas because she believes in the coaching staff's ability to make her a stronger competitor. Howard is studying political science and journalism with plans to work in politics or as a journalist.



**Lisa Lunkenheimer • 5-5**  
**Butterfly**

**Derby, Kan.**  
**Derby**  
**Wichita Swim Club**

**AT DERBY:**

Lisa Lunkenheimer was named to the all-state first team in each of her three swim seasons at Derby. In her junior year, Lunkenheimer finished first at state championships in both the 200 free and the 100 butterfly. She holds individual school records in the 200 free, 50 free, 100 fly, and 500 free and was part of the relay teams who broke records in the 200 free relay and 400 free relay.

**PERSONAL:**

Lisa Marie Lunkenheimer was born to Fritz and Donna Lunkenheimer of Wichita, Kan. on April 30, 1990. She chose Arkansas for its swim coaches and location and because it was the most comfortable fit for her as a student and athlete. Lunkenheimer is majoring in biology.





# ARKANSAS SWIMMING AND DIVING

## FRESHMEN



**Courtney O'Grady • 5-4  
Breaststroke**

**Orlando, Fla.  
Lake Brantley  
Patriot Aquatics**

**AT LAKE BRANTLEY:**

Courtney O'Grady was swim team captain during her junior and senior years of high school and swam a leg of the school record-setting 200-medley relay team. In her sophomore and junior years at Lake Brantley, O'Grady was named an Academic All-American and held a 4.46 GPA when she graduated.

**PERSONAL:**

Courtney O'Grady was born May 10, 1990, to Lynn and Patrick O'Grady in Longwood, Fla. Not content to limiting herself to swimming, O'Grady also enjoys wakeboarding and surfing. Her sister Casey is a sophomore at Lake Brantley. O'Grady is majoring in business with plans to attend graduate school and receive her MBA.



**Alex Roman • 5-2  
Diving**

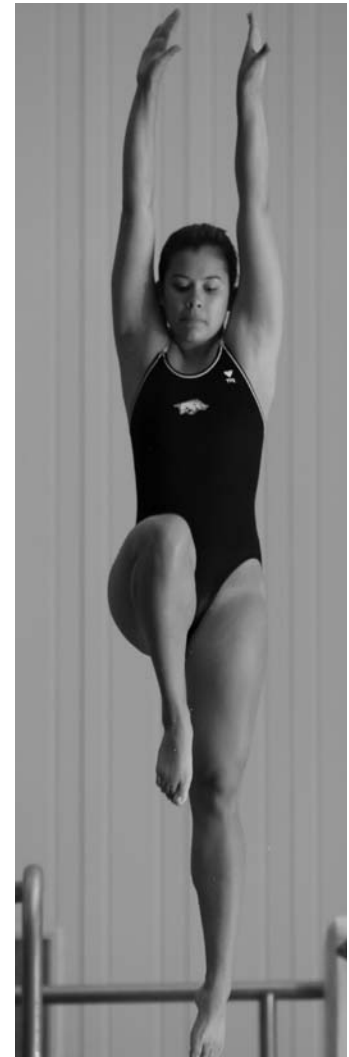
**Wildwood, Mo.  
Eureka  
St. Louis Diving Club**

**AT EUREKA:**

Alex Roman was the dive captain at Eureka and qualified for state championships her sophomore through senior years. As a senior, Roman finished fourth at state championships. She also broke one-meter dive records six dive and 11 dive meets at Eureka before coming to Arkansas. Roman excelled in the classroom as well, graduating with a cumulative GPA of 3.89.

**PERSONAL:**

Alex Roman was born to Alan and Denice Roman on April 25, 1990, in Wildwood, Mo. She has a sister, 15, and a brother, 9. In her spare time, Roman plays the piano and violin and enjoys spending time with her friends and family. Roman is majoring in math and would like to teach at the high school level.





# ARKANSAS

## SWIMMING AND DIVING



### FRESHMEN



**Sarah Rowland • 5-9**  
Distance Free

Oklahoma City, Okla.  
Deer Creek  
Chesapeake Swim Club

**AT DEER CREEK:**

A strong swimmer and student, Sarah Rowland found success in the pool and the classroom at Deer Creek. She was named the Suburban Conference Most Valuable Female Swimmer as well as Chesapeake Swim Club's Most Improved Female Swimmer in the 17-18 age group for her solid swim performance. As a student, Rowland was awarded the 2008 Coca Cola Scholarship and Deer Creek's Academic Honors Award, given to students with a GPA above 3.75. Rowland also ran cross country at Deer Creek and with a team during the summers.

**PERSONAL:**

Sarah Rowland was born to Marty and Jane Rowland on Dec. 11, 1989, in Oklahoma City, Okla. She enjoys running cross country and is entered in the 2008 Chile Pepper Cross Country Festival 10k Open run. Rowland says she chose Arkansas because of the swim team and the impressive business school. Rowland is majoring in accounting and would like to work as an accountant in Australia after graduating from Arkansas.



**Jillienne Schilling • 5-3**  
Freestyle/Backstroke

Webster Groves, Mo.  
Webster Groves  
CSP Tideriders

**AT WEBSTER GROVES:**

Jillienne Schilling was named to the second team all-metro in her sophomore and junior seasons. In 2003, Schilling was a Junior National Qualifier in the one-meter dive in the 13+ age. At age 15 Schilling finished second in the 200 IM for the CSP Tideriders.

**PERSONAL:**

Jillienne Wagner Schilling was born on Jan. 27, 1990 in St. Louis to Kenneth and Jacqueline Schilling. Schilling's names Brendan Hansen as her favorite athlete and her parents as the people she admires most. After graduating Schilling hopes to find a job in her degree field of speech pathology.





# ARKANSAS SWIMMING AND DIVING

## FRESHMEN



**Alison Templin • 5-7**  
**Distance Freestyle**

**West Palm Beach, Fla.**  
**Suncoast**  
**Lake Lytal Lightning**

**AT SUNCOAST:**

Alison Templin swam most successfully for Suncoast during the 2007 season, winning the Palm Beach County, Palm Beach Post Girls Swimmer of the Year and the High School County Swim Meet Top Female Swimmer awards. After such an impressive year, Templin was named an All-American in the 200- and 500- free in 2008.

**PERSONAL:**

Alison Templin was born to Catherine Templin on Feb. 15, 1990, in West Palm Beach, Fla. Templin came to Arkansas after being impressed by the swimming and diving coaching staff and Arkansas' education program. She is studying education and hopes to work as a second grade teacher.



**Katie Whitbeck • 5-8**  
**Freestyle/Butterfly**

**Oklahoma City, Okla.**  
**Bishop McGuinness**  
**Chesapeake Swim Club**

**AT BISHOP MCGUINNESS:**

Katie Whitbeck broke every school swim record with the exception of the 100 breast while in high school. As a sophomore, Whitbeck finished first in the 100 free at state championships and first in the 100 fly her junior year. During her freshman through junior seasons, she placed first in the 200 free at State Championships.

**PERSONAL:**

Born to Craig and Ann Whitbeck on Feb. 5, 1990, in Oklahoma City, Okla., Katherine Ann Whitbeck also participated in cross country and track at Bishop McGuinness. Whitbeck's cross country team was state champion in all four of her years on the varsity team. Whitbeck hopes to find a job in engineering or attend medical school after graduating.





# ARKANSAS SWIMMING AND DIVING



## 2007-08 REVIEW

### WINNING SEASON

The Razorbacks finished 7-5 for the season under second year head coach Jeff Poppell. The 2007-08 season marked the first winning season since the 2000-01 season. The team continued flourish under Poppell, placing seventh at the SEC Championships, the best result for the team since 2003-04.



### ALL AROUND SUCCESS

The 2007-08 Arkansas swimming and diving team had the fourth highest team GPA in the country, among Division I swimming and diving teams, with a 3.54 GPA. Three swimmers, Stephanie Carr, Madison Palmer, Ashley Largo, earned Academic All-America status and Erica Totten, Erin Neumann, Emily Gregory, Summer Jackson, and Shara Sutphen were named Honorable Mention Academic All-Americans. Nine freshmen, the most from any sport, were named to the 2008 SEC Freshman Academic Honor Roll.

### HIGH RANKING ADDITIONS

Coach Poppell's 2007-08 freshmen recruiting class was ranked fifth by CollegeSwimming.com, the 12 newcomers nearly doubled the size of the squad from 2006-07, growing from 16 members to 26.

### MAKING HISTORY

The Razorbacks broke 12 school records in 2007-08. Freshman, Katie Kastes took over the top spot in five events (100 fly, 200 fly, 400 IM, 200 free, and 500 free); Stephanie Carr (1,000 free, 1,050 free) and Madison Palmer (one-meter duel, one-meter championship) each broke two school records. Palmer's records in one-meter diving broke records last set by Karen Gorham in 1981 and 1982.



### ALL-AMERICA HONORS

The Razorback swimming and diving team earned four All-America honors from squad members Katie Kastes (200 fly, 500 free), Stephanie Carr (1,650 free) and Madison Palmer (one-meter dive). The last All-American in Razorback swimming and diving was Mandy Moran in 2004.

### NCAA CHAMPIONSHIPS

The Arkansas swimming and diving team sent three swimmers and one diver to the NCAA Championships in 2008. It was the first appearance at the NCAA Championships for freshmen Katie Kastes and Ashley Largo, and junior Madison Palmer. The fourth member of the squad at the meet, Stephanie Carr, broke a career best time in the 200 freestyle, touching in 1:49.62.

### CARR EARNS ESPN THE MAGAZINE ACADEMIC HONOR

Junior Stephanie Carr became the fourth swimmer or diver from Arkansas to be named to the *ESPN, The Magazine*, Academic All-District VI first team; it was the programs seventh honor. Majoring in advertising/ public relations, Carr has maintained a 3.95 during her time at Arkansas.



### SEC HONORS

During the course of the 2007-08 season, the SEC recognized two Razorbacks for their accomplishments at the pool. In the first week of the season, the week of October 16, Katie Kastes earned Freshman of the Week and diver Madison Palmer was named Diver of the Week the week of October 16, 2007. It was the first time a member of the swimming and diving had been selected as a SEC Athlete of the Week since Kristen Thibodeux in January 2007. Palmer repeated as Diver of the Week the week of November 20.

### SCHULTZ RETURNS

Diving coach Dale Schultz returned to Arkansas as the interim diving coach in the spring of 2008 before being named diving coach in May. Schultz previously was Arkansas' diving coach in 1989-2000 before leaving the university to enter private business following the 1999-2000 season.





# ARKANSAS

## SWIMMING AND DIVING

### 2007-08 BEST PERFORMANCES

#### 50 Freestyle

Lynette Ng	23.33r	--	SECs	2/21/2008
Tifanie Silver	23.45	23-P	SECs	2/21/2008
Emily Gregory	23.87	33-P	SECs	2/21/2008
Summer Jackson	23.98	36-P	SECs	2/21/2008
Katie C. Kastes	24.41*	4	Denver/Utah	10/27/2007
Megan Haskins	24.60	3	Kansas	11/1/2007
Katie McGraw	24.92	48-P	SECs	2/21/2008
Kylie A. Kastes	25.14	2	Vanderbilt	1/19/2008
Allison Chinn	25.15	43-P	Hoosierland	11/15/2007
Dashya Kimmel	26.02	59-P	Hoosierland	11/15/2007

#### 200 Freestyle

Katie C. Kastes	1:48.57r	"B"	--	SECs	2/20/2008
Stephanie Carr	1:49.62		67-P	NCAAs	3/21/2008
Erica Totten	1:49.91*	"B"	3	SEA Games	12/11/2007
Megan Haskins	1:50.31		23-P	SECs	2/22/2008
Macey Webb	1:54.44		41-P	SECs	2/22/2008
Ashley Largo	1:55.01r		--	Hoosierland	11/16/2007
Jamie Marks	1:55.32		2	Vanderbilt	1/19/2008
Shara Sutphen	1:55.72		42-P	SECs	2/22/2008
Kylie A. Kastes	1:56.35		8	Georgia/N.T	10/12/2007
Lynette Ng	1:57.06		3	Vanderbilt	1/19/2008



Katie Kastes

#### 500 Freestyle

Katie C. Kastes	4:43.93	"A"	5	SECs	2/21/2008
Stephanie Carr	4:44.06	"A"	10	SECs	2/21/2008
Ashley Largo	4:53.88	"B"	19-P	SECs	2/21/2008
Brittany Kimmitt	4:55.78		21-P	SECs	2/21/2008
Jamie L. Marks	4:58.48		14	Hoosierland	11/15/2007

#### 1,000 Freestyle

Stephanie Carr	9:44.46r		--	SECs	2/23/2008
Ashley Largo	9:53.62		--	SECs	2/23/2008
Jamie L. Marks	9:57.65		--	SECs	2/23/2008
Shara Sutphen	10:12.08		--	SECs	2/23/2008
Brittany Kimmitt	10:21.32		6	Florida	1/5/2008

#### 1,650 Freestyle

Stephanie Carr	16:12.90	"A"	6	SECs	2/23/2008
Ashley Largo	16:22.93	"A"	10	SECs	2/23/2008
Jamie L. Marks	16:28.11	"B"	11	SECs	2/23/2008
Shara Sutphen	16:50.83	"B"	16	SECs	2/23/2008
Macey Webb	17:18.68		23	SECs	2/23/2008

#### 100 Backstroke

Lynette Ng	56.52r		--	SECs	2/22/2008
Tifanie Silver	57.21		22-P	SECs	2/22/2008
Allison Chinn	58.20		8	Auburn/FSU	2/9/2008
Jessie Clark	59.67		5	U	1/12/2008
Dashya Kimmel	1:00.32		27	Hoosierland	11/16/2007

#### 200 Backstroke

Jessie Clark	2:04.64		--	SECs	2/23/2008
Lynette Ng	2:07.25		1	Vanderbilt	1/19/2008
Tifanie Silver	2:08.90		5	Mizzou/MS	1/12/2008
Brittany Kimmitt	2:10.25		6	Florida	1/5/2008
Macey Webb	2:11.48		8	Mizzou/MS	1/12/2008

#### 100 Freestyle

Tifanie Silver	51.20	19-P	SECs	2/23/2008
Lynette Ng	51.32r	--	SECs	2/23/2008
Summer Jackson	51.79	18	Hoosierland	11/17/2007
Megan Haskins	52.05	36-P	SECs	2/23/2008
Emily Gregory	52.89	21-P	Hoosierland	11/17/2007
Allison Chinn	52.99	7	Auburn/FSU	2/9/2008
Macey Webb	53.76	28	Hoosierland	11/17/2007
Erica Totten	54.34	2	Vanderbilt	1/19/2008
Katie C. Kastes	55.07r	--	Vanderbilt	1/19/2008
Emily Fletcher	55.24	10	Georgia/N.T.	10/12/2007



Jamie Marks



# ARKANSAS

## SWIMMING AND DIVING



## 2007-08 BEST PERFORMANCES



Summer Jackson

### 100 Breaststroke

Summer Jackson	1:03.67 "B"	18-P	SECs	2/22/2008
Brittany Kimmitt	1:04.96	24-P	SECs	2/22/2008
Katie McGraw	1:05.21	25-P	SECs	2/22/2008
Erin Neumann	1:05.38	26-P	SECs	2/22/2008
Elizabeth Engs	1:06.69	5	Georgia/N.T.	10/12/2007

### 200 Breaststroke

Erin Neumann	2:18.14 "B"	14	SECs	2/23/2008
Jamie L. Marks	2:19.40	1	U	1/12/2008
Elizabeth Engs	2:20.26	19-P	SECs	2/23/2008
Katie McGraw	2:21.66	24-P	SECs	2/23/2008
Brittany Kimmitt	2:21.74	25-P	SECs	2/23/2008

### 100 Butterfly

Katie C. Kastes	55.05 "B"	11	Hoosierland	11/16/2007
Emily Gregory	55.18 "B"	6	Hoosierland	11/16/2007
Allison Chinn	57.20	9	Auburn/FSU	2/9/2008
Kylie A. Kastes	57.49	--	SECs	2/22/2008
Summer Jackson	57.98	26-P	Hoosierland	11/16/2007

### 200 Butterfly

Katie C. Kastes	1:55.66 "A"	9	NCAAs	3/22/2008
Erica Totten	2:00.51* "B"	2	SEA Games	12/11/2007
Emily Gregory	2:02.26 "B"	13-P	SECs	2/23/2008
Jamie L. Marks	2:02.80	17	SECs	2/23/2008
Kylie A. Kastes	2:05.77	--	SECs	2/23/2008

### 200 Individual Medley

Jamie L. Marks	2:05.18	1	U	1/12/2008
Katie C. Kastes	2:05.24	12	Hoosierland	11/15/2007
Megan Haskins	2:06.11	31-P	SECs	2/21/2008
Jessie Clark	2:06.61	--	SECs	2/21/2008
Elizabeth Engs	2:06.74	34-P	SECs	2/21/2008

### 400 Individual Medley

Katie C. Kastes	4:13.16 "A"	4	SECs	2/22/2008
Jamie L. Marks	4:16.34 "B"	7-P	SECs	2/22/2008
Erica Totten	4:25.69	18-P	SECs	2/22/2008
Elizabeth Engs	4:25.93	19-P	SECs	2/22/2008
Ashley Largo	4:27.37	20	SECs	2/22/2008

### 200 Freestyle Relay

Ng, Silver, Gregory, Ka. Kastes	1:32.36 "B"	7	SECs	2/21/2008
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### 400 Freestyle Relay

Ng, Jackson, Haskins, Silver	3:24.21 "B"	8	SECs	2/23/2008
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### 800 Freestyle Relay

Ka. Kastes, Haskins, Totten, Carr	7:19.14 "B"	5	SECs	2/20/2008
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### 200 Medley Relay

Ng, Jackson, Gregory, Ka. Kastes	1:41.73 "B"	8	SECs	2/20/2008
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### 400 Medley Relay

Ng, Jackson, Ka. Kastes, Silver	3:43.74 "B"	6	SECs	2/22/2008
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### Three Meter Diving (Championship)

Madison Palmer	538.00	11	Zones	3/15/2008
Hilarie Wilson	396.80	21	Zones	3/15/2008

### Three Meter Diving (Dual)

Madison Palmer	336.15 Z	1	Vanderbilt	1/19/2008
Kellyn Williams	282.90 Z	2	Vanderbilt	1/19/2008

### One Meter Diving (Championship)

Madison Palmer	543.55	4	Zones	3/14/2008
Kellyn Williams	456.75	17	Zones	3/14/2008

### One Meter Diving (Dual)

Madison Palmer	318.83 Z	1	Vanderbilt	1/19/2008
Hilarie Wilson	284.55 Z	2	Vanderbilt	1/19/2008

### Platform Diving (Championship)

Hilarie Wilson	409.40	9	Zones	3/16/2008
Madison Palmer	402.05	10	Zones	3/16/2008

### Platform Diving (Dual)

Madison Palmer	212.90	10	Zones	3/16/2008
Hilarie Wilson	211.80	5	Hoosierland	11/17/2007



# ARKANSAS

## SWIMMING AND DIVING

### 2007-08 RESULTS

DATE	EVENT	SITE	RESULT
Oct. 6	Red-White Meet	FAYETTEVILLE	R 121, W 82
Oct. 12	Georgia*	FAYETTEVILLE	L, 127-168
	North Texas	FAYETTEVILLE	W, 210-90
Oct. 27	Denver	Denver, Colo.	W, 167-130
	Utah	Denver, Colo.	W, 176-121
Nov. 1	Kansas	Lawrence, Kan.	W, 151.5-149.5
Nov. 15-17	Hoosierland Open	Bloomington, Ind.	
Jan. 5	Florida*	Gainesville, Fla.	L, 86-114
	Indian River CC	Gainesville, Fla.	W, 161-41
Jan. 12	Missouri	Columbia, Mo.	L, 149-151
	Missouri State	Columbia, Mo.	W, 247-53
Jan. 19	Vanderbilt*	FAYETTEVILLE	W, 195-38
Feb. 9	Auburn*	Auburn, Ala.	L, 113-182
	Florida State	Auburn, Ala.	L, 106-194
Feb. 20-23	SEC Championships	Tuscaloosa, Ala.	7th, 229 pts.
Mar. 14-16	NCAA Zone Diving	Houston, Texas	
Mar. 20-22	NCAA Championships	Columbus, Ohio	35th



2007-08 Razorbacks



# ARKANSAS

## SWIMMING AND DIVING



# RAZORBACK HISTORY

The Arkansas women's swimming and diving program has enjoyed a rich tradition of record-setters, conference champions and numerous All-Americans throughout its three-decade history. It also has one notable first.

When Diane Doucet, a highly touted diver from New Orleans, La., put together an incredible performance on the one-meter springboard at the AIAW National Championships in 1979, she became the first swimming and diving All-American, male or female, at the University of Arkansas. Twenty-seven women have followed Doucet to All-America status over the following decades and have helped to build a storied aquatic legacy at the University of Arkansas.

Other notable divers include national champions and All-Americans Karen Gorham and Robin Ford. Gorham captured the one-meter title at the 1981 AIAW Championship and was named the AIAW Diver of the Year. A seven-time All-American, Gorham also won the U.S. Diving title in 1980. Gorham's success helped attract other divers like Ford, a two-time All-American and the 1983 NCAA one-meter champion.

Following in Gorham and Ford's footsteps were highly touted divers like Diane Dudeck, Becky Martin, Karen Straley and Alicia Turner, but following the 1996 season, Arkansas hit a lull until Katerina Kordioukova put the Razorbacks back on the map. Kordioukova scored 478.85 points on the three-meter board to take a ninth-place finish at the 2001 NCAA Championships. Kordioukova just missed the championship finals by .05 points. She also scored points for Arkansas in the one-meter competition with a 17th-place finish at the National Championships.

In 2003, Mandy Moran was the three-meter NCAA National Runner-up. Moran also set the three-meter dual school record in 2003.

Several Razorbacks have earned multiple All-America honors in the pool. New Yorker Kris Sheedy and Dallas native Missy Allert picked up seven All-America certificates while Arkadelphia's Nancy Duncan had five. Sheedy and Duncan swam on the powerful relay teams of the late 1980s, while Allert was a strong freestyle specialist.

Canadian Cheryl McArton became the first Razorback to reach the Olympics when she swam on Canada's 400-freestyle relay at the 1984 games in Los Angeles. She held six Arkansas records when she finished her career, and was the school record holder in the 500 free until Whitney Lynn broke the record in 2003.

Natalia Kodajova wrote a new chapter in Razorbacks history when she came to Arkansas from Zilina, Slovakia, in 1998. Kodajova, one of Slovakia's best swimmers, competed at the 1996 Olympic Games in Atlanta in the 100 and 200 breaststroke and used her vast international experience to put together a fabulous career at Arkansas. Kodajova won many races for Arkansas during her career and earned the state's outstanding swimmer award two times. In 2001, Kodajova represented Slovakia in the World University Games, for the second time, in Beijing, China. She also competed in 1999, where she finished 11th in the 100 breaststroke.

Razorback Zsuzsa Csobanki represented Hungary in the 2004 Olympic Games in Athens, Greece, and is a four-time Hungarian National Champion in the 50 free.

A newcomer to the Razorbacks in 2008-09, Yi Ting Siow has represented her home country of Malaysia in three Olympic games. At the 2008 Beijing games, Siow finished 19th in the 200 breast with a Malaysian record time of 2:27.80.



## ANNUAL TEAM AWARDS

### Team MVP

2008	Katie Kastes
2007	Mariann Fulop
	Emily Gregory
2006	Kristen Thibodeaux
2005	Zsuzsa Csobanki
2004	Mandy Moran
2003	Whitney Lynn
	Zsuzsa Csobanki
2002	Kattie Shepherd
2001	Becky Ralph
2000	Natalia Kodajova
1999	Natalia Kodajova

### Scholar Athlete

2008	Stephanie Carr
2007	Katie McGraw
2006	Emily Gregory
2005	Angela Kora
2004	Drue Orwig
2003	Kattie Shepherd
2002	Babsi Auer
2001	Sara Finan
2000	Sara Finan
1999	Cari Hart

### Rookie of the Year

2008	Jamie Marks
2007	Allison Chinn
2006	Summer Jackson
2005	Emily Gregory
2004	Mariann Fulop
2003	Candice Little
2002	Whitney Lynn
2001	Drue Orwig
2000	Kattie Shepherd
1999	Katerina Kordioukova

### Most Improved

2008	Shara Sutphen
2007	Madison Palmer
2006	Dashya Kimmel
	Tifanie Silver
2005	Sarah Moll
2004	Lana Hass
2003	Leslie Johns
2002	Peggy Stoner
2001	Corey Smith
2000	Cheyne Bees
1999	Laurie Dolgas

### Kristen Thibodeaux Coaches Award

2008... Madison Palmer, Emily Gregory



# ARKANSAS

## SWIMMING AND DIVING

### RAZORBACK RECORDS

#### 50-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	22.73	Peggy Stoner 2003
2	22.88	Peggy Stoner 2003
3	22.90	Zsuzsa Csobanki 2005
4	22.91	Peggy Stoner 2004
5	23.07	Zsuzsa Csobanki 2003

<b>Arkansas Record</b>	22.73	Peggy Stoner 2003
<b>HPER Record</b>	22.31	Maritza Corriea, Ga. 2002
<b>SEC Championships</b>	21.60	Kara Lynn Joyce, Ga. 2006
<b>NCAA Championships</b>	21.63	Kara Lynn Joyce, Ga. 2006

#### 500-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	4:43.93	Katie C. Kastes 2008
2	4:44.06	Stephanie Carr 2008
3	4:44.35	Whitney Lynn 2003
4	4:46.91	Whitney Lynn 2003
5	4:47.44	Whitney Lynn 2003

<b>Arkansas Record</b>	4:43.93	Katie C. Kastes 2008
<b>HPER Record</b>	4:40.87	Tami Bruce, Fla. 1986
<b>SEC Championships</b>	4:38.52	Caroline Burckle, Fla. 2005
<b>NCAA Championships</b>	4:34.39	Janet Evans, Stan. 1990

#### 100-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	50.02	Leslie Johns 2003
2	50.20	Missy Allert 1991
3	50.20	Missy Allert 1993
4	50:24	Missy Allert 1991
5	50.28	Becky Ralph 2001

<b>Arkansas Record</b>	50.02	Leslie Johns 2003
<b>HPER Record</b>	48.29	Maritza Corriea, Ga. 2002
<b>SEC Championships</b>	47.49	Maritza Corriea, Ga. 2003
<b>NCAA Championships</b>	47.00	Natalie Coughlin, Cal. 2003

#### 1,000-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	9:44.46	Stephanie Carr 2008
2	9:51.41	Whitney Lynn 2003
3	9:53.62	Ashley Largo 2008
4	9:55.35	Stephanie Carr 2008
5	9:57.65	Jamie L. Marks 2008

<b>Arkansas Record</b>	9:44.46	Stephanie Carr 2008
<b>HPER Record</b>	9:52.35	Julie Stowers, Tenn. 2005
<b>SEC Championships</b>	Not Competed	
<b>NCAA Championships</b>	Not Competed	

#### 200-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	1:48.57	Katie C. Kastes 2008
2	1:49.62	Stephanie Carr 2008
3	1:49.65	Cheyne Bees 2002
4	1:49.70	Cheryl McArton 1987
5	1:49.77	Missy Allert 1990

<b>Arkansas Record</b>	1:48.57	Katie C. Kastes 2008
<b>HPER Record</b>	1:43.50	Nicole Haislett, Fla. 1993
<b>SEC Championships</b>	1:43.47	Emily Kukors, Aub. 2008
<b>NCAA Championships</b>	1:43.08	Martina Moravcova, SMU 1997

#### 1,650-YARD FREESTYLE



**Arkansas' Top Five Performances**

1	16:12.90	Stephanie Carr 2008
2	16:21.86	Whitney Lynn 2003
3	16:22.93	Ashley Largo 2008
4	16:24.59	Whitney Lynn 2003
5	16:27.95	Whitney Lynn 2003

<b>Arkansas Record</b>	16:12.90	Stephanie Carr 2008
<b>HPER Record</b>	15:56.81	Tami Bruce, Fla. 1986
<b>SEC Championships</b>	15:50.00	Adrienne Binder, Aub. 2005
<b>NCAA Championships</b>	15:39.14	Janet Evans, Stan. 1990



# ARKANSAS

## SWIMMING AND DIVING



# RAZORBACK RECORDS

### 100-YARD BACKSTROKE



**Arkansas' Top Five Performances**

1	55.55	Lynette Ng 2008
2	55.75	Missy Allert 1993
3	55.78	Missy Allert 1993
4	56.02	Missy Allert 1993
5	56.50	Babsi Auer 2003

<b>Arkansas Record</b>	55.75	Missy Allert 1993
<b>HPER Record</b>	53.67	Janie Wagstaff, Fla. 1993
<b>SEC Championships</b>	51.57	Gemma Spofforth, Fla. 2008
<b>NCAA Championships</b>	49.97	Natalie Coughlin, Cal. 2002

### 200-YARD BREASTSTROKE



**Arkansas' Top Five Performances**

1	2:10.96	Leah Pierce 2008
2	2:15.63	Leah Pierce 2008
3	2:16.71	Leah Pierce 2008
4	2:17.17	Helen Gorman 1995
5	2:17.19	Helen Gorman 1994

<b>Arkansas Record</b>	2:17.17	Helen Gorman 1995
<b>HPER Record</b>	2:09.21	Anne Poleska, Ala. 2002
<b>SEC Championships</b>	2:08.85	Anne Poleska, Ala. 2001
<b>NCAA Championships</b>	2:07.36	Tara Kirk, Stan. 2002

### 200-YARD BACKSTROKE



**Arkansas' Top Five Performances**

1	1:59.43	Babsi Auer 2003
2	1:59.61	Babsi Auer 2004
3	2:00.60	Cheyne Bees 2003
4	2:00.90	Babsi Auer 2003
5	2:01.51	Mariann Fulop 2006

<b>Arkansas Record</b>	1:59.43	Babsi Auer 2003
<b>HPER Record</b>	1:55.35	Margaret Hoelzer, Aub. 2002
<b>SEC Championships</b>	1:50.56	Gemma Spofforth, Fla. 2008
<b>NCAA Championships</b>	1:49.52	Natalie Coughlin, Cal. 2002

### 100-YARD BUTTERFLY



**Arkansas' Top Five Performances**

1	55.05	Katie C. Kastes 2007
2	55.18	Emily Gregory 2007
3	55.20	Emily Gregory 2005
4	55.45	Zsuzsa Csobanki 2003
5	55.64	Emily Gregory 2006

<b>Arkansas Record</b>	55.05	Katie C. Kastes 2007
<b>HPER Record</b>	52.69	Jenna Johnson, Stan. 1986
<b>SEC Championships</b>	51.00	Christine Magnuson, Tenn. 2008
<b>NCAA Championships</b>	50.01	Natalie Coughlin, Cal. 2002

### 100-YARD BREASTSTROKE



**Arkansas' Top Five Performances**

1	1:02.74	Leah Pierc 2008
2	1:02.99	Natalia Kodajova 2000
3	1:03.07	Natalia Kodajova 2000
4	1:03.19	Natalia Kodajova 2000
5	1:03.36	Natalia Kodajova 1999

<b>Arkansas Record</b>	1:02.99	Natalia Kodajova 2000
<b>HPER Record</b>	1:00.99	Anne Poleska, Ala. 2002
<b>SEC Championships</b>	59.88	Kristy Kowal, Ga. 2000
<b>NCAA Championships</b>	58.62	Tara Kirk, Stan. 2003

### 200-YARD BUTTERFLY



**Arkansas' Top Five Performances**

1	1:55.66	Katie C. Kastes 2008
2	2:00.51	Erica Totten 2007
3	2:00.81	Katie Kastes 2008
4	2:00.93	Katie Kastes 2008
5	2:01.97	Katie Kates 2008

<b>Arkansas Record</b>	1:55.66	Katie C. Kastes 2008
<b>HPER Record</b>	1:54.52	Mary T. Meagher, Cal. 1986
<b>SEC Championships</b>	1:53.51	Mary DeScenza, Ga. 2005
<b>NCAA Championships</b>	1:53.02	Elaine Breeden, Stan. 2007



# ARKANSAS

## SWIMMING AND DIVING

### RAZORBACK RECORDS

#### 200-YARD INDIVIDUAL MEDLEY



**Arkansas' Top Five Performances**

1	1:59.86	Katie Kastes 2008
2	2:03.15	Stacey Benesch 1990
3	2:03.44	Stacey Benesch 1989
4	2:03.64	Stacey Benesch 1990
5	2:03.94	Tara Reynolds 1990

<b>Arkansas Record</b>	2:03.15	Stacey Benesch 1990
<b>HPER Record</b>	1:56.51	Maggie Bowen, Aub. 2002
<b>SEC Championships</b>	1:54.97	Ava Ohlgren, Aub. 2008
<b>NCAA Championships</b>	1:53.91	Maggie Bowen, Aub. 2002

#### 400-YARD FREESTYLE RELAY

**Arkansas' Top Five Performances**

1	3:22.15	Csobanki, Shepherd, Stoner, Johns 2003
2	3:22.81	Csobanki, Auer, Stoner, Johns 2004
3	3:24.21	Ng, Jackson, Haskins, Silver 2008
4	3:24.36	Duncan, Benesch, Reynolds, Allert 1990
5	3:24.37	McArton, Hindson, Duncan, Sheedy 1988

<b>Arkansas Record</b>	3:22.15	Csobanki, Shepherd, Stoner, Johns 2003
<b>HPER Record</b>	3:15.20	Ga. (Williams, Mabry, Kearns, Corriea) 2002
<b>SEC Championships</b>	3:13.09	Aub. (Ohlgren, Marik, Kukors, Denby) 2008
<b>NCAA Championships</b>	3:12.13	Cal. (Silver, Reilly, Hardy, Vollmer) 2007

#### 400-YARD INDIVIDUAL MEDLEY



**Arkansas' Top Five Performances**

1	4:13.16	Katie C. Kastes 2008
2	4:16.34	Jamie L. Marks 2008
3	4:19.71	Katie Kastes 2008
4	4:21.64	Katie Kastes 2008
5	4:22.59	Jamie L. Marks 2008

<b>Arkansas Record</b>	4:13.16	Katie C. Kastes 2008
<b>HPER Record</b>	4:08.40	Maggie Bowen, Aub. 2002
<b>SEC Championships</b>	4:05.78	Ava Ohlgren, Aub. 2008
<b>NCAA Championships</b>	4:02.28	Summer Sanders, Stan. 1992

#### 800-YARD FREESTYLE RELAY

**Arkansas' Top Five Performances**

1	7:19.14	Ka. Kastes, Haskins, Totten, Carr 2008
2	7:26.28	Allert, Benesch, Duncan, Reynolds 1990
3	7:27.17	Lynn, Auer, Csobanki, Johns 2004
4	7:28.52	Bees, Johns, Shepherd, Little 2003
5	7:29.29	Bees, Shepherd, Johns, Csobanki 2003

<b>Arkansas Record</b>	7:19.14	Ka. Kastes, Haskins, Totten, Carr 2008
<b>HPER Record</b>	7:06.90	Ga. (Williams, Kearns, Hardt, Corriea) 2002
<b>SEC Championships</b>	6:57.28	Aub. (Ohlgren, Geary, Marik, Kukors) 2008
<b>NCAA Championships</b>	7:01.03	Ga. (DeScenza, Joyce, Hill, Weir) 2005

#### 200-YARD FREESTYLE RELAY

**Arkansas' Top Five Performances**

1	1:31.71	Csobanki, Stoner, Johns, Shepherd 2003
2	1:32.36	Ng, Silver, Gregory, Ka. Kastes 2008
3	1:32.77	Allert, Kimble, Hindson, Sheedy 1991
4	1:33.04	Csobanki, Orwig, Stoner, Johns 2004
5	1:33.75	Kodajova, Shepherd, Stoner, Ralph 2001

<b>Arkansas Record</b>	1:31.71	Csobanki, Stoner, Johns, Shepherd 2003
<b>HPER Record</b>	1:29.86	Ga. (Williams, Mabry, Kearns, Corriea) 2002
<b>SEC Championships</b>	1:28.87	Ga. (Joyce, Kearns, Georoff, Weir) 2005
<b>NCAA Championships</b>	1:27.23	Ariz. (Jackson, Nymeyer, Turner, Kelly) 2007

#### 200-YARD MEDLEY RELAY

**Arkansas' Top Five Performances**

1	1:41.73	Ng, Jackson, Gregory, Ka. Kastes 2008
2	1:42.99	Orwig, Shepherd, Csobanki, Stoner 2003
3	1:43.44	Orwig, Csobanki, Kodajova, Stoner 2002
4	1:43.98	Clegg, Muck, Gregory, Csobanki 2005
5	1:44.18	Ng, Jackson, Gregory, Ka. Kastes 2008

<b>Arkansas Record</b>	1:41.73	Ng, Jackson, Gregory, Ka. Kastes 2008
<b>HPER Record</b>	1:38.87	Aub. (Coventry, Swander, Christianson, Coparropa) 2002
<b>SEC Championships</b>	1:37.23	Fla. (Spofforth, Burckle, Healy, Napier) 2008
<b>NCAA Championships</b>	1:36.09	Ariz. (Degolia, Chandler, Jackson, Kelly) 2007



# ARKANSAS

## SWIMMING AND DIVING



# RAZORBACK RECORDS

### 400-YARD MEDLEY RELAY

#### Arkansas' Top Five Performances

1	3:43.74	Ng, Jackson, Ka. Kastes, Silver	2008
2	3:47.46	Orwig, Kodajova, Csobanki, Shepherd	2002
3	3:47.54	Fulop, Muck, Gregory, Csobanki	2005
4	3:48.32	Orwig, Shepherd, Csobanki, Johns	2003
5	3:48.46	Orwig, Kodajova, McNeill, Ralph	2001

<b>Arkansas Record</b>	3:43.74	Ng, Jackson, Ka. Kastes, Silver	2008
<b>HPER Record</b>	3:36.02	Aub. (Coventry, Bowen, Christianson, Coparropa)	2002
<b>SEC Championships</b>	3:33.40	Aub. (McCawley, Denby, Ohlgren, Kukors)	2008
<b>NCAA Championships</b>	3:30.18	Cal. (Rogers, Hardy, Vollmer, Silver),	2007

### THREE-METER DIVING (DUAL)



#### Arkansas' Top Five Performances

1	343.28	Mandy Moran	2003
2	338.48	Lisa Trombley	1983
3	336.15	Madison Palmer	2008
4	332.475	Christa Hykaway	1997
5	330.35	Christa Hykaway	1999

<b>Arkansas Record</b>	343.28	Mandy Moran	2003
<b>HPER Record</b>	332.475	Christa Hykaway, Ark.	1997
<b>SEC Championships</b>	Not Competed		
<b>NCAA Championships</b>	Not Competed		

### ONE-METER DIVING (DUAL)



#### Arkansas' Top Five Performances

1	318.83	Madison Palmer	2008
2	306.85	Karen Gorham	1981
3	302.81	Christa Hykaway	1997
4	301.80	Lisa Trombley	1983
5	299.45	Alicia Turner	1998

<b>Arkansas Record</b>	318.83	Madison Palmer	2008
<b>HPER Record</b>	302.81	Christa Hykaway, Ark.	1997
<b>SEC Championships</b>	Not Competed		
<b>NCAA Championships</b>	Not Competed		

### THREE-METER DIVING (CHAMPIONSHIP)



#### Arkansas' Top Five Performances

1	577.80	Lisa Trombley	1983
2	562.25	Karen Gorham	1983
3	554.25	Christa Hykaway	2000
4	538.00	Madison Palmer	2008
5	533.05	Brianne Kushner	2007

<b>Arkansas Record</b>	577.80	Lisa Trombley	1983
<b>HPER Record</b>	655.75	Yulia Pakhalina, UH	2002
<b>SEC Championships</b>	537.20	Michelle Davison, S. C.	1998
<b>NCAA Record</b>	657.30	Yulia Pakhalina, UH	2003

### ONE-METER DIVING (CHAMPIONSHIP)



#### Arkansas' Top Five Performances

1	543.55	Madison Palmer	2008
2	504.76	Karen Gorham	1982
3	497.75	Lisa Trombley	1983
4	491.05	Karen Gorham	1983
5	479.50	Diane Dudeck	1986

<b>Arkansas Record</b>	543.55	Madison Palmer	2008
<b>HPER Record</b>	461.35	Laura Wilkinson, Texas	1999
<b>SEC Championships</b>	501.95	Alison Maisch, LSU	1987
<b>NCAA Championships</b>	495.85	Megan Neyner, Fla.	1983

### PLATFORM DIVING



#### Arkansas' Top Five Performances

1	513.85	Karen Straley	1995
2	468.55	Becky Martin	1988
3	462.65	Theresa Knight	1994
4	451.60	Becky Martin	1990
5	444.50	Karen Gorham	1981

<b>Arkansas Record</b>	513.85	Karen Straley	1995
<b>HPER Record</b>	414.65	Katie Williams, TX A&M	2002
<b>SEC Championships</b>	658.40	Kathy Pesek, Tenn.	1998
<b>NCAA Championships</b>	664.75	Laura Wilkinson, Texas	1998



# ARKANSAS

## SWIMMING AND DIVING

### YEAR-BY-YEAR RESULTS

#### 1978-79 (2-2)

Oklahoma State	W	81-55
LSU	W	82-49
SE Missouri	L	61-66
Colorado	L	61-68
AIAW Championships - 40th		

#### 1979-80 (3-7)

Cottey College	L	68-70
Kansas	L	27-124
Oklahoma	L	27-124
Missouri	L	46-94
Cornhusker Invitational		8th of 8
Cottey College	W	71-64
SE Missouri	L	50-81
Texas Christian	L	45-85
Tulsa	W	100-21
Hendrix	W	85-54
Central Arkansas	L	67-71
AIAW Championships - 26th		

#### 1980-81 (2-4)

Oklahoma	L	50-99
Cottey College	W	84-37
Missouri	L	46-84
Cornhusker Invitational		6th of 9
Texas Christian	L	50-92
Central Arkansas	W	107-31
Kansas	L	56-87
AIAW Championships - 26th		

#### 1981-82 (3-3)

Oklahoma	L	67-82
Houston Invitational		3rd of 4
Lamar	L	57-83
Texas Christian	L	57-92
Central Arkansas	W	102-33
Southwest Texas	W	87-34
Missouri	W	72-68

#### 1982-83 (6-3)

Oklahoma	W	85-64
North Texas	W	57-20
Arkansas Relays		1st of 7
Lamar	L	60-69
SWC Invitational		2nd of 7
SMU	L	60-80
Texas Christian	W	80-55
Kansas	L	67-82
Northeast Louisiana	W	123-23
Missouri	W	83-66
Central Arkansas	W	86-36
SWC Championships - 5th		
NCAA Championships - 22nd		

#### 1983-84 (4-3)

Oklahoma	W	63-49
Big Eight Invitational		3rd of 6
Texas A&M	L	56-57
Northeast Louisiana	W	65-39
Tulane	W	65-45
Nebraska	L	53-60
Missouri	W	57-56
Alabama	L	40-73
SWC Championships - 5th		

#### 1984-85 (4-3)

Texas Tech	W	75-38
Oklahoma	W	67-46
Alabama	L	32-81
Northeast Louisiana	W	78-33
Missouri	W	62-46
Nebraska	L	47-66
Kansas	L	53-60
SWC Championships - 6th		
NCAA Championships - 16th		

#### 1985-86 (3-4)

SWC Relays		6th of 6
Texas Tech	W	67-46
Texas A&M	L	41-64
Missouri	W	63-50
Nebraska	L	50-63
Northeast Louisiana	W	62-51
Alabama	L	43-69
Kansas	L	41-72
SWC Championships - 6th		
NCAA Championships - 25th		

#### 1986-87 (6-3)

SWC Relays		3rd of 5
Missouri	W	70-42
South Carolina	L	42-71
Miami (Fla.)	W	13-0
New Orleans	W	67-37
Tulane	W	58-53
Kansas	L	40-73
Texas Christian	W	13-0
Northeast Louisiana	W	66-43
Nebraska	L	43-71

#### 1987-88 (8-3)

Houston	W	155-113
SWC Relays		3rd of 7
Kansas	W	120-97
Missouri	W	79-29
Arizona	L	51-89
Kansas	L	54-86
South Carolina	L	91-126
New Orleans	W	86-41
Kansas	W	68-45
Texas A&M	W	114-103
Texas Christian	W	81-32
Nebraska	W	116-101
SWC Championships - 3rd		
NCAA Championships - 17th		

#### 1988-89 (5-1)

SWC Relays - 1st of 7		
Texas A&M	W	122-115
Harvard Invitational		4th of 7
Ed Kennedy Classic		1st of 4
Kansas	W	60-53
Northeast Louisiana	W	88-21
Texas Christian	W	64-40
SMU	L	63-77
Nebraska	W	95-45
SWC Championships - 3rd		
NCAA Championships - 22nd		

#### 1989-90 (5-2)

Texas A&M	W	58-53
Texas Christian	W	83-30
Razorback Invitational		1st of 7
Kansas	L	65-75
SMU	W	62-51
Nebraska	L	67-73
Drury	W	78-32
Southern Illinois	W	72-40
SWC Championships - 4th		
NCAA Championships - 25th		

#### 1990-91 (9-1)

SWC Relays		168-69
Arizona	W	144-100
Arizona State	W	153-146
Razorback Invitational		1st of 5
Texas Christian	W	154-68
SMU	L	115-128
Southern Illinois	W	139-97
Kansas	W	126-117
Nebraska	W	152-148
Missouri	W	160-116
American University	W	84-27
SWC Championships - 3rd		
NCAA Championships - 27th		

#### 1991-92 (9-1, 1-0 SEC)

Notre Dame	W	135-100
Purdue	W	132-111
Texas A&M	W	155-84
Kansas	W	163.5-136.5
Razorback Invitational		2nd of 5
Southern Illinois	W	131-109
Nebraska	W	150-90
LSU	W	124-119
Rice	W	79-31
SMU	L	105.5-192.5
Drury	W	115-83
SEC Championships - 8th		

#### 1992-93 (7-4, 1-2 SEC)

Louisville	W	137-82
Kentucky	W	131-112
SMU	L	100-141
Texas Christian	W	145-93
Drury	W	157-65
Missouri	W	170.5-120.5
Tennessee	L	100-143
Kansas	L	100-143
Houston	W	43-27
LSU	L	118-123
Southern Illinois	W	164-79
SEC Championships - 9th		
NCAA Championships - 32nd		

#### 1993-94 (5-3, 0-1 SEC)

Kentucky	L	56-58
Texas Christian	W	126-117
Southern Illinois	W	72-40
Drury	W	129-108
Missouri	W	142-96
New Mexico Invitational		1st of 4
Michigan State	L	39-40
Kansas	L	45-68
Drury	W	153-83
SEC Championships - 9th		

#### 1994-95 (7-3, 0-2 SEC)

Southern Illinois	W	75-39
Missouri	W	135-108
Xavier	W	77-27
Louisville	W	89-15
Kentucky	L	106-137
Speedo Cup		2nd of 21
LSU	L	47-86
Houston	W	75-58
Drury	W	164-76
Iowa State	W	181-122
Kansas	L	121.5-169.5
SEC Diving Championships - 7th		
SEC Swimming Championships - 9th		
NCAA Championships - 33rd		



# ARKANSAS

## SWIMMING AND DIVING



# YEAR-BY-YEAR RESULTS

### 1995-96 (1-3, 0-1 SEC)

LSU	L	119-123
Kansas	L	82-160
Razorback Invitational		1st of 2
Evansville	W	83-30
Reveille Invitational		4th of 6
Drury	L	114-127
SEC Championships - 9th		
NCAA Championships - 36th		

### 1996-97 (1-7, 0-3 SEC)

LSU	L	52-78
Houston	L	60-76
Drury	L	114-118
Georgia Invitational		6th of 8
Arizona St. Invitational		3rd of 4
Texas Christian	L	124-157
Kansas Invitational		3rd of 4
South Carolina	L	36-74
Alabama	L	26-85
Northeast Louisiana	W	173-75
Missouri	L	87-176
SEC Championships - 9th		

### 1997-98 (1-10, 0-4 SEC)

Bowling Green	L	103-133
Houston	L	59-81
LSU	L	29-111
Tennessee	L	26-81
Miami (Fla.)	L	40-65
Kentucky	L	108-139
Long Center College Classic		1st of 3
Texas Christian	L	124-160
Northeast Louisiana	W	79-29
Missouri	L	82-158
South Carolina	L	33-79
Drury	L	41-72
SEC Championships - 9th		

### 1998-99 (6-6, 0-4 SEC)

Miami Relay Carnival		3rd of 3
Miami (Fla.)	L	105-181
Houston	W	75-65
LSU	L	52-87
Southwest Missouri	W	90-23
Tennessee	L	49-63
Indiana Univ. Invitational		6th of 8
North Texas	W	169-79
Colorado/Mt. Holyoke		2nd of 3
Kentucky	L	50-84
South Carolina	L	45-54
Texas Christian	L	138-160
Northeast Louisiana	W	144-93
Southwest Missouri	W	94-19
Truman State	W	73-37
SEC Championships - 9th		

### 1999-2000 (8-2, 1-2 SEC)

LSU	L	115-176
Drury	W	62-42
Houston	W	70-34
Drury	W	79-25
Houston	W	69-35
Southwest Missouri	W	138-103
Indiana Univ. Invitational		5th of 6
TCU Classic		2nd of 5
Georgia Southern	W	152-70
South Carolina	W	123-117
Kentucky	L	99-138
Louisiana-Monroe	W	198-83
SEC Championships - 9th		

### 2000-01 (8-4, 2-1 SEC)

SEC West Meet - 3rd of 4		
Missouri	L	101-199
Texas A&M	L	49.5-90.5
North Texas	W	121-19
Houston	W	154-77
LSU	W	161-139
Georgia Southern	W	157-84
Arkansas Invitational		2nd of 5
Kansas	L	138-162
Eastern Michigan	W	31-23
South Carolina	W	88-50
Kentucky	L	55-85
Drury	W	151-90
SMSU	W	146-96
SEC Championships - 9th		
NCAA Championships - 38th		

### 2001-02 (4-5, 0-4 SEC)

LSU	L	120-175
SEC West Meet		3rd of 4
SEC West Meet (2)		1st of 4
Houston	W	199-95
Drury	W	170-73
SMS	W	179-116
Texas A&M	W	157-143
Arkansas Invite		2nd of 3
USD Invite		2nd of 4
Kentucky	L	86.5-156.5
South Carolina	L	95-148
Tennessee	L	137-163
Kansas	L	130-169
SEC Championships - 8th		

### 2002-03 (5-5, 1-3 SEC)

Drury	W	169-61
Texas A&M	L	100-198
Southern Methodist	L	96-200
North Texas	W	225-69
Houston	W	132-104
LSU	L	128-166
Alabama	W	159-144
Indiana Invitational		3rd of 9
Georgia	L	99.5-135.5
South Carolina	L	116-127
Kansas	W	181-119
SEC Championships - 8th		
NCAA Championships - 31st		

### 2003-04 (5-9, 0-4 SEC)

Auburn	L	58-81
Missouri	L	59-81
Florida	L	121.5-164.5
Drury	W	107-96
Texas A&M	L	113-178
Rice Invitational		2nd of 4
Indiana Invitational		4th of 9
Houston Invitational	Moran 2nd, Bradley 6th	
Purdue	L	88-206
Tennessee	L	130-170
Georgia	L	85-138
SMU	L	82-153
Houston	W	184-115
Kansas	L	119-181
SEC Championships - 7th		
NCAA Championships - 27th		

### 2004-05 (3-12, 0-4 SEC)

Drury	W	136-103
LSU	L	60-73
Alabama	L	59-74
Tulane	L	67-74
New Orleans	W	126-7
Washington State	L	86-119
Aggie Invitational		4th of 4
Pacific	L	37-66
Houston	L	44-60
Tennessee	L	111-121
Kentucky	L	54-84
Louisville	W	89-51
Kansas	L	133-163
All Star Challenge	Kushner 8th & 9th, Hyslop 10th	
SEC Championships - 9th		

### 2005-06 (1-7, 0-4 SEC)

Nebraska	L	121-178
Drury	W	158.5-140.5
Houston	L	112-122
Rice Invitational		4th of 4
Indiana Invitational	Jackson, 3rd; Fulop, Jackson, Heidloff, Thibodeaux, 3rd	
Kentucky	L	120-150
Alabama	L	34-104
Florida	L	42-91
Florida State	L	56-180
Auburn	L	69-149
SEC Championship - 9th		
NCAA Zone Diving - Kushner, 12th & 11th		

### 2006-07 (4-4, 0-3 SEC)

South Carolina	L	89-149
Nebraska	L	132-168
LSU	L	132-168
Georgia	L	114-178
Emory	W	161-138
Ohio State Invitational		6th of 12
Denver	W	168-130
Missouri State	W	185-115
Drury	W	130-110
SEC Championships - 9th		
NCAA Zone Diving - Kushner, 5th & 7th; Palmer, 12th		

### 2007-08 (7-5, 1-3 SEC)

Georgia	L	127-168
North Texas	W	210-90
Denver	W	167-130
Utah	W	176-121
Kansas	W	150.5-149.5
Hoosierland Open	Carr, 1st	
Ka. Kastes, 2nd		
Florida	L	86-114
Indian River CC	W	161-41
Missouri	L	149-151
Missouri State	W	247-53
Vanderbilt	W	195-38
Auburn	L	113-182
Florida State	L	106-194
SEC Championships - 7th		
NCAA Zone D Diving - Palmer 4th & 11th; Wilson 9th		
NCAA Championships - 35th		
Ka. Kastes 15th, 24th, and 9th; Palmer 16th; Carr 35th		



# ARKANSAS SWIMMING AND DIVING

## ALL-AMERICANS



**Missy Allert**  
**1990-93**  
50 Free, 100 Free, 200  
Free Relay, 400 Free  
Relay



**Diane Doucet**  
**1979**  
One-meter Diving



**Leslie Johns**  
**2003**  
200 Free Relay

**Anne Barnett** **1985**  
One-meter Diving  
*Photo not available*



**Diane Dudeck**  
**1986**  
One-meter Diving,  
Three-meter Diving



**Katie Kastes**  
**2008**  
200 Butterfly, 500  
Free



**Stacey Benesch**  
**1989-91**  
200 Free Relay, 400  
Free Relay



**Nancy Duncan**  
**1988-90**  
200 Free Relay, 400  
Free Relay, 200 Medley  
Relay



**Toady Kimble**  
**1991**  
200 Free Relay, 400  
Free Relay



**Stephanie Carr**  
**2008**  
1,650 Free



**Robin Ford**  
**1985**  
Three-meter Diving



**Katerina  
Kordioukava**  
**2001**  
Three-meter Diving



**Zsuzsa Csobank**  
**2003**  
200 Free Relay



**Karen Gorham**  
**1980-82**  
One-meter Diving,  
Three-meter Diving



**Whitney Lynn**  
**2003**  
500 Free, 1,650 Free



**Debbie Dick**  
**1988**  
200 Medley Relay



**Julie Hindson**  
**1988, 1991**  
200 Free Relay, 400  
Free Relay



**Becky Martin**  
**1989-90**  
Three-meter Diving,  
Ten-meter Diving



# ARKANSAS

## SWIMMING AND DIVING



### ALL-AMERICANS



**Cheryl McArton**  
**1985, 1988**  
 200 Free Relay, 400 Free Relay, 200 Medley Relay



**Kattie Sheperd**  
**2003**  
 200 Free Relay



**Mandy Moran**  
**2003-04**  
 One-meter Diving, Three-meter Diving, Platform Diving



**Peggy Stoner**  
**2003**  
 200 Free Relay



**Madison Palmer**  
**2008**  
 One-meter Diving



**Karen Straley**  
**1995**  
 Ten-meter Diving, Platform Diving



**Heidi Pease**  
**1989**  
 200 Free Relay, 200 Medley Relay



**Cynthia TerPoorten**  
**1989**  
 200 Free Relay



**Tara Reynolds**  
**1990-91**  
 200 Free Relay, 400 Free Relay



**Lisa Trombley**  
**1985**  
 One-meter Diving



**Kris Sheedy**  
**1988-89, 1991**  
 100 Backstroke, 200 Free Relay, 400 Free Relay, 200 Medley Relay



**Alicia Turner**  
**1996**  
 Ten-meter Diving

#### BY YEAR

1979	..... Doucet
1980	..... Gorham
1981	..... Gorham
1982	..... Gorham
1983	..... Ford
1985	..... Barnett, Ford, McArton, Trombley
1986	..... Dudeck
1988	Dick, Duncan, Hindson, McArton, Sheedy
1989	Benesch, Duncan, Martin, Pease, Sheedy, TerPoorten
1990	Allert, Benesch, Duncan, Martin, Reynolds
1991	..... Allert, Benesch, Hindson, Kimble, Reynolds, Sheedy
1992	..... Allert
1993	..... Allert
1995	..... Straley
1996	..... Turner
2001	..... Kordioukova
2003	.. Csobanki, Johns, Lynn, Moran, Stoner, Shepherd
2004	..... Moran
2008	..... Carr, Ka. Kastes, Palmer

#### BY EVENT

100 Backstroke	..... Sheedy
200 Butterfly	..... Ka. Kastes
50 Free	..... Allert
100 Free	..... Allert
500 Free	..... Ka. Kastes, Lynn
1,650 Free	..... Carr, Lynn
200 Free Relay	..... Allert, Benesch, Csobanki, Duncan, Hindson, Johns, Kimble, McArton, Pease, Reynolds, Sheedy, Stoner, Shepherd, TerPoorten
400 Free Relay	..... Allert, Benesch, Duncan, Hindson, Kimble, McArton, Reynolds, Sheedy
200 Medley Relay	..... Dick, Duncan, McArton, Pease, Sheedy
One-meter diving	..... Barnett, Doucet, Dudeck, Gorham, Moran, Palmer, Trombley
Three-meter diving	..... Dudeck, Ford, Gorham, Kordioukova, Martin, Moran
Ten-meter diving	..... Martin, Straley, Turner
Platform diving	..... Moran, Straley



# ARKANSAS

## SWIMMING AND DIVING

### ALL-TIME ROSTER

#### A

Karen Ablard	1983-86
Debbie Adam	1976-77
Erin Adams	1995-99
Missy Allert	1989-93
Barb Anderson	1978-79
Gerri Andrews	1976-77
Lindy Andrews	1978-80
Nicola Atkinson	1990-94
Barbara Auer	2001-04
Heather Aust	1981-82

#### B

Gina Bargiachi	2007-present
Ann Barnett	1984-85
Karen Barnicoat	1984-88
Sheryl Barnicoat	1984-88
Jennifer Becker	1992-96
Cheyne Bees	1998-2003
Betsy Beinke	1978-79
Stacey Benesch	1988-92
Penney Berryman	2001
Katie Borkovec	2004
Jenna Boyd	1988-92
Betsy Bracy	1972-73
Alicia Bradley	2003-04
Bonnie Brandecker	1995-96
Lisa Bransby	1986-90
Claire Bridwell	1974-75
Kim Brown	1989-93
Francie Brungardt	1983-85
Marcella Buechley	1976-77
Liana Bugslag	2008-present
Sara Bunyard	1973-77
Juliette Burks	2004-05
Scottie Burton	1973-74

#### C

A.K. Campbell	2001-05
Sue Ellen Cannon	1997
Ruth Carey	1973-75
Lori Casey	1990-92
Renata Carneiro	1991-93
Stephanie Carr	2006-present
Kelly Chambers	1980-81
Clara Chan	2001-03
Ginny Chandler	1997-2001
Allison Chinn	2006-08
Tami Christianson	1978-80
Jessie Clark	2007-present
Hannah Clegg	2003-05
Deirdre Cochran	1979-80
Irene Conn	2000-04
Nancy Conley	1972-73
Linda Cook	1972-73
Kelly Cook	1996-97
Dede Cravens	1979-80
Claire Croston	1973-74
Zsuzsa Csobanki	2001-05
MacKinley Culp	1995-97
Exa Curtis	1976-77

#### D

Cheryl Darling	1972-75
Carol Davis	1974-75
Katie Davis	2008-present
Beth Davoli	1987-89
Kristin DeArmond	1992-96
Jennifer DeJongh	1997-2001
Martha Denison	1980-82
Rita Diana	1984-86

Debbie Dick	1987-91
Tammy Ditter	1983-85
Laurie Dolgas	1998-2002
Renee Doty	1992-93
Diane Doucet	1980-81
Erin Draper	1997-98
Diane Dudeck	1978-79
Torborg Duesten	1986-87
Nancy Duncan	1987-90
Amy Dunning	1979-80

#### E

Katie Ebersole	1973-74
Rebecca Ebert-Whitson	1986-87
Sarah Eherkircher	1987-88
Elizabeth Engs	2005-present
Linda Ernst	1978-80

#### F

Mary Farmer	1987-91
Wynne Favorite	1979-80
Susan Fedosky	1974-77
Sara Finan	1999-2002
Emily Fletcher	2005-present
Maddie Fogel	2008-present
Robin Ford	1983-85
Missy Fournay	1992-93
Missy Fowlkes	1992-96
Shannon Fox	1994-98
Patricia Frisk	1982-85
Mariann Fulop	2003-07

#### G

Susan Gabbard	1974-75
Kim Garland	1993
Jill Gentry	1973-74
Alex Gikalov	1987-90
Teresa Gillogly	1972-73
Sandy Gleed	1980-82
Mary Lew Gilker	1982-85
Heather Glegghorn	1988-93
Natalie Glover	1980-85
Karen Gorham	1980-82
Helen Gorman	1994-97
Karen Graeff	1985-90
Emily Gregory	2004-08
Brit Gubrandsen	1982-85

#### H

Chelsea Hahn	2003-04
Stacy Hahn	1987-91
Malu Hammans	1979-80
Paula Hamp	1978-82
Karen Hansen	1980-81
Mary Hardcastle	1976-77
Cari Hart	1998-99
Alana Hartmann	1989-92
Megan Haskins	2007-present
Lana Hass	2002-04
Jenifer Hauser	1989-91
Laura Hays	1985-89
Carrie Helgeson	1986-90
Jesika Heidloff	2005
Julie Hindson	1987-82
Heidi Holland	1989-90
Andrea Horsfield	1984-85
Sarah Howard	2008-present
Tricia Hufnagel	1989-92
Jennifer Hutter	1987-91
Christa Hykaway	1996-2000
Jamie Hyslop	2004-06

Gerri Inscho	1974-75
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#### J

Betsy Jaicks	1976-77
Candy Jacobs	1972-73
Summer Jackson	2005-present
Leslie Johns	2000-04
Stephanie Johnson	1973-74
Tracie Johnson	1980-81
Stacey Jones	1989-93
Mandy Jordan	1997-2001

#### K

Katie C. Kastes	2007-present
Kylie A. Kastes	2007-present
Robin Kearney	1978-80
Hillary Keeton	1998-2000
Tori Kennedy	2004, 2006-07
Susan Kemp	1978-79
Toady Kimble	1990-91
Dashya Kimmel	2005-08
Brittany Kimmitt	2007-08
Karla Klein	1994-95
Theresa Knight-Williams	1990-94
J. Lynn Knox	1992-95
Kristol Kochner	1978-81
Natalia Kodajova	1998-2002
Jordan Kohl	1999-2000
Angela Kora	2002-06
Katerina Kordiukova	1998-2002
Gayle Kordsmeier	1973-74
Leah Krueger	1975-77
Anita Kruger	1997-2000
Shelly Kunkel	1980-82
Teresa Kuran	1994-98
Brieanne Kushner	2004-07

#### L

Lesla Lackey	1972-73
Lisa Lambert	1976-77
Alissa Landrum	1974-75
Ashley Largo	2007-present
Mindy Lauchle	1990-94
Wanda Leding	1973-74
Julie Leep	1982-85
Kim LeMarca	1984-85
Tina Leone	1996-97
Lindsey Leopard	1972-73
Candice Little	2002-03
Cindy Lockerd	1973-74
Kaye Lovett	1983-84
Christi Lund	1993-96
Lisa Lunkenheimer	2008-present
Kari Lupien	1992-93
Whitney Lynn	2001-05

#### M

Lora Magnum	1980-81
Kathy Mainard	1972-73
Jan Marak	1973-74
Cynthia Marks	1974-75
Jamie L. Marks	2007-present
Amie Marshall	1995-97
Becky Martin	1986-90
Cindy Martin	1973-77
Debbie Matejicka	1992-93
Judy Mathews	1972-73
Melissa Mays	1986-87
Cheryl McArton	1984-85
Kathy McCoy	1983-85



# ARKANSAS

## SWIMMING AND DIVING



Keri McCoy	1994-96
Lianne McCraw	1982-83
Pam McFarland	1972-73
Katie McGraw	2006-08
Suzie McLaughlin	1981-82
Genny McNeill	1999-2003
Lindsey McVey	1993-95
Robin Meek	1976-77
Janice Meggers	1973-74
Nancy Melching	1975-77
Hannah Mertz	2006-08
Janet Meyer	1976-77
Valarie Miller	1981-82
Lynn Mittelstaedt	1973-74
Sarah Moll	2003-05
Laura Mondello	1989-93
Janet Moody	1980-81
Mandy Moore	2001-02
Mandy Moran	2000-04
Vivian Morley	1973-74
Karen Morrison	1987-91
Molly Muck	2003-05
Barbara Murphy	1976-77
Beth Myers	1991-92

### N

Kimberly Nail	1983-84
Dotty Neely	1976-77
Kay Nelson	1983-85
E. Katy Nelson	1987-91
Erin Neumann	2007-present
Julie Neumann	2001-02
Lynette Ng	2007-present
Susie Nieder	2000-04
Kenyon Norman	1997-2001

### O

Becky O'Daniel	1998-2001
Courtney O'Grady	2007-present
Meredith Oliver	2000-04
Drue Orwig	2000-04

### P

Madison Palmer	2004-present
Heidi Pease	1988-92
Lisa Petry	2001-05
Wendy Petty	1988-93
Leah Pierce	2008-present
Angela Pillers	1993
Karlyn Pipes	1980-82
Tanra Plummer	1979-80

### R

Becky Ralph	1997-2001
Maggie Reagan	1972-74
Nicole Reinhardt	1986-87
Tara Reynolds	1988-92
Pam Rice	1973-74
Alex Roman	2008-present
Paula Ross	1987-90
Kathy Rowland	1977-79
Sarah Rowland	2008-present
Kimberly Roy	1993-94
Eimear Ryan	2002-03
Francie Russell	1981-82

### S

Liz Samoore	1980-81
Kim Sauer	1979-80
Caryn Scharlau	1973-74
Marti Scharlau	1984-85
Jillienne Schilling	2008-present
Chrissy Schreiner	2001-04
Maggie Schwindt	1980-82
Denise See	1978-79
Lorraine Sessions	1975-79

Gerri Shankle	1972-73
Kris Sheedy	1987-91
Kattie Shephard	1999-2003
Tracy Shilkett	1973-74
Tifanie Silver	2004-08
Nannette Simmons	1976-77
Yi Ting Siow	2008-present
Maria Skwarlo	1992-94
Corey Smith	1999-2003
Gwen Smith	1973-74
Sunny Sokol	1987-90
Darci Springer	1985-87
Meg Steele	1987-91
Tisha Stojkovic	1991-93
Peggy Stoner	2000-04
Karen Straley	1992-95
Lonnie Strange	2005-06
Amy Stroup	1992-96
Shara Sutphen	2007-present
Rhona Swain	1992-96
Amy Swanson	1973-74
Brenda Swearingin	1988-92

### T

Nicky Talarom	1992-93
Mary Taylor	1985-89
Shelley Taylor	1982-85
Alison Templin	2008-present
Cynthia Ter Poorten	1988-93
Kristen Thibodeaux	2002-07
Carri Thomas	1972-73
Mary Jane Tietze	1972-74
Erica Totten	2007-present
Lisa Trombley	1982-86
Alicia Turner	1994-98

### V

Leslie Van Pelt	1973-74
Kelly Van Horn	2000-01
Christi Veenstra	1997-2000
Ta-Neisha Verley	1997-99

### W

Diane Walton	1974-75
Marla Walker	1979-80
Angela Wallenfelsz	1998-99
Cheryl Watson	1996-97
Vicki Wattles	1994-98
Macey Webb	2005-present
Stephanie Welch	1999-2000
Leith Weston	1982-86
Katie Whitbeck	2008-present
Jenny White	1999-2002
Margo Whiteside	1976-77
Carol Wilke	1990-91
Kellyn Williams	2004-present
Lyndli Williams	2001-03
Hilarie Wilson	2004-06, 2007-08
Mary Wilson	1972-73
Rosalind Wislon	1979-80
Allison Wolters	1998-2000
Diana Wood	1980-81
Kathryn Wynn	1980-82

### Y

Stephanie Young	1988-90
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### Z

Kenda Zwyer	1976-77
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### ALL-TIME OPPONENT RECORDS

Alabama	1-6
American	1-0
Arizona	1-1
Arizona State	1-0
Auburn	0-3
Bowling Green	0-1
Central Arkansas	3-1
Colorado	0-1
<b>Colorado State</b>	<b>First meeting</b>
Cottey College	2-1
Denver	2-0
<b>Drury</b>	<b>15-3</b>
Eastern Michigan	1-0
Emory	1-0
Evansville	1-0
Florida	0-3
Florida State	0-2
Georgia	0-4
Georgia Southern	2-0
Hendrix	1-0
Houston	10-4
Iowa State	1-0
<b>Kansas</b>	<b>8-15</b>
<b>Kentucky</b>	<b>1-10</b>
Lamar	0-2
<b>LSU</b>	<b>3-11</b>
Louisiana-Monroe	10-0
Louisville	3-0
Michigan State	0-1
Miami (Fla.)	1-2
<b>Missouri</b>	<b>12-6</b>
Missouri State	7-0
Nebraska	4-7
<b>New Mexico State</b>	<b>First meeting</b>
New Orleans	3-0
<b>North Texas</b>	<b>5-0</b>
Notre Dame	1-0
Oklahoma	3-3
Oklahoma State	1-0
Pacific	0-1
Purdue	1-1
Rice	1-0
South Carolina	2-8
Southeast Missouri	0-2
Southern Illinois	6-0
<b>Southern Methodist</b>	<b>1-7</b>
SW Texas	1-0
<b>Tennessee</b>	<b>0-6</b>
Texas A&M	6-5
Texas Christian	8-6
Texas Tech	2-0
Truman State	1-0
Tulane	2-1
Tulsa	1-0
Utah	1-0
<b>Vanderbilt</b>	<b>1-0</b>
Washington State	0-1
Xavier	1-0

**Bold denotes 2008-09 opponents**



# ARKANSAS SWIMMING AND DIVING

## ACADEMIC HONORS



*Above are the members of the 2008 SEC Freshman Academic Honor Roll: Back row, from left, Megan Haskins, Gina Bargiachi, Jessie Clark, Erin Neumann, Shara Sutphen; front row, from left, Erica Totten, Kylie Kastes, Ashley Largo. At right are the 2008 CSCAA Academic Honorees: Back row, from left, Shara Sutphen, Erica Totten, Madison Palmer; front row, from left, Ashley Largo, Stephanie Carr, Summer Jackson, Erin Neumann.*



### MAINTAINING A TRADITION OF ACADEMIC EXCELLENCE

The Razorbacks have enjoyed a rich tradition of academics through the years. The swimming and diving team maintains one of the highest grade point averages in the University of Arkansas Athletics Department, as well as among the top Division I swimming and diving programs in the country.

For more than four years, the College Swimming Coaches Association of America named the Razorbacks a top ten Division I Academic All-America Team. In the spring of 2002, the Razorbacks earned a 3.43 cumulative grade point average, which was good for fifth in the nation. They finished second in the fall of 2001 with a 3.52 GPA, and prior to the 2002-03 season, had finishes of sixth, eighth and fourth dating back to the spring of 2000.

In 2003-04, the Razorbacks were fifth in the nation in GPA, 3.47, according to the CSCAA. In 2002-03, CSCAA named Arkansas the top academic team in Division I. The Razorbacks were No. 2 in the spring 2003 with a 3.51 GPA. In fall 2002, the team was No. 1 in America with a 3.644 GPA. Combining those gave the Razorbacks the honor of No. 1 in the classroom.

Seven Razorbacks were named to the 2005-06 Southeastern Conference swimming and diving academic honor roll. This award requires a 3.0 GPA for either the past year or a cumulative GPA of 3.0 or higher for their career, a sophomore or higher in academic classification and 24 semester hours towards a degree.

In 2005, Emily Gregory received CSCAA Academic All-American hon-

orable mention and in 2006 Angela Kora was named to the CoSIDA Academic All-District VI First Team.

Arkansas swimming and diving boasted eight swimmers earning University of Arkansas Athletics Department Academic Champion honors with perfect 4.00 GPAs in Spring 2008. Gina Bargiachi, Stephanie Carr, Allison Chinn, Jessie Clark, Megan Haskins, Katie McGraw, Erin Neumann, and Lynette Ng all had perfect 4.0s in the spring semester, once again the most student-athletes of any sport with perfect grades.

Proud of its academic standing, the Razorbacks have issued an award for the top scholar-athlete; Emily Gregory in earned the honor in 2006, Katie McGraw in 2007, and Stephanie Carr in 2008.



# ARKANSAS

## SWIMMING AND DIVING



# ACADEMIC HONORS

### SEC ACADEMIC HONOR ROLL

1991-92 - Nicola Atkinson, Stacey Benesch, Jennifer Boyd, Kim Brown, Lori Casey, Heather Gleghorn, Trish Hufnagel, Cynthia Ter Poorten and Liz Corey  
 1992-93 - Nicola Atkinson, Kim Brown, Heather Gleghorn, Mindy Lauchle, Laura Mondello and Cynthia Ter Poorten  
 1993-94 - Nicola Atkinson, Jennifer Becker, Kristin DeArmond, Jennifer Knox, Mindy Lauchle and Rhona Swain  
 1994-95 - Jennifer Becker, Kristin DeArmond, Jennifer Knox, Christi Lund, Karen Straley, Rhona Swain and Lindsey McVey  
 1995-96 - Jennifer Becker, Kristin DeArmond, Missy Fowlkes, Shannon Fox, Kim Garland, Helen Gorman, Christi Lund, Rhona Swain, Alicia Turner, Vicki Wattles and Courtney Carson  
 1996-97 - Erin Adams, Shannon Fox, Helen Gorman, Alicia Turner and Vicki Wattles  
 1997-98 - Erin Adams, Shannon Fox, Kristina Leone, Alicia Turner, Christine Veenstra and Vicki Wattles  
 1998-99 - Erin Adams, Ginny Chandler, Caroline Hart, Mandy Jordan and Christina Veenstra  
 1999-2000 - Cheyne Bees, Ginny Chandler, Laurie Dolgas, Christa Hykaway, Mandy Jordan, Katrina Kordiukova, Becky O'Daniel and Becky Ralph  
 2000-01 - Cheyne Bees, Ginny Chandler, Laurie Dolgas, Sara Finan, Mandy Jordan, Angela Wallengelsz, Katerina Kordiukova, Becky O'Daniel, Becky Ralph, Kattie Shepherd, Corey Smith and Jenny White  
 2001-02 - Ginny Chandler, Irene Conn, Jennifer DeJongh, Laurie Dolgas, Sara Finan, Leslie Johns, Mandy Jordan, Katerina Kordiukova, Mandy Moran, Susie Nieder, Becky O'Daniel, Drue Orwig, Becky Ralph, Kattie Shepherd, Corey Smith and Jenny White  
 2002-03 - Babsi Auer, Cheyne Bees, Anne Katherine Campbell, Irene Conn, Laurie Dolgas, Sara Finan, Leslie Johns, Katerina Kordiukova, Mandy Moran, Susie Nieder, Drue Orwig, Lisa Petry, Christine Schreiner, Kattie Shepherd, Corey Smith, Peggy Stoner and Jenny White  
 2003-04 - Babsi Auer, A.K. Campbell, Irene Conn, Zsuzsa Csobanki, Lana Hass, Leslie Johns, Angela Kora, Mandy Moran, Susie Nieder, Drue Orwig, Lisa Petry, Christine Schreiner, Peggy Stoner and Kristen Thibodeaux  
 2004-05 - A.K. Campbell, Zsuzsa Csobanki, Angela Kora, Sarah Moll, Molly Muck and Lisa Petry  
 2005-06 - Emily Gregory, Angela Kora, Madison Palmer, Tifanie Silver, Kristen Thibodeaux, Kellyn Williams, Hilarie Wilson  
 2006-07 - Emily Fletcher, Mariann Fulop, Emily Gregory, Summer Jackson, Dashya Kimmel, Madison Palmer, Tifanie Silver, Kristen Thibodeaux, Kellyn Williams  
 2007-08 - Gina Bargiachi, Jessie Clark, Megan Haskins, Kylie Kastes, Brittany Kimmitt, Ashley Largo, Erin Neumann, Shara Sutphen, Erica Totten

### RAZORBACK ATHLETIC DEPARTMENT HONOR ROLL

The University of Arkansas Athletic Department Honor Roll recognizes those student athletes who maintain at 3.49 GPA or above. Academic Champion is the highest honor roll achievement, reserved for students with a perfect 4.0 GPA.

#### ACADEMIC CHAMPIONS (4.00 GPA)

Current Razorbacks:  
 Gina Bargiachi  
 Stephanie Carr  
 Jessie Clark  
 Megan Haskins  
 Erin Neumann  
 Lynette Ng  
 Erica Totten

Total number of honorees: 49

#### ATHLETIC DIRECTOR'S LIST (3.50-3.99 GPA)

Current Razorbacks:  
 Gina Bargiachi  
 Emily Fletcher  
 Summer Jackson  
 Ashley Largo  
 Erin Neumann  
 Madison Palmer  
 Shara Sutphen  
 Macey Webb  
 Kellyn Williams

Total number of honorees: 78

#### ATHLETIC DEPARTMENT HONOR ROLL (3.00-3.49)

Current Razorbacks:  
 Elizabeth Engs  
 Emily Fletcher  
 Summer Jackson  
 Kylie Kastes  
 Ashley Largo  
 Lynette Ng  
 Macey Webb

Total number of honorees: 80

#### COSIDA ACADEMIC ALL-DISTRICT VI

**First Team**  
 2008 ..... Stephanie Carr  
 2006 ..... Angela Kora  
 2002 ..... Kattie Shepherd  
 1994 ..... Nicola Atkinson

**Second Team**  
 2004 ..... Mandy Moran  
 2003 ..... Babsi Auer  
 1992 ..... Nicola Atkinson

#### COLLEGE SWIMMING COACHES ASSOCIATION OF AMERICA

**Academic All-America**  
 2008 ..... Stephanie Carr  
 Ashley Largo  
 Madison Palmer  
 2004 ..... Peggy Stoner  
 2003 ..... Kattie Shepherd  
 Peggy Stoner  
 Mandy Moran  
 Leslie Johns  
 Zsuzsa Csobanki

#### THE ALL-TIME ACADEMIC CHAMPIONS (4.00 SEMESTER GPAs)

Fall 1990 - Stacey Benesch, Lori Casey, Mary Farmer, Karen Morrison, Cynthia Ter Poorten and Carol Wilke  
 Spring 1991 - Mary Garmer and Carol Wilke  
 Fall 1991 - Nicola Atkinson  
 Spring 1992 - Nicola Atkinson, Stacey Benesch, Kim Brown, Julie Hindson and Cynthia Ter Poorten  
 Fall 1992 - Nicola Atkinson and Cynthia Ter Poorten  
 Spring 1993 - Kim Brown, Karen Straley and Cynthia Ter Poorten  
 Fall 1993 - Mindy Lauchle, Lindsey McVey and Rhonda Swain  
 Fall 1995 - Rhonda Swain and Alicia Turner  
 Spring 1996 - Kristin DeArmond and Vicki Wattles  
 Spring 1997 - Kristina Leone  
 Fall 1997 - Christina Veenstra and Alicia Turner  
 Fall 1998 - Allison Wolters  
 Fall 1999 - Sara Finan  
 Spring 2000 - Laurie Dolgas, Sara Finan, Katerina Kordiukova and Kattie Shepherd  
 Fall 2000 - Jennifer DeJongh, Laurie Dolgas, Sara Finan, Susie Nieder and Becky Ralph  
 Spring 2001 - Cheyne Bees, Sara Finan, Drue Orwig, Kattie Shepherd.  
 Fall 2001 - Babsi Auer, Sara Finan, Leslie Johns, Susie Nieder, Christine Schreiner and Kattie Shepherd  
 Spring 2002 - Babsi Auer, Sara Finan, Leslie Johns, Susie Nieder, Christine Schreiner and Kattie Shepherd  
 Fall 2002 - Babsi Auer, Angela Kora, Drue Orwig, Christine Schreiner and Kattie Shepherd  
 Spring 2003 - Babsi Auer, Miriam Conn, Angela Kora, Susie Nieder, Drue Orwig, Christine Schreiner, Kattie Shepherd and Kristen Thibodeaux  
 Fall 2003 - Angela Kora, Drue Orwig, Lisa Petry, Christine Schreiner and Kristen Thibodeaux  
 Spring 2004 - A.K. Campbell, Irene Conn, Lana Hass, Molly Muck and Christine Schreiner  
 Fall 2004 - Emily Gregory and Angela Kora  
 Spring 2005 - Angela Kora  
 Spring 2006 - Angela Kora  
 Spring 2007 - Stephanie Carr, Allison Chinn, Emily Gregory, Katie McGraw, Kristen Thibodeaux  
 Fall 2007 - Stephanie Carr, Allison Chinn, Jessie Clark, Megan Haskins, Katie McGraw, Erica Totten  
 Spring 2008 - Gina Bargiachi, Stephanie Carr, Allison Chinn, Jessie Clark, Megan Haskins, Katie McGraw, Erin Neumann, Lynette Ng

**Academic All-America Honorable Mention**  
 2008 ..... Emily Gregory  
 Summer Jackson  
 Erin Neumann  
 Shara Sutphen  
 Erica Totten  
 2005 ..... Emily Gregory  
 2004 ..... Babsi Auer  
 Drue Orwig  
 Leslie Johns  
 2003 ..... Babsi Auer  
 Cheyne Bees  
 2002 ..... Cheyne Bees  
 Kattie Shepherd  
 2001 ..... Becky Ralph  
 Kattie Shepherd



# ARKANSAS SWIMMING AND DIVING

## OPPONENTS



**Tennessee Lady Vols**  
Oct. 17 || Knoxville, TN || 1 p.m.

Location.....Knoxville, Tenn.  
Nickname....Lady Volunteers (Lady Vols)  
Colors.....Orange and White  
Conference.....Southeastern (SEC)  
Athletics Director .....Joan Cronan  
Swimming Contact.....Zach Stipe  
Head Coach.....Matt Kredich  
Diving Coach.....Dave Parrington  
Asst. Coach.....Jennifer Arndt  
2007-08 Dual Record .....5-3



**Vanderbilt Commodores**  
Oct. 17 || Knoxville, TN || 1 p.m.

Location.....Nashville, Tenn.  
Nickname.....Commodores  
Colors.....Black and Gold  
Conference.....Southeastern (SEC)  
Vice Chancellor (ath.)...David Williams II  
Swimming Contact.....Travis Young  
Head Coach.....Jeremy Organ  
Diving Coach.....Andrea Johnson  
Asst. Coach.....Ashley Blackburn  
2007-08 Dual Record .....4-8



**LSU Tigers**  
Oct. 30 || FAYETTEVILLE || 1 p.m.

Location.....Baton Rouge, La.  
Nickname.....Tigers/Fighting Tigers  
Colors.....Purple and Gold  
Conference.....Southeastern (SEC)  
Athletics Director .....Joe Alleva  
Swimming Contact.....Jesse Delerno  
Head Coach.....Adam Schmitt  
Diving Coach.....Doug Shaffer  
Asst. Coach.....Kevin Clements  
Asst. Coach.....David Geyer  
Asst. Coach.....Jessica Botzum  
Asst. Coach.....Matt Leach  
2007-08 Dual Record .....8-3



**UNT Mean Green**  
Nov. 8|| Denton, TX || 10:30 a.m.

Location.....Denton, Texas  
Nickname.....Mean Green  
Colors.....Green and White  
Conference.....Sun Belt  
Athletics Director .....Rick Villarreal  
Swimming Contact.....Rich Wyman  
Head Coach.....Joe Dykstra  
Diving Coach.....Jim Pyrch  
Asst. Coach.....Maya Nikolova  
2007-08 Dual Record .....4-8



**SMU Mustangs**  
Nov. 8 || Denton, TX || 10:30 a.m.

Location.....Dallas, Texas  
Nickname.....Mustangs  
Colors.....Red and Blue  
Conference.....Western Athletic (WAC)  
Athletics Director .....Steve Orsini  
Swimming Contact.....Erin McMillan  
Head Coach.....Steve Collins  
Diving Coach.....Jim Stillson  
Asst. Coach.....Dominique Diezi  
2007-08 Dual Record .....5-1



**Colorado St. Rams**  
Nov. 8 || Denton, TX || 10:30 a.m.

Location.....Fort Collins, Colo.  
Nickname.....Rams  
Colors.....Forest Green and Gold  
Conference.....Big 10  
Athletics Director .....Paul Kowalczyk  
Swimming Contact..Stephanie Anderson  
Head Coach.....John Mattos  
Diving Coach.....Kevin Witt  
Asst. Coach.....Rachel Rey  
2007-08 Dual Record .....6-4



**NMSU Aggies**  
Nov. 8 || Denton, TX || 10:30 a.m.

Location.....Las Cruces, N.M.  
Nickname.....Aggies  
Colors.....Crimson and White  
Conference.....Western Athletic (WAC)  
Athletics Director ...Dr. McKinley Boston  
Swimming Contact.....Tiffany Franklin  
Head Coach.....Rick Pratt  
Diving Coach.....Jonathan Johnson  
Asst. Coach.....Heidi Voigt  
2007-08 Dual Record .....9-4



**Kentucky Wildcats**  
Jan. 12 || FAYETTEVILLE || 3 p.m.

Location.....Lexington, Ky.  
Nickname.....Wildcats  
Colors.....Blue and White  
Conference.....Southeastern (SEC)  
Athletics Director .....Mitch Barnhart  
Swimming Contact.....Deborah Moore  
Head Coach.....Gary Conelly  
Diving Coach.....Ted Hautau  
Asst. Coach.....Shaun Zitani  
Asst. Coach.....John Brucato  
Asst. Coach.....Margo Greeman  
2007-08 Dual Record .....5-4



**Missouri Tigers**  
Jan. 12 || FAYETTEVILLE || 3 p.m.

Location.....Columbia, Mo.  
Nickname.....Tigers  
Colors.....Old Gold and Black  
Conference.....Big 12  
Athletics Director .....Michael Alden  
Swimming Contact.....Steven Keers  
Head Coach.....Brian Hoffer  
Diving Coach.....James Sweeney  
Assoc. Head Coach.....Chris Peters  
Asst. Coach.....Patrick Rowan  
Asst. Coach.....Kellie Stein  
2007-08 Dual Record .....13-1



**Kansas Jayhawks**  
Jan. 22 || FAYETTEVILLE || 4 p.m.

Location.....Lawrence, Kan.  
Nickname.....Jayhawks  
Colors.....Crimson and Blue  
Conference.....Big 12  
Athletics Director .....Lew Pinks  
Swimming Contact.....John Krenger  
Head Coach.....Clark Cambell  
Diving Coach.....Eric Elliot  
Asst. Coach.....Jen Fox  
2007-08 Dual Record .....7-2



**Drury Panthers**  
Feb. 6 || FAYETTEVILLE || 6 p.m.

Location.....Springfield, Mo.  
Nickname.....Panthers  
Colors.....Garnet & Gold  
Conference.....Great Lakes Valley  
Athletics Director .....Pat Atwell  
Swimming Contact.....Eric Pannell  
Head Coach.....Brian Reynolds  
Diving Coach.....Richard Hackett  
Asst. Coach.....Jason Owen  
Asst. Coach.....Bryan Beatty  
2007-08 Dual Record .....2-3







***No matter the season,  
everyone enjoys Fayetteville***



# ARKANSAS

## SWIMMING & DIVING



### 2008-09 ARKANSAS SWIMMING AND DIVING SCHEDULE

DATE	EVENT	SITE	DATE	EVENT	SITE
Oct. 11	Red-White Meet	FAYETTEVILLE	Jan. 22	Kansas	FAYETTEVILLE
Oct. 17	Tennessee*/Vanderbilt*	Knoxville, Tenn.	Feb. 6	Drury	FAYETTEVILLE
Oct. 30	LSU*	FAYETTEVILLE	Feb. 18-21	SEC Championships	Auburn, Ala.
Nov. 8	Mean Green Duals	Denton, Texas	Feb. 28	NCAA Last Chance Invite	Athens, Ga.
Nov. 14-16	Minnesota U.S. Grand Prix	Minneapolis, Minn.	Mar. 12-15	NCAA Zone Diving	Columbia, Mo.
Dec. 5-7	Mizzou Invitational	Columbia, Mo.	Mar. 19-21	NCAA Championships	College Station, Texas
Jan. 10	Kentucky*/Missouri	FAYETTEVILLE			