RAZORBACK
2012 OLYMPIANS

REGINA GEORGE
NIGERIA

IVANIQUE KEMP
BAHAMAS

TINA SUTEJ
SLOVENIA

VERONICA CAMPBELL-BROWN
JAMAICA
BRONZE MEDALIST (100M)
SILVER MEDALIST (4X100M)
With back-to-back top-five national finishes at the NCAA Indoor Championships, the Razorbacks now have five top-five finishes and nine top-10 showings in the program’s history. (Fourth-place finish in 2011 pictured above)
2013 Arkansas Women's Track and Field Media Guide

Athletic Media Relations

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University Quick Facts
Location: Fayetteville, Arkansas | 72701
Enrollment: 24,555
Founded: 1871
Chancellor: Dr. G. David Gearhart
Vice Chancellor and Director of Athletics: Jeff Long
NCAA Faculty Representative: Sharon Hunt

Arkansas Athletics Quick Facts
Website: ArkansasRazorbacks.com
Nickname: Razorbacks
Colors: Cardinal and White
National Affiliation: NCAA Division I
Conference Affiliation: Southeastern Conference

Indoor 2013 Schedule

Jan. 11 Arkansas-Oklahoma State Dual FAYETTEVILLE
Jan. 19 Texas A&M Triangular College Station, Texas
Jan. 25-26 Razorback Team Invitational FAYETTEVILLE
Feb. 1-2 New Balance Invitational New York, N.Y.
Feb. 8-9 Tyson Invitational FAYETTEVILLE
Feb. 8-9 Husky Classic Seattle, Wash.
Feb. 22-24 SEC Championships FAYETTEVILLE
March 1 Arkansas Final Qualifier FAYETTEVILLE
March 1-2 Alex Wilson Invitational South Bend, Ind.
March 8-9 NCAA Championships FAYETTEVILLE

Outdoor
March 15-16 TCU Invitational Ft. Worth, Texas
March 27-30 Texas Relays Austin, Texas
March 29-30 Stanford Invitational Palo Alto, Calif.
March 30 Razorback Spring Invitational FAYETTEVILLE
April 5-6 John McDonnell Combined Events FAYETTEVILLE
April 5-6 Sun Angel Classic Tempe, Ariz.
April 12-13 John McDonnell Invitational FAYETTEVILLE
April 18-20 Mt. SAC Relays Walnut, Calif.
April 20 Michael Johnson Classic Waco, Texas
April 27 Arkansas Invitational FAYETTEVILLE
April 28 Payton Jordan Invitational Palo Alto, Calif.
May 3 Arkansas Twilight FAYETTEVILLE
May 9-12 SEC Championships Columbia, Mo.
May 23-25 NCAA West Preliminary Austin, Texas
June 5-8 NCAA Championships Eugene, Ore.
June 19-23 USA Championships Des Moines, Iowa

Arkansas Athletic Media Relations
Assistant Athletic Media Relations Director Zach Lawson handles the publicity and media information for the University of Arkansas track and field programs for the 2012-13 season. The Athletic Media Relations office is located in Barnhill Arena and can be reached at 479-575-2751.

Coach/Student-Athlete Interviews
Please make arrangements for all coach and student-athlete interviews through the Athletic Media Relations Office. Phone interviews for media can be arranged with 24-hour notice.
Head coach Lance Harter is available at the Media Relations Weekly Olympic Sport Press Conference, Tuesdays at 1 p.m. in the Barnhill Arena Media Room.

Photographers
Anyone wishing to shoot any meets should contact the Athletic Media Relations Office prior to the competition for credentials.

Post-Meet Results
Complete results for each meet will be available via email, in the Athletic Media Relations Office and online at ArkansasRazorbacks.com. If you are the SID of a team competing at Arkansas and wish to be added to the post-meet distribution list, please contact Lawson or the Athletic Media Relations Office prior to the competition.

Razorbacks on the Web
The latest in Razorback athletics can be accessed by logging on to ArkansasRazorbacks.com for complete student-athlete and coaches’ bios, releases and results on the Arkansas track and field team and other sports. The Razorbacks are also online on Twitter (@RazorbackTF) and Facebook.
### Track and Field Quick Facts

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Coach</td>
<td>Lance Harter</td>
</tr>
<tr>
<td>Associate Head Coach</td>
<td>Chris Johnson</td>
</tr>
<tr>
<td>Assistant Coach</td>
<td>Bryan Compton</td>
</tr>
<tr>
<td>Director of Operations</td>
<td>Jeff Kent</td>
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<td>Secretary</td>
<td>Lora Nanak</td>
</tr>
<tr>
<td>Athletic Trainers</td>
<td>Mark Hinton, Aki Tajima</td>
</tr>
</tbody>
</table>

Office Phone: 479/575-6384  
Office Fax: 479/575-3716  

### Facilities

**Indoor Track**  
- Randal Tyson Track Center  
- Capacity: 5,500  
- Surface: Mondo/200 Meters/Banked  
- Indoor Press Box: 479/571-2362

**Outdoor Track**  
- John McDonnell Field  
- Capacity: 7,000  
- Surface: Mondo/Nine Lane  
- Outdoor Press Box: 479/575-6956

### 2012 Review

- SEC Indoor Track Finish: 3rd  
- NCAA Indoor Track Finish: 5th  
- SEC Outdoor Track Finish: 3rd  
- NCAA Outdoor Track Finish: t-24th  
- Returning All-Americans: Eight

### Noting the Razorbacks

- Arkansas’ 19 SEC Championships are the most by any school since the program joined the league during the 1991-92 season.

- The all-time leader for SEC individual titles is Amy Yoder Begley (below) of Arkansas; she won 15 combined championships in cross country, indoor and outdoor track.

- The Razorbacks were the first team in SEC history to win back-to-back conference triple crowns.

- Since joining the SEC, Arkansas has won at least one SEC title in 14 of 20 years, last accomplished during the 2009-10 season.

- The SEC is widely considered the best conference for track and field in the country and as a show of its global strength, more than 60 current and former SEC track and field student-athletes—including five Razorbacks—competed at the 2012 Olympic Games in London.

### Noting the University of Arkansas

- Located in Fayetteville, Ark., the University was founded on March 27, 1871.

- The slogan for the University of Arkansas is a nationally competitive student-centered research university serving Arkansas and the world.

- Students at Arkansas can choose from one of more than 200 programs of study.

- The University has been referred to as “among the most affordable of major research universities,” by Princeton Review.

- Graduates of the University have their name etched into the “Senior Walk” that runs through campus and includes more than 140,000 names.
THE SOUTHEASTERN CONFERENCE

Setting the Standard for Intercollegiate Athletics

IN CROSS COUNTRY AND TRACK & FIELD

THE NATION’S TOP TRACK AND FIELD CONFERENCE

In the ever-changing world of collegiate athletics, the tradition of excellence in the Southeastern Conference has remained constant. The SEC boasts a rich history and has dominated track and field like no other conference.

2011 SEC CROSS COUNTRY

MEN
The SEC sent two teams to compete in the NCAA Championships with Georgia finishing 29th and Florida finishing 30th.

NCAA Championships Participants:
- Georgia 770 29th
- Florida 780 30th
- Auburn South Regional - 3rd
- Arkansas South Central Regional - 3rd
- Ole Miss South Regional - 8th
- Mississippi State South Regional - 11th
- Tennessee South Central Regional - 12th
- LSU South Central Regional - 13th
- Kentucky Southeast Regional - 16th
- Alabama South Regional - 18th
- Vanderbilt South Regional - 20th

SEC Champion: Arkansas
Coach of the Year: Chris Bucknam, Arkansas
Athlete of the Year: Eric Fernandez, Arkansas
Freshman of the Year: Jimmy Clark, Florida

WOMEN
Two SEC teams advanced to the NCAA Championships with Vanderbilt leading the way with a sixth-place finish in its first-ever appearance.

NCAA Championships Participants:
- Vanderbilt 282 6th
- Arkansas 375 14th
- Florida South Regional - 3rd
- Ole Miss South Regional - 4th
- Georgia South Regional - 5th
- Alabama South Regional - 6th
- Mississippi State South Regional - 8th
- Kentucky Southeast Regional - 12th
- Tennessee South Regional - 13th
- Auburn South Regional - 15th
- LSU South Central Regional - 19th
- South Carolina Southeast Regional - 24th

SEC Champion: Vanderbilt
Coach of the Year: Steve Keith, Vanderbilt
Athlete of the Year: Kristen Gillespie, Arkansas
Freshman of the Year: Kaitlin Flattmann, Arkansas

2012 SEC INDOOR TRACK & FIELD

MEN
Eight SEC teams scored at the NCAA Indoor Track and Field Championships with Florida winning its third consecutive national championship.

NCAA Championships Participants:
- Florida 52 National Champion
- Arkansas 47 2nd
- LSU 27 5th
- Mississippi State 9.5 22nd
- Georgia 9 T-23rd
- South Carolina 8 T-26th
- Auburn 6 T-35th
- Ole Miss 2 T-56th

SEC Champion: Arkansas
Coach of the Year: Chris Bucknam, AR
Runner of the Year: Luis Orta, UK
Field Event Athlete of the Year: Ricky Robertson, UM
Freshman Runner of the Year: Patrick Ron, AR
Freshman Field Athlete of the Year: Andrew Irwin, AR

WOMEN
The SEC had three teams finish in the top 10 at the NCAA Indoor Championships with LSU finishing third.

NCAA Championships Participants:
- LSU 27 3rd
- Arkansas 24 T-5th
- Florida 22 9th
- Georgia 8 T-28th
- Alabama 8 T-28th
- Auburn 3 T-48th
- Tennessee 3 T-48th
- South Carolina 1 T-62nd

SEC Champion: Florida
Coach of the Year: Mike Holloway, UF
Runner of the Year: Kristen Gillespie, AR
Field Athlete of the Year: Tina Sutelj, AR
Freshman Runner of the Year: Erika Rucker, SC
Freshman Field Athlete of the Year: Erica Bougard, MS

2012 SEC OUTDOOR TRACK & FIELD

MEN
The SEC had 10 teams score at the NCAA Championships including Florida which won the event for the first time in program history.

NCAA Championships Participants:
- Florida 50 National Champion
- LSU 48 2nd
- Auburn 30 6th
- Arkansas 26 8th
- Ole Miss 7.5 38th
- Kentucky 5 T-43rd
- Mississippi State 5 T-43rd
- Tennessee 3 T-56th
- Georgia 2 T-64th
- Alabama 1 T-66th

SEC Champion: Arkansas
Coach of the Year: Chris Bucknam, AR
Runner of the Year: Caleb Cross, AR
Field Athlete of the Year: Andrew Irwin, AR
Freshman Runner of the Year: Aaron Ernest, LS
Freshman Field Athlete of the Year: Andrew Irwin, AR
Scholar-Athlete of the Year: Marvin Reitze, SC

WOMEN
The SEC was well represented at the NCAA Championships with a total of eight teams participating.

NCAA Championships Participants:
- LSU 76
- Louisiana 76 3rd
- Tennessee 21 T-9th
- Florida 18 T-12th
- Georgia 14 T-21st
- Arkansas 13 T-24th
- Auburn 13 T-24th
- Alabama 6 T-40th
- Mississippi State 2 T-60th

SEC Champion: LSU
Coach of the Year: Dennis Shaver, LS
Co-Runner of the Year: Genevieve LaCaze, UF and Kimberly Duncan, LS
Field Athlete of the Year: Annie Alexander, UT
Freshman Runner of the Year: Dondre Scott, AR
Freshman Field Athlete of the Year: Morgan Lebel, UG
Co-Scholar-Athlete of the Year: Ellen Wortham, UT and Tara Diebold, AR

CROSS COUNTRY

Men — Eight team national championships, two individual titles, 107 All-Americans since 1984 and 54 teams have finished among the Top-25 at the NCAA Championships since 1984.

Women — One team championship in 1988, 72 All-Americans since 1981 and 48 teams have finished among the Top-25 at the NCAA Championships since 1982.

INDOOR TRACK & FIELD

Men — Seventeen team national championships since 1992, 144 NCAA individual and relay titles (five in 2010) and eight NCAA Championship records. Forty-four individuals earned First-Team All-America status in 2012 with Florida winning its third consecutive team national title.

Women — Fourteen team national championships since 1987, 123 NCAA individual and relay titles (three in 2012) and 12 NCAA Championship records. Thirty-eight individuals earned First-Team All-America honors in 2012.

OUTDOOR TRACK & FIELD

Men — Nineteen NCAA team titles, including 17 national championships since 1989, 197 NCAA individual and relay titles (four in 2012), seven NCAA Championship records and 68 First-Team All-Americans in 2012. Florida claimed its first-ever NCAA Outdoor Championship.

Women — Fifteen NCAA team titles since 1987, 132 NCAA individual and relay titles (two in 2012), 11 NCAA Championship records and 40 First-Team All-Americans in 2012.
2013 OUTLOOK
The 2012-13 season for the University of Arkansas women’s cross country and track and field program picks back up Jan. 11 with the start of the indoor campaign. Head coach Lance Harter is in his 23rd season with the Razorbacks. He leads a staff that includes associate head coach Chris Johnson in his first season at Arkansas and assistant coach Bryan Compton in his 15th season in Fayetteville.

Based on last year’s achievements, the Razorbacks return eight All-America performers and two Olympians for the 2013 indoor and outdoor seasons. Arkansas will be looking to build on a pair of third-place SEC finishes and a fifth-place showing at the NCAA Indoor Championships.

The team’s list of returning All-Americans includes Makeba Alcide, Martine Borge, Stephanie Brown, Gwendolyn Flowers, Regina George, Tiffany Hines, Ivanique Kemp and Chrishuna Williams. Alcide is the defending SEC champion in the pentathlon while George won the program’s first-ever outdoor conference title at 400 meters last season. The Razorbacks will also benefit from the Olympic experiences of George and Kemp who represented Nigeria and Bahamas, respectively, last summer in London.

Arkansas brings back three members—Flowers, George and Williams—of its 4x400-meter relay that finished fourth at the indoor and outdoor national meets. Hines was an NCAA qualifier at 200 meters and joined Flowers and George on the 4x100-meter relay team. The sprint and hurdle crew will also feature Kemp, the school-record holder in the 60-meter hurdles.

Borge and Brown bring their All-America status to the Razorbacks’ middle-distance crew. Both runners enter their senior seasons having concentrated at 800 meters for a majority of their careers. Borge anchored the Razorbacks to a Drake Relays record in the sprint-medley relay last season, while Brown owns the No. 2 mark at 800 meters in program history.

The team’s depth at distance events will include Grace Heymsfield in the 3,000-meter steeplechase and Dominique Scott at the longer distances. Heymsfield was the SEC runner-up at last year’s SEC meet while Scott was named the SEC Freshman Runner of the Year following a runner-up finish at 10,000 meters and third-place result at 5,000 meters during the conference meet.

In addition to her prowess in the multi-event competitions, Alcide joined Kirsten Hesseltine as an NCAA West Preliminary qualifier in the high jump. The list of returning field qualifiers for the NCAA West Preliminary also features Tamara Myers in the long jump and Danielle Nowell in the pole vault.

Arkansas’ group of newcomers for the 2013 track and field season includes Logan Bishop (distance), Amethyst Boyd (javelin), Gabriel Cook (pole vault), Codi Fritchie (distance), Alex Gochenour (multi events), Spark McKnight (sprints/hurdles), Samantha Mohler (distance), Sandi Morris (pole vault), Amy O’Donoghue (middle distance), Samantha Osterholm (distance), Megan Paul (sprints), Valerie Reina (distance), Andrina Schlaepfer (middle distance), Aidan Shea (distance), Katarina Smith (sprints), Semehar Tesfaye (distance) and Hannah Wrigley (middle distance).

During the cross country season during the fall semester, Tesfaye was an all-region performer while Schlaepfer was an All-SEC performer and a three-time recipient of SEC Freshman of the Week honors. Tes-
Faye earned SEC Runner of the Week accolades following an individual title at the adidas/UCI Invitational.

Along with 11 home meets, Arkansas will play host to the SEC and NCAA Indoor Championships. The Razorbacks’ schedule will also feature four scored meets, all contested in Fayetteville. As always, Arkansas’ home indoor meets will be held at the Randal Tyson Track Center while the home outdoor meets will be played out at John McDonnell Field.

Arkansas and the Randal Tyson Track Center will host the SEC Indoor Championships for the seventh time, previously hosting the meet in 2000, 2002, 2005, 2008, 2010 and 2011. The indoor conference meet will be held Feb. 22-24 at the Razorbacks’ home facility. Two weeks later, the Razorbacks will increase their national hosting duties to 11 with the NCAA Indoor Championships. The nation’s best will compete March 8-9. Arkansas most recently hosted the national indoor meet during the 2010 season.

The outdoor postseason begins May 9-12 with the SEC Championships in Columbia, Mo., hosted by conference newcomer Missouri. With spots in the national meet on the line, the Razorbacks will then compete May 23-25 at the NCAA West Preliminary in Austin, Texas. The 2013 collegiate season will conclude June 5-8 with a trip to Eugene, Ore., for the NCAA Championships.

In addition to the conference and national meets, Arkansas will compete in head-to-head, scored competitions with the season-opening dual meet with Oklahoma State (Jan. 11), Razorback Team Invitational (Jan. 25-26), John McDonnell Invitational (April 12-13) and Arkansas Invitational (April 27). Among other possible entries, the Arkansas Invitational is scheduled to include Florida and Central Florida.

Following the collegiate campaign, the track and field season continues June 19-23 with the USA Championships in Des Moines, Iowa. The world’s best will then compete July 22-27 at the IAAF World Junior Championships in Eugene and Aug. 10-18 at the IAAF World Championships in Moscow.
<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Height</th>
<th>XC/IN/OUT</th>
<th>Hometown (Previous School)</th>
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<tbody>
<tr>
<td>Makeba Alcide</td>
<td>Multi Events</td>
<td>5-9</td>
<td>X/SR/SR</td>
<td>Lastic Hills, Castries, St. Lucia (St. Joseph’s)</td>
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<tr>
<td>Michaela Bauer</td>
<td>Distance</td>
<td>5-5</td>
<td>SO/FR/FR</td>
<td>Girard, Kan. (Girard)</td>
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<tr>
<td>Logan Bishop</td>
<td>Distance</td>
<td>5-4</td>
<td>FR/FR/FR</td>
<td>Batesville, Ark. (Batesville)</td>
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<td>Shekara Boakye</td>
<td>Sprints</td>
<td>5-3</td>
<td>X/SO/SO</td>
<td>McKinney, Texas (McKinney)</td>
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<tr>
<td>Martine Borge</td>
<td>Middle Distance</td>
<td>5-7</td>
<td>X/SR/SR</td>
<td>Bergen, Norway (Sandali Videgarengades Kale)</td>
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<tr>
<td>Amethyst Boyd</td>
<td>Javelin</td>
<td>5-4</td>
<td>X/X/JR</td>
<td>Tempe, Ariz. (South Plains College)</td>
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<td>Stephanie Brown</td>
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<td>Rachel Carpino</td>
<td>Distance</td>
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<td>Katelyn Cherry</td>
<td>Distance</td>
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<td>JR/SO/SO</td>
<td>Oklahoma City, Okla. (Westmoore HS)</td>
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<td>Gabriel Cook</td>
<td>Pole Vault</td>
<td>5-6</td>
<td>X/FR/FR</td>
<td>Rowlett, Texas (Bishop Lynch HS)</td>
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<tr>
<td>Courtney Falco</td>
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<td>Kaitlin Flattmann</td>
<td>Distance</td>
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<td>SO/SO/SO</td>
<td>Benton, La. (Benton)</td>
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<td>Gwendolyn Flowers</td>
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<td>Phyllis George</td>
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<td>Regina George</td>
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<td>Alexandria Gochenour</td>
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<td>X/SO/SO</td>
<td>Missouri Valley, Iowa (LSU)</td>
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<td>Rebecca Gordon</td>
<td>Javelin</td>
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<td>Kirsten Hesseltine</td>
<td>Jumps</td>
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<td>Grace Heymyfield</td>
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<td>Tiffany Hines</td>
<td>Sprints</td>
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<td>Tiffanie Johnson</td>
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<td>Paige Johnston</td>
<td>Middle Distance</td>
<td>5-7</td>
<td>SO/SO/SO</td>
<td>Midlothian, Va. (Midlothian)</td>
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<tr>
<td>Jessica Kamilos</td>
<td>Distance</td>
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<td>SO/SO/FR</td>
<td>Neosho, Mo. (Neosho)</td>
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<td>Ivanique Kemp</td>
<td>Hurdles/Sprints</td>
<td>5-8</td>
<td>X/SR/JR</td>
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<td>Shannon Klenke</td>
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<td>Ariel LaChance</td>
<td>Pole Vault</td>
<td>5-3</td>
<td>X/FR/FR</td>
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<td>Sparkle McKnight</td>
<td>Hurdles/Sprints</td>
<td>5-5</td>
<td>X/JR/JR</td>
<td>Chaguana, Trinidad &amp; Tobago (South Plains College)</td>
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<td>Samantha Mohler</td>
<td>Distance</td>
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<td>FR/FR/FR</td>
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<td>Sandi Morris</td>
<td>Pole Vault</td>
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<td>X/SO/FR</td>
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<td>Tamara Myers</td>
<td>Jumps</td>
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<td>Murphy, Texas (Bishop Lynch HS)</td>
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<tr>
<td>Caitlin Noonan</td>
<td>Distance</td>
<td>5-9</td>
<td>FR/FR/FR</td>
<td>Greensville, S.C. (Univ. of North Carolina)</td>
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<tr>
<td>Danielle Nowell</td>
<td>Pole Vault</td>
<td>5-3</td>
<td>X/JR/JR</td>
<td>Ardmore, Okla. (Plainview HS)</td>
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<td>Amy O’Donoghue</td>
<td>Middle Distance</td>
<td>5-9</td>
<td>FR/FR/FR</td>
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<tr>
<td>Jeirann Okoro</td>
<td>Sprints</td>
<td>5-5</td>
<td>X/SO/SO</td>
<td>DeSoto, Texas (DeSoto)</td>
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<td>Samantha Osterholm</td>
<td>Distance</td>
<td>5-5</td>
<td>FR/FR/FR</td>
<td>Little Rock, Ark. (Christian HS)</td>
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<td>Megan Paul</td>
<td>Sprints</td>
<td>5-5</td>
<td>X/F/H/F</td>
<td>Hawthorn Woods, Ill. (Carmel Catholic HS)</td>
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<td>Amanda Porter</td>
<td>Distance</td>
<td>5-4</td>
<td>FR/FR/FR</td>
<td>The Woodlands, Texas (The Woodlands)</td>
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<td>Valerie Reina</td>
<td>Distance</td>
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<td>Springdale, Ark. (Har-Ber HS)</td>
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<tr>
<td>Diane Robison</td>
<td>Distance</td>
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<td>SO/SO/SO</td>
<td>Chesterfield, Mo. (Parkway Central HS)</td>
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<tr>
<td>Jillian Rosen</td>
<td>Distance</td>
<td>5-7</td>
<td>X/X/SR</td>
<td>Dallas, Texas (Richardson HS)</td>
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<td>Andrina Schlaepfer</td>
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<td>5-6</td>
<td>FR/FR/FR</td>
<td>Solothurn, Switzerland (Kantonsschule Solothurn)</td>
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<td>Dominique Scott</td>
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<td>Aidan Shea</td>
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<td>Memphis, Tenn. (Saint Agnes HS)</td>
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<tr>
<td>Katarina Smith</td>
<td>Sprints</td>
<td>5-1</td>
<td>X/JR/JR</td>
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<tr>
<td>Semehar Tesfaye</td>
<td>Distance</td>
<td>5-4</td>
<td>SR/SR/SR</td>
<td>Fargo, N.D. (Iowa State)</td>
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<tr>
<td>Samantha Thompson</td>
<td>Distance</td>
<td>5-7</td>
<td>SO/SO/FR</td>
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</tr>
<tr>
<td>Alexa Vessell</td>
<td>Sprints</td>
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<tr>
<td>Ariel Voskamp</td>
<td>Pole Vault</td>
<td>5-7</td>
<td>X/FR/FR</td>
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<td>Megan Weller</td>
<td>Pole Vault</td>
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<td>X/JR/JR</td>
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<td>Kelsey Wheelhouse</td>
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<td>Christhuma Williams</td>
<td>Sprints</td>
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<tr>
<td>Keri Wood</td>
<td>Middle Distance</td>
<td>5-8</td>
<td>JR/JR/JR</td>
<td>College Station, Texas (A&amp;M Consolidated HS)</td>
</tr>
<tr>
<td>Hannah Wrigley</td>
<td>Middle Distance</td>
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<td>FR/FR/FR</td>
<td>Sydney, Australia (Meriden School)</td>
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<tr>
<td>Megan Zimlich</td>
<td>Pole Vault</td>
<td>5-9</td>
<td>X/FR/FR</td>
<td>Louisville, Ky. (Ballard HS)</td>
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</tbody>
</table>

Coaching and Support Staff

Head Coach ............................................. Lance Harter (23rd Season)
Associate Head Coach ............................... Chris Johnson (First Season)
Assistant Coach ..................................... Bryan Compton (15th Season)
Director of Operations ............................. Jeff Kent (Fourth Season)
PERSONAL BESTS || INDOOR: Pentathlon – 4,126 points (SEC Championships, 2/24/12); OUTDOOR: Heptathlon – 5,646 points (SEC Championships, 5/12/13-11/11)

FIRST LOOK: Four-time All-American...two-time SEC champion (indoor – pentathlon; outdoor – heptathlon)...two-time All-SEC...2012 NCAA West Preliminary qualifier (high jump)...two-time NACAC bronze medalist...SEC Spring Academic Honor Roll

2012 || INDOOR: In her first pentathlon of the season, Alcide finished in first place at the Razorback Invitational with a score of 3,997 points. Along the way, she had a season-best clearance of 5-9.25 in the high jump. Alcide began her championship season with All-SEC honors following her victory in the pentathlon at the SEC Championships. With the help of career-best efforts in the 800 meters and long jump, she registered a personal-best 4,126 points, the No. 2 score in Arkansas history. Alcide qualified for the NCAA Championships in the pentathlon where she finished in 14th place with 3,915 points. For her efforts at the national meet, she earned second-team All-America accolades. During the five-event competition, she established a personal best of 8.62 in the 60-meter hurdles. Earlier in the season, Alcide had a career-best toss of 40-0.5 in the shot put. OUTDOOR: At the Drake Relays, Alcide turned in a third-place finish in the heptathlon with 5,621 points. Over the two days, she set a personal best at 800 meters with a time of 2:17.10. Alcide picked up points for her team at the SEC Championships with a fifth-place finish in the heptathlon, scoring 5,466 points over seven events. She capped her collegiate season with a 13th-place finish at the NCAA Championships. With 5,520 points at the national meet, Alcide captured second-team All-America honors. She established personal bests of 24.65 at 200 meters and 41-7.75 in the shot put at the NCAA Championships. Alcide was also a qualifier for the NCAA West Preliminary in the high jump. Following the collegiate season, she completed her fifth heptathlon of the year with 5,522 points and a third-place finish at the NACAC Under-23 Championships in Mexico. During the summer competition, she had wins in the high jump and long jump and posted a personal best of 13.87 in the 100-meter hurdles. For her work in the classroom, Alcide earned a spot on the SEC Spring Academic Honor Roll.

2011 || INDOOR: Alcide completed her first pentathlon of the season with a first-place finish at the Razorback Invitational. Over five events, she compiled 3,887 points. At the SEC Championships, Alcide earned fourth-place points for the Razorbacks with a personal-best 3,959 points in the pentathlon. She set two personal bests at the conference meet with her efforts in the high jump (5-10.5) and shot put (38-10.5). Alcide qualified for the NCAA Championships where she earned her first career All-America honor by way of a 13th-place finish in the pentathlon. She finished the national meet with 3,919 points and a personal best of 2:20.62 in the 800 meters. During the indoor season, she also posted personal bests in the 60-meter hurdles (8.80) at the Arkansas Invitational and long jump (18.1-1) at the Virginia Tech Invitational. OUTDOOR: In her first heptathlon of the season, Alcide finished in fourth place at the Texas Relays with 5,543 points with the help of a personal best in the 100-meter hurdles (14.05) and season best in the javelin (121-7). She continued her strong sophomore campaign with a first-place performance in the heptathlon at the SEC Championships. Alcide notched a personal-best total of 5,646 points and collected personal bests of 25.08 at 200 meters, 2:17.25 at 800 meters, 5-10.5 in the high jump and 39-8 in the shot put. Her point total also represents a Spec Towns Track facility record, national record for Alcide’s native St. Lucia and the fourth-best performance in program history. The victory also secured First-Team All-SEC honors for Alcide. At the NCAA Championships, she capped her season with a 14th-place finish in the seven-event competition with a total of 5,245 points, good for her second All-America selection of year. During the outdoor season, Alcide qualified for the NCAA West Preliminary in the high jump and established a personal best of 19-6 in the long jump at the John Jacobs Invitational. For her work in the classroom, Alcide earned a spot on the SEC Spring Academic Honor Roll and USTFCCCA All-Academic Team.

PERSONAL BESTS || INDOOR: 60m – 7.72 (Tyson Invitational, 2/10/12); OUTDOOR: 100m – 12.10 (Arkansas Spring Invitational – 3/31/12)

2012 || INDOOR: Boakye began her collegiate career with a sixth-place finish at 60 meters at the Arkansas Invitational. She posted identical times of 7.84 in the prelim and final. At the Tyson Invitational, Boakye ran a personal-best time of 7.72 during the preliminary round of the 60 meters. OUTDOOR: Boakye posted a season-best 12.10 at 100 meters during the Arkansas Spring Invitational, the first meet of the outdoor season. She went on to run times of 12.21 and 12.34 at the Arkansas Twilight and John McDonnell Invitational, respectively.

AT MCKINNEY HS: During her prep career, Boakye was a two-time District 10-4A champion at McKinney High School. As a senior, she won the 100-meter district title and helped the Lions’ 4x100-meter relay to a district crown. She advanced to the 2011 UIL Region II-4A Championships in three events-100m, 200m and 4x100m. Boakye owns personal bests of 12.26 in the 100 meters and 25.82 at 200 meters.
PERSONAL BESTS | INDOOR: 800m – 2:05.41 (Arkansas Last Chance, 3/2/12); OUTDOOR: 400m – 54.05 (Arkansas Twilight, 5/4/12); 800m – 2:06.54 (John McDonnell Invitational, 4/21/12)

FIRST LOOK: 2012 All-American…2012 All-SEC…2012 NCAA West Preliminary qualifier (800m)…SEC Spring Academic Honor Roll…USTFCCCA All-Academic Team

2012 | INDOOR: Borge was a two-time scorer at the SEC Championships with a fourth-place finish at 800 meters and as a member of the runner-up distance-medley relay team. At the conference meet, she finished fourth in the individual event with a time of 2:07.81 and returned to the track later that day to run the 800-meter leg of the DMR which ran to a final time of 11:13.64. Borge registered a personal-best time of 2:05.41 on her way to victory at the Arkansas Last Chance meet. At the NCAA Championships, she was part of the DMR that earned honorable mention All-America accolades. Earlier in the season, Borge won the collegiate section of the 500 meters with a career-best time of 1:13.05 at the New Balance Collegiate Invitational in New York. OUTDOOR: In her second 800-meter race of the outdoor season, Borge knocked more than a second off her previous effort with a win at the John McDonnell Invitational in a personal-best time of 2:06.54. Running the 800-meter leg of the sprint-medley relay at the Drake Relays, she anchored the team to a meet-record time of 3:45.48, breaking the 16-year-old record by more than a second. Borge finished just outside of scoring position at the conference meet with a ninth-place finish at 800 meters at the SEC Championships. Borge qualified for the NCAA West Preliminary and advanced to the quarterfinal round of the 800 meters, finishing in 22nd place overall. For her work in the classroom, Borge earned a spot on the SEC Spring Academic Honor Roll.

2011 | INDOOR: Borge opened the season at the Arkansas Invitational with a third-place finish at 800 meters and as the lead leg for a second-place 4x400-meter relay. At the Razorback Invitational, she turned in a time of 2:11.95 to finish fifth in the 800 meters. She finished ninth in the event at the Tyson Invitational (2/13/12). Borge posted a personal-best effort of 2:10.62 at 800 meters in the preliminary rounds at the SEC Championships. She was just two spots out of qualifying for the event final. She closed out her indoor season with a third-place run and time of 2:12.07 at the Arkansas Last Chance meet. OUTDOOR: In her first race of the outdoor campaign, Borge crossed in an 800-meter time of 2:10.56 at the Stanford Invitational. She made her season debut in the 400 meters at the John Jacobs Invitational and finished in 10th place. At the John McDonnell Invitational, Borge recorded her first sub-2:10 effort with a runner-up finish in a time of 2:08.09. Borge advanced to the finals of the 800 meters at the SEC Championships and clocked a time of 2:08.27 to finish in ninth place, just out of scoring position. At the Arkansas Twilight, she ran a personal-best 54.95 at 400 meters and returned to the track to help the 4x400-meter team to a win. Borge qualified for the NCAA West Preliminary and advanced to the second round of the 800 meters where she posted a time of 2:08.17. In addition to her success on the track, she was a member of the SEC Spring Academic Honor Roll.

2010 | INDOOR: Borge turned in a pair of third-place finishes in the 600 meters and 4x400-meter relay at the season-opening Arkansas Invitational. Concentrating on the longer sprints and shorter middle distance races, she competed in events ranging from the 400 meters to the 800 meters. She was eighth in the 800 meters at the Virginia Tech Invitational and followed that with a personal-best time of 2:17.64 in the event the next week at the Razorback Invitational. At the SEC Championships, she finished 17th overall in the preliminary round of the 800 meters in a time of 2:19.82. OUTDOOR: In her first event of the outdoor season, Borge was part of the sprint-medley relay that took first in a time of 4:04.41 at the Disney World Invitational. At the UCF Black & Gold meet, she continued her strong start by taking the title in the 800 meters and helping the 4x400-meter relay team to a silver finish. She posted a personal-best time of 2:13.76 in the 800 meters at the Arkansas Twilight, good for a 12th-place finish. At the SEC Championships, she ran to a time of 2:15.36 to finish 15th in the preliminary rounds.
the second-best time in program history. Brown finished 21st in the semifinal round at the NCAA Championships and earned All-America Honorable Mention accolades. She continued her season at the USA Championships where she clocked a time of 2:06.75 and finished in 23rd place during the preliminary round of the 800 meters.

2010 || INDOOR: Brown kicked off her Razorback career with a first-place finish and a provisional qualifying time of 2:08.85 in the 800 meters at the Arkansas Invitational. Two weeks later, she established a personal-best 800 time of 2:05.08 on her way to the event title at the Razorback Invitational. Brown posted provisional qualifying times in all five of her races prior to the NCAA Championships. At the Texas A&M Challenge, she placed second in the mile run with a provisional qualifying time of 4:46.40. Back in her signature event at the conference meet, Brown ran to a fifth-place finish in the 800 meters with a time of 2:05.96 and earned SEC All-Freshman accolades. In addition to her work in the individual events, Brown was also a pivotal part of the Razorbacks’ distance-medley relay. She teamed with Samantha Leach, Karen Thomas and Kristen Gillespie for a second-place finish at the SEC Championships, good for All-SEC Second-Team honors.

At the NCAA Championships, she collected her first career All-America honor with a sixth-place performance in the 800 meters with a clocking of 2:05.1. OUTDOOR: Brown opened the outdoor season with consecutive races at 1,500 meters at the Stanford Invitational and Mt. SAC Relays, placing ninth at both events. At the prestigious Texas Relays, she was part of two first-place runs. In the 4x800-meter relay, she teamed with Gillespie, Leach and Regina George for the gold finish in a time of 8:35.18. In the sprint-medley relay, Brown, George, Whitney Jones and Shelise Williams combined to win the event in a school-record time of 3:44.40, shaving nearly four seconds off the previous mark. In her first 800-meter race of the outdoor season, she captured first place at the Arkansas Twilight. At the SEC Championships, Brown finished fifth in the 800 meters in a time of 2:05.28 and earned SEC All-Freshman honors. In qualifying for the national meet, she notched a personal-best 800 time of 2:04.52 at the NCAA West Preliminary in Austin. She finished the collegiate season with a 19th-place finish in the preliminary rounds of the 800 meters at the NCAA Championships. Brown went on to compete at the USA Junior Championships during the summer, advancing to the finals of the 800 meters where she finished in third place and served as an alternate for Team USA at the World Junior Championships.

AT TRI-VALLEY HS: Brown holds personal bests of 2:07.81 in the 800 meters, 4:48.27 in the 1,600 meters and 4:50.12 in the mile. Her 800-meter time ranked 12th and her mile time was fourth in the U.S. her senior season. At the 2009 Arkansas High School Invitational, she won the mile in a time of 5:07.19, her then-personal best, and won the 800 meters with a then-personal best of 2:08.41. In 2008, Brown broke the 20-year-old Illinois Class A State Championships record in the 800-meter run with a time of 2:10.96, the third-best outdoor clocking in Pantragraph area history. She became the third girl in Class A history to win the 800 meters three times. In 2009, Brown became the first girl to win four state 800-meter titles. She picked up her fourth title with a time of 2:09.12 to break her own state championships record. She also claimed the 2009 state title in the 1,600 meters with a time of 5:01.50. Her 2008 season-best 800 meters of 2:08.1 indoors was the nation’s 13th fastest. She also placed second in 2008’s state championship 1,600 meters with a time of 5:08.05. She was a member of the state champion 4x800-meter relay that broke the state record with a time of 9:23.33. She split a time of 2:06.3.

PERSONAL: Born March 4, 1991, she is the daughter of Robert and Kelly Brown. She is enrolled in the Fulbright College of Arts and Sciences and is majoring in journalism. 2012 || INDOOR: Carpino opened the season with a seventh-place finish in the mile at the Arkansas Invitational. During the Razorback Invitational, she ran to a personal-best time of 10:10.80 at 3,000 meters. OUTDOOR: In her first race of the outdoor campaign, she was fifth at 5,000 meters at the John McDonnell Invitational. Carpino finished the year with a second-place result at the Arkansas Twilight where she posted a personal-best time of 10:19.07 at 3,000 meters. For her work in the classroom, Carpino earned a spot on the SEC Spring Academic Honor Roll.

2011 || INDOOR: In her lone race of the indoor season, Carpino finished in 12th place with a time of 10:31.24 at 3,000 meters during the Tyson Invitational. OUTDOOR: She opened the outdoor season at the Razorback Spring Invitational with a time of 10:56.54 at 3,000 meters. In her next race, Carpino clocked a personal-best performance of 4:56.42 at 1,500 meters to finish 11th at the John Jacobs Invitational. She added times of 4:57.62 at the John McDonnell Invitational and 4:56.66 at the Arkansas Invitational to close out her season.

AT LEE’S SUMMIT NORTH HS: Carpino holds prep bests of 5:32.38 in the 1,600 meters, 11:38.30 in the 3,200 meters, 15:38 over 4,000 meters and 19:07.16 at 5,000 meters. At her 2010 conference championships, she placed third in the 3,200 meters and eighth in the 1,600 meters. She followed up with a fourth-place finish at the district meet and a fifth-place finish at the sectional meet in the 3,200 meters. During the 2009 cross country season, she placed second at the conference meet, fourth at the district meet, seventh at the sectional meet and 13th at the state championships.

PERSONAL: Born March 11, 1992, she is the daughter of Pete and Stephanie Carpino. Carpino comes to Arkansas as a Chancellor’s Scholar and plans to enroll in the pre-dental program at UA.

PERSONAL BESTS || INDOOR: 3,000m – 9:28.74 (Razorback Invitational, 1/28/12)...5,000m – 16:44.63 (SEC Championships, 2/26/12); OUTDOOR: 6,000m – 16:30.90 (Stanford Invitational, 4/8/12)...10,000m – 35:47.31 (SEC Championships, 5/11/12)

FIRST LOOK: 2012 SEC All-Freshman Indoor Team (5,000m). . .2012 NCAA West Preliminary qualifier (5,000m). . .SEC First-Year Academic Honor Roll...USTFCCCA All-Academic Team

2012 || INDOOR: In her second race of the season, Flattmann ran to an eighth-place finish in the championships section of the 5,000 meters at the New Balance Collegiate Invitational. She followed with another eighth-place result in the mile the following weekend at the Tyson Invitational. At the SEC Championships, Flattmann picked up a point for her team with a personal-best time of 16:44.63 over 5,000 meters. She was named to the SEC All-Freshman Team for her effort at the conference meet. OUTDOOR: Flattmann opened the outdoor season with a personal-best time at 5,000 meters at the Stanford Invitational. She crossed the finish line in 16:30.90, nearly 20 seconds faster than any time she posted the remainder of the season. She was also a qualifier for the NCAA West Preliminary in the event. At the SEC Championships, she added points to the team’s total with a third-place finish at 10,000 meters in a time of 35:47.31. For her work in the classroom, Flattmann earned a spot on the SEC First-Year Academic Honor Roll.

At Benton HS: Flattmann was a nine-time Louisiana 4A state champion during her prep running career. She was the four-time state cross country champion and posted the fastest freshman time in the history of the Louisiana state meet. As a freshman and junior, Flattmann also won a pair of state titles in the one- and two-mile events. She added a state title in the 800 meters to her resume during her junior year. Her state championship as a senior led Benton to the state team cross country title. Flattmann was posted four school records with new marks in the 800 meters (2:21), one mile (4:54), two mile (10:44) and as part of Benton’s 4x800 relay (10:18). She was named the Most Outstanding Female Athlete at the 2011 Texas Relays after sweeping the 1,600m and 3,200m races at the prestigious annual event.

PERSONAL BESTS || INDOOR: 3,000m – 10:10.80 (Razorback Invitational, 1/28/12)...OUTDOOR: 1,500m – 4:56.42 (John Jacobs Invitational, 4/16/11)...5,000m – 18:03.25 (John McDonnell Invitational, 4/21/12)

FIRST LOOK: SEC Spring Academic Honor Roll

KAITLIN FLATTMANN
5’3” | SOPHOMORE DISTANCE
BENTON, LA. (BENTON)

RACHEL CARPINO
5’5” | JUNIOR DISTANCE
LEE’S SUMMIT, MO. (NORTH HS)
PERSONAL: Born March 3, 1993, she is the daughter of Kevin and Jana Flattmann of Benton, La. She has one younger brother, Kevin, Jr. Flattmann is currently undecided on her major at Arkansas.

2012 || INDOOR: Flowers opened the year with a victory at 200 meters and a second-place finish at 400 meters at the Arkansas Invitational. She ran the 400-meter leg of a school-record performance in the distance-medley relay at the New Balance Collegiate Invitational. The team combined for a time of 3:15.91 for an NCAA automatic qualifier. The lead-off leg of the 4x400-meter relay, Flowers ran the opening leg at the Tyson Invitational as the team posted a season-best time and NCAA auto mark of 3:32.76, good for a third-place finish. At the SEC Championships, she once again led off as the Razorbacks ran to a bronze result in a time of 3:34.42. Overall, Flowers was part of five top-three efforts by the 4x400-meter relay. At the NCAA Championships, she helped Arkansas to a fourth-place finish with a time of 3:33.29. For her work, she earned first-team All-America accolades. During the season, she established personal bests of 23.93 at 200 meters and 54.03 at 400 meters. OUTDOOR: Flowers was part of a school-record performance at the Texas Relays, helping the team to a time of 1:33.04 and a fourth-place finish in the 4x200-meter relay. In other relay duties, she was part of a meet record at the Drake Relays when she helped the sprint-medley relay to a win in a time of 3:51.24. For their collective effort at Drake Relays, the 4x400-meter relay team was named the SEC Runner of the Week. Flowers helped account for 18 points at the SEC Championships in Arkansas' second-place finish in the 4x100-meter relay and victory with the 4x400-meter relay. She earned All-SEC honors with the mile relay. In the preliminary round at the SEC Championships, Flowers had a personal-best 23.77 in the 200 meters. She qualified for the NCAA West Preliminary in the 100 meters, 200 meters and with the 4x400-meter relay. At the NCAA Championships, Flowers picked up Second-Team All-America honors with the 4x400-meter relay. She was recognized for her work in the classroom with a spot on the USTFCCA All-Academic Team.

2010 || INDOOR: Flowers began her collegiate career with the 200 meters and 4x400-meter relay at the season-opening Arkansas Invitational. She spent a majority of the season running the 200-meter distance, peaking in the preliminary rounds of the SEC Championships with a personal-best time of 25.10. She also competed at 300 and 400 meters at the Virginia Tech Invitational and Razorback Invitational, respectively. Flowers ran as a member of the 4x400-meter relay three times. At the Arkansas Invitational, she anchored the team to a third-place finish. OUTDOOR: In the first outdoor meet of the season, she placed sixth in the 400-meter hurdles and helped the 4x400-meter relay to a third-place finish at the UCF Black & Gold competition. At the Razorback Spring Invitational, she was part of the first-place 4x400-meter relay team that crossed in a time of 3:37.94. At the Missouri Southern Invitational, she captured her first career individual title with a time of 11.89 in the 100 meters. She repeated the feat with the same time the following week at the Arkansas Twilight. At the SEC Championships, she competed in the 100 meters, 200 meters and as a member of the Razorbacks’ 4x100-meter relay. Flowers closed out the season at the USA Junior Championships where she clocked a time of 25.14 in the preliminary rounds of the 200 meters.

PRIOR TO ARKANSAS: She competed in track and field at Artesia High School and Centennial High School in California. She holds personal bests of 24.4 in the 200 meters, 55.0 in the 400 meters and 43.0 in the 300-meter hurdles. She was a state championships qualifier in the 300-meter hurdles and a seven-time league champion as a member of the 4x100-meter and 4x400-meter relays. She won the 200-meter CIF state title as a freshman (24.8).

PERSONAL: Born May 5, 1991, she is the daughter of Gary and Michelle Copeland Flowers. She is enrolled in the Fulbright College of Arts and Sciences.

2011 || INDOOR: Flowers opened the year at the Arkansas Invitational with a second-place finish at 200 meters (24.39) and a first-place run with the 4x400-meter relay (3:37.02). At the Virginia Tech Invitational, she clocked a time of 24.36 to finish third in the 200 meters and a personal-best 38.76 to finish second at 300 meters. Flowers ran to a personal-best 24.21 at 200 meters at the Razorback Invitational. She returned to the track at the two-day event to help the 4x400-meter relay to a first-place finish and an automatic qualifying time of 3:32.48. At the SEC Championships, she finished 18th in the prelims of the 400 meters but came back to run the third leg of Arkansas’ 4x400-meter relay that defended its indoor title in 3:31.01, another auto mark for the national meet. Flowers clocked a personal-best in the 400 meters (55.03) at the Arkansas Last Chance meet. Running the third leg of the 4x400-meter relay at the NCAA Championships, she helped the team to a school-record 3:30.08 and earned All-America honors. OUTDOOR: At the Stanford Invitational, Flowers came away with a fourth-place finish at 100 meters (11.78), 10th place at 200 meters (24.36), third place with the 4x100-meter relay (45.32) and victory with the 4x400-meter relay (3:38.07). She was the third leg of Arkansas’ second-place 4x400 team at Texas Relays. The foursome clocked in at 3:31.34, the group’s second-fastest of the outdoor season. At Drake Relays, Flowers and the 4x400-meter relay ran to a first-place performance in a meet- and school-record time of 3:28.83. She was also part of the second-place sprint-medley relay (3:51.24) at Drake. For their collective effort at Drake Relays, the 4x400-meter relay team was named the SEC Runner of the Week. Flowers helped account for 18 points at the SEC Championships in Arkansas’ second-place finish in the 4x100-meter relay and victory with the 4x400-meter relay. She earned All-SEC honors with the mile relay. In the preliminary round at the SEC Championships, Flowers had a personal-best 23.77 in the 200 meters. She qualified for the NCAA West Preliminary in the 100 meters, 200 meters and with the 4x400-meter relay. At the NCAA Championships, Flowers picked up Second-Team All-America honors with the 4x400-meter relay. She was recognized for her work in the classroom with a spot on the USTFCCA All-Academic Team.

PERSONAL BESTS || INDOOR: 200m – 23.76 (John McDonnell Invitational, 4/21/12)…400m – 53.05 (Arkansas Twilight, 5/4/12)

FIRST LOOK: Five-time All-American...two-time SEC champion (2011 indoor and outdoor 4x200m, 4x400m)

PERSONAL: Born March 3, 1993, she is the daughter of Kevin and Jana Flattmann of Benton, La. She has one younger brother, Kevin, Jr. Flattmann is currently undecided on her major at Arkansas.

2013 ARKANSAS WOMEN’S TRACK AND FIELD MEDIA GUIDE

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PERSONAL: She is the daughter of Phillips George and Florencia Chilberry. Both parents competed at Texas A&M and sister Regina is a senior on Arkansas’ track and field team.
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PERSONAL BESTS | INDOOR: 200m – 23.43 (SEC Championships, 2/26/11); 400m – 52.30 (NCAA Championships, 3/12/11); OUTDOOR: 200m – 23.83 (Arkansas Twilight, 4/30/10); 400m – 51.11 (Africa Championships, 6/29/12)

FIRST LOOK: 13-time All-American...five-time SEC champion (indoor: 4x400m – 2010, 2011; outdoor: 400m – 2012, 2014; 4x200m – 2010, 2011)...six-time All-SEC...school-record holder (indoor: 500m – 1:08.81, 4x400m – 3:30.09; outdoor: 400m – 51.11, 4x200m – 1:33.04, 4x400m – 3:28.83)....2012 NCAA West Preliminary qualifier (400m, 4x100m, 4x400m)...2012 Olympic (Nigeria, 400m)...2010 World Junior champion (4x400m)

2012 | INDOOR: George opened her season with a pair of victories at the Kentucky Invitational, placing first at 400 meters and with the 4x400-meter relay. She also turned in a second-place finish at 200 meters at the season-opening meet. At the New Balance Collegiate Invitational in New York, George set the school and meet records at 500 meters with her time of 1:09.81. The No. 6 all-time performance by a collegiate runner. On day one of the Tyson Invitational, she ran to a first-place finish at 400 meters, dipping below 53 seconds for the first time during the season with a 52.73 clocking. George and the 4x400-meter relay posted an NCAA automatic qualifier with their time of 3:32.75 at the Tyson meet. At the SEC Championships, she came away with a pair of bronze results at 400 meters and with the 4x400-meter relay. George capped her indoor campaign with two All-America accolades from the NCAA Championships. She repeated her runner-up performance at 400 meters with a personal-best 52.30 in the final and helped the 4x400 to a time of 3:33.29 and a fourth-place national finish. OUTDOOR: As a member of the 4x200-meter relay, George helped set the school record with a time of 1:33.04 at Texas Relays. Later in the year at the Drake Relays, she was part of a meet-record performance in the sprint-medley relay. The Razorbacks took more than a second off the 16-year-old mark with their time of 3:45.48. George also ran the third leg of the victorious 4x200m at the annual relay competition. George began her postseason run as the SEC champion at 400 meters, becoming the first in program history to capture that event title. Including her performance at 400 meters, she was a four-time scorer at the SEC Championships, adding a runner-up showing with the 4x400-meter relay, third-place result with the 4x100-meter relay and fifth-place finish at 200 meters. George capped her collegiate season with two All-America accolades for her performance at the NCAA Championships. She broke the school record in the 400 meters with her run of 51.57 in the semifinals. She came away with a pair of fourth-place finishes at 400 meters and with the 4x400-meter relay. Following the collegiate campaign, George began her trek to the 2012 Summer Olympics with a victory in the quarter-mile event at the All Nigeria Athletics Championships. With her winning time of 51.17, she reset her own school record in the event. She went on to break her own record once more with a personal-best time of 51.11 in the finals of the Africa Athletics Championships. Representing Nigeria at the Olympics, George won her opening round with a round of 51.24 to advance to the semifinals of the 400-meter competition, where she finished 11th overall. She also helped Nigeria advance to the finals of the 4x400-meter relay in London.

2011 | INDOOR: At the season-opening Arkansas Invitational, George ran to a second-place finish in the 400 meters and returned to help the 4x400-meter relay to victory. The following weekend, she was a double winner-400 meters and 4x400-meter relay-at the Virginia Tech Invitational. At the Razorback Invitational, she anchored the 4x400 team to a victory in a time of 3:32.48, an NCAA automatic qualifying effort. George ran the 600-meter leg of the distance-medley relay that set the school record of 11:02.45 at the New Balance Collegiate Invitational. The time was also an NCAA auto mark. At the SEC Championships, earned points for the team with a win with the 4x400-meter relay (3:31.01), a bronze finish in the 400 meters (52.58), fourth-place showing in the 200 meters. In the prelims of the 200 meters at the conference meet, she ran a personal-best time of 23.43. George closed out her season with a pair of All-America honors. Individually, she was the national runner-up at 400 meters in a personal-best 52.30. She returned to the track to anchor the 4x400 relay to a school-record 3:30.08 and second-place performance. OUTDOOR:

REGINA GEORGE
5.9 | SENIOR
SPRINTS
CHICAGO, ILL. (ST. GREGORY HS)

2010 | INDOOR: George won the first three races she entered to begin her Razorback career. At the season-opening Arkansas Invitational, she crossed first in the 600 meters. The following week at the Virginia Tech Invitational, she came away with first-place showings in the 800 meters and 4x400-meter relay with Edina Brooks, Karen Thomas and Shelise Williams. Along with her individual work throughout the season in the 400 and 800 meters, George was a member of one of the nation’s best 4x400-meter and distance-medley relay teams. At the New Balance Collegiate Invitational, the quartet of Brooks, George, Thomas and Williams broke the school record with a time of 3:33.18. At the same event, she was also part of the record-breaking crew with Williams, Kristen Gillespie and Samantha Leahy that set the new school mark (11:06.56) in the distance-medley relay. At the Tyson Invitational, the 4x400-meter relay record fell again with Brooks, George, Williams and Whitney Jones clocking a time of 3:32.87 in a first-place collective performance. In addition to a sixth-place showing in the 400 meters at the SEC Championships, she was part of the conference champion 4x400-meter relay team, the program’s first-ever SEC title in the event. At the NCAA Championships, the Razorbacks’ mile relay turned in a third-place effort as George earned her first career All-America honor. OUTDOOR: George picked up four individual titles during the outdoor season with wins in 200 meters at the Arkansas Invitational and 400 meters at the UCF Black & Gold meet, Razorback Spring Invitational and Arkansas Twilight. She continued her strong work with the relays as she teamed with Jones, Williams and Stephanie Brown to break the school record in the sprint-medley relay at Texas Relays. At the SEC Championships, George helped Arkansas to a third-place finish in the team standings. Along with a fifth-place showing in the 400 meters and a seventh-place result in the 200 meters, she was part of the 4x100-meter relay that finished third and 4x400-meter relay team that won the event in a time of 3:31.05. At the NCAA West Prelim, George qualified for the national meet in the 400 meters and with the 4x400-meter relay. George came away from the NCAA Championships as a two-time All-American. She was eighth in the 400 meters and helped the mile relay to a fifth-place national finish. Following the collegiate season, George went on to finish second in the 400 meters at the USA Junior Championships. At the World Junior Championships, she finished sixth in the 400 meters and closed the event by anchoring Team USA to a gold medal in the 4x400-meter relay.

AT ST. GREGORY HS: George holds personal bests of 25.08 in the 200 meters, 55.69 in the 400 meters, 2:10 in the 800 meters and 5-10 in the high jump. She was the 2009 Illinois State Champion at 200 meters (25.08), the runner-up in the 400 meters (55.69) and finished third in the high jump (5-5).

PERSONAL: Born Feb. 17, 1991, is the daughter of Phillips George and Florence Chibber. Both parents competed in track and field at the University of Kansas. Her brother, Patrick, played football at Northern Illinois. She is enrolled in the Fulbright College of Arts and Sciences and is majoring in psychology.
2011 | INDOOR: Hesseltine began her collegiate career with a clearance of 5-5 and a fourth-place finish at the Arkansas Invitational. She equaled that mark at the Virginia Tech Invitational and New Balance Collegiate Invitational. At the Razorback Invitational, she posted a personal-best clearance of 5-7 to finish ninth in the high jump competition. Hesseltine closed out her indoor campaign with a 14th-place result (5-4.25) at the SEC Championships. OUTDOOR: At the Texas Relays, she had a clearance of 5-5 in the high jump to finish in sixth place and establish an outdoor personal best. She finished fifth (5-4.25) at the Arkansas Twilight and wrapped her collegiate season with a 14th-place finish at the SEC Championships. Hesseltine was also recognized for her work in the classroom with a spot on the SEC First-Year Academic Honor Roll.

AT HAR-BER HS: Kirsten Hesseltine holds a high jump personal best and Har-Ber school record of 5-8 from the Arkansas 7A West Conference Championships. She was a three-time all-state honoree in volleyball and a 2010 all-state honoree in track and field.

PERSONAL: Born Jan. 27, she is the daughter of Terry and Debbie Hesseltine. She plans to enroll in the pre-pharmacy program at UA.
AT ELKINS HS: Heymsfield became the first female in Arkansas high school history to break five minutes in the 1,600 meters with a victory at the 52nd annual 2009 Arkansas Meet of Champions. She clocked a time of 4:59.51 which eclipsed the previous Arkansas State and Meet of Champions record of 5:01.34, set by Julie Jiskra of Conway in 1986. She won three-consecutive individual cross country state titles and was the 2009 Arkansas Class 3A state champion at 1,600 meters in 5:16.16. She also finished third in the 3,200 meters at the 2009 Arkansas Meet of Champions (11:28.66).

PERSONAL: Born March 24, 1992, she is the daughter of Ernest and Carol Heymsfield. Her father is an associate professor in civil engineering at UA. She plans to major in biological engineering.

TIFFANY HINES
5-7 | JUNIOR SPRINTS
DALLAS, TEXAS (TENASHECH)

PERSONAL BESTS || INDOOR: 60m – 7.42 (Arkansas Last Chance, 3/21/12)...200m – 23.69 (Arkansas Last Chance, 3/21/12); OUTDOOR: 100m – 11.53 (Drake Relays, 4/28/12)...200m – 23.47 (NCAA West Preliminary, 5/26/12)

FIRST LOOK: Two-time All-American...school-record holder (outdoor: 4x200m, 1:33.04)... 2012 NCAA West Preliminary qualifier (100m, 200m, 4x100m)

2012 || INDOOR: In her first weekend of competition, Hines tallied a fifth-place finish at 60 meters and sixth-place finish at 200 meters at the Razorback Invitational. After two rounds of the shorter sprint, she posted a time of 7.49 in the final. She added a time of 7.47 in the preliminary round of the 60 meters at the SEC Championships, finishing in 10th place overall. At the Arkansas Last Chance, Hines established personal bests in both sprint events. She won the 60 meters in 7.42 and took second at 200 meters in 23.69, 0.4 seconds faster than her previous best. OUTDOOR: Hines set a personal best at 100 meters of 11.53 on her way to a third-place finish at the Drake Relays. She also helped Arkansas to a pair of event titles at Drake with relay victories in the 4x200. She ran the 200 meters in 23.69, 0.4 seconds faster than her previous best. OUTDOOR: Hines set a personal best at 100 meters of 11.53 on her way to a third-place finish at the Drake Relays. She also helped Arkansas to a pair of event titles at Drake with relay victories in the 4x200 and 800-meter relay. In addition to the win, the SMR foursome broke the 16-year-old Drake Relays record with a time of 3:45.48, more than a second faster than the previous mark. At the season-opening Texas Relays, Hines was part of a school-record run of 1:33.04 in the 4x200-meter relay. She was the third leg of Arkansas’ third-place finish in the 4x100-meter relay at the SEC Championships. Individually, she qualified for the NCAA West Preliminary in both events and responded with a personal best of 23.47 in the 200 meters. She also appeared on the Razorbacks’ 4x100m to its first appearance at the NCAA Championships since 2004. Hines earned two All-America honors, including a second-team selection with the relay. She also appeared at the national meet at 200 meters.

PRIOR TO ARKANSAS: Hines spent one season at Texas Tech and comes to Fayetteville as a sophomore. She posted a season-best time of 24.13 in the indoor 200 meters last season at the Tyson Invitational. During her prep career at Skyline High School, Hines was a member of three state championships teams. As a junior, she posted personal bests of 11.50 at 100 meters and 23.60 at 200 meters. She was a member of the Dallas Gold Track Club. Hines also lettered in basketball and volleyball at Skyline.

PERSONAL: Born March 18, 1992, she is the daughter of Carnell and Carolyn Hines and has two older siblings, Trenice and Bethany. Hines plans to major in kinesiology during her career at Arkansas.

PAIGE JOHNSTON
5-7 | SOPHOMORE
MIDDLE DISTANCE
MIDLOTHIAN, VA. (MIDLOTHIAN)

PERSONAL BESTS || INDOOR: 800m – 2:11.53 (Virginia Tech Invitational, 1/15/11)... mile – 4:51.35 (Tyson Invitational, 2/11/11); OUTDOOR: 800m – 2:07.71 (Arkansas Twilight, 5/6/11)...1,500m – 4:24.96 (NCAA West Preliminary, 5/26/11)

2012 || Johnston did not compete during the indoor and outdoor seasons.

2011 || INDOOR: Johnston ran a season-best time of 2:11.53 at 800 meters to finish in third place at the Virginia Tech Invitational. She added another bronze result at the collegiate section of the 1,000 meters at the New Balance Collegiate Invitational in New York. At the SEC Championships, Johnston was the second-fastest qualifier in the mile with a time of 4:54.29. She went on to finish ninth in the event final. OUTDOOR: Johnston ran the opening leg of the 4x1,500-meter relay and helped the team to a 23-second victory in the event at the Texas Relays. Running the 800 meters at the Arkansas Twilight, she turned in a third-place finish with a personal-best time of 2:07.71. Johnston scored at the SEC Championships with a third-place finish in the finals of the 1,500 meters. She qualified for the NCAA West Preliminary at 1,500 meters and responded with a season-best time of 4:24.96. For her work in the classroom, Johnston earned a spot on the SEC Spring Academic Honor Roll.

2010 || Johnston redshirted during the indoor and outdoor seasons.

AT MIDLOTHIAN HS: Johnston holds personal bests of 2:13.82 in the 800 meters, 4:58.59 in the 1,600 meters, 5:09.85 in the mile, 11:05 in the 3,200 meters and 18:38 in the 5K. She was one of the top prep 1,000-meter runners in the nation. Her PR of 2:51.05, clocked in 2008, was No. 2 in the U.S. and No. 3 in Virginia on the all-time list. She is the owner of four individual state championship titles (two 1,000-meter titles, one 800-meter title and one 1,600-meter title) and was a part of seven team state titles (four in cross country and three in indoor track. At the 2008 Virginia Cross Country Championships, she placed ninth with a time of 18:56. In 2009, she was named the Virginia High School League AAA Female Athlete of the Year. She holds six Midlothian High School records.

PERSONAL: Born Dec. 20, 1990, she is the daughter of Billy and Susie Johnston. She is enrolled in the Fulbright College of Arts and Sciences and is majoring in English and journalism.
2011 || INDOOR: Kemp began her Razorback career with back-to-back victories in the 60-meter hurdles with wins at the Arkansas Invitational (8.46) and Virginia Tech Invitational (8.51). She advanced to the semifinals of the hurdle event at the Tyson Invitational. At the New Balance Collegiate Invitational, Kemp clocked a personal-best 8.40 to finish in 13th place. She equalled her PR in the prelims of the SEC Championships to qualify for the event final where she placed eighth to score toward the team’s point total. She wrapped her indoor season with a fourth-place finish (8.53) at the Arkansas Last Chance meet.

OUTDOOR: Kemp had two wins in the 100-meter hurdles with victories at the John McDonnell Invitational and Arkansas Twilight. She was the second-fastest qualifier in the preliminary round of the hurdle event at the SEC Championships and posted a runner-up performance in the event final with a time of 13.26, earning second-team All-SEC accolades. At the NCAA West Preliminary, Kemp finished third in the hurdles to advance to the national meet. She also helped the 4x100-meter relay qualify for the NCAA meet. She capped her collegiate season with a personal-best time of 13.16 in the opening round of the 100-meter hurdles at the NCAA Championships. For her effort, she received second-team All-America recognition.

During the summer season, Kemp won the Bahamas national title in the hurdle event and placed fourth in the event at the NACAC Under-23 Championships in Mexico. At the latter, she also helped the Bahamas to a second-place finish in the 4x100-meter relay. Representing her native country, Kemp advanced to the semifinal round of the 100-meter hurdles at the 2012 Summer Olympics in London. She earned the spot with a third-place finish in the opening round. For her work in the classroom during the season, Kemp earned a spot on the SEC Spring Academic Honor Roll.

PERSONAL: Born Aug. 3, 1993, she is the daughter of Walter and Robin Jackson of Neosho, Mo., and is one of five children with siblings Ryan, Brandon, Daniel and Eric. At Arkansas, Jackson plans to major in psychology.

PERSONAL BESTS || INDOOR: Mile – 4:56.58 (Razorback Invitational, 1/28/12)

FIRST LOOK: SEC First-Year Academic Honor Roll

2012 || INDOOR: During her freshman season, Kamilos competed in just two events. She began her season with a seventh-place finish in the mile at the Razorback Invitational. She added a time of 2:56.83 at 1,000 meters at the New Balance Collegiate Invitational in New York. OUTDOOR: Kamilos redshirted during the outdoor season but earned a spot on the SEC First-Year Academic Honor Roll for her work in the classroom.

AT NEOSHO HS: Kamilos (formerly Jackson) was a three-time all-state cross country performer in Missouri. As a senior, she placed second at the state meet to go along with fifth- and eighth-place results at the cross country state event as a junior and sophomore, respectively. Jackson helped Neosho High School qualify for the state meet three times and was part of the team’s two conference and district championships. On the track, she was a 10-time all-state performer and helped Neosho win four consecutive conference and district team titles during her prep career. Jackson set school records at NHS in the 400 meters (58.08), 800 meters (2:11.08), 1,600 meters (4:56.1) and 3,200 meters (10:50.5). She also owns a personal best in the 5K of 17:34.

PERSONAL: Born June 11, 1991, she is the daughter of Alfred, Sr. and Cheryl Kemp. She plans to major in accounting at Arkansas.

PERSONAL BESTS || INDOOR: Mile – 4:56.58 (Razorback Invitational, 1/28/12); OUTDOOR: 100m hurdles – 13.16 (NCAA Championships, 6/7/12)

PRIOR TO ARKANSAS: Ivanique Kemp holds bests of 13.79 in the 100-meter hurdles, 11.75 in the 100 meters and 24.77 in the 200 meters. While at Seton Hall, she finished fifth in the Big East Indoor 60-meter hurdles (8.51) and third at the ECAC Indoor 60-meter hurdles (8.47). She carries international experience, including competition at the 2010 World Junior Championships.

PERSONAL: Born June 11, 1991, she is the daughter of Alfred, Sr. and Cheryl Kemp. She plans to major in accounting at Arkansas.

PERSONAL BESTS || INDOOR: Mile – 4:56.58 (Razorback Invitational, 1/28/12); OUTDOOR: 100m hurdles – 13.13 (NCAA Championships, 6/7/12)

FIRST LOOK: Three-time All-American...2012 All-SEC...2012 NCAA West Preliminary qualifier (100m hurdles)...school-record holder (indoors: 60m hurdles – 8.13)...2012 Olympic (Bahamas, 100m hurdles)

2012 || INDOOR: Kemp opened the year with back-to-back wins in the 60-meter hurdles at the Arkansas Invitational and Kentucky Invitational. She also ran a personal-best time of 24.48 at 200 meters at the season-opening event. At the New Balance Collegiate Invitational in New York, she finished third in the consolation final of the 60-meter hurdles. Kemp posted a time of 8.27 to finish in fifth place at the SEC Championships. She went on to break the school record in the 60-meter hurdles with a time of 8.13 in the final at the Arkansas Last Chance meet. With the late-season performance, Kemp advanced to the NCAA Championships where she finished in 15th place overall and earned second-team All-America honors. OUTDOOR: Kemp had two wins in the 100-meter hurdles with victories at the John McDonnell Invitational and Arkansas Twilight. She was the second-fastest qualifier in the preliminary round of the hurdle event at the SEC Championships and posted a runner-up performance in the event final with a time of 13.26, earning second-team All-SEC accolades. At the NCAA West Preliminary, Kemp finished third in the hurdles to advance to the national meet. She also helped the 4x100-meter relay qualify for the NCAA meet. She capped her collegiate season with a personal-best time of 13.16 in the opening round of the 100-meter hurdles at the NCAA Championships. For her effort, she received second-team All-America recognition.

During the summer season, Kemp won the Bahamas national title in the hurdle event and placed fourth in the event at the NACAC Under-23 Championships in Mexico. At the latter, she also helped the Bahamas to a second-place finish in the 4x100-meter relay. Representing her native country, Kemp advanced to the semifinal round of the 100-meter hurdles at the 2012 Summer Olympics in London. She earned the spot with a third-place finish in the opening round. For her work in the classroom during the season, Kemp earned a spot on the SEC Spring Academic Honor Roll.
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Jump. For her work in the classroom, Myers earned a spot on the SEC Spring Academic Honor Roll. She closed out her season at the NCAA West Preliminary as a qualifier in the long jump. Her season-best mark in the long jump was a wind-aided measurement of 19-4.25 at the SEC Relays. At the Arkansas Twilight, she had a pair of third-place finishes in the long jump and triple jump.

OUTDOOR: In her first meet of the outdoor season, Myers posted a personal best in the triple jump with a mark of 40-4 at the Texas Relays, 3/30/12). At the Tyson Invitational, she established a personal best of 41-4.5 which earned the freshman a third-place finish. She competed in both the long jump and triple jump at the SEC Championships. OUTDOOR: In her first meet of the outdoor season, Myers posted a personal best in the triple jump with a mark of 40-4 at the Texas Relays. At the Arkansas Twilight, she had a pair of third-place finishes in the long jump and triple jump. Her season-best mark in the long jump was a wind-aided measurement of 19-4.25 at the SEC Championships. She closed out her season at the NCAA West Preliminary as a qualifier in the long jump. For her work in the classroom, Myers earned a spot on the SEC Spring Academic Honor Roll.

PERSONAL BESTS

| FIRST LOOK: 2012 NCAA West Preliminary qualifier (pole vault)…SEC Spring Academic Honor Roll…USTFCCCA All-Academic Honor Roll |

2012 || INDOOR: Myers made her debut at the Arkansas Invitational with a clearance of 11-5.75 and a sixth-place finish. The following weekend, she won the unseeded flight of the pole vault at the Arkansas Invitational with a clearance of 12.5. Nowell notched a personal best in the pole vault with a mark of 12.7.25, good for eighth place at the Razorback Invitational. At the Tyson Invitational, she cleared 12.3.5 to finish in fifth place. OUTDOOR: Nowell opened the outdoor season with an eighth-place finish (12-1.5) at the Razorback Spring Invitational. She finished in 10th place (12-5.5) at the Penn Relays. At the Arkansas Twilight, she posted a personal best of 12.9.5 to finish in fourth place. Following the collegiate season, Nowell finished in 12th place at the USA Junior Championships with a clearance of 12.5.3.

AT PLAINVIEW HS: Nowell holds a personal best of 13-1 in the pole vault. She won two Oklahoma State titles, earned two all-state honors and broke the state meet pole vault record. She holds the Plainview High School, the Oklahoma state and state meet record in the pole vault (13-1) and placed third at the 2010 Texas Relays. She was named the 2009-10 Gatorade Athlete of the Year for Oklahoma women’s track and field, ranked No. 8 nationally and No. 1 in Oklahoma in the pole vault. Nowell also qualified for the Junior Olympics in Des Moines, Iowa.

PERSONAL: Born March 25, 1992, she is the daughter of Mark and Missy Nowell. She plans to major in biology/pre-med.
JERIANN OKORO
5’2” | SOPHOMORE
SPRINTS
DE SOTO, TEXAS (DE SOTO)

PERSONAL BESTS || INDOOR: 60m – 7.66 (Arkansas Invitational, 1/8/12)

2012 || INDOOR: Having qualified for the event final at the season-opening Arkansas Invitational, Okoro posted a personal-best time of 7.66 in the final of the 60 meters. She approached the time the following weekend with a 7.69 effort in the final at the Kentucky Invitational. She also turned in a time of 23.99 at the Kentucky meet. OUTDOOR: Okoro trained with the Razorback soccer team during the spring and did not compete during the outdoor season.

AT DESOTO HS: During her senior season at DeSoto High School, Okoro was the District 11-5A champion with the 4x100-meter relay and in the triple jump. She won the relay title with current Razorback teammate Christhuna Williams. Okoro finished third at 100 meters at the district meet. She helped the DeSoto 4x100 relay to a fourth-place finish at the 2011 UIL Texas 5A State Championship meet. She owns a personal best of 11.69 at 100 meters. Okoro is also a member of the Razorback soccer team.

PERSONAL: Born June 30, 1993, she is the daughter of Cosmas and Periete Okoro. During her time at Arkansas, Okoro is a pre-med/nursing major.

DIANE ROBISON
5’5” | SOPHOMORE
DISTANCE
CHESTERFIELD, MO. (PARKWAY CENTRAL HS)

PERSONAL BESTS || INDOOR: Mile – 5:05.60 (Kentucky Invitational, 1/14/12)...3,000m – 9:55.42 (Razorback Invitational, 1/28/12); OUTDOOR: 1,500m – 4:28.41 (John McDonnell Invitational, 4/21/12)...5,000m – 16:50.16 (Drake Relays, 4/26/12)

FIRST LOOK: SEC Spring Academic Honor Roll

2012 || INDOOR: Robison opened the year with a second-place finish in the mile at the Arkansas Invitational. The following weekend in the mile, she established a season-best time of 5:05.60 at the Kentucky Invitational. Her personal best at 3,000 meters came at the Razorback Invitational with a performance of 9:55.42. She had her debut at the SEC Championships with a 19th-place finish at 5,000 meters. OUTDOOR: At the season-opening Arkansas Spring Invitational, Robison ran to a first-place finish at 1,500 meters. She crossed the finish line in 4:31.85. She took more

than three seconds off that time for a season-best effort of 4:28.41 at the John McDonnell Invitational, good for a sixth-place finish. Running up in distance, Robison set a personal best at 5,000 meters with a time of 16:50.16 at the Drake Relays. She finished in 10th place at the annual relay event. She closed out the year with a 12th-place finish at 5,000 meters at the SEC Championships. For her work in the classroom, Robison earned a spot on the SEC Spring Academic Honor Roll.

2011: Robison redshirted during the indoor and outdoor season but was recognized for her work in the classroom with a spot on the SEC First-Year Academic Honor Roll.

AT PARKWAY CENTRAL HS: Robison holds personal bests of 2:17 in the 800 meters, 4:56.34 in the 1,600 meters, 10:10.16 in the 3,000 meters and 10:33.91 in the 3,200 meters. At the 2009 Missouri State Championships, she ran on the title-winning 4x800-meter relay, finished third in the 1,600 meters and finished second in the 3,200 meters. She competed at the 2008 and 2009 Footlocker National and Regional Championships, the 2009 Nike Outdoor National Championships, the 2009 USAF World Youth Trials and the 2008 Junior Olympic Championships.

PERSONAL: Born April 10, 1992, she is the daughter of Bob and Beth Robison.

JILLIAN ROSEN
5’7” | SENIOR
MIDDLE DISTANCE
DALLAS, TEXAS (RICHARDSON HS)

PERSONAL BESTS || INDOOR: 800m – 2:12.71 (Razorback Invitational, 1/24/09)...4:43.90 (Tyson Invitational, 2/15/08); OUTDOOR: 800m – 2:07.62 (Arkansas Twilight, 5/6/11)...1,500m – 4:18.56 (NCAA Championships, 6/11/09)

FIRST LOOK: 2011 All-American...2009 All-SEC

2012 || INDOOR: After opening the season with a 3,000-meter race at the Kentucky Invitational, Rosen turned in a sixth-place finish at 800 meters at the Razorback Invitational. She posted a season-best time in the mile of 4:46.83 with a fifth-place finish in the championship section of the event at the Tyson Invitational. She repeated the finishing position at the SEC Championship with a time of 4:50.22, adding points to the team’s overall total. OUTDOOR: Rosen did not compete during the outdoor season.

2011 || INDOOR: At the New Balance Collegiate Invitational, Rosen ran to a personal-best time of 2:54.26 to place 12th in the 1,000 meters. She also turned in a season-best performance in the 800 meters with a time of 2:14.89. She was 10th in the mile with a time of 4:56.61 at the Tyson Invitational. Rosen scored for her team at the SEC Championships with a fifth-place effort in the finals of the mile. She clocked a season-best 4:51.95 at the conference meet. OUTDOOR: At Texas Relays, Rosen was part of the winning 4x1,500-meter team that crossed in a time of 18:11.51. Resuming her individual work at middle distances, she finished fourth at the Cardinal Invitational in the 1,500 meters with a time of 4:20.01, the second-fastest effort of her career. The following week, she clocked a personal best at 800 meters with a runner-up performance of 2:07.62 at the Arkansas Twilight. In the finals of the 1,500 meters at the SEC Championships, Rosen picked up a point for the team with an eighth-place finish (4:33.15). She qualified for the NCAA West Preliminary and finished 11th overall in the quarterfinal round of the 1,500 meters to advance to the national meet. Rosen secured her first career All-America selection with honorable mention accolades for her showing in the 1,500 meters. She finished 23rd in the preliminary round at the NCAA Championships.

2010 || Rosen redshirted during the indoor and outdoor seasons.

2009 || INDOOR: Rosen made her 2009 debut at the Arkansas Invitational where she placed third in the mile run, clocking a time of 5:03.30. She was able to improve on her mile time at the Tyson Invitational with a 4:53.08 and also ran the 800-meter leg of the runner-up DMR (11:47.43). At the SEC Championships, she finished sixth in the mile (4:47.46) and anchored the distance medley relay to a runner-up finish (11:37.70) and All-SEC honors. Both times were NCAA provisional qualifiers. At the Arkansas Last Chance, she won the mile in a time of 4:48.21. OUTDOOR: Rosen...
began competition at the UC Irvine Spring Break Classic where she won the 3,000 meters with a time of 9:49.04. She won her race of the 1,500 meters at the Stanford Invitational, clocking a regional-qualifying time of 4:24.61. She improved her 1,500-meter time to 4:23.61 at the Cardinal Invitational. She earned a bronze finish in her signature event at the SEC Championships, clocking an improved time of 4:21.58, dropping another three seconds off her PR. She finished fifth at the NCAA Mid-Region Championships to secure her ticket to the national meet. At the NCAA Championships, she turned in another huge stride with the first sub-4:20 time of her career. Rosen finished 14th in the prelims and was the second last out of the finals. She clocked a personal-best time of 4:18.56. In total, Rosen dropped nine seconds from her 1,500-meter best in 2009.

2008 || INDOOR: At the Arkansas Invitational, she clocked a mile time of 4:53.30, good for a sixth-place finish. 4:59.92. She moved up to the 3,000 meters at the UW Invitational and finished 17th with a personal-best time of 9:40.69. She earned a fourth-place finish with a personal-best mile time of 4:43.80 at the Tyson Invitational. At the SEC Championships, she finished ninth in the prelims (4:53.10) and seventh in the finals (4:50.71). OUTDOOR: She finished 14th in the 1,500 meters at the Stanford Invitational with a time of 4:31.88. In her first collegiate 5,000 meters, at Mt. SAC Relays, she clocked a regional-qualifying time of 18:47.33 to finish 10th. She dipped below the NCAA regional qualification in the 1,500 meters at the Arkansas Twilight. She earned ninth-place finishes in the prelims (4:27.78) and the finals (4:28.30) of the 1,500 meters at the SEC Championships. At the NCAA Mid-Region Championships, she earned all-region honors with an eighth-place finish (4:30.03) in the finals of the 1,500 meters.

AT RICHARDSON HS: Rosen was a multiple-time district and regional cross country champion for Richardson High School. She also made huge strides on the track with two top-four finishes in the 1,600 meters her sophomore and junior seasons. As a sophomore, she was named her district’s runner of the year after winning the cross country title, grabbing the 800-meter championship and finishing fourth in the 1,600 meters. She went on to win two more district and region cross country titles and place seventh at the state championships. She was also a participant at the 2005 Foot Locker South meet, the 2006 Nike Outdoor Nationals and the 2006 USA Cross Country Junior (U19) Championships.

PERSONAL: Born Sept. 6, 1988, she is the daughter of Stephen and Donna Rosen. She has an older sister, Holly, who was a four-year letterwinner for the Razorback soccer team. She is enrolled in the Fulbright College of Arts and Sciences and is majoring in anthropology.

2012 || INDOOR: Vessell did not compete during the indoor season. OUTDOOR: Vessell opened the year at the Arkansas Spring Invitational with times of 12.96 at 100 meters and a season-best 27.09 at 200 meters. At the Arkansas Twilight, she had a season-high placing with a 17th-place showing at 200 meters. For her work in the classroom, Vessell earned a spot on the SEC First-Year Academic Honor Roll.

AT INCARNATE WORD: Vessell was the team MVP as a junior and sophomore. Over four years, she represented Incarnate Word at the TAPPS State Championship twice at 100 meters, twice at 200 meters, three times with the 4x100-meter relay and two times with the 4x200 relay. As a freshman, she was voted the Newcomer of the Year. Vessell holds the school records at Incarnate Word in the 100 meters and with the 4x100 relay.

PERSONAL: Born Feb. 23, 1993, she is the daughter of Roger and Joan Vessell and has two older siblings, Ryan and Brett. At Arkansas, Vessell plans to pursue a degree in chemistry.

2013 ARKANSAS WOMEN’S TRACK AND FIELD MEDIA GUIDE

DOMINIQUE SCOTT
5-5 || SOPHOMORE
DISTANCE
CAPE TOWN, SOUTH AFRICA (REHNISH GIRLS HS)

PERSONAL BESTS
| INDOOR: 3,000m – 9:41.70 (Tyson Invitational, 2/11/12)…5,000m – 16:54.95 (SEC Championships, 2/26/12); OUTDOOR: 5,000m – 16:12.69 (Mt. SAC Relays, 4/20/12)…10,000m – 33:54.95 (Stanford Invitational, 4/6/12)

FIRST LOOK: 2012 SEC Outdoor Freshman Runner of the Year...2012 All-SEC...2012 SEC Freshman Outdoor Team (5,000m, 10,000m)...2012 NCAA West Preliminary qualifier (5,000m)...SEC First-Year Academic Honor Roll...USTFCCCA All-Academic Team

2012 || INDOOR: Scott pulled double duty at the New Balance Collegiate Invitational in New York, including a fifth-place finish in the collegiate section of the mile with a time of 4:59.40. She also competed in the championship section of the 1,000 meters. At the Tyson Invitational, she turned in a personal-best effort at 3,000 meters with a time of 9:41.70, more than 15 seconds faster than her previous season-best mark. Scott just missed scoring at the SEC Championships with a ninth-place finish at 5,000 meters. OUTDOOR: During the first outdoor season of her collegiate career, Scott established personal bests of 4:28.36 at 1,500 meters, 16:12.69 at 5,000 meters and 33:54.95 at 10,000 meters. Running the 3,000-meter event at the Arkansas Twilight, she turned in a first-place performance. Following a runner-up finish at 10,000 meters and a third-place showing at 5,000 meters during the SEC Championships, Scott earned conference All-Freshman accolades and was voted the SEC Freshman Runner of the Year. She added a pair of weekly conference honors during the season. For her work in the classroom, Scott also earned a spot on the SEC First-Year Academic Honor Roll.

AT RENISH GIRLS HS: Scott was the two-time 3,000 meters champion at the South African Junior (U19) Championships. She won the 1,500 meters in 2010 and followed with a runner-up performance in the event during the 2011 season. She represented her native country for three years, twice in the 3,000 meters and once at the 1,500 meter distance. Scott owns personal bests of 4:28 at 1,500 meters, 9:40 at 3,000 meters and 34:28 in a 10K road race.

PERSONAL: Born June 24, 1992, she is the daughter of Mike and Renee Scott, of Cape Town, South Africa, and is one of two children with younger sibling Natasha. While at Arkansas, Scott plans to be a business major.
2013 ARKANSAS WOMEN’S TRACK AND FIELD MEDIA GUIDE

PERSONAL BESTS | INDOR: Pole vault – 12-5.5 (three times, most recent: SEC Championships, 2/25/12); OUTDOOR: Pole vault – 12-4.5 (SEC Championships, 5/12/12)

2012 | INDOOR: Weller began the season with an eighth-place finish in the pole vault, clearing 11-9.75 at the Arkansas Invitational. Competing in the collegiate section of the pole vault at the Tyson Invitational, she cleared 12-3.5 to finish in ninth place. At the SEC Championships, she had a personal-best clearance of 12-5.5 to finish in 10th place, just two spots out of scoring position.

OUTDOOR: Weller had a season-high sixth-place showing at the UTEP Invitational. She had a final clearance of 11-10.5 at the meet. Like she did during the indoor season, Weller turned in a personal-best performance at the SEC Championships with a clearance of 12-4.5, good for 11th place overall.

2011 | INDOOR: Weller began her collegiate career with a fifth-place finish and 12-1.75 clearance at the Arkansas Invitational. She established a season-best mark of 12-5.5 at the New Balance Collegiate Invitational where she finished in fourth place. She matched that clearance with an 11th-place result at the SEC Championships. OUTDOOR: In her outdoor debut, Weller finished in 11th place with a clearance of 11-5.75 at the Arkansas Spring Invitational. She had the same clearance at the Penn Relays. She posted clearances of 11-9.75 at both the John Jacobs Invitational and Arkansas Twilight. At the John McDonnell Invitational, she had a fifth-place showing with the help of a 12-1.5 clearance. Weller capped her freshman season with a personal-best 12-2 mark and a 12th-place finish at the SEC Championships.

AT LINCOLN-WAY EAST HS: Megan Weller holds a pole vault personal best of 13-1, which ranked No. 6 in the nation in 2009. She was the Illinois State Champion in the pole vault where she cleared her personal best. Weller competed at the 2009 Nike Indoor National Championships, is a three-time state championships qualifier in the pole vault and holds the school records for the indoor (12-9) and outdoor (13-1) pole vaults.

PERSONAL: Born Dec. 17, 1991, she is the daughter of Monte and Melissa Weller. Her father was a pole vaulter at Purdue.

PERSONAL BESTS | INDOR: 400m – 54.74 (Tyson Invitational, 2/10/12); OUTDOOR: 400m – 54.61 (USA Junior Championships, 6/16/12)

FIRST LOOK: Two-time All-American...2012 All-SEC...2012 NCAA West Preliminary qualifier (4x400m)

2012 | INDOOR: Williams set a personal best of 54.74 at 400 meters with an 18th place finish at the Tyson Invitational. Running in the collegiate section of the 500 meters at the New Balance Collegiate Invitational, she ran to a second-place finish in a time of 1:13.92. As a member of the 4x400-meter relay, Williams was a mainstay as the team’s third leg. At the Tyson Invitational, she helped the team to a third-place finish and an NCAA auto mark of 3:32.75. After a bronze result at the SEC Championships, the mile relay earned All-America honors with a time of 3:33.29 which put the team in fourth place. OUTDOOR: Williams began the outdoor campaign with a pair of top-five relay finishes at the Texas Relays. Running the 400-meter leg, she helped the sprint-medley relay team to a second-place finish. She was also part of a fifth-place showing by the 4x400-meter relay. She continued her role as the mile relay’s third leg and helped the team to a time of 3:31.16, a runner-up finish at the SEC Championships and second-team All-SEC honors. Williams capped the collegiate season with All-America honors at the NCAA Championships where the 4x400m was fourth overall and ran a season-best 3:29.54 in the semifinal round. She continued her season at the USA Junior Championships where she ran a personal-best time of 54.61 in the opening round of the 400 meters.

AT DE SOTO HS: Williams was a 2011 state champion with the DeSoto 4x400-meter relay team that posted a time of 3:41.41. She also finished third in the 400 meters and fourth with the 4x100-meter relay at the 2011 UIL Texas 5A State Championships. Williams was a two-time District 11-5A champion with the relays. She won the 4x100 title with current Razorback teammate Jeriane Okoro. Williams owns a personal best of 54.55 in the 400 meters. She was also part of the North Texas USATF program.

PERSONAL: Born March 31, 1993, she is the daughter of Timothy and Christeen Williams and the middle of three children with Timekia and Mackenzie. Williams is currently undecided on a major at Arkansas.
PERSONAL BESTS

INDOOR: 800m – 2:12.54 (Tyson Invitational, 2/11/12); mile – 4:50.72 (SEC Championships, 2/25/12); OUTDOOR: 800m – 2:09.57 (Arkansas Spring Invitational, 3/31/12); 1,500m – 4:18.84 (SEC Championships, 5/13/12)

FIRST LOOK: 2012 NCAA West Preliminary qualifier (1,500m)...SEC Spring Academic Honor Roll... USTFCCCA All-Academic Team

2012

INDOOR: In back-to-back days at the Tyson Invitational, Wood finished second in the collegiate section of the mile with a time of 4:55.52 and ran to victory in the collegiate section of the 800 meters with a time of 2:21.54. At the SEC Championships, she set a personal-best time of 4:50.72 in the mile to qualify for the final. She added a point to the team total with her eighth-place finish in the mile at the conference meet.

OUTDOOR: Wood opened the outdoor campaign with a second-place run at 800 meters at the Arkansas Spring Invitational. She also posted a personal-best time of 2:09.57 at the season-opening event. In a pair of 1,500-meter races on the west coast, she finished in second place at the Stanford Invitational and fifth at the Payton Jordan Invitational. Wood turned in a third-place performance at 1,500 meters at the SEC Championships with a personal-best time of 4:18.84. She wrapped the season as a qualifier for the NCAA West Preliminary and advanced to the second round of the 1,500-meter competition.

For her work in the classroom, Wood earned a spot on the SEC Spring Academic Honor Roll.

2011

INDOOR: Wood did not compete during the indoor season.

OUTDOOR: Wood made her debut at the Razorback Spring Invitational and finished 11th at 1,500 meters in a time of 4:37.34. In her next race, she finished third with a time of 2:14.34 in the 800 meters at the John Jacobs Invitational. At the Cardinal Invitational, she returned to the 1,500 meters and ran to a season-best time of 4:32.59 in a first-place performance. Wood wrapped her season with a season-best time at 800 meters when she crossed in 2:13.89. For her work in the classroom, she was named a member of the SEC Spring Academic Honor Roll.

2010

Wood redshirted during the indoor and outdoor seasons.

AT A&M CONSOLIDATED HS: Wood earned academic excellence awards in cross country and track and field and is a member of the National Honor Society. In cross country, she is a two-time state qualifier with her team finishing in seventh place during her sophomore season and eighth as a junior. On the track, she holds personal bests of 2:13.92 in the 800 meters and 4:57.20 in the 1,600 meters. Her 4:57.20 is the A&M Consolidated record in the event. As a sophomore, she finished sixth in the 1,800 meters at the state meet. She bettered that to a fifth-place finish as a junior. At the 2009 state championships, she earned a bronze finish in the 1,600 meters with a time of 5:06.99.

PERSONAL: Born Feb. 5, 1991, she is the daughter of Bryan and Judy Wood. She is enrolled in the Sam M. Walton College of Business and is majoring in marketing.
2012 || Bauer redshirted during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC First-Year Academic Honor Roll.

AT GIRARD HS: Bauer was a three-time all-league performer for the Girard High School cross country team. She was a medalist at the Kansas state meet as a sophomore and senior. On the track, she was a four-time all-league runner in the 1,600 and 3,200 meters. Bauer qualified for the state meet in the 3,200 meters as a sophomore and was a medalist at the distance as a junior and senior. She was also part of Girard’s 4x800 relay that qualified for the state meet in 2008. Bauer owns personal bests of 5:28 in the 1,600 meters, 11:37 in the 3,200 meters, 15:02 in the 4K and 19:06 in the 5K.

PERSONAL: Born April 11, 1993, she is the daughter of Blaise and Nancy Bauer of Girard, Kan. She is one of four children with siblings Gannon, Hayden and Audrey. Bauer plans to be a food science major at Arkansas.

2012 || Falco redshirted during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC First-Year Academic Honor Roll.

AT SALEM HS: During her prep career, Falco was a three-time all-state performer for Salem High School. She finished in ninth and fifth place at the Arkansas state meet as a freshman and junior, respectively. Falco closed out her high school career with a state title. She owns personal bests of 2:31 in the 800 meters, 5:32 in the 1,600 meters and 11:46 in the 3,200 meters.

PERSONAL: Born Oct. 29, 1992, she is the daughter of Michael and Stephanie Falco of Salem, Ark. She has one younger brother, Trevor. While at Arkansas, Falco plans to major in accounting.

2011 || Cherry did not compete during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC Spring Academic Honor Roll.

2010 || Cherry redshirted during the indoor and outdoor seasons.

AT WESTMOORE HS: Cherry competed in the distance events at Westmore High School with personal bests of 5:13 in the 1,600 meters, 11:10 in the 3,200 meters and 17:46 in the 5,000 meters. She was a two-time state champion in the 3,200 meters and won one state title in the 1,600 meters. Additionally, she was a three-time runner-up at the state cross country championships and a two-time runner-up at the state championships in the 3,200 meters. She is the Westmore High School record holder in cross country, the two-mile run, the 1,600 meters and the 3,200 meters.

PERSONAL: Born Feb. 17, 1993, she is the daughter of Jeff and Karla Gochenour of Missouri Valley, Iowa, and has one younger sibling, Nicole.

2012 || Cherry did not compete during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC Spring Academic Honor Roll.

2011 || Cherry did not compete during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC Spring Academic Honor Roll.

AT WESTMOORE HS: Cherry competed in the distance events at Westmore High School with personal bests of 5:13 in the 1,600 meters, 11:10 in the 3,200 meters and 17:46 in the 5,000 meters. She was a two-time state champion in the 3,200 meters and won one state title in the 1,600 meters. Additionally, she was a three-time runner-up at the state cross country championships and a two-time runner-up at the state championships in the 3,200 meters. She is the Westmore High School record holder in cross country, the two-mile run, the 1,600 meters and the 3,200 meters.

PERSONAL: Born Oct. 21, 1990, she is the daughter of Ben and Pam Cherry. She is enrolled in the Bell College of Engineering.

PRIOR TO ARKANSAS: Gochenour spent her freshman season at LSU where she established personal bests of 3,855 points in the pentathlon and 5,354 points in the heptathlon. During her freshman campaign, she finished in sixth place in the pentathlon and seventh in the heptathlon at the SEC Indoor Championships and seventh in the heptathlon at the SEC Outdoor Championships. She won the 2010 USA Junior title in the heptathlon and went on to finish 10th at that year’s IAAF World Junior Championships. As a prep athlete, Gochenour was the top-ranked multi-event recruit as a senior. While competing for Logan Magnolia HS, she was a 13-time Iowa Class 1A and Class 2A state champion.

PERSONAL: Born Feb. 17, 1993, she is the daughter of Jeff and Karla Gochenour of Missouri Valley, Iowa, and has one younger sibling, Nicole.
2012 || Johnson did not compete during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC Spring Academic Honor Roll.

2011 || Johnson did not compete during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC Spring Academic Honor Roll.

2010 || Johnson redshirted during the indoor and outdoor seasons.

AT BRAZOSPORT HS: Johnson competed in track and field, volleyball, basketball and softball at Brazosport High School. She was a member of the school-record setting 4x400-meter relay. She was a member of the National Honor Society, was a Texas Scholar and participated in student government.

PERSONAL: Born Sept. 26, 1990, she is the daughter of Thomas and Susan Johnson. She in enrolled in the Fulbright College of Arts and Sciences. Her father competed in track and field at Henderson.

2012 || LaChance redshirted during the indoor and outdoor seasons.

AT CORNWALL HS: LaChance was the New York Section 9 Class A champion in the pole vault as a sophomore at Cornwall High School. She owns a personal-best clearance of 11-3, set during the 2010 season at the OCIAA Championships. LaChance set the state record (10-0) for eighth-grade girls.

PERSONAL: Born Oct. 16, 1993, she is the daughter of Pete and Andrea LaChance and is one of three children with siblings Alexandra and Adrienn. Alexandra was an All-American performer for the Razorback gymnastics team in 2009. LaChance plans to major in kinesiology at Arkansas.

PRIOR TO ARKANSAS: McKnight spent the previous two seasons at South Plains College where she was part of three NJCAA team champions. At the 2012 national meet, she had second- and third-place finishes at 400 meters and in the 400-meter hurdles, respectively. As a freshman, she captured an NJCAA event title with the SPC 4x400-meter relay in 2011, along with a second-place finish with the 4x100-meter relay and bronze showing at 400 meters. McKnight owns personal bests of 23.29 at 200 meters, 53.52 at 400 meters (outdoor), 53.72 at 400 meters (indoor) and 57.42 in the 400-meter hurdles. At the 2010 CARIFTA Games, she came away with a runner-up performance at 400 meters in 53.96.

PERSONAL: Born Dec. 21, 1991, she is the daughter of Wayne McKnight.

PRIOR TO ARKANSAS: Morris was a three-time All-America performer in the pole vault for the University of North Carolina the previous two seasons. As a sophomore, she had a final clearance of 13-7.25 at the NCAA Outdoor Championships to finish in 11th place. She had a third-place showing at the 2011 ACC Outdoor Championships. Morris has an indoor personal best of 13-10.5 and an outdoor best of 14-1.25. The summer following her prep career, she won a national title in the pole vault at the 2010 USAF Junior Olympics in Sacramento.

PERSONAL: Born July 8, 1992, she is the daughter of Harry and Kerry Morris of Greenville, S.C., and has two siblings.

AT BISHOP LYNCH HS: A three-time all-district cross country runner for Bishop Lynch High School, Noonan was also a seven-time state champion on the track. She earned four titles in the 800 meters and as part of the 800- and 1,600-meter relays. Noonan earned four all-state honors in track and was twice recognized for her academic accomplishments. She set school records in the 800 meters and was part of two other school marks in the 4x200 and 4x400 relays. Noonan owns personal bests of 57.75 in the 400 meters and 2:15 in the 800 meters.

PERSONAL: Born July 11, 1993, she is the daughter of Daniel and Susan Noonan of Murphy, Texas, and one of three children with siblings Danny and Ryan. While at Arkansas, she plans to enroll in the university’s pre-nursing program.

AT EMERALD AC: O’Donoghue was a six-time national champion, with three titles at 800 meters and three more in the 1500 meters. She also collected a silver performance in both the 800 meters and 1500 meters during her sophomore campaign. O’Donoghue holds the national schools U17 record at 800 meters with a mark of 2:10. She also added international experience by competing in the European Junior Cross Country Championships, European Youth Olympic Festival and the SIAB School International. O’Donoghue owns personal bests of 2:09 in the 800m and 4:33 in the 1500m.

PERSONAL: Born January 27, 1994, she is the only child of Pat and Mary O’Donoghue of Limerick, Ireland. O’Donoghue plans to major in education at Arkansas.

PRIOR TO ARKANSAS: Morris was a three-time All-America performer in the pole vault for the University of North Carolina the previous two seasons. As a sophomore, she had a final clearance of 13-7.25 at the NCAA Outdoor Championships to finish in 11th place. She had a third-place showing at the 2011 ACC Outdoor Championships. Morris has an indoor personal best of 13-10.5 and an outdoor best of 14-1.25. The summer following her prep career, she won a national title in the pole vault at the 2010 USAF Junior Olympics in Sacramento.

PERSONAL: Born July 8, 1992, she is the daughter of Harry and Kerry Morris of Greenville, S.C., and has two siblings.

AT BISHOP LYNCH HS: A three-time all-district cross country runner for Bishop Lynch High School, Noonan was also a seven-time state champion on the track. She earned four titles in the 800 meters and as part of the 800- and 1,600-meter relays. Noonan earned four all-state honors in track and was twice recognized for her academic accomplishments. She set school records in the 800 meters and was part of two other school marks in the 4x200 and 4x400 relays. Noonan owns personal bests of 57.75 in the 400 meters and 2:15 in the 800 meters.

PERSONAL: Born July 11, 1993, she is the daughter of Daniel and Susan Noonan of Murphy, Texas, and one of three children with siblings Danny and Ryan. While at Arkansas, she plans to enroll in the university’s pre-nursing program.

AT EMERALD AC: O’Donoghue was a six-time national champion, with three titles at 800 meters and three more in the 1500 meters. She also collected a silver performance in both the 800 meters and 1500 meters during her sophomore campaign. O’Donoghue holds the national schools U17 record at 800 meters with a mark of 2:10. She also added international experience by competing in the European Junior Cross Country Championships, European Youth Olympic Festival and the SIAB School International. O’Donoghue owns personal bests of 2:09 in the 800m and 4:33 in the 1500m.

PERSONAL: Born January 27, 1994, she is the only child of Pat and Mary O’Donoghue of Limerick, Ireland. O’Donoghue plans to major in education at Arkansas.

PRIOR TO ARKANSAS: Morris was a three-time All-America performer in the pole vault for the University of North Carolina the previous two seasons. As a sophomore, she had a final clearance of 13-7.25 at the NCAA Outdoor Championships to finish in 11th place. She had a third-place showing at the 2011 ACC Outdoor Championships. Morris has an indoor personal best of 13-10.5 and an outdoor best of 14-1.25. The summer following her prep career, she won a national title in the pole vault at the 2010 USAF Junior Olympics in Sacramento.

PERSONAL: Born July 8, 1992, she is the daughter of Harry and Kerry Morris of Greenville, S.C., and has two siblings.
### Megan Paul

**5-5 | FRESHMAN | SPRINTS**

HAWTHORN WOODS, ILL. (CARMEL CATHOLIC HS)

**PERSONAL:** Born May 5, 1993, she is the daughter of Peter and Sabin Schlaepfer of Solothurn, Switzerland. She is the youngest of three children with older brothers Tim and Bastian.

**AT THE WOODLANDS HS:** She is the youngest of three children with older brothers Tim and Bastian. PERSONAL bests for Schlaepfer include 9:51 in the 3K, 2:07.51 in the indoor 800 meters, 5:12.01 in the 1,600 meters and 10:30 in the 3,200 meters. PERSONAL bests for Schlaepfer include 9:51 in the 3K, 2:07.51 in the indoor 800 meters, 5:12.01 in the 1,600 meters and 10:30 in the 3,200 meters. She is a four-time Swiss youth champion in the duathlon, where she was undefeated from 2003-2007. She also placed second in the 1000 meters during her U-16 campaign, while adding another Swiss championship in the 4000 meters during her U-18 season. Schlaepfer also brings international experience by placing third at 800 meters in the European Youth Olympic Festival in 2009. She also placed second in the 1000 meters during the Youth Olympic Games in Singapore in 2010. She is a four-time Swiss youth champion in the triathlon, and a five-time Swiss champion in the duathlon, where she was undefeated from 2003-2008. Personal bests for Schlaepfer include 9:51 in the 3K, 2:07.51 in the indoor 800 meters, 2:06.39 in the indoor 800 meters, 2:41.65 at 1,000 meters and 4:20.38 in the 1500 meters.

**PERSONAL:** Born May 5, 1993, she is the daughter of Peter and Sabin Schlaepfer of Solothurn, Switzerland. She is the youngest of three children with older brothers Tim and Bastian.

**AT BIBERIST ACHIEVE:** Schlaepfer was a three-time Swiss Cross Country Champion for the Biberist Achieve cross country club team. She also collected indoor and outdoor titles at 1000 meters and an eight-time All-America performer at Arkansas. Reina plans to major in elementary education at Arkansas.

### Amanda Porter

**5-4 | FRESHMAN | DISTANCE**

THE WOODLANDS, TEXAS (THE WOODLANDS)

**AT THE WOODLANDS HS:** Porter owns personal bests of 2:15 in the 800 meters, 5:18 in the 1,600 meters and 11:25 in the 3,200 meters. During her sophomore year, she helped The Woodlands High School to the Texas state cross country title. The next two years, the team finished fourth and fifth at the cross country state meets.

**PERSONAL:** Born Dec. 16, 1992, she is the daughter of Troy and Monica Porter of The Woodlands, Texas, and is one of three children with siblings Rebekah and Lauren. Porter plans to major in biology at Arkansas.

### Valerie Reina

**5-2 | FRESHMAN | DISTANCE**

SPRINGDALE, ARK. (HAR-BER HS)

**AT HAR-BER HS:** Reina was an eight-time Arkansas state champion during her prep career at Springdale Har-Ber High School. She won two cross country titles, four indoor titles and three outdoor titles. Following her junior season, Reina was named the Gatorade Arkansas Girls Cross Country Runner of the Year. She also finished 11th at the 2010 Foot Locker South Regional. Reina owns personal bests of 17:46 in the 5K and 4:44.26 at 1,500 meters.

**PERSONAL:** Born Aug. 16, 1994, she is the daughter Reuben and Joell Reina, and is the oldest of four children with siblings Elise, Reuben and Gabby. Her father, Reuben, was a two-time NCAA Cross Country Runner of the Year. She also finished 11th at the 2010 Foot Locker South Regional. Reina owns personal bests of 17:46 in the 5K and 4:44.26 at 1,500 meters.

### Aidan Shea

**5-8 | FRESHMAN | DISTANCE**

MEMPHIS, TENN. (SAINT AGNES HS)

**AT ST. AGNES ACADEMY:** Shea was a member of two 4x800-meter relay state titles for the Stars. Individually, she was twice the state runner up at 800 meters and once at 1,600 meters. By the end of her prep career, she had established school records in the 400 meters and 800 meters. Shea has a personal best of 2:16.60 at 800 meters, 5:12.10 at 1,600 meters and 10:30 in the 5K.

**PERSONAL:** Born Sept. 23, 1993, she is the daughter of Jeffrey and Marcia Shea of Memphis, Tenn., and is the oldest of three children with younger siblings Claire and Michael. She enters Arkansas with an interest in the medical field.

### Katarina Smith

**5-1 | JUNIOR | SPRINTS**

FREEPORT, BAHAMAS (ESSEX COUNTY COLLEGE)

**PRIOR TO ARKANSAS:** Smith spent the two previous seasons at Essex County College in Newark, N.J. Last season, she won the 400-meter outdoor title and finished third at 800 meters at the NJCAA District Championships. During the indoor schedule, she posted a season-best time of 54.75 at 400 meters. Smith was the 400-meter champion at the 2010 CARIFTA Games where she established her personal best of 53.71. She also has a bronze medal from the 2009 Junior Pan-Am Games as a member of the Bahamas’ 4x400-meter relay. She also carries a personal best of 24.57 at 200 meters.

**PERSONAL:** Born Jan. 18, 1992, she is the daughter of Rodger Morey and Paulette Smith and has three siblings in Lamesa, Elvis and Jude. She plans to major in business administration and minor in accounting while at Arkansas.

### Sement Tesfaye

**5-4 | SENIOR | DISTANCE**

FARGO, N.D. (IOWA STATE)

**PRIOR TO ARKANSAS:** Tesfaye comes to Fayetteville after previously competing for two years at Iowa State University. She was a two-time NCAA Cross Country Championships participant for the Cyclones with a 62nd-place finish at the national meet in 2010. Tesfaye was also a 2010 qualifier for the NCAA Outdoor Championships in the 5,000 and 10,000 meters. She began her collegiate career at North Dakota State. At Fargo South High School, she was a two-time state champion with titles in the indoor mile and 3,000-meter run. Tesfaye owns personal bests on the track of 4:43 in the mile, 9:34 at 3,000 meters, 16:08 at 5,000 meters and 33:55 at 10,000 meters.

**PERSONAL:** Born Nov. 9, 1990, she is the daughter of Haile and Debritu Tesfaye and was born in Addis Ababa, Ethiopia. She has two older siblings, Million and Semereab. At Arkansas, Tesfaye is working on her graduate studies in food engineering.

### Samantha Thompson

**5-7 | FRESHMAN | DISTANCE**

THE WOODLANDS, TEXAS (THE WOODLANDS)

**2012 | PORTER redshirted during the indoor and outdoor seasons but was recognized for her work in the classroom with a spot on the SEC First-Year Academic Honor Roll.**

**AT THE WOODLANDS HS:** As a sophomore, Thompson finished in 19th place at the Texas state cross country meet. That same season, The Woodlands High School won the state title and finished 14th at the national meet. She was also part of teams that finished fourth in 2009, fifth in 2010 and seventh in 2007. Thompson owns personal bests of 2:16 in the 800 meters, 5:08 in the 1,600 meters and 11:08 in the 3,200 meters.

**PERSONAL:** Born Nov. 1, 1992, she is the daughter of Rodger Morey and Paulette Smith and has three siblings in Lamesa, Elvis and Jude. She plans to major in business administration and minor in accounting while at Arkansas.
**ARIEL VOSKAMP**
5-7 | FRESHMAN
POLE VAULT
CABOT, ARK. (CABOT)

2012 | Voskamp redshirted during the indoor and outdoor seasons.

**AT CABOT HS:** An all-around performer for Cabot High School, Voskamp was a two-time state indoor champion in the pole vault. She also won the state outdoor title as a junior for the Panthers. She owns a personal-best clearance of 12-6 in the pole vault. In a show of her all-around prowess, Voskamp left Cabot as the school-record holder in the pole vault, 60-meter hurdles, 100-meter hurdles, 300-meter hurdles, heptathlon and with the 4x400-meter relay. She also helped Cabot to a runner-up finish at the 2011 indoor state meet. Voskamp went on to finish fifth in the pole vault (12-5.5) at the 2011 USA Junior Championships.

**PERSONAL:** Born Aug. 3, 1992, she is the daughter of Jeff and Susan Voskamp and is one of three children with siblings Sarah and Matt. Voskamp plans to major in kinesiology at Arkansas.

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**HANNAH WRIGLEY**
5-8 | FRESHMAN
MIDDLE DISTANCE
SYDNEY, AUSTRALIA (MERIDEN SCHOOL)

AT MERIDEN SCHOOL: Wrigley was a five-time New South Wales All Schools Athletics Champion in three events with two 800-meter championships, two 1500-meter titles and a triathlon championship in 2008. She finished seventh in the Australian All Schools Triathlon Championships in 2008, and added another seventh-place finish in the New South Wales All Schools Triathlon Championships in 2009. She gained some international experience when she competed in the 2008 Pacific School Games, where she placed ninth at 1,500 meters and 11th in the 800 meters. Wrigley holds personal bests of 2:10.22 in the 800 meters, 4:29.02 in the 1500 meters and 10:30.15 in the 3K.

**PERSONAL:** Born May 23, 1994, she is the daughter of Walter and Gill Wrigley of Sydney, Australia. She is the youngest of three children with siblings Mary and George. Wrigley plans to be a kinesiology major at Arkansas.

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**KELSEY WHEELHOUSE**
5-7 | FRESHMAN
DISTANCE
BENTONVILLE, ARK. (BENTONVILLE)

**AT BENTONVILLE HS:** Wheelhouse was a three-time winner of the 800-meter run at the Arkansas Meet of Champions. As a sophomore, she was the state champion in the indoor and outdoor 800 meters and as a member of the 4x800-meter relay team. Wheelhouse was part of seven state team titles with the Tigers. During her senior year, she finished third at 800 meters at the New Balance National meet. Wheelhouse owns a personal best of 2:14.51 in the 800 meters.

**PERSONAL:** Born Aug. 27, 1993, she is the daughter of Steve and Brenda Wheelhouse of Rogers, Ark., and has a younger sibling, Schuyler. Wheelhouse plans to major in business economics and political science at Arkansas.

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**MEGAN ZIMLICH**
5-9 | FRESHMAN
POLE VAULT
LOUISVILLE, KY. (BALLARD HS)

**AT BALLARD HS:** During her senior season at Ballard High School, Zimlich won the pole vault title at the KHSAA Class 2A State Championships. She also had victories at the Class 2A Region 4 Championships and Pole Vault Summit. She also had a runner-up finish in the long jump and bronze result in the high jump at the regional meet. Zimlich was named the Freshman of the Year in 2008. She owns a personal best of 11-9 in the pole vault. Zimlich was also a three-year letter winner in swimming at Ballard. Academically, she was the valedictorian of her senior class.

**PERSONAL:** Born Sept. 30, 1993, she is the daughter of Bruce and Karen Zimlich and the older of two children with younger sibling Zach. Zimlich plans to major in business at Arkansas.
RAZORBACK STAFF
The most successful coach in University of Arkansas and Southeastern Conference women’s cross country and track and field history, Lance Harter is set to begin his 23rd year at the helm of the Razorback program. During his tenure, Arkansas has won 19 SEC titles (13 cross country, three indoor track, and three outdoor track) and earned seven NCAA trophies, including four national runner-up awards in cross country. Throughout his 33-year career as a collegiate head coach, Harter has built programs that win.

Harter led his cross country teams to 13 league championships in 22 years and racked up an impressive 16 NCAA regional titles, bringing Arkansas to the brink of a national championship with four NCAA runner-up trophies. His student-athletes have earned 24 cross country All-America honors, numerous all-conference and all-regional certificates and collected 12 SEC individual titles. Most recently, Harter was named the 2012 USTFCCCA South Central Region Coach of the Year following the Razorbacks’ win at the regional meet in November. It marked Harter’s 15th regional coaching honor.

While his list of accomplishments as a cross country coach at Arkansas is long, his record as a track coach is just as impressive, with a pair of SEC triple crown championships, three U.S. Track and Field and Cross Country Coaches’ Association (USTFCCCA) National Coach of the Year honors and eight top-10 finishes at the NCAA Championships. During the 2011-12 season, Arkansas collected 33 All-America accolades—16 outdoor, 16 indoor and one cross country—and turned in a fifth-place finish at the NCAA Indoor Championships in Nampa, Idaho.

Kristen Gillespie joined the list of Arkansas runners to win the SEC cross country title with her victorious run at the 2011 conference meet. She went on to win two more SEC titles at the indoor meet with her wins in the mile and at 3,000 meters. Overall, the Razorbacks won seven SEC titles during the 2011-12 championship season, including five at the indoor meet.

In response to Arkansas’ win at the 2011 NCAA South Central Regional Championship, Harter was named the regional head coach of the year by the USTFCCCA. With a scoring lineup that featured Gillespie, Stephanie Brown and three freshmen, the Razorbacks finished 14th at the NCAA Cross Country Championships. Gillespie ran to All-America honors.

During the 2010-11 season, Harter led the Razorbacks to no less than third place at the three SEC Championships with a runner-up finish in cross country and indoor track and field and a bronze result in the outdoor season. On the national stage, Arkansas posted back-to-back top-five national indoor finishes in 2011 and 2012.

During the 2010 cross country season, Harter had the sixth SEC Freshman Runner of the Year under his tutelage when Stephanie Brown was honored following her initial season on the trails. The individual awards continued as Sutej dominated the field category in 2011 as the SEC Indoor and Outdoor Field Athlete of the Year, South Central Region Indoor and Outdoor Field Athlete of the Year and USTFCCCA National Women’s Outdoor Field Athlete of the Year.

Harter’s student-athletes picked up 18 All-America honors during the 2010 indoor and outdoor seasons including the distance medley relay and the indoor and outdoor 4x400-meter relays. Additionally, the Razorbacks picked up five SEC individual event titles. The squad picked up a runner-up finish at the 2010 SEC Indoor Championships, a third-place finish at the 2010 SEC Outdoor Championships and 15th-place finishes at the 2010 NCAA Indoor and Outdoor Championships.

The high water mark to his career at Arkansas, so far, is when his teams won a league-record seven-consecutive SEC titles including a pair of triple crowns (titles in cross country, indoor track and outdoor track in the same academic year). Harter’s Razorbacks were just the second team in league history to accomplish the task in 1999-2000, then repeated the performance in 2000-01 making them the only squad in the SEC’s 30-year history of women’s cross country and track and field to accomplish the task twice.

Those banner seasons were not without other accolades outside the SEC titles. During that time period, Harter’s Razorbacks posted school-best finishes at both the NCAA Indoor (third) and Outdoor (fifth) Championships, as he led his teams to five top-six NCAA finishes. On a personal level, Harter was awarded numerous honors including six SEC Coach of the Year Awards, six South Central Region Coach of the Year trophies and the three USTFCCCA National Coach of the Year honors.

For his numerous achievements at Arkansas, Harter has been honored several times in recent years, including his induction into the University of Arkansas’ Hall of Honor in the fall of 2006. His inclusion into the elite club makes him the only active Razorback women’s coach to be enshrined and just the second women’s coach at Arkansas.
Harter's coaching prowess has been noticed not just by his peers but by national organizations like USA Track & Field who have asked Harter to coach at several international competitions. He has represented his country five times including the 1992 Olympic Games in Barcelona, Spain, where he was an assistant coach. He was also the head coach for the 1999 USA World Championships team and had the pleasure of once again coaching one of his pupils, multi-time U.S. Champion and 2004 Olympic bronze medalist Deena Kastor. His most recent appointment to a national coaching position came in 2003 when he was the head women's coach for Team USA’s World Cross Country team in Brussels, Belgium.

Harter is quick to give credit for his success to his student-athletes and assistant coaches, but there is no arguing that with him at the helm the Razorbacks are one of the nation’s elite programs. Harter has won almost as many SEC women’s cross country championships (13) as all other member institutions combined in the history of the SEC (14).

For his efforts in cross country, Harter has earned 13 SEC Coach of the Year Awards, 14 NCAA Regional Coach of the Year honors and the 1999 NCAA National Coach of the Year Award. In total, he has been awarded the SEC’s Coach of the Year honor 19 times and is the only women’s coach to ever earn awards in cross country, indoor and outdoor track. In track and field, he has been given an NCAA Regional Coach of the Year award 17 times during his career and NCAA National Coach of the Year four times.

From a team perspective, Harter’s influence on Arkansas cross country and track has been tremendous. He has led both the cross country and indoor track teams to number one national rankings, the only number one rankings by any women’s team in Arkansas history. During his career, Harter has brought seven NCAA team trophies back to Fayetteville: four national runner-up awards in cross country, a third place for cross country and a third and a fourth-place finish for indoor track.

Harter’s career at Arkansas began in the fall of 1990, and it didn’t take long for him to carry his previous success to the Razorback program. Picking up a Southwest Conference runner-up finish in his first year, he also guided that squad to the first of his 14 regional titles. As good as his team was in year one, it was the 1991 squad that made Arkansas cross country a household name. Leading a strong group of young women into the season, Arkansas took the first of three-consecutive NCAA runner-up trophies and finished the year with just a single loss.

The 1991 season also brought the Razorbacks into the SEC and it didn’t take long for Arkansas to establish its superiority. The Razorbacks scored 30 points at their first SEC Championship, placing all five scorers in the top nine. The conference title was the first of five consecutive championships, a feat that has only been equaled once since (1998-2002).

While the end of the millennium raised the bar for the Razorbacks, Harter challenged himself to exceed the lofty expectations heaped upon his team. Since 2001, Harter has guided Arkansas to eight SEC Championships and watched former Razorback athletes win six medals in the Olympic Games. His eye for talent has been his best asset and developing those skills runs a close second. He often likens his coaching style and philosophy to a series of escalators where athletes get on at the ground floor when they arrive as freshmen and get off at the penthouse upon graduation.

A perfect example was a raw talent from Kendallville, Ind., that Harter groomed first into a conference and national champion then into the greatest female track athlete in SEC history. When Amy Yoder Begley completed her collegiate career with a pair of national titles, she became the all-time leader in SEC history with 15 individual championships, the all-time leader for a female athlete at Arkansas with 15 All-America honors, and only the third track athlete in conference history to become the SEC Athlete of the Year.

Harter arrived at Arkansas in 1989 after 11 years of building the nation’s top Division II program at Cal Poly-San Luis Obispo. His teams at Cal Poly-SLO won a Division II record 14 national championships, including eight consecutive cross country and six track and field titles. He was Division II national coach of the year 10 times.

From the beginning of NCAA Division II Championships in 1981, Harter’s teams controlled the awards ceremonies. The Mustangs finished runner-up the initial season and after that ran off a string of eight straight titles. In track and field, Harter won five NCAA and one AIAW championship. He was inducted into Cal Poly’s Hall of Fame in the fall of 2004.

Before coaching at Cal Poly-SLO, Harter was the men’s and women’s track and field coach at Smoky Hill High School in Denver, Colo. During his five years with SHHS, his teams won five cross country and five track conference titles. Before SHHS, he was an assistant coach for two years at Colorado State.

A 1972 graduate of Texas Tech, Harter set several school records as a member of the cross country and track teams. A dean’s list honoree every semester at Tech, he earned his degree in physical education and American history. He earned his master’s in education from Colorado State in 1974, focusing on physiology of exercise. He has completed doctoral hours at both Colorado and Colorado State.

Harter and his wife, Kim, have five children, Jeff, Meagan, Alison, Kristy and Josh.
Chris Johnson begins his first season as the associate head coach for the University of Arkansas women’s track and field team. Johnson will oversee the Razorbacks’ efforts in the sprints, hurdles and jumps. He will also assist with Arkansas’ multi-event competitors. Johnson spent the previous eight years at Penn State University, the last four seasons as the Nittany Lions’ associate head coach.

Johnson is no stranger to the Razorbacks, having spent two years as a graduate assistant on Harter’s staff during the 2003 and 2004 seasons. In addition to his duties with the Arkansas sprinters and hurdlers in that time, he worked directly with NCAA champions Veronica Campbell and LaShaunte’a Moore. The Razorbacks won two Southeastern Conference titles—2003 indoor and 2004 outdoor—while Johnson was in Fayetteville.

On the heels of a standout performance by his team, Johnson was named the 2012 USTFCCCA Mid-Atlantic Men’s Outdoor Assistant Coach of the Year. It was the seventh award for Johnson for his work at Penn State. In addition to indoor coaching honors in 2009 and 2011, he also swept the USTFCCCA indoor and outdoor accolades in 2008 and 2010.

In 2012, Johnson directed the performances of 14 All-Americans—five indoor and nine outdoor—and guided the Penn State men to the program’s first-ever 4x400-meter relay title at the Big Ten Championships. During his career with the Nittany Lions, he saw his student-athletes earn two NCAA titles and 36 conference titles, split between 22 individual and 14 relay victories.

Throughout the 2011 campaign, Johnson-coached athletes bettered a total of four school records, while freshman Brady Gehret ran to bronze-medal honors at 400 meters at the NCAA Indoor Championships. Johnson was also named USTFCCCA-Mid-Atlantic Women’s Assistant Coach of the Year, the sixth such honor of his coaching career.

Johnson guided well over 50 All-America performances at Penn State, including NCAA victories from Shana Cox in the 400-meters and Cox, Aleesha Barber, Dominique Blake and Gayle Hunter in the 4x400-meter relay in 2008. Johnson directly coached many of Penn State’s most decorated athletes in program history, including Cox and Barber, who each earned 11 All-America certificates.

In 2011, Johnson guided a trio of All-America 4x400 relays with the women’s squad finishing sixth indoors and fourth outdoors, and the men’s team taking fifth at the NCAA Indoor Championships. All told, Johnson saw a grand total of nine All-America relays, including an NCAA title run in the women’s mile relay in 2008.
Indoors, Johnson coached freshman phenom Gehret to a school-record 46.22 in the 400, while the men’s 4x400-meter relay, including Gehret and fellow Johnson protégé Aaron Nadolsky, clocked a school-record 3:07.27. The duo also assisted on the Nittany Lions’ record-setting relay outdoors.

During the 2011 indoor season, Johnson oversaw conference winning efforts from Shavon Greaves in the 200-meters, as well as the women’s 4x400-meter quartet of Doris Anyanwu, Ije Iheoma, Greaves, and Megan Duncan. On the men’s side, Johnson led Gehret to a runner-up standing the in 400.

In 2010, Johnson’s sprints/hurdles contingent highlighted by a dominate effort at the Big Ten Outdoor Championships, adding an impressive total of 93 points toward the Nittany Lions’ women’s team title. Johnson’s sprint/hurdle corps ran the table in their event area, claiming individual titles in the 100, 200, and 400 meters, as well as the 200- and 400-meters hurdles, and 4x100- and 4x400-meter relays.

Johnson’s athletes also played a key role in the Nittany Lions’ fourth-place “Trophy Team” finish at the NCAA Outdoor Championships in 2010, thanks to All-America efforts from Barber, Greaves, Fawn Dorr and the 4x400 relay. All told, Johnson guided seven athletes to the NCAA outdoor meet, with athletes representing the Blue and White in four individual events, as well as both relays.

Individually, Barber paced the Nittany Lion sprints and hurdles squad with a bronze-medal finish in the 100-meter hurdles at the NCAA Outdoor Championships, while Dorr turned in a fourth-place effort in the 400-meter hurdles, and Greaves placed seventh in the 200-meters.

The PSU sprints and hurdlers were equally as successful during the 2010 indoor campaign, with Greaves running a world-leading 22.98 for the 200 at the Big Ten Indoor Championships. Johnson’s athletes claimed two individual and one relay title, with Greaves taking the 60 and 200, and the squad of Anyanwu, Dorr, Greaves and Caitlin DeFusco setting a Big Ten meet record 3:35.38 en route to the program’s fifth-straight victory in the indoor conference 4x400. Nationally, Johnson led Greaves to a third-place finish in the 200—the Lions’ highest finish in the event since 2004—and guided Dorr to fifth-place honors in the 400. The Nittany Lions were well represented in the sprints in total, with Greaves earning All-America honors with an 11th-place finish in the 60, DeFusco placing 17th in the 200, and the 4x400 finishing in ninth overall.

On the NCAA level in 2009, Johnson guided his always competitive 4x400-meter relay to a pair of All-America finishes, leading the quartet of Barber, Greaves, Dorr, and Gayle Hunter to bronze-medal honors at the NCAA Indoor Championships, and a fourth-place finish at the outdoor national championships.

Johnson is married to the former Gi-Gi Miller, a 2001 NCAA triple jump champion and four-time All-American during her collegiate career at Arkansas. She still owns the school records in the indoor and outdoor triple jump and heptathlon. With Johnson’s training, she competed at the 2005 and 2007 IAAF World Championships and was the 2006 U.S. champion in the heptathlon. The couple was married in October 2005.

An outstanding athlete in his own right, Johnson graduate from Lamar University in 1999, earning a degree in kinesiology. During his collegiate career, he was a Sun Belt Conference champion at 400 meters.
Joining the Razorbacks in the fall of 1998, Bryan Compton has proven to Arkansas that he was an invaluable addition for its coaching staff. In 14 years of working with the Razorback throwers and vaulters, Compton’s student-athletes have set 14 school records a total of 71 times, not including numerous heptathlon marks.

Following a breakout season in 2011, Compton protege Tina Sutej repeated as the NCAA indoor champion in Nampa, Idaho. She kicked off the championship season by winning her third SEC indoor title with an NCAA-record clearance of 14-11. At the same meet, Tara Diebold established a new personal best with a mark of 14-4 to clinch an SEC runner-up finish.

The level of success of Compton’s group reached a new level during the 2011 season with a special season from Sutej. Having established herself with a runner-up finish at the 2010 NCAA Outdoor Championships, the Slovenian standout made history with a pair of NCAA records in 2011. At both SEC meets, Sutej vaulted her way to the top of the records book with clearances of 14-10.75 (indoor) and 15-1.5 (outdoor), the best-ever marks by a collegiate.

Sutej was rewarded for her season by being named one of three finalists for The Bowerman, the first athlete in Arkansas history to be selected. She was a two-time All-American in 2011 and won the NCAA Indoor title in the pole vault. Compton had two vaulters—Sutej and Diebold—finish in the top six at the national indoor meet, combining for 13 points toward Arkansas’ fourth-place team total.

Sutej dominated the field category in 2011 as the SEC Indoor and Outdoor Field Athlete of the Year, South Central Region Indoor and Outdoor Field Athlete of the Year and USTFCCCA National Women’s Outdoor Field Athlete of the Year.

Arkansas’ resident vault expert was recognized for his contributions during the spring of 2005 when Compton was named the U.S. Track and Field and Cross Country Coaches’ Association’s (USTFCCCA) Mideast Region Assistant Coach of the Year. That season his athletes earned two All-America honors, broke a pair of school records and each of the student-athletes he coached earned a spot at the NCAA Mideast Regional Championships, including four pole vaulters.
Compton’s expertise in the vault is the biggest addition to the Arkansas arsenal. In the past 13 years, he has coached nine student-athletes to 26 All-America honors, 11 Southeastern Conference championships and a five of SEC championship records. One of his most recent protégés, Jodi Unger, earned four All-America honors during the 2006 and 2007 seasons and was the NCAA runner-up in the pole vault outdoors as a senior.

In 2008, Katie Stripling carried on the strong pole vault tradition as she became the first Razorback to win both the SEC indoor and outdoor titles in the same season. Her bronze finish at the NCAA Championships picked up an All-America certificate.

Stripling carried over her success from 2008 into the 2009 season. She picked up two additional All-America honors and the 2009 SEC Outdoor individual title. Winning her third conference pole vault title and second outdoors, she cleared 14-5.25. Stripling’s clearance was an Arkansas record and is an SEC meet record.

Prior to Stripling and Unger’s emergence, Compton was best known for his work with former Razorback and 2008 Olympian April Steiner Bennett. A novice in the event when she arrived on campus in the fall of 2000, Steiner Bennett quickly became a household name and was the first woman in SEC history to clear 13 feet in the event indoors. She earned three-consecutive All-America honors indoors and set the standards for all Arkansas vaulters with then-school records exceeding 14 feet, both indoors and out.

Compton’s magic touch is not limited to the vault but to the other disciplines he coaches as well. In the throws, Compton guided Marie LeJour to Arkansas’ first SEC Commissioner’s Trophy by a non-distance runner, as well as its first conference championship in a throwing event. The summer following her breakthrough year, LeJour went on to win the first of her two Canadian National Championships in the discus.

Additionally, Brandy Blackwood, under Compton’s guidance, was one of Arkansas’ most decorated student-athletes and throwers. Blackwood stood out in the crowd with her eighth-place finish in the hammer throw at the 2004 SEC Championships in Oxford, Miss. Her points were vital to Arkansas picking up the 2004 SEC Outdoor Team Championship.

Blackwood holds the Arkansas records in the indoor weight throw and the outdoor hammer throw. She marked a toss of 68-6.5 in the weight throw at the 2005 NCAA Indoor Championships in Fayetteville, Ark. Her best hammer throw measured 192-9 at the 2005 NCAA Mideast Regional Championships in Bloomington, Ind.

Added to his list of responsibilities in 2002 was the high jump and Compton once again produced. He coached Jessica Johnson to Arkansas school records both indoors and out, breaking the then-oldest school records in the books. With the records in hand, Johnson went after bigger and better things, taking Arkansas’ first-ever All-America honor in the high jump and finishing as national runner-up in the spring of 2003 with a clearance of 6-1.25.

Not to be ignored is Compton’s work with Arkansas’ multi-event personnel. His student-athletes have broken each of the Razorback event records in the multi-event throws and have earned a total of eight All-America honors. In the spring of 2000, Arkansas qualified three heptathletes for the NCAA Outdoor Championships.

Not only has Compton been an accomplished coach over the past 20-plus years but he was also a good athlete in his own right. A varsity track athlete at Angelo State, Compton was a national qualifier for the NCAA Division II National Championships in both 1983 and 1984 in the long jump and the sprint relay. Compton earned his bachelor’s degree in physical education and biology from Angelo State in 1985. He has a son, Austin.
Jeff Kent joined the Arkansas Razorback women’s cross country and track and field staff in September 2009. He is in his fourth season as the director of women’s cross country and track and field operations.

His day-to-day duties include overseeing the program’s equipment needs, travel arrangements, meet management at Arkansas’ home events and the coordination of details in the coaches’ recruiting efforts.

Kent also acts as an on-campus recruiting coordinator for official visits and is in charge of coordinating official visits to Arkansas’s campus for the distance program. He has also gained certification as a USATF Level 2 Track and Field Coach for Endurance.

Prior to his move to Fayetteville, Kent served as Delta State’s graduate assistant women’s cross country coach during the 2007-09 seasons. He was responsible for recruiting, budgeting, scheduling, fund raising and academic supervision, as well as other aspects of the program.

A native of Valparaiso, Ind., Kent received his bachelor’s degree in health and sport studies from the University of Iowa and his master’s degree in health, physical education and recreation from Delta State University in Cleveland, Miss. He was a member of the Iowa Hawkeye cross country and track and field teams during the 2004-07 seasons.

The Valparaiso, Ind., native is married to the former Carrie Melville.
2013 ARKANSAS WOMEN’S TRACK AND FIELD MEDIA GUIDE

2012 REVIEW

![Image of an athlete holding a trophy](image-url)
Fulfilling an Olympic Dream: Five current and former Razorbacks represented their respective countries at the 2012 Summer Olympic Games in London. The list featured Regina George (Nigeria), Ivanique Kemp (Bahamas), Tina Sutej (Slovenia), Veronica Campbell-Brown (Jamaica) and Kerri-Ann Mitchell (Canada). Campbell-Brown won two medals—silver in the 4x100m and bronze at 100 meters—to increase her career total to seven Olympic medals.

Summer Success: Off an SEC title at 400 meters and a fourth-place finish at the NCAA Championships, Regina George recorded a standout summer in which she represented Nigeria at the Olympics and won the country’s national title at 400 meters. She finished her 2012 season with 10 sub-52 performances at 400 meters including a school-record time of 51.11 set at the Africa Championships.

That’s a Wrap: Capped by a fourth-place finish in the 4x400-meter relay, Arkansas finished the NCAA Championships tied for 24th place in the team standings with 13 points. The Razorbacks’ points came from the relay, a fourth-place finish from Regina George at 400 meters and sixth-place result at Tina Sutej in the pole vault.

USTFCCCA All-Americans: Matching their haul from the indoor season, the Razorbacks earned 16 outdoor All-America honors from the U.S. Track and Field and Cross Country Coaches Association (USTFCCCA). Overall, Arkansas had six first-team accolades, six second-team honors and four honorable-mention performers. Regina George led the way with three total honors.

Academic Accolades: In addition to their prowess in competition, the Razorbacks showcased their efforts in the classroom as the USTFCCCA Indoor Scholar Team of the Year for the second time in program history. Collectively, the Arkansas women recorded a 3.183 GPA. Additionally, Tara Diebold and Tina Sutej were named CoSIDA Academic All-America performers.

Representing the Team: At the NCAA West Preliminary, Arkansas racked up nine national qualifiers to move on to the NCAA meet. With the addition of Makeba Alcide in the heptathlon, the Razorbacks had a total contingent of 10 at the NCAA Championships, the seventh-highest total in the country.

Entries at NCAA Championships

(number represents rank among 24 qualifiers from prelims)

- 200m • 21. Tiffany Hines, 23.47
- 400m • 8. Regina George, 52.34; 21. Whitney Jones, 53.09
- 1,500m • 22. Kristen Gillespie, 4:21.24
- 100mH • 16. Ivanique Kemp, 13.23; 20. Brittany Hyter, 13.25
- 4x100m • 15. Flowers/George/Kemp/Hines, 44.50
- 4x400m • 6. George/Jones/Williams/Flowers, 3:31.94
- Pole Vault • 5. Tina Sutej, 4.17m/13-8.25
- Heptathlon • 12. Makeba Alcide, 5,621 points

Scott, Diebold Earn SEC Accolades: Dominique Scott was named the SEC Women’s Freshman Runner of the Year and Tara Diebold was selected the Co-SEC Women’s Scholar-Athlete of the Year. Scott is the first Razorback to earn top freshman honors since the award’s inception in 2004. Diebold is the second scholar-athlete recipient in school history. Overall, Arkansas collected 10 All-SEC selections between one first-team performer, six second-team honors and three all-freshman members.

RECAP - SEC Outdoor Championships: Regina George won the 400 meters and the Razorbacks finished in third place at the 2012 SEC Championships in Baton Rouge, La. With a push over the final two events of the day, Arkansas moved past Georgia for the bronze finish with 111.5 points overall. George’s victory at 400 meters was the program’s first-ever SEC title in that event.

Collecting Points: In five different events at the SEC Championships, the Razorbacks racked up at least 10 points. The team’s high-point event was the 3,000-meter steeplechase (17 points), followed by the 5,000 meters (14), 10,000 meters (14), 400 meters (13) and 100-meter hurdles (13).

Getting Faster: At the Arkansas Invitational, the 4x100-meter relay team of Gwendolyn Flowers, Regina George, Tiffany Hines and Whitney Jones combined for a season-best time of 44.01, the third-fastest time in school history. The quartet had a previous season best of 44.09 to crack the program’s top-five performance list.

Penn Relays Three-Peat: Tina Sutej successfully defended her pole vault title at the 118th Penn Relays to become a three-time champion at the prestigious event. The win was her third straight at Penn, a victory she secured with a final clearance of 4.35m/14-3.25. With the first-place finish, Sutej extended her season winning streak to nine meets, dating back to the start of the indoor campaign. The win represented the seventh Penn Relays pole vault title for the Razorbacks in the past 10 years. Overall, it was the program’s 15th event title at Penn Relays.

History at Drake: Arkansas now owns two Drake Relays records with top spots in the sprint-medley relay and 4x400-meter relay. At the 2012 event, the sprint-medley team of Gwendolyn Flowers, Tiffany Hines and Whitney Jones combined for a season-best time of 44.01, the third-fastest time in school history. The quartet had a previous season best of 44.09 to crack the program’s top-five performance list. In five different events at the SEC Championships, the Razorbacks racked up at least 10 points. The team’s high-point event was the 3,000-meter steeplechase (17 points), followed by the 5,000 meters (14), 10,000 meters (14), 400 meters (13) and 100-meter hurdles (13).

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Long-Distance PRs: For the second time in as many races in California, Kristen Gillespie and Grace Heymsfield established career-best times. Competing at the Payton Jordan Invitational, Gillespie posted a time of 4:13.33 at 1,500 meters while Heymsfield finished the 3,000-meter steeplechase in a time of 10:13.41, more than three seconds faster than her previous best. One week prior at the Mt. SAC Relays, Gillespie ran a then-PR of 4:13.41.

Top Freshman: For the second time in three weeks, Dominique Scott was named the SEC Freshman of the Week (April 24). Running in the ‘A’ section of the 5,000 meters at the Mt. SAC Relays, Scott finished in sixth place with a time of 16:12.69. Her time is the fastest ever by an Arkansas freshman.

Freshman of the Week: For her performance at the Stanford Invitational, Dominique Scott was the SEC Freshman Athlete of the Week (April 10). She made her 10,000m debut at the Stanford Invitational with a time of 33:54.95. Her time is the fastest by an Arkansas runner at 10,000 meters since the 2009 season.

Successful Defense: Tina Sutej established the Texas Relays meet record with a clearance of 4.55m/14-11 and became the second woman in the event’s history to win back-to-back pole vault titles. She surpassed the previous meet record of 14-9, a mark she shared with Chelsea Johnson of UCLA. The win gave Arkansas its 18th Texas Relays title in program history, including three straight in the pole vault. For her performance, Sutej was named the SEC Field Athlete of the Week.

School-Record Relay: The Razorbacks’ 4x200 relay of Gwendolyn Flowers, Tiffany Hines, Regina George and Whitney Jones combined for a school-record time of 1:33.04. The performance broke the previous school mark of 1:33.23 set in 2007 by Lakeisha Martin, Tominique Boatright, Sasha Rolle and Jessica Cousins at the Drake Relays.

Indoor Season Finale: The Razorbacks finished in fifth place at the 2012 NCAA Indoor Championships in Nampa, Idaho. Arkansas scored 24 points at the national meet to secure the program’s fifth top-five national indoor finish and second straight. Arkansas’ 24 points came by way of 10 points from NCAA champion Tina Sutej in the pole vault, eight points from Regina George as the national runner-up at 400 meters for the second-consecutive year, five points from the 4x400-meter relay and a point from Kristen Gillespie in the mile.

USTFCCCA All-Americans: The Razorbacks earned 16 All-America honors from the USTFCCCA. Overall, Arkansas collected seven first-team performers, five second-team members and four honorable-mention accolades. First-team recognition went to Regina George at 400 meters, Kristen Gillespie in the mile, Tina Sutej in the pole vault and the 4x400-meter relay.

Sutej Does It Again: Tina Sutej won her second NCAA indoor title in the pole vault with a winning clearance of 4.45m/14-7.25. She clinched the title without a miss; only misses came on attempts at a new collegiate record. Sutej became the first two-time indoor NCAA champion in program history and third to win two NCAA titles overall (Sutej, Amy Yoder Begley and Aneita Denton). Sutej ended her collegiate indoor career having won 13 consecutive indoor meets dating back to the start of the 2011 season.

National Indoor Entries: With the announcement of the 2012 national qualifiers, Arkansas had 10 entries at the NCAA Indoor Championships. The Razorbacks were represented by eight individual and two relays, spread among eight events. Arkansas tied for the second-most entries at the national meet.

Seizing the Day: Ivanique Kemp entered the Arkansas Last Chance with a season-best time of 8.27. By the end of the meet, she had established a new school record of 8.13 to put herself in position to qualify for the NCAA meet. She replaced the previous record of 8.16 set by Kyla Shoemake during the 1998 season. Kemp’s time entering the Last Chance would not have qualified for the national meet.

Gillespie, Sutej Receive SEC Year-End Awards: Based on their respective efforts at the SEC Championships, Kristen Gillespie was named the SEC Women’s Runner of the Year and Tina Sutej was voted the SEC Women’s Field Athlete of the Year. Gillespie is the second conference Runner of the Year in program history (Veronica Campbell, 2004). Sutej repeated as the SEC Field Athlete of the Year. Gillespie went on to be voted the USTFCCCA South Central Region Women’s Track Athlete of the Year.
RECAP - SEC Indoor Championships: The Razorbacks finished in third place with 99 points at the SEC Indoor meet in Lexington. Along the way, Arkansas collected five SEC event titles, three NCAA automatic-qualifying marks, two school records and an NCAA record. The Razorbacks have now finished in the top three at the conference indoor meet 14 times since joining the conference in 1991-92, a span of 21 years.

Collecting Titles: Arkansas event titles at the SEC Indoor Championships came from Makeba Alcide in the pentathlon, Whitney Jones in the long jump, Kristen Gillespie in the mile and 3,000 meters and Tina Sutej in the pole vault. The five-title haul equals the program mark for most wins at an SEC Indoor Championship meet; the 2000 team also won five even titles.

Upping the Mark: Tina Sutej became the first woman in SEC history to win three pole vault titles. She celebrated her third-consecutive league title by resetting the NCAA record with a final clearance of 4.55m/14-11. In addition to the collegiate record, Sutej set the meet and Nutter Field House records and improved upon her own national record for Slovenia.

High-Point Scorer: For her efforts at the SEC Indoor Championships, Kristen Gillespie was awarded the Cliff Harper Trophy as the high-point scorer on the women’s side. She finished the meet with 22 points from her victories in the mile and 3,000 meters and second-place showing with the distance-medley relay. En route to her mile title, Gillespie set the school record in the event with her winning time of 4:34.49, also a meet and Nutter Field House record.

Tyson Track Lives Up to Reputation: Playing host to the Tyson Invitational and USA Track & Field Classic, the Randal Tyson Track Center lived up to its billing as the world’s fastest indoor facility. Over the course of two days, 16 student-athletes from around the country combined for 22 NCAA auto marks. The professionals also took advantage with two new American records and five world-leading performances.

Record for Regina: With her victory at 500 meters at the New Balance Collegiate Invitational, Regina George broke the school and meet record with her time of 1:09.81, the No. 6 all-time performance by a collegiate runner. Her time also represents the fastest time by a collegiate at The Armory. The school record was the first individual record mark for George who is also part of Arkansas’ records in the indoor and outdoor 4x400-meter relays.

Gillespie Ties Wurth in Record Book: Kristen Gillespie won the invitation-al section of the mile at the Razorback Invitational in a record-tying time of 4:36.94. She equals the school mark that she now shares with Christin Wurth who originally set the record in 2003. Gillespie’s run was also an NCAA automatic qualifier.

Red Tie Honorees: Tara Diebold and Tina Sutej were two of the Razorback student-athletes honored at the annual Red Tie Salute to Excellence Awards banquet. Diebold was given the Scholar-Athlete Award while Sutej was named Athlete of the Year.

Compton Honored at Summit: Razorback assistant coach Bryan Compton was awarded National Collegiate Pole Vault Coach of the Year accolades at the National Pole Vault Summit in Reno, Nev. Working primarily with the team’s pole vault and throw crews, the 2012 season was Compton’s 14th with Arkansas.

Bowerman Preseason Watch List: A 2011 finalist for the award, Tina Sutej was named to 2012 Bowerman Preseason Watch List. She was one of 10 student-athletes named in the release. The official preseason watch list included 2011 finalists Sutej and Kimberlyn Duncan of LSU.
2012 Indoor Top Marks

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time/Mark</th>
<th>Meet/Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>60m</td>
<td>Tiffany Hines</td>
<td>7.42 (Arkansas Last Chance, 3/2)</td>
<td></td>
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<tr>
<td>200m</td>
<td>Tiffany Hines</td>
<td>23.69 (Arkansas Last Chance, 3/2)</td>
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</tr>
<tr>
<td>400m</td>
<td>Regina George</td>
<td>52.54 (NCAA Championships, 3/10)</td>
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<tr>
<td>800m</td>
<td>Stephanie Brown</td>
<td>2:03.93 (Razorback Invitational, 1/28)</td>
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</tr>
<tr>
<td>Mile</td>
<td>Kristen Gillespie</td>
<td>4:34.94 (SEC Championships, 2/26)</td>
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<tr>
<td>3,000m</td>
<td>Kristen Gillespie</td>
<td>9:20.86 (SEC Championships, 2/25)</td>
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<tr>
<td>5,000m</td>
<td>Kaitlin Flattmann</td>
<td>16:44.63 (SEC Championships, 2/26)</td>
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<tr>
<td>60mH</td>
<td>Ivanique Kemp</td>
<td>8.13 (Arkansas Last Chance, 3/2)</td>
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<tr>
<td>4x400m</td>
<td>Flowers/Jones/Williams/R. George</td>
<td>3:32.75 (Tyson Invitational, 2/11)</td>
<td></td>
</tr>
<tr>
<td>60mH</td>
<td>Tiffany Hines</td>
<td>8.13 (Arkansas Last Chance, 3/2)</td>
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</tr>
<tr>
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<td>Flowers/Jones/Williams/R. George</td>
<td>3:32.75 (Tyson Invitational, 2/11)</td>
<td></td>
</tr>
<tr>
<td>DMR</td>
<td>Gillespie/Flowers/Learch/Brown</td>
<td>11:01.01 (NB Collegiate Invite, 2/3)</td>
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<tr>
<td>LJ</td>
<td>Whitney Jones</td>
<td>20.525 (Arkansas Last Chance, 3/2)</td>
<td></td>
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<tr>
<td>TJ</td>
<td>Tamara Myers</td>
<td>41.45 (Tyson Invitational, 2/11)</td>
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<tr>
<td>HJ</td>
<td>Makeba Alcide</td>
<td>5.925 (SEC Championships, 2/24)</td>
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<tr>
<td>PV</td>
<td>Tina Sutej</td>
<td>14.11 (SEC Championships, 2/25)</td>
<td></td>
</tr>
<tr>
<td>SP</td>
<td>Makeba Alcide</td>
<td>40.0 (Arkansas Last Chance, 3/2)</td>
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<tr>
<td>WT</td>
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<tr>
<td>Pent.</td>
<td>Makeba Alcide</td>
<td>4,126 points (SEC Championships, 2/24)</td>
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</tr>
</tbody>
</table>

NCAA Record
Tina Sutej • pole vault // 14-11 (SEC Championships, 2/25)

School Records
Stephanie Brown • 1,000m // 2:42.83 (Arkansas Invitational, 1/6)
Regina George • 500m // 1:09.81 (NB Collegiate Invitational, 2/3)
DMR • 11:01.01 (NB Collegiate Invitational, 2/3)
Stephanie Brown • 1,500m // 4:15.38 (USA Track & Field Classic, 2/11)
Tina Sutej • pole vault // 14-11 (SEC Championships, 2/25)
Kristen Gillespie • Mile // 4:34.49 (SEC Championships, 2/26)
Ivanique Kemp • 60mH // 8.13 (Arkansas Last Chance, 3/2)

2012 Indoor Awards and Honors

NCAA Champion
Tina Sutej, pole vault

USTFCCCA All-America
First Team
Gwendolyn Flowers - 4x400m
Regina George - 400m, 4x400m
Kristen Gillespie - mile
Whitney Jones - 4x400m
Tina Sutej - pole vault

Second Team
Makeba Alcide - pentathlon
Stephanie Brown - 800m
Tara Diebold - pole vault
Whitney Jones - 400m
Ivanique Kemp - 60m hurdles

Honorable Mention
Martine Borge - DMR
Kristen Gillespie - DMR
Whitney Jones - DMR
Samantha Learch - DMR

USTFCCCA South Central Region Track Athlete of the Year
Kristen Gillespie

SEC Runner of the Year
Kristen Gillespie

SEC Field Athlete of the Year
Tina Sutej

SEC Champion
Makeba Alcide, pentathlon
Kristen Gillespie, mile
Kristen Gillespie, 3,000m
Whitney Jones, long jump
Tina Sutej, pole vault

All-SEC
First Team
Makeba Alcide - pentathlon
Whitney Jones - long jump
Kristen Gillespie - mile, 3,000m
Tina Sutej - pole vault

Second Team
Martine Borge - DMR
Tara Diebold - pole vault
Kristen Gillespie - DMR
Grace Heymsfield - DMR
Rachel Werner - DMR
All-Freshman
Kaitlin Flattmann - 5,000m

SEC Field Athlete of the Week
Tina Sutej • Jan. 17, Jan. 31

NCAA Automatic Qualifiers
Tina Sutej (pole vault - 14-3.25 - Kentucky Invitational, 1/13)*
Stephanie Brown (800m - 2:03.93 - Razorback Invitational, 1/28)
Kristen Gillespie (Mile - 4:36.94 - Razorback Invitational, 1/28)*
DMR (11:01.01 - NB Collegiate Invitational, 2/3)
Stephanie Brown (Mile - 4:35.81c - USA Track & Field Classic, 2/11)
4x400m (3:32.75 - Tyson Invitational, 2/11)
Tara Diebold (pole vault - 14-4 - SEC Championships, 2/25)

*multiple NCAA auto qualifier, first listed

Tina Sutej reset her own indoor NCAA record in the pole vault with a victory at the SEC Championships, became the first woman in SEC history to win three titles in the event and successfully defended her NCAA crown in Nampa, Idaho.
2012 Outdoor Top Marks

<table>
<thead>
<tr>
<th>Event</th>
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<th>Time</th>
<th>Meet/Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>Tiffany Hines</td>
<td>11.53</td>
<td>(Drake Relays, 4/28)</td>
</tr>
<tr>
<td>200m</td>
<td>Regina George</td>
<td>23.20w</td>
<td>(Arkansas Twilight, 5/4)</td>
</tr>
<tr>
<td>400m</td>
<td>Regina George</td>
<td>51.79</td>
<td>(SEC Championships, 5/12)</td>
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<tr>
<td>800m</td>
<td>Martine Borde</td>
<td>2:06.54</td>
<td>(JMcD Invitational, 4/21)</td>
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<tr>
<td>1,500m</td>
<td>Kristen Gillespie</td>
<td>4:13.33</td>
<td>(Payton Jordan Invite, 4/29)</td>
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<tr>
<td>5,000m</td>
<td>Kristen Gillespie</td>
<td>15:48.91</td>
<td>(Stanford Invitational, 4/6)</td>
</tr>
<tr>
<td>10,000m</td>
<td>Dominique Scott</td>
<td>33:54.95</td>
<td>(Stanford Invitational, 4/6)</td>
</tr>
<tr>
<td>100mH</td>
<td>Ivaniique Kemp</td>
<td>13.20</td>
<td>(JMcD Invitational, 4/21)</td>
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<tr>
<td>400mH</td>
<td>Brittany Hyter</td>
<td>58.44</td>
<td>(SEC Championships, 5/11)</td>
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<tr>
<td>3KSC</td>
<td>Grace Heymsfield</td>
<td>10:13.41</td>
<td>(Payton Jordan Invite, 4/29)</td>
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<tr>
<td>4x100m</td>
<td>Flowers/George/</td>
<td>44.01</td>
<td>(Arkansas Twilight, 5/4)</td>
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<td></td>
<td>Hines/Jones/Hines/Jones</td>
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<tr>
<td>4x400m</td>
<td>George/Jones/</td>
<td>3:31.16</td>
<td>(SEC Championships, 5/13)</td>
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<tr>
<td></td>
<td>Williams/Flowers/</td>
<td></td>
<td></td>
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<tr>
<td>HJ</td>
<td>Makeba Alcide</td>
<td>5:25.9</td>
<td>(SEC Championships, 5/10)</td>
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<tr>
<td>PV</td>
<td>Tina Sutej</td>
<td>14-11</td>
<td>(Texas Relays, 3/31)</td>
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<tr>
<td>LJ</td>
<td>Whitney Jones</td>
<td>20.25</td>
<td>(SEC Championships, 5/12)</td>
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<tr>
<td>T&amp;J</td>
<td>Tamara Myers</td>
<td>40.4</td>
<td>(Texas Relays, 3/30)</td>
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<tr>
<td>SP</td>
<td>Makeba Alcide</td>
<td>40.8</td>
<td>(Drake Relays, 4/25)</td>
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<td>Discus</td>
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<tr>
<td>Javelin</td>
<td>Makeba Alcide</td>
<td>111-8</td>
<td>(Drake Relays, 4/26)</td>
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<tr>
<td>Hept.</td>
<td>Makeba Alcide</td>
<td>5,621</td>
<td>(Drake Relays, 4/25-26)</td>
</tr>
</tbody>
</table>

School Records

Regina George • 400m // 51.11 (Africa Championships, 6/29)

4x200m • 1:33.04 (Texas Relays, 3/31)

2012 Olympians

Regina George (Nigeria)

Ivanique Kemp (Bahamas)

Tina Sutej (Slovenia)

Ivanique Kemp was the SEC outdoor runner-up in the 100-meter hurdles and a second-team All-America performer, and capped her 2012 season as a representative of her native Bahamas at the Summer Olympic Games in London.
<table>
<thead>
<tr>
<th>Event</th>
<th>University of Arkansas</th>
<th>Randal Tyson Track Center</th>
<th>SEC Meet</th>
<th>Collegiate</th>
</tr>
</thead>
<tbody>
<tr>
<td>800 Meters</td>
<td>2:01.96 – Aneita Denton SEC Championships, 2005</td>
<td>2:00.75 – Nicole Cook Tennessee, 2005</td>
<td>2:00.75 – Nicole Cook Tennessee, 2005</td>
<td>2:00.75 – Nicole Cook Tennessee, 2005</td>
</tr>
</tbody>
</table>
### 60 Meters
1. 7.20 Veronica Campbell 2004 Lexington, Ky.
2. 7.23 Veronica Campbell 2004 Fayetteville, Ark.
5. 7.27 Veronica Campbell 2004 Fayetteville, Ark.

### 200 Meters
1. 22.43 Veronica Campbell 2004 Fayetteville, Ark.
2. 22.51 Veronica Campbell 2004 Fayetteville, Ark.
3. 22.67 Veronica Campbell 2004 Lexington, Ky.
4. 23.03 Veronica Campbell 2004 Lexington, Ky.
5. 23.28 Veronica Campbell 2004 Fayetteville, Ark.

### 400 Meters
1. 52.10 Shelise Williams 2011 Fayetteville, Ark.
2. 52.20 Shelise Williams 2011 Fayetteville, Ark.
3. 52.30 Regina George 2011 College Station, Texas
4. 52.43 Shelise Williams 2010 Fayetteville, Ark.
5. 52.54 Regina George 2012 Nampa, Idaho

### 800 Meters
1. 2:01.96 Aneita Denton 2005 Fayetteville, Ark.
2. 2:03.65 Aneita Denton 2005 Fayetteville, Ark.
3. 2:03.91 Aneita Denton 2005 Fayetteville, Ark.
4. 2:03.93 Stephanie Brown 2012 Fayetteville, Ark.
5. 2:04.58 Nicole Teter 1992 Indianapolis, Ind.

### Mile
1. 4:34.49 Kristen Gillespie 2012 Lexington, Ky.
2. 4:36.94 Christin Wurth 2003 Gainesville, Fla.
3. 4:36.94 Kristen Gillespie 2012 Fayetteville, Ark.
4. 4:38.53 Trine Pilskog 1996 Indianapolis, Ind.
5. 4:39.07 Dacia Barr 2008 South Bend, Ind.

### 3,000 Meters
1. 9:10.62 Christine Kalmer 2007 New York, N.Y.
2. 9:11.21 Lilli Kleinmann 2000 Fayetteville, Ark.
5. 9:14.18 Lilli Kleinmann 2001 Fayetteville, Ark.

### 5,000 Meters
1. 15:46.89 Amy Yoder Begley 2000 Fayetteville, Ark.
2. 15:52.80 Deena Drossin 1993 Indianapolis, Ind.
3. 15:55.43 Lilli Kleinmann 2001 Fayetteville, Ark.
4. 16:01.30 Denise Bargiachi 2009 College Station, Texas
5. 16:02.95 Megan Flowers 1995 Indianapolis, Ind.

### 60-Meter Hurdles
1. 8.13 Ivanique Kemp 2012 Fayetteville, Ark.
3. 8.20 Kasia Williams 2005 Fayetteville, Ark.
4. 8.20 Ivanique Kemp 2012 Fayetteville, Ark.
5. 8.21 Kyla Shoemake 2000 Fayetteville, Ark.

### 4x400-Meter Relay
1. 3:30.08 Jones, Williams, Flowers, George, 2011 College Station, Texas
2. 3:31.01 Jones, Williams, Flowers, George, 2011 Fayetteville, Ark.
3. 3:32.48 Jones, Williams, Flowers, George, 2011 Fayetteville, Ark.
4. 3:32.75 Flowers, Jones, Williams, George, 2012 Fayetteville, Ark.
5. 3:32.87 Brooks, Williams, Jones, George, 2010 Fayetteville, Ark.
**Distance Medley Relay**

1. 11:01.01 Gillespie, Flowers, Learch, Brown, 2012  
   New York, N.Y.
2. 11:02.45 Gillespie, Williams, George, Brown, 2011  
   New York, N.Y.
3. 11:06.56 Learch, Williams, George, Gillespie, 2010  
   New York, N.Y.
4. 11:09.09 Denton, Boatright, Farrell, Sigmont, 2005  
   South Bend, Ind.
5. 11:11.58c Bevins, Heath, Sigmont, Wurth, 2003  
   Fayetteville, Ark.

**High Jump**

1. 5-11.25 Jessica Johnson 2003  Gainesville, Fla.
2. 5-10.75 Jessica Johnson 2003  Norman, Okla.
3. 5-10.5 Makeba Alcide 2011  Fayetteville, Ark.
4. 5-10 Jennifer McDonald 1989  Fayetteville, Ark.
5. 5-10 Makeba Alcide 2011  Fayetteville, Ark.

**Pole Vault**

2. 14-10.75 Tina Sutej 2011  Fayetteville, Ark.

**Long Jump**

2. 20-10.5 Peter-Gaye Beckford 2008  New York, N.Y.
4. 20-9 Angel Heath 2002  Ames, Iowa
5. 20-8 Angel Heath 2002  Fayetteville, Ark.

**Triple Jump**

1. 44-4 Gi-Gi Miller 2001  Fayetteville, Ark.
2. 43-4.5 Gi-Gi Miller 2001  Joplin, Mo.
3. 42-8.75 Gi-Gi Miller 2001  Lexington, Ky.
4. 42-6 Cynthia Moore 1990  Indianapolis, Ind.
5. 42-6 Tamara Myers 2013  Fayetteville, Ark.

**Shot Put**

2. 50-10.25 Marie LeJour 2001  Fayetteville, Ark.
4. 50-4.5 Jessica Sommerfield 2002  Fayetteville, Ark.
5. 50-2.5 Amber Crumbo 2000  Colorado Springs, Colo.

**Weight Throw**

1. 68-6.5 Brandy Blackwood 2005  Fayetteville, Ark.
2. 67-4.75 Brandy Blackwood 2005  Fayetteville, Ark.
3. 66-2.5 Brandy Blackwood 2005  Fayetteville, Ark.
4. 65-11 Brandy Blackwood 2005  New York, N.Y.
5. 64-2.5 Marie LeJour 2002  Fayetteville, Ark.

**Pentathlon**

1. 4,141 DeeDee Brown 2002  Fayetteville, Ark.
2. 4,126 Makeba Alcide 2012  Lexington, Ky.
3. 4,095 Etienne Chaplin 2008  Fayetteville, Ark.
4. 4,076 Beyonka McDowell 2005  Fayetteville, Ark.

**Pentathlon Event Records**

- **60-Meter Hurdles**

- **High Jump**
  - 5-10.75 Jessica Johnson 2003  Gainesville, Fla.

- **Shot Put**
  - 45-8 Beyonka McDowell 2005  Fayetteville, Ark.

- **Long Jump**
  - 20-3.75 Etienne Chaplin 2008  Fayetteville, Ark.

- **800 Meters**

**Bold** - current student-athlete
<table>
<thead>
<tr>
<th>Event</th>
<th>University of Arkansas</th>
<th>John McDonnell Field</th>
<th>SEC Meet</th>
<th>Collegiate</th>
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<tbody>
<tr>
<td><strong>100 Meters</strong></td>
<td>11.10 – Veronica Campbell</td>
<td>11.03 – Kerren Stewart</td>
<td>10.96 – Kimberly Duncan</td>
<td>10.78 – Dawn Sowell</td>
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<tr>
<td><strong>200 Meters</strong></td>
<td>22.41 – Veronica Campbell</td>
<td>22.36 – Shalonda Solomon</td>
<td>22.35 – Debbie Ferguson</td>
<td>22.04 – Dawn Sowell</td>
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<tr>
<td><strong>400 Meters</strong></td>
<td>51.11 – Regina George</td>
<td>50.39 – Joanna Atkins</td>
<td>50.63 – Miki Barber</td>
<td>50.10 – Monique Henderson</td>
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<td></td>
<td>Africa Championships, 51.11</td>
<td>Auburn, 2009</td>
<td>South Carolina, 2001</td>
<td>UCLA, 2005</td>
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<tr>
<td><strong>800 Meters</strong></td>
<td>2:01.91 – Aneita Denton</td>
<td>2:00.80 – Geena Gall</td>
<td>2:01.00 – Tiffany McWilliams</td>
<td>1:59.11 – Suzy Favor</td>
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<tr>
<td><strong>10,000 Meters</strong></td>
<td>32:58.2 – Claire Lavers</td>
<td>33:25.71 – Danette Doetzel</td>
<td>33:42.96 – Liz Costello</td>
<td>31:25.45 – Sally Kipyego</td>
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<tr>
<td><strong>100-Meter Hurdles</strong></td>
<td>12.98 – Elisha Brewer</td>
<td>12.91 – Moriam-Seun Adigun</td>
<td>12.72 – Kim Carson</td>
<td>12.48 – Virginia Powell</td>
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<tr>
<td><strong>400-Meter Hurdles</strong></td>
<td>56.46 – Brittany Hyter</td>
<td>55.39 – Nicole Leach</td>
<td>54.50 – Lashinda Demus</td>
<td>53.54 – Sheena Johnson</td>
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<td><strong>4x100-Meter Relay</strong></td>
<td>43.84 – Williams, Moore, Neely, Campbell</td>
<td>42.36 – Texas A&amp;M, 2009</td>
<td>42.80 – LSU, 2008</td>
<td>42.36 – Texas A&amp;M, 2009</td>
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<td>NCAA Championships, 2004</td>
<td>42.36 – Texas A&amp;M, 2009</td>
<td>(Morris, Henry, Broadus, Baptist)</td>
<td>(Carter, Lucas, Duncan, Mayo)</td>
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<td>3:28.63 – George, Williams, Flowers, Jones, Drake Relays, 2011</td>
<td>(Nwosu, Cooper, Anderson, Malone)</td>
<td>(Davy, Thomas, Hall, Regis)</td>
<td>(Jones, McIntosh, Chapple, Richards)</td>
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<tr>
<td><strong>High Jump</strong></td>
<td>6-1.25 – Jessica Johnson</td>
<td>6-4.75 – Destinee Hooker</td>
<td>6-1.25 – Levern Spencer</td>
<td>6-6 – Amy Acuff/Kaja Bergqvist</td>
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<td><strong>Pole Vault</strong></td>
<td>15-1.5 – Tina Sutej</td>
<td>14-9.25 – Tina Sutej</td>
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<td>1993</td>
<td>Georgia, 2006</td>
<td>Ole Miss, 2008</td>
<td>UCLA, 1985</td>
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<td><strong>Triple Jump</strong></td>
<td>44-7.5 – Gi-Gi Miller</td>
<td>45-6.5 – Kimberley Williams</td>
<td>45-10.75 – Suzette Lee</td>
<td>46-8 – Trecia Smith</td>
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<td><strong>Shot Put</strong></td>
<td>51-8 – Amber Crumbo</td>
<td>58-4.25 – Mariam Kevkhishvili</td>
<td>57-6.25 – Kimberli Barrett</td>
<td>62-3.75 – Meg Ritchie</td>
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<td><strong>Discus</strong></td>
<td>169-0 – Marie Leljou</td>
<td>194-4 – Danyel Mitchell</td>
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<td>221-5 – Meg Ritchie</td>
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<td><strong>Hammer</strong></td>
<td>192-9 – Brandy Blackwood</td>
<td>235-6 – Jenny Dahlgren</td>
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<td>239-4 – Jenny Dahlgren</td>
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<td><strong>Javelin</strong></td>
<td>162-10 – Carly Bloomfield</td>
<td>195-7 – Rachel Yurkovich</td>
<td>180-9 – Emily Carlsten</td>
<td>202-10 – Irina Kharun</td>
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<td><strong>Heptathlon</strong></td>
<td>5,925 points – Gi-Gi Miller</td>
<td>6,086 points – Brianne Theisen</td>
<td>5,969 points – Sharon Jaklofsky</td>
<td>6,527 points – Diana G. Gresham</td>
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### 100 Meters

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<th>Year</th>
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<tbody>
<tr>
<td>1</td>
<td>Veronica Campbell</td>
<td>2004</td>
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<tr>
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<td>4</td>
<td>Elisha Brewer</td>
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### 200 Meters

<table>
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<td>4</td>
<td>LaShawn Haythe</td>
<td>1989</td>
<td>Norman, Okla.</td>
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<tr>
<td>5</td>
<td>Shelse Williams</td>
<td>2010</td>
<td>Knoxville, Tenn.</td>
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### Wind-Aided Marks

<table>
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<tbody>
<tr>
<td>1</td>
<td>LaShaunte’a Moore</td>
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### 400 Meters

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<tr>
<td>1</td>
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<td>2012</td>
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<td>Calabar, Nigeria</td>
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### 800 Meters

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<tr>
<td>1</td>
<td>Aneita Denton</td>
<td>2005</td>
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<td>Stephanie Brown</td>
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### 1,500 Meters

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<tr>
<td>1</td>
<td>Christin Wurth</td>
<td>2003</td>
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<tr>
<td>2</td>
<td>Dacia Barr</td>
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<td>Des Moines, Iowa</td>
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### 3,000-Meter Steeplechase

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<tr>
<td>2</td>
<td>Lilli Kleinmann</td>
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<tr>
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### 5,000 Meters

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<tr>
<td>1</td>
<td>Jessica Dailey</td>
<td>2000</td>
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### 10,000 Meters

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<tr>
<td>1</td>
<td>Claire Lavers</td>
<td>1991</td>
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<td>Amy Yoder Begley</td>
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<td>Jamie Park</td>
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<td>4</td>
<td>Michelle Byrne</td>
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<td>5</td>
<td>Aisling Ryan</td>
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### 100-Meter Hurdles

<table>
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<tr>
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### Wind Aided Marks

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<tr>
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<tr>
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### 400-Meter Hurdles

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<tr>
<td>1</td>
<td>Brittany Hyter</td>
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### 400-Meter Relay

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<tr>
<td>1</td>
<td>Williams, Moore, Neely, Campbell</td>
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### 4x400-Meter Relay

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Jessica Cousins

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ArkansasRazorbacks.com || @RazorbackTF
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<tr>
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<th>Athlete</th>
<th>Year</th>
<th>Record</th>
<th>City</th>
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<tr>
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<td>5-11.25</td>
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<td>Marie LeJour</td>
<td>2001</td>
<td>169-0</td>
<td>Columbia, S.C.</td>
</tr>
<tr>
<td>4.</td>
<td>Marie LeJour</td>
<td>2001</td>
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300 Meters - Indoors
2. 38.65 Whitney Jones 2010 Blacksburg, Va.

500 Meters - Indoors
1. 1:09.81 Regina George 2012 New York, N.Y.
4. 1:13.05 Martine Borge 2012 New York, N.Y.
5. 1:13.92 Chrishuna Williams 2012 New York, N.Y.

1,000 Meters - Indoors
1. 2:42.83 Stephanie Brown 2012 Fayetteville, Ark.
2. 2:43.82 Melody Sye 1987 Okla. City, Okla.
3. 2:43.94 Stephanie Brown 2011 Fayetteville, Ark.
4. 2:45.86 Kristen Gillespie 2010 Blacksburg, Va.

1,500 METERS - Indoors
1. 3:48.69 Russell, Bedford, Sparks, Ousley, 1980 Columbia, Mo.
2. 3:50.67 Russell, Bedford, Sparks, Ousley, 1979 Columbia, Mo.
3. 3:52.14 Rittenhouse, Bedford, Armstrong, Ousley, 1979 Columbia, Mo.
4. 3:52.92 Elmore, Hall, Johnson, Barr, 1984 Norman, Okla.
5. 3:53.51 Barr, Bedford, Sparks, Ousley, 1980 Baton Rouge, La.

4x200-Meter Relay - Indoors
1. 1:41.45 Johnson, Sparks, Russell, Harris, 1982 Columbia, Mo.
2. 1:42.14 Johnson, Sparks, Russell, Harris, 1983 W. Lafayette, Ind.
3. 1:42.19 Johnson, Sparks, Russell, Harris, 1982 Charleston, Ill.
4. 1:42.32 No Order Available, 1980 Baton Rouge, La.
5. 1:42.7 Thompson, Frase, Moore, Haythe, 1988 Fayetteville, Ark.

4x200-Meter Relay - Outdoors
1. 1:33.04 Flowers, Hines, George, Jones, 2012 Austin, Texas
2. 1:33.23 Martin, Boatright, Rolle, Cousins, 2007 Des Moines, Iowa
3. 1:33.96 Kemp, Flowers, George, Williams, 2011 Des Moines, Iowa
4. 1:34.05 Flowers, Hines, George, Jones, 2012 Des Moines, Iowa
5. 1:34.90 Neely, Gyasi-Nimako, Heath, Mitchell, 2002 Des Moines, Iowa

4x800-Meter Relay - Indoors
1. 8:43.62 Blake, Schwald, Pillow, Teter, 1993 Ames, Iowa
2. 8:44.64 Blake, Schwald, Pillow, Teter, 1993 Indianapolis, Ind.
3. 8:49.66 Lavers, Barrett, Teter, Olivares, 1992 Lincoln, Neb.
4. 8:55.55 Blake, Schwald, Pillow, Teter, 1993 Lincoln, Neb.
5. 8:58.88 Barker, Stone, Hackett, S. Kavanagh, 1984 Fayetteville, Ark.

4x800-Meter Relay - Outdoors
1. 8:29.13 Farrell, Barr, Sigmont, Denton, 2005 Des Moines, Iowa
3. 8:38.03 Farrell, Barr, Sigmont, Denton, 2005 Austin, Texas
5. 8:47.66 Yoder Begley, Dailey, Wurth, Robertson, 2000 Fayetteville, Ark.

Shuttle Hurdle Relay - Outdoors
4. 55.28 Kemp, Br. Hyter, Orley, Alcide, 2011 Des Moines, Iowa
5. 55.85 Miller, Brown, Leaverton, Bell, 2001 Des Moines, Iowa
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Out. Hept. - ‘11 (2), ‘12 (2)

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Out. 400M H - '01

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Ind. 5,000M - '08, '09
Out. 10,000M - '09

Dacia Barr
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Mile - '08
Out. 1,500M - '07, '08

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5,000M - '99 '00
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As a junior in high school, Diann Ousley was one of the best in the country, but an injury as a senior kept coaches from recruiting her. Coming to Arkansas, Ousley regained the form from her junior year and won the Razorbacks’ first national title. Competing in the 600-yard run at the 1979 national collegiate meet, Ousley shocked the country by beating the defending national champion, Lee Ballenger of Colorado, and the meet record holder, Doraine Lambelet of Villanova, for the title. Her time of 1:21.22 is still a school record in the event and paced the Razorbacks to a fifth-place national finish.

A transfer from Cal Poly-San Luis Obispo and a Division II national champion at 10,000 meters as a freshman, Jamie Park barely made the NCAA Championship meet as the 16th entry in a 16-person field. With a career best of 34:15.08, no one expected Jamie Park to step in at Arkansas and compete for a national championship as a sophomore.

“Carole Zajac of Villanova was the favorite,” Arkansas head coach Lance Harter reflected. “Jamie would always peak at the right time but she had never run 33 minutes in the 10K.”

The race began with a large pack in the front where Park would sit between fourth and sixth throughout most of the race. At the five-mile mark, Park moved into the lead which she did without much competition. Soon after she would look to her coach for the green light to move on. With the signal, Park pushed the pace of the race and powered the last 800 meters around the track to finish in an astonishing 33:15.08. Park’s championship was the first NCAA title in Arkansas history as well as the first outdoor championship.

The 1995 indoor track championship was a special time for the Razorbacks as two individuals won NCAA championships. The first to accomplish the feat was Norwegian Trine Pilskog in the mile. Pilskog qualified for the NCAA meet with a time of 4:42.27, but struggled during the prelims of the national championship, finishing 10th with a mark of 4:50.95.

“Trine was the last person to qualify for the finals,” Lance Harter said. “She barely got in by just hundredths of a second. Our plan for the finals was to sit in and let the field do all the work.”

Pilskog followed the game plan set forth by her coach and put herself in decent position with 400 meters to go. With just 250 meters left in the race, Pilskog rose to a new level, according to Harter, and pulled away from the field to win the race with a personal best 4:39.19. Her winning time was the Norwegian indoor national record as well as a Razorback record.
Sarah Schwald was a national competitor in many races but failed to win a national title until the 1995 indoor season. Entering the championships with a mark of 9:35.2 for 3,000 meters, Schwald improved during the prelims of the race with a time of 9:33.16, which placed her in good position heading into the finals where she would have to face the favorite, Christine Stief of Boston University.

“Sarah was definitely a contender for the title,” said Lance Harter. “When she saw Trine Pilskog win her national championship, there was no stopping her in that race. She was extremely focused.”

The race began with a large pack at the front of the field but many of the contenders started to fall off the lead group as the race wore on. Soon it came down to Schwald and Stief, and with 400 meters to go, both looked very strong.

“They both looked good with two laps to go,” Harter said. “Then all of a sudden, Sarah passed Stief and the race was over.”

Schwald would run a lifetime best 9:19.90 to win the race, less than one second ahead of Stief’s 9:20.69. The title was Arkansas’ second of the 1995 indoor championships, a feat that wasn’t duplicated until 2001, and allowed Arkansas to finish fourth overall at the meet.

Amy Yoder Begley entered the 2000 indoor track meet as a perennial bridesmaid. The junior had finished second or third in several NCAA competitions. All that changed on March 10, 2000, when Yoder Begley entered the 5,000-meter run at the NCAA Championships in Fayetteville with the fourth-fastest mark in the country.

The race began like most distance competitions at national meets: a lead pack takes the race out and tries to thin the contenders for the top spot. Yoder Begley stayed with the lead group through the midway point where it became clear that there would be only two people vying for the lead, Yoder Begley and Carrie Tollefson of Villanova. Tollefson would sit on Yoder Begley’s side for most of the race, but with 600 meters to go, Yoder Begley made her final move and left Tollefson in her wake. Crossing the finish line in 15:46.89, Yoder Begley won her first national title, set the Arkansas school record and became the first Arkansas athlete to ever win a national championship in Fayetteville.

Entering the 2001 NCAA Indoor Championships, Tracy Robertson held the second-fastest time in the competition as well as a chip on her shoulder. A finalist in the event in 2000, Robertson was among the leaders before getting tripped midway through the race. She would recover for fourth in 2000 but had a point to prove as the 2001 race began.

“Tracy was the epitome of the philosophy of the Arkansas program,” Lance Harter would say months later. “She got on the escalator at the bottom and rode it right to the top.”

Robertson hung with the leaders for four of the eight laps, then took control. She would be challenged throughout by Mary Jane Harrelson of Appalachian State, the race favorite, but with each surge that Harrelson made, Robertson would fend it off and add more distance between herself and her opposition. Harrelson would make another strong push with one lap remaining, but as Robertson covered the move, Harrelson would drop off the pace giving Robertson a clear path to victory. Crossing the line in 4:39.10, Robertson established a personal best in the race and beat her competition by three seconds.
Gi-Gi Miller was a phenomenal athlete who never concentrated on just one event. A heptathlete by trade, she was a threat in every competition, despite the distance or specialty, and as the 2001 indoor triple jump began, Miller was focused.

“Gi-Gi had to overcome some injuries during indoor track and because of her versatility it took a little longer than we expected,” said Lance Harter. “As a competitor, Gi-Gi has the unique ability to psychologically and physiologically go to the next level. During that competition, she just kept getting better with each jump.”

Miller went into the finals with a big jump of 43-4.5 which placed her second overall. As the finals began, Miller’s talent shined. Opening the final three jumps of competition with a mark of 43-8.75, Miller took the lead and never relinquished it. She would improve her mark with her fifth jump to 44-4, despite a big leap by UCLA’s Deana Simmons to end the competition.

Amy Yoder Begley put a final stamp on her career when she became the first Razorback ever to win a second NCAA individual title. Coming off an Achilles injury, Yoder Begley was not looked at as one of the favorites at the 2001 NCAA Outdoor Track Championships, but she would quickly move up with the leaders and assert her position.

“Our plan was to stay near the front,” Lance Harter said. “We wanted to stay in control and resist any challenges. Then the field began to string out and there were a series of challenges that she conquered. A little later, she was able to establish her own challenges and three-quarters of the way through the race was hers.”

Exhausted from the heat, Yoder Begley collapsed across the finish line well out in front of her competition for her second national title and her 15th All-America honor, both Razorback school records.

Arguably the greatest distance runner in SEC women’s track history, Amy Yoder Begley put a final stamp on her career when she became the first Razorback ever to win a second NCAA individual title. Coming off an Achilles injury, Yoder Begley was not looked at as one of the favorites at the 2001 NCAA Outdoor Track Championships, but she would quickly move up with the leaders and assert her position.

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Touted as one of the best sprinters of her age group, Veronica did not disappoint the fans at the Randal Tyson Track Center when she entered the finals of the 200 meters with the third-fastest time during prelims. Set up in a prime lane for the final, Campbell roared down the back straight showing her competition why she held the fastest time in the world up to that point.

“Any time you go into a meet as the favorite or the co-favorite, there are always some nerves,” Lance Harter said. “Veronica had to run the collegiate record just to win the race, which shows you just how good the competition was. This may have been the greatest 200-meter race ever.”

Campbell crossed the finish line in 22.44 seconds, breaking the collegiate record by .05 seconds. The time also set the standard for all runners across the globe as it stood as the fastest 200-meter time in the world during the 2004 indoor season.
Entering the 2004 NCAA Outdoor Championships with the nation’s 26th-fastest time, not many expected LaShaunte’a Moore to be a factor in the 200 meters. She became more than a factor when she completed an Arkansas sweep of the 200-meter dash during the ‘04 seasons. Getting out of the blocks well, Moore was with the leaders at the end of the curve, then used her strength to pull away as the field entered the straightaway.

Facing a world-class field, Moore held off the challengers to cross the finish line in stunning fashion at 22.37 seconds, well ahead of the favorite, Muna Lee of LSU, who finished at 22.55 seconds.

“Phenomenal,” Lance Harter said. “Coach (Rolando) Greene called it before we went to nationals, that LaShaunte’a would have a great meet and she certainly did.”

Moore’s win in the 200 was Arkansas’ 10th individual national title and third in the sprints. It also capped off a tremendous season for Arkansas in the ballistic events which re-wrote the Razorback record books.

As the 2005 NCAA Indoor Championships approached, all the buzz in the 800 meters was about Aneita Denton and Nicole Cook of Tennessee who had battled two weeks prior to the meet at the SEC Championships to the tune of the collegiate record and third-fastest collegiate mark. Cook got the best of Denton in that race, but Denton would not let the disappointment get her down.

Starting in a pack, Denton made a move with 400-meters to go and built a small lead that was quickly covered by Neisha Bernard-Thomas of LSU. Another charge by Bernard-Thomas put her shoulder-to-shoulder with Denton, but the strength of Denton allowed her to hold off the LSU runner and claim her first national title.

“That couldn’t have happened to a better individual,” Lance Harter said. “Aneita deserved to win the national championship. She worked really hard, and winning the title is a testament to that work. I am so proud of her.”

Denton’s victory made her the fifth Razorback to win a national indoor title since the completion of the Randal Tyson Track Center and was the first for a Razorback in the 800 meters.

Taking the unfamiliar role of being the one to beat at the 2005 NCAA Outdoor Championships, Aneita Denton worked her way through two rounds of competition before setting up to face a tough field in the finals. The defending NCAA indoor champion entered the final with the fastest time and got off to a fast start with the field. In third place at the break, Denton found herself caught in a box as the runners merged and waited for her way out. The opportunity came just 100 meters later, and Denton cruised to the front of the field to run off the shoulder of Cal Poly’s Maggie Vessey. Hitting the homestretch, Denton put it in another gear as she pulled away from the field to sweep the national 800-meter titles.

“What a race,” Lance Harter said. “Aneita definitely deserves the title. She could have panicked when she got caught in the box, but kept her head and executed when she got the opportunity.”

The sweep of the national 800-meter titles by Denton made her just the third woman in NCAA history to accomplish that task and the first since two-time Olympian Hazel Clark in 1998. She also earned the honor of being the first Razorback to win two NCAA titles in the same academic year, and just the second to win more than one national championship.
Having dominated the indoor season with an NCAA record to her credit, Tina Sutej was the one to beat leading into the 2011 NCAA Indoor Championships in College Station, Texas. The junior standout responded with her first career national title in the pole vault, pacing the Razorbacks to a fourth-place team finish at the national meet.

With her win in the pole vault, Sutej became the 10th NCAA champion in program history, and the 11th overall. She took the top spot in the event with a clearance of 14-7.25, a new facility record for the Gilliam Indoor Track Stadium.

“I was a little nervous because I’ve been to two indoor national meets before and didn’t do so well,” Sutej said. “I just wanted to concentrate on doing the things I’ve been doing in the previous six meets. I just kept telling myself to calm down and jump high.”

A victory assured with all other vaulters out of the competition, Sutej took attempts at bettering her own collegiate record. The national title capped an undefeated indoor campaign in which she won all seven competitions she entered with a minimum winning clearance of 14-3.25.

In a repeat performance from the previous year, Tina Sutej won her second NCAA indoor title in the pole vault at the national meet in Nampa, Idaho. The victory capped off an indoor campaign in which she did not lose a competition for a second consecutive indoor season.

Sutej was perfect through the competition, not missing a jump until her final attempts at resetting her own NCAA record. The Razorback senior finished the meet with a winning clearance of 4.45m/14-7.25 to clinch back-to-back national titles in the pole vault. Sutej wrapped her collegiate indoor career having won 13 consecutive indoor competitions dating back to the start of the 2011 season.

“We had some outstanding individual performances today. You can’t say much more about Tina Sutej and what she has done in the pole vault over the last two years,” head coach Lance Harter said.

With her win, Sutej became the first two-time indoor NCAA champion in program history and the third to win multiple titles overall. She is joined on that list by Amy Yoder Begley and Aneita Denton who both won an indoor and outdoor NCAA title during their respective careers.
Makeba Alcide
Pentathlon 4,126 points 2012

Denise Bargiachi
5,000 Meters 16:25.34 2008

Peter-Gaye Beckford

Amy Yoder Begley
5,000 Meters 16:18.38 2000
5,000 Meters 16:44.13 1999
3,000 Meters 9:37.96 1998
Mile 4:50.22 1998
DMR 11:32.80 1998

Londa Bevins
DMR 11:40.39 2001

Edina Brooks
4x400M 3:34.61 2010

DeeDee Brown
DMR 11:27.97 2000
Pentathlon 4,141 pts. 2002

Andreina Byrd
3,000 Meters 9:31.61 2002
5,000 Meters 16:35.29 2002
DMR 11:40.39 2001

Veronica Campbell
200 Meters 22.67 2004

Etienne Chaplin
Pentathlon 4,095 pts. 2008

Amber Crumbo
Weight 59-5.75 2000

Jessica Dailey
DMR 11:27.97 2000
Mile 4:44.62 1999
3,000 Meters 9:33.09 1999
DMR 11:32.80 1998

Deena Drossin
5,000 Meters 16:43.83 1996
5,000 Meters 16:30.22 1994
5,000 Meters 16:34.40 1993

Dawnyell Fletcher
DMR 11:40.39 2001

Gwendolyn Flowers
4x400M 3:31.01 2011

Megan Flowers
5,000 Meters 16:38.30 1997
5,000 Meters 16:28.69 1995

Regina George
4x400M 3:31.01 2011
4x400M 3:34.61 2010

Kristen Gillespie
Mile 4:34.49 2012
3,000 Meters 9:20.86 2012

Edel Hackett
Two Mile 10:26.60 *1984
Two Mile 10:40.59 *1983

LaShawn Haythe
55 Meters 6.91 *1990
### Whitney Jones
- **Long Jump**: 20-5.25, 2012
- **4x400M**: 3:31.01, 2011
- **4x400M**: 3:34.61, 2010

### Christine Kalmer
- **5,000 Meters**: 16:20.06, 2009

### Stacie Manuel
- **Pole Vault**: 13-4.25, 2005
- **Pole Vault**: 13-8.5, 2003

### Beyonka McDowell
- **Pentathlon**: 4,076 pts., 2005

### Desiree Owen
- **DMR**: 11:32.80, 1998

### Jamie Park
- **5,000 Meters**: 16:49.25, 1992
- **5,000 Meters**: 16:22.59, *1991

### Jenny Petite
- **DMR**: 11:27.97, 2000

### Lilli Kleinmann
- **Mile**: 4:48.60, 2001
- **3,000 Meters**: 9:22.82, 2001
- **5,000 Meters**: 16:39.36, 2001
- **3,000 Meters**: 9:26.75, 2000
- **DMR**: 11:27.97, 2000

### Claire Lavers
- **3,000 Meters**: 9:24.56, 1992

### Loren Leaverton
- **DMR**: 11:40.39, 2001

### Trine Pilskog
- **Mile**: 4:49.47, 1995

### Sally Ramsdale
- **3,000 Meters**: 9:20.64, *1988
Tracy Robertson
Mile 4:41.12 2000
DMR 11:32.80 1998
Sarah Schwald
3,000 Meters 9:42.52 1995
Erica Sigmont
Mile 4:54.40 2005
Penny Splichal
3,000 Meters 9:21.56 2006
5,000 Meters 16:09.14 2006
Katie Stripling
Pole Vault 13-6.5 2008
Tina Sutej
Pole Vault 14-11 2012
Pole Vault 14-10.75 2011
Pole Vault 14-7.5 2010
Melody Sye
Mile 4:45.64 *1989
1,000 Yards 2:30.92 *1987
Shelise Williams
400 Meters 52.20 2011
4x400M 3:31.01 2011
400 Meters 53.21 2010
4x400M 3:34.61 2010
Christin Wurth
3,000 Meters 9:23.36 2003
5,000 Meters 16:30.41 2003
* - indicates SWC Champion

Indoor Titles By Year

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<th>Titles</th>
<th>Events</th>
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<td>1989</td>
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Makeba Alcide
Heptathlon 5,646 pts. 2011

Dacia Barr
1,500 Meters 4:14.97 2007

Amy Yoder Begley
5,000 Meters 16:16.36 2001
10,000 Meters 35:23.40 2001
5,000 Meters 16:48.33 2000
10,000 Meters 35:59.22 2000
5,000 Meters 17:07.62 1999
10,000 Meters 34:40.39 1999
3,000 Meters 9:29.65 1997
5,000 Meters 16:28.42 1997

Tanya Blake
800 Meters 2:06.60 1994

Amy Yoder Begley
DeeDee Brown
Heptathlon 5,560 pts. 2000

Andreina Byrd
5,000 Meters 16:44.87 2002

Michelle Byrne
10,000 Meters 35:08.02 1993
10,000 Meters 35:22.59 1992

Veronica Campbell
100 Meters 11.12 2004
200 Meters 22.41 2004

Etienne Chaplin
Heptathlon 5,594 pts. 2009

Susan Cope
Javelin 143-4 *1991

Jessica Dailey
1,500 Meters 4:21.55 2000
3,000 Meters 9:29.03 2000
3,000 Meters 9:40.75 1999
5,000 Meters 16:38.70 1998

Aneita Denton
800 Meters 2:02.94 2005

Deena Drossin
3,000 Meters 9:20.87 1993
5,000 Meters 16:07.73 1993

Gwendolyn Flowers
4x400M 3:32.23 2011

Megan Flowers
3,000 Meters 9:35.75 1996

Regina George
400 Meters 51.83 2012
4x400M 3:32.23 2011
4x400M 3:31.05 2010
Edel Hackett
3,000 Meters 9:25.64 *1984
5,000 Meters 16:52.08 *1984

Isabelle Hozang
10,000 Meters 35:29.01 *1985
10,000 Meters 34:48.03 *1984

Jessica Johnson
High Jump 5-9.75 2003

Whitney Jones
4x400M 3:32.23 2011
4x400M 3:31.05 2010

Lilli Kleinmann
Steeplechase 10:13.89 2001
10,000 Meters 35:53.44 2002

Marie LeJour
Discus 169-0 2001

Sharon Little
3,000 Meters 9:55.73 *1983
5,000 Meters 17:11.70 *1983

Gi-Gi Miller
Heptathlon 5,704 pts. 2001

Jackie Mota
3,000 Meters 9:38.15 *1990
5,000 Meters 17:10.94 *1990

Claire Phythian
Heptathlon 5,455 pts. 1995

Sally Ramsdale
3,000 Meters 9:23.56 *1988

Tiffany Redlarczyk
Steeplechase 10:31.35 2006

Tracy Robertson
1,500 Meters 4:20.89 2001
1,500 Meters 4:25.90 1998
3,000 Meters 9:35.82 1998

Aisling Ryan
5,000 Meters 16:21.00 *1988
10,000 Meters 35:08.19 *1988

Sarah Schwald
1,500 Meters 4:23.28 1994
3,000 Meters 9:32.08 1994

Maureen Scott
Steeplechase 10:27.29 2005
Steeplechase 10:16.01 2004

Erica Sigmont
1,500 meters 4:26.12 2005
Penny Splichal
10,000 Meters 35:36.23 2003

April Steiner
Pole Vault 13-7.25 2003

Katie Stripling
Pole Vault 14-5.25 2009
Pole Vault 13-6.5 2008

Tina Sutej
Pole Vault 15-1.5 2011
Pole Vault 13-9.5 2010

Melody Sye
5,000 Meters 16:40.15 *1989

Karen Thomas
4x400M 3:31.05 2010

Jodi Unger
Pole Vault 13-6.25 2007

Catherine White
5,000 Meters 16:29.72 2009
10,000 Meters 35:07.50 2009

Shiloh Whiting
Steeplechase 10:32.69 2003

Kasia Williams
100M Hurdles 13.25 2005

Shelise Williams
4x400M 3:32.23 2011
4x400M 3:31.05 2010

Christin Wurth
1,500 Meters 4:20.87 2002

Outdoor Titles By Year

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Outdoor Titles By Event

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The University of Arkansas and the Razorbacks have been competing in the Southeastern Conference since the fall of 1991 and in that time have been one of, if not the, best track and field institutions. With SEC team championships dating back as far as 1981, more than 20 years, it would seem unreasonable to expect that the Razorbacks would be a significant part of the league’s history. To the contrary, since Arkansas joined the toughest collegiate track and field conference in the country, it has won more team titles (19) than all but one other institution and has taken a team championship in 19 of 61 opportunities, an unprecedented 31 percent of the time. Pushing the Razorback’s team success have been the individuals. Former Razorback and U.S. Olympian Amy Yoder Begley ended her outstanding career with 15 individual conference championships, five more than any other woman in SEC history. Along with Yoder Begley, former Razorback and U.S. Olympian Deena Drossin also cracks into the top 10 with seven individual championships.

### SEC Team Titles

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### All-Time SEC Individual Champions

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<td>Hazel Clark, Fla.</td>
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<td>Angela Homan, Aub.</td>
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<td>Patty Wiegand, Tenn.</td>
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### SEC Cross Country Champions

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Nov. 4, 1991
University of Georgia Golf Course
Athens, Ga.

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5. Auburn ........................ 121
6. Florida ........................ 151
7. Tennessee ..................... 167
8. South Carolina ............... 171
9. Kentucky ...................... 182
10. Vanderbilt .................... 260
11. Mississippi ................... 331
12. LSU ............................ 364

1992 Cross Country
Nov. 2, 1992
Kentucky Horse Park
Lexington, Ky.

1. #2 Arkansas .................... 52
2. #14 Alabama ................... 80
3. Auburn .......................... 104
4. #19 Florida ..................... 114
5. Tennessee ....................... 126
6. Georgia .......................... 127
7. South Carolina ................. 148
8. Mississippi St. ................. 194
9. Vanderbilt ...................... 226
10. Kentucky ...................... 247
11. Mississippi ................... 333
12. LSU ............................ 357

1993 Cross Country
Oct. 30, 1993
Highland Park
Baton Rouge, La.

1. #1 Arkansas ..................... 37
2. #14 Alabama ................... 83
3. Georgia .......................... 100
4. #24 Florida ...................... 119
5. Tennessee ....................... 137
6. Auburn .......................... 140
7. South Carolina ................. 149
8. Vanderbilt ...................... 170
9. Mississippi St. ................. 225
10. Kentucky ...................... 301
11. Mississippi ................... 302
12. LSU ............................ 368

1994 Cross Country
Oct. 29, 1994
Prairie Grove State Battlefield
Prairie Grove, Ark.

1. #5 Arkansas ..................... 31
2. #7 Alabama ...................... 80
3. #20 Auburn ...................... 84
4. Florida .......................... 108
5. Georgia .......................... 131
6. South Carolina ................. 142
7. Vanderbilt ...................... 189
8. Tennessee ....................... 199
9. Mississippi St. ................. 229
10. Kentucky ..................... 289
11. LSU .............................. 290
12. Mississippi ................... 303

1995 Cross Country
Oct. 30, 1995
Lakeside Golf Course
Starkville, Miss.

1. #6 Arkansas ..................... 40
2. #9 Auburn ....................... 46
3. #18 Florida ...................... 61
4. Alabama ......................... 107
5. Vanderbilt ...................... 149
6. South Carolina ................. 168
7. Georgia .......................... 226
8. Mississippi St. ................. 240
9. Tennessee ....................... 267
10. Kentucky ..................... 273
11. Mississippi ................... 274
12. LSU .............................. 328

1998 Cross Country
Oct. 31, 1998
Lambert Acres Golf Course
Maryville, Tenn.

1. #5 Arkansas ..................... 25
2. #24 Florida ...................... 48
3. #22 Tennessee .................... 73
4. Alabama .......................... 147
5. Georgia .......................... 157
6. Vanderbilt ...................... 202
7. South Carolina ................. 206
8. LSU .............................. 225
9. #9 Auburn ....................... 229
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Oct. 30, 1999
Vaughn's Creek Course
Nashville, Tenn.

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### 2000 Indoor Track
Feb. 26-27, 2000
Randal Tyson Track Center
Fayetteville, Ark.

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### 2000 Cross Country
Oct. 30, 2000
Harry Prichett Golf Course
Tuscaloosa, Ala.

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### 2000 Outdoor Track
May 11-14, 2000
Bernie Moore Stadium
Baton Rouge, La.

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### 2000 Cross Country
Oct. 30, 2000
Harry Prichett Golf Course
Tuscaloosa, Ala.

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Feb. 24-25, 2001
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Lexington, Ky.

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### 2001 Outdoor Track
May 10-13, 2001
Weems Baskin Track
Columbia, S.C.

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Oct. 29, 2001
Indian Pines Golf Club
Auburn, Ala.

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4. Auburn .............................. 120
5. Vanderbilt ......................... 122
6. Georgia ............................ 176
7. South Carolina .................... 199
8. LSU ....................... 204
9. Mississippi St. .................... 205
10. Kentucky ......................... 226
11. Alabama ............................. 235
12. Mississippi ......................... 356

2002 Cross Country
Nov. 4, 2002
University Golf Course
Gainesville, Fla.

1. #10 Arkansas ..................... 39
2. Kentucky ............................ 78
3. Tennessee ............................. 86
4. Auburn .............................. 117
5. Mississippi St. .................... 140
6. Florida ............................. 152
7. Georgia ............................ 188
8. Vanderbilt ......................... 210
9. LSU ....................... 229
10. Alabama ............................. 291
11. South Carolina .................. 305
12. Mississippi ......................... 331

2003 Indoor Track
Stephen C. O'Connell Center
Gainesville, Fla.

1. #8 Arkansas ..................... 129
2. #5 South Carolina .......... 108.5
3. #4 Florida ................................ 105
4. #1 LSU ............................... 88
5. #13 Auburn ......................... 62
6. Georgia ............................ 55.5
7. Kentucky ............................ 48
8. #20 Mississippi St. ......... 29
9. Tennessee ............................. 25
10. Vanderbilt ......................... 9
11. Mississippi ......................... 2
12. Alabama

2004 Outdoor Track
May 13-16, 2004
Ole Miss Track & Field
Oxford, Miss.

1. #11 Arkansas ................... 124
2. #1 LSU ............................... 114
3. #8 Georgia ......................... 101.5
4. #5 South Carolina .......... 90.5
5. #6 Florida ................. 79
6. #9 Tennessee ....................... 78.5
7. Auburn ................................. 68.5
8. Alabama ............................ 68
9. Kentucky ............................ 30
10. Vanderbilt ......................... 27
11. #24 Mississippi St. .......... 22
12. Mississippi ......................... 15

2006 Cross Country
Oct. 28, 2006
Highland Park Course
Baton Rouge, La.

1. #4 Arkansas ..................... 17
2. #19 Georgia ......................... 61
3. #15 Tennessee ...................... 67
4. #17 Florida ......................... 95
5. Mississippi St. .................... 164
6. Kentucky ............................ 177
7. Vanderbilt ......................... 226
8. Alabama ............................ 241
9. LSU ....................... 250
10. Auburn ............................. 251
11. South Carolina .................. 302
12. Mississippi ......................... 368

2007 Cross Country
Oct. 27, 2007
Kentucky Horse Park
Lexington, Ky.

1. #13 Arkansas ..................... 39
2. Tennessee ............................. 84
3. #29 Georgia ......................... 85
4. #27 Florida ......................... 96
5. Kentucky ............................ 104
6. Auburn ................................. 141
7. Miss. St. ............................. 209
8. Vanderbilt ......................... 217
9. LSU ....................... 259
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Note: The numbers represent the positions of the teams in the rankings. The rankings are based on various criteria that can include performance in games, overall season performance, and other factors that may not be explicitly listed in the data.


**CROSS COUNTRY**

**Athletes of the Week**

2000 - Brittney Mensen (9/12)
Lilli Kleinmann (9/19, 10/3)
2001 - Andreina Byrd (9/24, 10/1)
2002 - Londa Bevins (9/10)
2003 - Alison Zeinner (9/1)
2005 - Christine Kalmer (10/19)
2006 - Christine Kalmer (9/13)
2008 - Catherine White (9/9, 9/16, 10/7)
2009 - Miranda Walker (9/8)
2010 - Miranda Walker (9/21)
2011 - Stephanie Brown (9/27)
2012 - Semehar Tesfaye (9/11)

**Freshman of the Week**

2007 – Catherine White (9/11)
2008 - Samantha Learch (9/16)
2009 - Alyssa Allison (9/22, 10/20)
2010 - Stephanie Brown (9/7, 9/21, 10/5)
2011 - Jessica Jackson (9/6, 9/27, 10/4, 10/18)
2012 - Andrina Schlaepfer (9/11, 10/2, 10/16)

**Athlete of the Year**

Andreina Byrd - 2001
Deena Drossin - 1992, ‘93
Megan Flowers - 1994, ‘95
Kristen Gillespie - 2011
Lilli Kleinmann - 2000
Brooke Upshaw - 2006
Christin Wurth - 2002

**Freshman of the Year**

Alyssa Allison - 2009
Stephanie Brown - 2010
Kaitlin Flattmann - 2011
Christine Kalmer - 2005
Dani Parry – 2006
Jillian Rosen – 2007
Penny Splichal - 2001

**All-SEC**

Alyssa Allison - 2009 (Frosh)
Denise Bargiacchi – 2006, ‘07, ‘08 (1st), ‘05 (2nd)
Dacia Barr - 2006 (1st)
Stephanie Barrett - 1991
Catherine Berry - 1995
Londa Bevins - 2001, ‘02 (1st)
Stephanie Brown - 2010 (1st, FR)
Andreina Byrd - 2001, ‘02 (2nd)
Michelle Byrne - 1991, ‘92
Cory Chastain - 1998
Kelly Cook - 1995

**Coach of the Year**


Beth Fahey - 2006 (2nd)
Kaitlin Flattmann - 2011 (2nd, FR)
Megan Flowers - 1993, ‘94, ‘95
Kristen Gillespie - 2010 (2nd), ‘11 (1st)
Jennifer Harper - 2006 (2nd)
Grace Heymsfield - 2010 (FR), ‘12 (1st)
Michelle Hurn - 2001
Jessica Jackson - 2011 (2nd, FR)
Laura Jakosky - 2003 (1st), ‘04, ‘05 (2nd)
Taylor Johnson - 2009 (Frosh)
Christine Kalmer – 2005, ’06, ’07, ’08 (1st)
Lilli Kleinmann - 1999, 2000
Clare Lavers - 1991
Amy McKinley - 1993, ‘94
Desiree Owen - 1995, ‘96
Dani Parry - 2006 (1st), 2007 (2nd)
Trine Pilskog - 1994
Diane Robison - 2012 (2nd)
Jillian Rosen – 2007 (1st)
Alison Rush - 2001, ‘04 (1st)
Andrina Schlaepfer - 2012 (2nd, FR)
Sarah Schwald - 1993, ‘94
Maureen Scott - 2004 (1st), ‘02 (2nd)
Staci Snider - 1995
Erica Sigmont - 2002 (2nd)
Penny Splichal – 2001, ‘05 (1st)
Laurie Sturgell - 1998
Shelly Taylor - 1992, ‘93
Brooke Upshaw - 2006 (1st)
Miranda Walker - 2006, ’09 (2nd), 2010 (1st)
Kimi Welsh - 1999
Catherine White - 2008 (1st)
Shiloh Whiting - 2002 (2nd), 2003 (2nd)
Amy Wiseman - 2000
Christin Wurth - 1999, 2000, ‘01, ‘02 (1st)

**INDOOR TRACK**

**Athletes of the Week**

2000 - Amy Yoder Begley (2/16)
2001 - April Steiner (1/23)
2002 - Lilli Kleinmann (1/30)
2003 - April Steiner (2/5)
   Christin Wurth (2/19)
   Jessica Johnson (2/26)
2004 - Veronica Campbell (2/17)
2007 - Tia Thompson (2/20)
2008 - Katie Stripling (1/15)
2009 - Katie Stripling (2/10)
   Tina Sutej (2/10)
2010 - Tina Sutej (1/26)
   Shelise Williams (2/9)
2011 - Tina Sutej (2/1, 2/8, 2/15)
   Shelise Williams (2/1)
2012 - Tina Sutej (1/17, 1/31)

Coach of the Year
Lance Harter - 1998, 2000, ‘01

Athlete of the Year
Amy Yoder Begley - 2000
Veronica Campbell - 2004
Kristen Gillespie - 2012
Sarah Schwald - 1995

Field Athlete of the Year
Tina Sutej - 2011, ‘12

Freshman Runner of the Year
Regina George - 2010

Cliff Harper Trophy
(SEC High Scorer)
Amy Yoder Begley - 1998 (22.5 pts.)
Andreina Byrd - 2002 (28 pts.)
Kristen Gillespie - 2012 (22 pts)
Lilli Kleinmann - 2001 (30 pts.)
Tracy Robertson - 2000 (26 pts.)
Christin Wurth - 2003 (28 pts.)

All-SEC
Makeba Alcide - 2012 (Pent.)
Denise Bargiachi - 2008 (5K), ‘09 (5K)
Peter-Gaye Beckford - 2009 (LJ)
Amy Yoder Begley - 1998 (Mile, 3K, DMR), ‘99 (5K), ‘00 (5K)
Londa Bevins - 2001 (DMR)
Martine Borge - 2012 (DMR)
Edina Brooks - 2010 (4x400M)
Courtney Brown - 2009 (DMR)
DeeDee Brown - 2000 (DMR), ‘02 (Pen)
Stephanie Brown - 2010 (800M, DMR), ‘11 (DMR)
Andreina Byrd - 2001 (DMR), ‘02 (3K, 5K)
Veronica Campbell - 2004 (200M)
Etienne Chaplin - 2008 (Pent.)
Amber Crumbo - 2000 (WT)
Jessica Dailey - 1999 (Mile, 3K), ‘00 (DMR)
Janine Davis - 2009 (4x400M)
Tara Diebold - 2008, ‘09 (PV), ‘12 (PV)
Deena Drossin - 1993 (5K), ‘94 (5K), ‘96 (5K)
Kaitlin Flattmann - 2012 (5K)
Dawnyell Fletcher - 2001 (DMR)
Gwendolyn Flowers - 2011 (4x400M)
Megan Flowers - 1995 (5K), ‘97 (5K)
Regina George - 2010 (4x400M), ‘11 (4x400M)
Kristen Gillespie - 2010 (DMR), ‘11 (DMR), ‘12 (Mile, 3K, DMR)
Grace Heymsfield - 2012 (DMR)
Brittany Hyter - 2011 (DMR)
Taylor Johnson - 2010 (Mile)
Whitney Jones - 2009 (LJ, 4x400M), ‘10 (4x400M), ‘11 (4x400M), ‘12 (LJ)
Christine Kalmer - 2009 (5K)
Lilli Kleinmann - 2000 (3K, DMR), ‘01 (Mile, 3K, 5K)
Clare Lavers - 1992 (3K)
Samantha Leach - 2009, ‘10, ‘11 (DMR)
Loren Leaverton - 2001 (DMR)
Lauren Lewis - 2009 (DMR)
Stacie Manuel - 2003, ‘05 (PV)
Beyonka McDowell - 2005 (Pent.)
Leah Orley - 2010 (Pent.)
Desiree Owen - 1998 (DMR)
Jamie Park - 1992 (5K)
Jennifer Petite - 2000 (DMR)
Trine Pilskog - 1995 (Mile)
Annette Quaid - 1998 (DMR)
Tracy Robertson - 1998 (DMR), ‘00 (Mile)
Jillian Rosen - 2009 (DMR)
Sarah Schwald - 1995 (3K)
Erica Sigmont - 2005 (Mile)
Penny Splichal – 2006 (3K, 5K)
Kaite Stripling - 2008 (PV)
Tina Sutej - 2010 (PV), ‘11 (PV), ‘12 (PV)
Nicole Teter - 1992 (800M)
Karen Thomas - 2009 (4x400M), ‘10 (DMR)
Shantel Thompson - 2011 (LJ)
Rachel Werner - 2012 (DMR)
Shelise Williams - 2009 (4x400M), ‘10 (400M, 4x400M), ‘11 (400M, 4x400M)
Catherine White - 2008 (3K)
Christin Wurth - 2003 (3K, 5K)

Athletes of the Week
2000 - Amy Yoder Begley (3/29)
2001 - Lilli Kleinmann (5/1)
   Gi-Gi Miller (5/8)
2002 - DeeDee Brown (4/10)
   Marie LeJour (5/8)
2003 - Londa Bevins (5/6)
2004 - Veronica Campbell (4/21)
2005 - Aneita Denton (4/20)
2007 –Katie Stripling (5/1)
   Carly Bloomfield (5/8)
   Tiavannia Thompson (5/8)

OUTDOOR TRACK

2000 - Amy Yoder Begley (3/29)
2001 - Lilli Kleinmann (5/1)
   Gi-Gi Miller (5/8)
2002 - DeeDee Brown (4/10)
   Marie LeJour (5/8)
2003 - Londa Bevins (5/6)
2004 - Veronica Campbell (4/21)
2005 - Aneita Denton (4/20)
2007 –Katie Stripling (5/1)
   Carly Bloomfield (5/8)
   Tiavannia Thompson (5/8)
Commissioner's Trophy
Amy Yoder Begley - 2000 (28 pts.)
Jessica Dailey - 2000 (28 pts.)
Marie LeJour - 2001 (23 pts.)

All-SEC
Makeba Alcide - 2011 (Hept.)
Denise Bargiachi - 2009 (10K)
Amy Yoder Begley - 1997 (3K, 5K), ‘99 (5K, 10K), ‘00 (5K, 10K), ‘01 (5K, 10K)
Tanya Blake - 1994 (800M)
Tominue Boatright - 2008 (4x400M)
Courtney Brown - 2008 (4x400M)
Stephanie Brown - 2010, ‘11 (800M)
Andreina Byrd - 2002 (5K)
Michelle Byrne - 1992 (10K), ‘93 (10K)
Veronica Campbell - 2004 (100M, 200M)
Etienne Chaplin - 2009 (Hept.)
Jessica Dailey - 1998 (5K), ‘99 (3K), ‘00 (1,500, 3K)
Aneita Denton - 2005 (800M)
Deena Drossin - 1993 (3K, 5K)
Paige Farrell - 2008 (4x400M)
Gwendolyn Flowers - 2011 (4x400M), ‘12 (4x400M)
Megan Flowers - 1995 (10K), ‘96 (3K)
Regina George - 2010, ‘11 (4x400M), ‘12 (400M, 4x400M)
Kristen Gillespie - 2012 (1,500M)
Grace Heymsfield - 2012 (3KSC)
Jessica Johnson - 2003 (High Jump)
Whitney Jones - 2009 (LJ), ‘10, ‘11 (4x400M), ‘12 (4x400M)
Christine Kalmer - 2008 (5K)
Ivanique Kemp - 2012 (100M H)
Janice Kepler - 2010 (PV)
Lilli Kleinmann - 2001 (3KSC), ‘02 (10K)
Shannon Klenke - 2012 (3KSC)
Marie LeJour - 2001 (Discus)
Gi-Gi Miller - 2001 (Hept.)
Dacia (Barr) Perkins – 2007, ‘08 (1,500M)
Claire Phythian - 1995 (Hept.)
Tina Sutej - 2011 (PV)

Coach of the Year

Athlete of the Year
Amy Yoder Begley - 2001

Runner of the Year
Catherine White - 2009

Field Athlete of the Year
Katie Stripling - 2009
Tina Sutej - 2011

Freshman Runner of the Year
Dominique Scott - 2012

Scholar Athlete of the Year
Tara Diebold - 2012
Maureen Scott - 2004

Tracy Robertson - 1998 (1,500, 3K), ‘01 (1,500)
Sarah Schwald - 1994 (3K), ‘95 (1,500, 3K)
Dominique Scott - 2012 (5K, 10K)
Maureen Scott - 2004, ‘05 (3KSC)
Erica Sigmont - 2005 (1,500M)
Penny Splichal - 2003 (10K)
April Steiner - 2003 (PV)
Katie Stripling - 2008, ‘09 (PV)
Tina Sutej - 2010, ‘11 (PV), ‘12 (PV)
Karen Thomas - 2010 (4x400M)
Jodi Unger – 2007 (PV)
Catherine White - 2009 (5K, 10K)
Shiloh Whiting - 2003 (3KSC)
Chrishuna Williams - 2012 (4x400M)
Kasia Williams - 2005 (100M H)
Shelise Williams - 2008, ‘10, ‘11 (4x400M), 2009 (400M)
Christin Wurth - 2002 (1,500M)
### All-Time Career Scoring

#### SEC Indoor
1. Tracy Robertson 76.5
2. Lilli Kleinmann 76.5
3. Amy Yoder Begley 76.5
4. Christin Wurth 76.5
5. Penny Splichal 76.5
6. Jessica Dailey 76.5
7. Whitney Jones 76.5
8. Andrea Byrd 76.5
9. Sarah Schwald 76.5
10. Kristen Gillespie 76.5

#### NCAA Indoor
1. Tracy Robertson 24.5
2. Amy Yoder Begley 24.5
3. Regina George 24.5
4. Tina Sutej 24.5
5. Trine Pilskog 24.5
6. Veronica Campbell 24.5
7. Sarah Schwald 24.5
8. Cynthia Moore 24.5
9. Megan Flowers 24.5
10. Shelise Williams 24.5

#### SEC Outdoor
1. Amy Yoder Begley 110
2. Tracy Robertson 110
3. Regina George 110
4. Jessica Dailey 110
5. DeeDee Brown 110
6. Megan Flowers 110
7. Regina George 110
8. Shelise Williams 110
9. Tominque Boatright 110
10. Lilli Kleinmann 110

#### NCAA Regional
1. Amy Yoder Begley 88
2. Tracy Robertson 88
3. Regina George 88
4. Jessica Dailey 88
5. DeeDee Brown 88
6. Megan Flowers 88
7. Regina George 88
8. Shelise Williams 88
9. Tominque Boatright 88
10. Lilli Kleinmann 88

### Senior Scoring

#### SEC Indoor
1. Tracy Robertson 28 2003
2. Christin Wurth 28 2003
3. Penney Splichal 28 2003
5. Penny Splichal 28 2003
6. Tracy Robertson 28 2003
7. Tracy Robertson 28 2003
8. Tracy Robertson 28 2003
9. Tracy Robertson 28 2003
10. Tracy Robertson 28 2003

#### NCAA Indoor
1. Tracy Robertson 12 2001
2. Lilli Kleinmann 12 2001
3. Christin Wurth 12 2001
4. Tracy Robertson 12 2001
5. Christin Wurth 12 2001
6. Tracy Robertson 12 2001
7. Tracy Robertson 12 2001
8. Tracy Robertson 12 2001
9. Tracy Robertson 12 2001
10. Tracy Robertson 12 2001

#### SEC Outdoor
1. Amy Yoder Begley 20 2000
2. Amy Yoder Begley 20 2000
3. Amy Yoder Begley 20 2000
4. Amy Yoder Begley 20 2000
5. Amy Yoder Begley 20 2000
6. Amy Yoder Begley 20 2000
7. Amy Yoder Begley 20 2000
8. Amy Yoder Begley 20 2000
9. Amy Yoder Begley 20 2000
10. Amy Yoder Begley 20 2000

#### NCAA Regional
1. Amy Yoder Begley 10 2004
2. Amy Yoder Begley 10 2004
3. Amy Yoder Begley 10 2004
4. Amy Yoder Begley 10 2004
5. Amy Yoder Begley 10 2004
6. Amy Yoder Begley 10 2004
7. Amy Yoder Begley 10 2004
8. Amy Yoder Begley 10 2004
9. Amy Yoder Begley 10 2004
10. Amy Yoder Begley 10 2004

### Sophomore Scoring

#### SEC Indoor
1. Lilli Kleinmann 30 2001
2. Andrea Byrd 30 2001
3. Tracy Robertson 30 2001
4. Tracy Robertson 30 2001
5. Tracy Robertson 30 2001
6. Tracy Robertson 30 2001
7. Tracy Robertson 30 2001
8. Tracy Robertson 30 2001
9. Tracy Robertson 30 2001
10. Tracy Robertson 30 2001

#### NCAA Indoor
1. V. Campbell 16.75 2004
2. Amy Yoder Begley 16.75 2004
3. Amy Yoder Begley 16.75 2004
4. Amy Yoder Begley 16.75 2004
5. Amy Yoder Begley 16.75 2004
6. Amy Yoder Begley 16.75 2004
7. Amy Yoder Begley 16.75 2004
8. Amy Yoder Begley 16.75 2004
9. Amy Yoder Begley 16.75 2004
10. Amy Yoder Begley 16.75 2004

#### SEC Outdoor
1. L. Moore 16 2004
2. Amy Yoder Begley 16 2004
3. Amy Yoder Begley 16 2004
4. Amy Yoder Begley 16 2004
5. Amy Yoder Begley 16 2004
6. Amy Yoder Begley 16 2004
7. Amy Yoder Begley 16 2004
8. Amy Yoder Begley 16 2004
9. Amy Yoder Begley 16 2004
10. Amy Yoder Begley 16 2004

#### NCAA Regional
1. L. Moore 8.25 2009
2. L. Moore 8.25 2009
3. L. Moore 8.25 2009
4. L. Moore 8.25 2009
5. L. Moore 8.25 2009
6. L. Moore 8.25 2009
7. L. Moore 8.25 2009
8. L. Moore 8.25 2009
10. L. Moore 8.25 2009

### Freshman Scoring

#### SEC Indoor
1. Amy Yoder Begley 22.5 1998
2. Tracy Robertson 22.5 1998
3. Penny Splichal 22.5 1998
4. Nicole Teter 22.5 1998
5. Nicole Teter 22.5 1998
6. Nicole Teter 22.5 1998
7. Nicole Teter 22.5 1998
8. Nicole Teter 22.5 1998
9. Nicole Teter 22.5 1998
10. Nicole Teter 22.5 1998

#### NCAA Indoor
1. Tracy Robertson 4.25 1998
2. Nicole Teter 4.25 1998
4. Regina George 4.25 1998
5. Regina George 4.25 1998
7. Regina George 4.25 1998

#### SEC Outdoor
1. Amy Yoder Begley 8 2010
2. Amy Yoder Begley 8 2010
3. Amy Yoder Begley 8 2010
4. Amy Yoder Begley 8 2010
5. Amy Yoder Begley 8 2010
6. Amy Yoder Begley 8 2010
7. Amy Yoder Begley 8 2010
8. Amy Yoder Begley 8 2010
9. Amy Yoder Begley 8 2010
10. Amy Yoder Begley 8 2010

#### NCAA Regional
1. Amy Yoder Begley 5 2009
2. Amy Yoder Begley 5 2009
3. Amy Yoder Begley 5 2009
4. Amy Yoder Begley 5 2009
5. Amy Yoder Begley 5 2009
6. Amy Yoder Begley 5 2009
7. Amy Yoder Begley 5 2009
8. Amy Yoder Begley 5 2009
9. Amy Yoder Begley 5 2009
10. Amy Yoder Begley 5 2009
The Razorbacks have won numerous event titles over the years with the total number reaching well over 400 in just the past decade. While every school can claim championships from small meets, it is only a select few that can say it has won both individual and relay championships at some of the biggest indoor and outdoor meets in the country.

**All-Time Event Champions**
(Since 1996)

**Indoor**
1. Lilli Kleinmann 12
   Marie LeJour
2. Amber Crumbo 11
   April Steiner
3. Kyla Shoemake 9
   Penny Spichal
4. Angel Heath 8
   Katie Stripling
5. Amy Yoder Begley 7
   Kelley Hickham
6. Miranda Lechleiter 7
   Jessica Dailey
7. Tawa Babatunde 6
   Brandy Blackwood
8. Jessica Sommerville 5
   Elisha Brewer
9. Lauren Bayles 4
   Carly Bloomfield
10. Elisha Brewer, 4
    DeeDee Brown

**Outdoor**
1. Marie LeJour 13
2. Amy Yoder Begley 12
3. Katie Stripling 12
4. Crystal Shadd 10
5. Tracy Robertson 7
   April Steiner
6. Tawa Babatunde 6
7. Katie Unger 5
8. Amber Crumbo 4
9. Katie Stripling 4
10. Amy Yoder Begley 4

**Championships Won By Event**

**Indoor**
- 55/60 Meters: 6
- 200 Meters: 13
- 400 Meters: 12
- 800 Meters: 17
- Mile: 33
- 3,000 Meters: 28
- 5,000 Meters: 20
- 55/60 Meters: 19
- 400 Meters: 15
- 400 Meters: 8
- 1,500 Meters: 7
- 800 Meters: 7
- 400 Meters: 5
- 200 Meters: 4
- 55/60 Meters: 3

**Outdoor**
- 100 Meters: 12
- 200 Meters: 9
- 400 Meters: 20
- 800 Meters: 15
- 1,500 Meters: 17
- 55/60 Meters: 12
- 200 Meters: 12
- 1,000 Meters: 12
- 5,000 Meters: 12
- 10,000 Meters: 12
- 100 Meters: 16
- 400 Meters: 4
- 4x100 Meters: 8
- 4x800 Meters: 8
- 4x400 Meters: 7
- 4x200 Meters: 6
- 4x100 Meters: 4
- 55/60 Meters: 3

**Indoor and Outdoor Meets in the Country.**
While every school can claim championships at some of the biggest indoor and outdoor meets in the country, only a select few can say it has won both individual and relay championships at some of the biggest indoor and outdoor meets in the country.
ESPN The Magazine/CoSIDA Academic All-District and All-America Selections

Academic All-District

2012 - Tara Diebold, First Team
2011 - Tara Diebold, First Team
2010 - Katie Stripling, First Team
2009 - Denise Bargiachi, First Team
2008 - Denise Bargiachi, First Team
2007 - Dacia Barr, Second Team
2006 - Penny Splichal, First Team
2005 - Maureen Scott, First Team
2004 - Maureen Scott, First Team
2003 - Andreina Byrd, First Team
2002 - Andreina Byrd, First Team
Fall 2000 - Lilli Kleinmann, Third Team
Spring 2000 - Jessica Dailey, Second Team
Fall 1999 - Jessica Dailey, Second Team
Fall 1998 - Jessica Dailey, Third Team
Spring 1997 - Megan Flowers, Third Team
Fall 1994 - Megan Flowers, Third Team
Fall 1993 - Kim Mount, First Team
Fall 1992 - Rene Pillow, Second Team
Fall 1991 - Claire Lavers, First Team

Academic All-Americans

2012 - Tara Diebold, First Team
2011 - Tina Sutej, Second Team
2010 - Katie Stripling, First Team
2009 - Tara Diebold, Second Team
Tina Sutej, Second Team
2008 - Denise Bargiachi, First Team
2007 - Katie Stripling, First Team
2006 - Dacia Barr, Second Team
2005 - Penny Splichal, First Team
2004 - Maureen Scott, First Team
2003 - Andreina Byrd, First Team
2002 - Andreina Byrd, First Team
2001 - Marie LeJour, First Team
2000 - Jamie Walker, Second Team
1999 - Jessica Dailey, Second Team
1998 - Jessica Dailey, Third Team
1997 - Megan Flowers, Third Team
1996 - Megan Flowers, Third Team
Fall 1995 - Kim Mount, First Team
Fall 1994 - Rene Pillow, Second Team
Fall 1993 - Kim Mount, Third Team
Fall 1991 - Claire Lavers, First Team

U.S. Track & Field Cross Country Coaches Association All-Academic Team of the Year

2012 - 3.28 GPA, 10th NCAA Indoors
2012 - 3.183 GPA, 5th NCAA Indoors

U.S. Track & Field Cross Country Coaches Association All-Academic Team


Academic All-American of the Year

2002 - Andreina Byrd
Southeastern Conference Academic Honor Roll

2012 – Makeba Alcide, Martine Borge, Rachel Carpino, Katelin Cherry, Tara Diebold, Kristen Gillespie, Kirsten Hesseltine, Grace Heymsfield, Tickanie Johnson, Lauren Kegley, Ivanique Kemp, Tamara Myers, Danielle Nowell, Diete Robison, Tina Sutej, Rachel Werner, Keri Wood

2011 – Makeba Alcide, Martine Borge, Katelin Cherry, Tara Diebold, Kristen Gillespie, Megan Jackson, Tickanie Johnson, Paige Johnston, Lauren Kegley, Tina Sutej, Miranda Walker, Rachel Werner, Keri Wood

2010 – Tara Diebold, Megan Jackson, Lauren Kegley, Kristen Keith, Katie Stripling, Miranda Walker, Ashley Williams

2009 – Denise Bargiachi, Tara Diebold, Erin Gray, Megan Jackson, Megan Jackson, Kristen Keith, Sarah Landau, Dacia Perkins, Angie Scott, Katie Stripling, Miranda Walker, Ashley Williams, Catherine White

2008 – Denise Bargiachi, Dacia Barr, Tomique Boatright, Jennifer Fall, Erin Gray, Jennifer Harper, Megan Jackson, Kristen Keith, Sarah Landau, Kelsey Mollenkamp, Dani Parry, Caroline Peyton, Tiffany Redlarczyk, Michelle Rossio, Angie Scott, Katie Stripling, Miranda Walker

2007 – Denise Bargiachi, Dacia Barr, Carly Bloomfield, Beth Fahey, Erin Gray, Jennifer Harper, Michelle Martin, Kelsey Mollenkamp, Caroline Peyton, Tiffany Redlarczyk, Sasha Rolle, Michelle Rossio, Angie Scott, Megan Scott, Katie Stripling, Jodi Unger, Kelly Vrsheek

2006 – Dacia Barr, Carly Bloomfield, Brandy Buss, Jessie Gordon, Laura Kerr, Michelle Martin, Kelsey Mollenkamp, Caroline Peyton, Tiffany Redlarczyk, Sarah Rolle, Michelle Rossio, Megan Scott, Penny Splichal

2005 – Brandy Blackwood, Jessie Gordon, Laura Insell, Laura Jakosky, Laura Kerr, Rebecca Kerr, Michelle Martin, Caroline Peyton, Tiffany Redlarczyk, Sarah Saffa, Maureen Scott, Erica Sigmont, Penny Splichal, Shiloh Whiting

2004 – Veronica Campbell, Jessie Gordon, Katie Howard, Laura Jakosky, Jessica Johnson, Jennifer Lincoln, Alison Rush, Maureen Scott, Shannon Spaulding, Penny Splichal, Ashley Sutton, Shiloh Whiting

2003 – Kerry Allen, DeeDee Brown, Andrea Byrd, Dawnyell Fletcher, Michelle Hurn, Laura Jakosky, Jessica Johnson, Marie Lejor, Jennifer Lincoln, Allison Medlin, Robin Rahat, Alison Rush, Erica Sigmont, Jessica Sommerfeld, Penny Splichal, April Steiner, Ashley Sutton, Jamie Walker, Kristal Walton, Kristina Watkins, Shiloh Whiting, Christin Wurth

2002 – Amy Yoder Begley, DeeDee Brown, Dawnyell Fletcher, Adwoa Gyasi-Nimako, Jessica Johnson, Lilli Kleinmann, Marie Lejor, Jennifer Lincoln, Allison Medlin, Jennifer Petite, Tracy Robertson, Alison Rush, April Steiner, Ashley Sutton, Jamie Walker, Sydney Woodley, Christin Wurth

2001 - Lilli Kleinmann, Allison Medlin, Tracy Robertson, Jamie Walker, Donesha Williams, Christin Wurth, Amy Yoder Begley

2000 – Jessica Dailey, Allison Medlin, Tracy Robertson, Amanda Ross, Amy Yoder

1999 – Karen Bockel, Jessica Koch, Tracy Robertson, Amanda Ross, Stacy Tiefenauer, Amy Yoder

1998 – Karen Bockel, Andrea Evans, Kim Heron, Christina Mayerhoff, Annette Quaid, Marisa Robinson, Amanda Ross, Stacy Tiefenauer, Felisha Williams, Amy Yoder

1997 – Karen Bockel, Kelly Cook, Andrea Evans, Megan Flowers, Annette Quaid, Margaret Robinson, Elisabeth Shell

1996 – Kelly Cook, Megan Flowers, Christina Mayerhoff, Claire Phythian, Trine Pilskog, Carrie Pollock, Margaret Robinson, Sheila Sims, Cindy Soekin

1995 – Lisa Ann Brown, Michelle Byrne, Kelly Cook, Megan Flowers, Claire Phythian, Rene Pillow, Margaret Robinson, Sarah Schwall, Sheila Sims, Cindy Soekin

1994 – Lisa Brown, Michelle Byrne, Kimberly Mount, Michelle Pillow, Sarah Schwall

1993 – Michelle Byrne, Barb Mariani, Kim Mount, Jamie Park, Rene Pillow, Sarah Schwall, Rhonda Whisenhunt

1992 – Stephanie Barrett, Claire Lavers, Pauline Durran, Kimberly Mourton, Jamie Park, Rene Pillow, Barb Marianni

SEC Freshman Academic Honor Roll*

2012 – Michaeala Bauer, Courtney Falco, Kaitlin Flattmann, Jessica Jackson, Shannon Klenke, Caitlin Noonan, Amanda Porter, Dominique Scott, Kaylee Smith, Samantha Thompson, Alexa Vessell, Dawn Weir, Megan Zimlich

2011 – Kirsten Hesseltine, Ivanique Kemp, Diane Robison

2010 – Katelin Cherry, Tickanie Johnson, Paige Johnston, Caroline McCombs, Rachel Werner, Keri Wood

2009 – Samantha Leach

2008 – Lauren Cox, Tara Diebold, Mallory Lawrence, Jillian Rosen, Catherine White

2007 – Megan Jackson, Dani Parry, Brooke Upshaw, Miranda Walker

2006 – Denise Bargiachi, Jennifer Harper, Kelly Vrsheek

2005 – Dacia Barr, Brandy Buss, Megan Scott

2004 – Becky Kerr, Michelle Martin, Caroline Peyton, Sarah Saffa

*Named changed to SEC First-Year Academic Honor Roll in 2011

Representing the State of Arkansas for Scholarship, Service and Athletics

The University of Arkansas received its 12th NCAA Woman of the Year for the state in 2004 with the selection of All-American high jumper Jessica Johnson. Since the first state representatives were selected in 1991, a Razorback has been a part of the National Woman of the Year banquet in 12 of the 14 years of the program.

The cross country and track and field teams have provided a good portion of Arkansas’ NCAA Woman of the Year recipients. Cynthia Moore was Arkansas’ first woman of the year back in 1991 and since then has been followed by six others that have competed for the Razorbacks on the track. Kim Mount was the state representative in 1994, followed by 10-time All-American Megan Flowers in 1997. Volleyball All-American and track walk-on Jessica Field represented the Razorbacks in 1999 before Jessica Dailey became the University’s first top 10 finisher in 2000. 15-time All-American Amy Yoder Begley was selected in 2001 followed by All-American Jessica Johnson in 2004.
<table>
<thead>
<tr>
<th>Name</th>
<th>Years</th>
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<tr>
<td>Kyla Shoemake</td>
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<td>03, 04, 05</td>
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<td>Barbara Mariani</td>
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<td>Lakeisha Martin</td>
<td>05, 06, 07</td>
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<td>Michelle Martin</td>
<td>04, 05, 06, 07</td>
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<td>Rosalind Matthews</td>
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<td>Christine Mayerhoff</td>
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<td>Erin McCarthy</td>
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<td>Megan McCarthy</td>
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<tr>
<td>Caroline McCombs</td>
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<td>Jennifer McDonald</td>
<td>89, 90, 91, 92</td>
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<td>Beyonka McDowell</td>
<td>04, 05</td>
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<td>LaShaunte’a Moore</td>
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<td>Kim Mount</td>
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<td>Theresa Mount</td>
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<td>Catherine White</td>
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Since records for the early Razorback track and field teams are incomplete, please let us know if you see any errors. Contact Zach Lawson with the Arkansas Athletic Media Relations office.

i - indoor only

o - outdoor only
In a re-dedication ceremony held Feb. 12, 2011, during the 2011 Tyson Invitational in Fayetteville, the Randal Tyson Track Center was recognized as “The Home of the Fastest Indoor Track in the World.” The Razorbacks’ home indoor track was resurfaced prior to the start of the 2011 track and field season.

In 2000, the Randal Tyson Track Center first opened on the University of Arkansas campus with the specially designed track, originally built by Mondo for the World Championships in Toronto, Canada. Since opening, the Razorbacks' home facility has played host to several world-class indoor meets, including six SEC Championships—most recently, the 2011 indoor conference meet—and 10 NCAA Championships.

Widely considered as the fastest indoor surface ever constructed, the Tyson track has been home to numerous world records, American records and an impressive 65 percent of all current NCAA Championship meet records. Arkansas will increase its number of national hosting duties to 11 with the 2013 NCAA Indoor Track and Field Championships which will be held March 8-9, 2013, in Fayetteville.

In its first year of operation, the $8 million facility hosted the Tyson Invitational, a meet on the Golden Spike Tour, the 2000 Southeastern Conference Championships and the 2000 NCAA Indoor Championships. In 2001 and 2002, the Randal Tyson Track Center once again served as the host for the Golden Spike Tour’s Tyson Invitational and the NCAA Indoor Championships.

During the 2003 season, three events were held at the state-of-the-art facility: the SEC West Challenge, the Tyson Invitational and the NCAA Championships. The 2004 campaign saw four exciting events take place at the Randal Tyson Track Center, including the Arkansas, Razorback and Tyson Invitational meets and the national championships.

The schedule was full in 2005 as the Arkansas, Razorback and Tyson Invitationals and the SEC and NCAA Championships were all held at the Tyson Track Center.

A new 36x20 custom video scoreboard system by Daktronics was installed in time for the 2005 NCAA Championships. It features a 23x13 video display screen with instant replay, electronic timing and scoring capabilities.

The track itself is a 200-meter, 60-degree banked track that has 55-meter straightaways running the entire length of the facility. It also includes men’s and women’s jumping runways and pits. The surface of the track is red and gray Mondo and was repainted in 2003.

With all of the big name events that are held in the facility, the Tyson Track Center was built to handle the demands for the many media outlets. The press box is two-tiered offering 50 seats and has an announcer's booth. There are four elevated camera positions located around the track. A media room is also available in the north concourse.

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<tr>
<th>Att.</th>
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<td>2001 NCAA Championships - Day Two</td>
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<td>2000 Golden Spike Tour</td>
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The University of Arkansas and the Randal Tyson Track Center have hosted six SEC Championships and 10 NCAA Championships. The number of national meets will increase to 11 when the Razorbacks host the 2013 NCAA Indoor Track and Field Championships March 8-9, 2013, in Fayetteville.
Outdoor home to the most successful program in NCAA history, John McDonnell Field is one of the top outdoor track and field facilities in the nation. Named for legendary head coach John McDonnell, the winner of 40 NCAA national championships, the facility will add to its list of competition duties with the recent announcement as the host of the 2014 NCAA West Preliminary.

The state-of-the-art competition areas include a nine-lane Mondo track, a grass infield as well as a full hammer cage and multiple throw areas. The pole vault and jumping pits are reversible and contain two sets of runways to accommodate multiple events. Capacity is currently set at 7,000 with the potential to hold 10,000 with additional construction.

John McDonnell Field played host to the 2006 Southeastern Conference Championships, the 2008 NCAA Mideast Regional Championships, the 2009 NCAA Outdoor Championships, in addition to the annual John McDonnell Invitational. The 2006 SEC and 2009 NCAA meets were the first in what promises to be a long line of prominent events slated for the new facility.

### John McDonnell Field All-Time Attendances

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<td>1,746</td>
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<td>2006 SEC Championships - Day Two</td>
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<td><strong>Randal Tyson Track Center Records</strong></td>
<td><strong>John McDonnell Field Records</strong></td>
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<td><strong>60 Meters</strong> 7.02 – Tiana Madison Saucony, 2012</td>
<td><strong>100 Meters</strong> 11.03 – Kerron Stewart Auburn, 2006</td>
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<td><strong>200 Meters</strong> 22.40 – Bianca Knight Texas, 2008</td>
<td><strong>200 Meters</strong> 22.36 – Shalonda Solomon South Carolina, 2006</td>
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<td><strong>400 Meters</strong> 50.54 – Francena McCorory Hampton, 2010</td>
<td><strong>400 Meters</strong> 50.39 – Joanna Atkins Auburn, 2009</td>
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<td><strong>800 Meters</strong> 2:00.75 – Nicole Cook Tennessee, 2005</td>
<td><strong>800 Meters</strong> 2:00.80 – Geena Gall Michigan, 2009</td>
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<td><strong>Mile</strong> 4:27.18 – Christin Wurth-Thomas USA, 2008</td>
<td><strong>1,500 Meters</strong> 4:13.05 – Susan Kuijken Florida State, 2009</td>
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<td><strong>3,000 Meters</strong> 8:49.18 – Kim Smith Providence, 2004</td>
<td><strong>Steeplechase</strong> 9:25.54 – Jennifer Barringer Colorado, 2009 (CR)</td>
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<td><strong>60-Meter Hurdles</strong> 7.84 – Virginia Powell USC, 2006</td>
<td><strong>10,000 Meters</strong> 33:25.71 – Danette Doetz Providence, 2009</td>
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<td><strong>4x400-Meter Relay</strong> 3:27.66 – Texas, 2003 (Downer, McIntosh, Robinson, Richards)</td>
<td><strong>400-Meter Hurdles</strong> 55.39 – Nicole Leach UCLA, 2009</td>
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<td><strong>Distance Medley Relay</strong> 10:58.19 – UCLA, 2002 (Burgess, Henderson, Mar, Nillson)</td>
<td><strong>4x100-Meter Relay</strong> 42.36 – Texas A&amp;M, 2009 (Carter, Lucas, Duncan, Mayo) (CR)</td>
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<td><strong>High Jump</strong> 6-5.5 – Brigetta Barrett Arizona, 2012</td>
<td><strong>High Jump</strong> 6-4.75 – Destinee Hooker Texas, 2009</td>
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<td><strong>Long Jump</strong> 22-8 – Elva Goulbourne Auburn, 2002</td>
<td><strong>Long Jump</strong> 21-10.75 – Brittney Reese Ole Miss, 2009</td>
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<td><strong>Hammer</strong> 235-6 – Jenny Dahlgren Georgia, 2006</td>
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<td><strong>Heptathlon</strong> 6,086 points – Brianne Theisen Oregon, 2009</td>
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</table>
A total of 12 Razorbacks, including five past and present members of the women’s track and field team, represented their countries at the 2012 Summer Olympic Games in London. In a show of the program’s global reach, Arkansas were represented by five different countries with Regina George (Nigeria), Iva-nique Kemp (Bahamas), Tina Sutej (Slovenia), Veronica Campbell-Brown (Jamaica) and Kerri-Ann Mitchell (Canada).

Campbell-Brown, in her fourth Olympic appearance, won a pair of medals to bring her career total to seven. She collected a bronze medal at 100 meters with a season-best time of 10.81 in the finals. Running the third leg of Jamaica’s 4x100-meter relay, Campbell-Brown helped her team to national record of 41.41 and a silver-medal finish. She also competed at 200 meters where she finished just out of the medal count with a fourth-place showing. She entered the event as the reigning Olympic champion at 200 meters.

George was making her first Olympic appearance after qualifying at 400 meters with a victory at the Nigeria Championships in June. In a lead-up to the Olympics, she established a new Arkansas school record with a 51.11 performance at the Africa Athletics Championships. In London, George won her opening round with a time of 51.24 and advanced to the semifinals where she finished 11th place overall. She was also the anchor leg of Nigeria’s 4x400-meter relay that qualified for the finals.

Also in her first Olympic appearance, Kemp competed in the 100-meter hurdles. She earned her spot with a victory in the event at the Bahamas Championships. In the opening round, Kemp finished third in her heat and secured an automatic berth into the semifinal round of the event. During the collegiate season, she clinched an Olympic ‘B’ standard and set a national record with a time of 13.13 at the NCAA Championships.

Following her collegiate career in which she was a two-time NCAA champion in the pole vault, Sutej tied for 19th in the qualifying round of the event and wrapped her Olympic experience with a final clearance of 4.25m/13-11.24. Mitchell made her Olympic debut in the first round of the 100 meters where she finished 41st overall among the world’s best. She qualified for London with a third-place finish at the Canadian Olympic Trials in June.

The complete Razorback contingency at the XXX Olympic Games also featured seven past and present members of the men’s track and field program. That list featured Raymond Higgs (Bahamas), Marek Niit (Esto-nia), Alistair Cragg (Ireland), Tyson Gay (USA), Jeremy Scott (USA), Wallace Spearmon, Jr. (USA) and Samuel Vazquez (Puerto Rico). Arkansas’ medal collection included a silver medal from Gay as a member of the American-record setting 4x100-meter relay team.
Whether you crave the country...
Or the city...
Northwest Arkansas has something for everyone
RAZORBACK

2012 SCHEDULE

1.11 ARKANSAS-OKLAHOMA STATE DUAL
1.19 TEXAS A&M TRIANGULAR
1.25-26 RAZORBACK TEAM INVITATIONAL
2.1-2 NEW BALANCE INVITATIONAL
2.8-9 TYSON INVITATIONAL
2.8-9 HUSKY CLASSIC
2.22-24 SEC CHAMPIONSHIPS
3.1 ARKANSAS FINAL QUALIFIER
3.1-2 ALEX WILSON INVITATIONAL
3.8-9 NCAA CHAMPIONSHIPS

HOME MEETS IN CARDINAL

ARKANSAS RAZORBACK TRACK & FIELD AND CROSS COUNTRY

RAZORBACKTF

TCU INVITATIONAL 3.15-16
TEXAS RELAYS 3.27-30
STANFORD INVITATIONAL 3.29-30
RAZORBACK SPRING INVITATIONAL 3.30
JOHN MCDONNELL COMBINED EVENTS 4.5-6
SUN ANGEL CLASSIC 4.5-6
JOHN MCDONNELL INVITATIONAL 4.12-13
MT. SAC RELAYS 4.18-20
MICHAEL JOHNSON CLASSIC 4.20
ARKANSAS INVITATIONAL 4.27
PAYTON JORDAN INVITATIONAL 4.28
ARKANSAS TWILIGHT 5.3
SEC CHAMPIONSHIPS 5.9-12
NCAA WEST PRELIMINARY 5.23-25
NCAA CHAMPIONSHIPS 6.5-8
USA CHAMPIONSHIPS 6.19-23

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MIDDLE DISTANCE

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