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Student Affairs Bi-Weekly Newsletter

Student Affairs

2-18-2019

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University of Arkansas, Fayetteville. Division of Student Affairs

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# **Student Affairs Bi-Weekly Newsletter**

2.18.2019

This bi-weekly newsletter is meant to inform you of important events, announcements, acknowledgements and deadlines in the <u>Division of Student Affairs</u> over the next two weeks.

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## **CAREER DEVELOPMENT CENTER:**

## E<sup>2</sup> Series (Engineers Employed) Spring 2019

Thursday, January 24 - Thursday, April 25 Various Times and Locations: Register Here

## Fay Jones School of Architecture and Design Career Fair

Tuesday, February 26, 2019 1:00 PM - 5:00 PM Vol Walker Hall

Fay Jones School students, whether you are looking for a full-time, part-time or an internship position, you will find great opportunities at this fair to connect with prospective employers seeking students with your majors. Also attend this fair to expand your network, polish your interview skills, learn industry information, and gather information about firms. Business Casual attire is suggested to attend.

#### **Accommodations:**

If you need an accommodation to fully participate in any Career Development Center event, please contact the University Career Development Center at 479-575-2805 or email <a href="mailto:recruit@uark.edu">recruit@uark.edu</a>.

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### **CENTER FOR MULTICULTURAL DIVERSITY AND EDUCATION:**

#### **New Employee:**

The MC has a new staff member to bring on — Shawn Mehrens is our new coordinator for retention and multicultural programs.

### **Stress Management Breathing Classes**

Now offered at the Multicultural Center. Arkansas Union 404 Located in "The Zone" In English with Brande Flack on Mondays from 3:00-3:30 In Spanish with Pablo Scoponi on Wednesdays from 2:15 to 2:45.

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#### **GREEK LIFE:**

The Interfraternity Council Spring Recruitment will take place February 15-17 and 22-23.

The week of January 21-25, in Greek Life, we continued to develop our students through membership recruitment training and workshops:

On Wednesday, January 23 the Interfraternity Council brought in a speaker from Phired Up Productions to talk to the men in the fraternity community about best practices on recruiting members. The men learned how to market themselves better and approach students who are not Greek.

"Dress Like You Want to Be Addressed" took place on January 22, 2019. This event was a collaboration between the Career Development Center, JC Penney, and Greek Life. The Faulkner Performing Arts Center Auditorium was packed with more than 600 students to learn from Helena Gadison and Tony Waller about appropriate dress for interviews, casual, and business wear.

Greek Summit took place on January 26, 2019. Our council and chapter leadership learned from some of the best around the country (James Robilotta of CAMPUSPEAK and Trey Robb of NovakTalks), along with hearing about various campus resources they can utilize during their term. These students learned about leadership, risk prevention, and what it means to be a member of a Greek organization at the University of Arkansas.

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#### PAT WALKER HEALTH CENTER:

Flu Season is Upon Us! The health center continues to see cases of the flu.

If you experience flu-like symptoms, schedule an appointment with a health center medical provider. If diagnosed early, antiviral medications can be prescribed to perhaps shorten the duration of symptoms and lessen the severity of the flu. Antiviral medications are most effective when started within 48 hours of symptoms.

**IMPORTANT:** Help slow the spread of the virus on campus. If you experience flu-like symptoms it is best to avoid classes/social gatherings/large groups, etc. until you are fever free for at least 24 hours without the use of fever-reducing medication.

To schedule an appointment with a medical provider, call the health center's Primary Care Clinic at 479-575-4451, or log on to the <u>Patient Web Portal</u>.

**Psychiatric Care Available for Faculty and Staff at Health Center –** University of Arkansas faculty and staff now have the opportunity to receive <u>psychiatric care</u> on-campus thanks to the health center's hire of Dr. Keith Berner.

The Primary Care Clinic provides important mental health services covered under the UMR insurance plan. Faculty and staff can also save on health care costs with the additional SmartCare discounts received at the health center. Psychiatry appointments can be scheduled by calling the health center at 479-575-4451.

**CAPS Relaxation Room Helps Students Take a Breather –** The Lane Marrs Relaxation Room is now open in Counseling & Psychological Services (CAPS). The Relaxation Room offers a safe and relaxing space for students to quiet their mind, reduce stress and restore themselves. The room is located on the second floor of the Pat Walker Health Center in CAPS, and is open from 8 a.m. to 5 p.m., Monday through Friday.

The Relaxation Room offers several features including:

- · comfortable seating
- massage chairs
- yoga mats / meditation cushions
- iPads and noise cancelling headphones

Students do not have to be a current client of CAPS to use the room, but must provide their student ID.

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## **STUDENT ACTIVITIES:**

#### ASG Safety Week Feb. 18-22

Join ASG for this year's Safety Week February 18-22 in front of the Arkansas Union. UAPD and various campus constituents will assist in spreading awareness of Safe Ride, scooter safety, campus carry, substance abuse and sexual assault. Each day will include informative material, engagement with specialized professionals, and interactive approaches that promote awareness.

#### **Donate Gently Used Clothes to Swap Till You Drop**

Gently used clothes can be donated for the Swap Till You Drop event happening Feb. 18-22 in Arkansas Union 201. Just bring your clothing items either to the University Programs office in Arkansas Union A683 prior to the event, or to Arkansas Union room 201 during the event.

#### **RSO Advisors: Advisor Development Workshop – Funding Matters**

The Office of Student Activities hosts the second advisor development luncheon on Tuesday, February 19 from 11:30 am-1:30 pm in Arkansas Union 511. Lunch will be served at 11:30 am and the program content will begin at 12 pm. This month's topic is Funding Matters for RSOs and will include information about RSO funding through the ASG Office of Financial Affairs Board, fundraising, and check-writing.

#### ASG Office of Financial Affairs Funding Session

The Associated Student Government's Office of Financial Affairs Board, in conjunction with the Student Organization Outreach and Involvement Experience (SOOIE), will co-host a funding information session on Wednesday, February 20 at 4:00 pm in Arkansas Union 511. Students will learn more about the funding process and the HogSync budget management system.

Feb. 18-19 from 9 a.m. to 4 p.m. - Swap Till You Drop, Arkansas Union 201

Feb. 19 at 7 p.m. – Lecture: Angela Rye, Arkansas Union Ballroom

Feb. 19 from 11:30 a.m. to 1:30 p.m. - Advisor Development Series, Arkansas Union 511

Feb. 20 at 4:00 p.m. - Funding Informational Session, Arkansas Union 511

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#### TRIO:

To support the department's efforts to increase the number of participants completing a rigorous high school curriculum, Lacie Bohannan will be attending The College Board's South Meets Southwest Regional Forum, February 13 - 15, in San Antonio, Texas.

Talent Search staff will participate in a webinar on Transgender Students in K-12: Navigating Accommodations and Avoiding Litigation, February 26th.

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## **VICE CHANCELLOR FOR STUDENT AFFAIRS/DEAN OF STUDENTS:**

**New Employee:** Join us in welcoming Courtney Stark, Administrative Support Specialist, who will be working with our office this semester through RazorTemps.

**Professional Development Opportunity:** Join the Student Affairs Professional Development committee for the next **UARKiLearn** session! Thursday, February 28 from 1:30 – 3:00 p.m., ARKU 403 (Multicultural Center Classroom). This month's topic is Budgets in HIED: The Funding of Student Affairs, presented by Dr. Charles Robinson, Mary Alice Serafini, David Davies, Flo Johnson, and Lynne Bell. This program will be helpful in learning about Student Affairs Budgeting, revenues/expenses, goals, and challenging issues. All are welcome to register at <a href="https://hogsync.uark.edu/event/3199811">https://hogsync.uark.edu/event/3199811</a>.

For more information about UARKiLearn, contact Trisha Blau, Rickey Booker Jr, Emmale Davis, Lori Lander (chair), Zach Littrell, PJ Martinez, Eric Peltier, Larry Cloud, Ben Micek, Marsha Norvell, Angelique Price, Jason Riley, Cecilee Russell, Mary Skinner, and Shani Sullivan